



# Treningsweekend

B gr A + B

Vålerbanen 2,262 km

A + B Heat 3

05.08.2017 13:25

Practice (20:00 Time) started at 13:24:30

Lap	Lap Tm	Diff	Time of Day
<b>(55) Kent Frode Skjønsberg</b>			
1			13:29:10.445
2	<b>1:01.416</b>	+1.051	13:30:11.861
3	<b>1:01.160</b>	+0.795	13:31:13.021
4	<b>1:00.947</b>	+0.582	13:32:13.968
5	<b>1:00.948</b>	+0.583	13:33:14.916
6	<b>1:01.265</b>	+0.900	13:34:16.181
7	<b>1:05.356</b>	+4.991	13:35:21.537
8	<b>1:02.367</b>	+2.002	13:36:23.904
9	<b>1:01.212</b>	+0.847	13:37:25.116
10	<b>1:01.489</b>	+1.124	13:38:26.605
11	<b>1:01.289</b>	+0.924	13:39:27.894
12	<b>1:00.365</b>		13:40:28.259
13	<b>2:37.816</b>	+1:37.451	13:43:06.075

Lap	Lap Tm	Diff	Time of Day
<b>(26) Atle G. Syversen</b>			
1			13:27:42.200
2	<b>1:09.434</b>	+7.765	13:28:51.634
3	<b>1:04.747</b>	+3.078	13:29:56.381
4	<b>1:03.239</b>	+1.570	13:30:59.620
5	<b>1:05.043</b>	+3.374	13:32:04.663
6	<b>1:04.229</b>	+2.560	13:33:08.892
7	<b>1:06.078</b>	+4.409	13:34:14.970
8	<b>3:08.913</b>	+2:07.244	13:37:23.883
9	<b>1:02.520</b>	+0.851	13:38:26.403
10	<b>1:02.221</b>	+0.552	13:39:28.624
11	<b>1:02.283</b>	+0.614	13:40:30.907
12	<b>1:02.091</b>	+0.422	13:41:32.998
13	<b>1:02.460</b>	+0.791	13:42:35.458
14	<b>1:02.072</b>	+0.403	13:43:37.530
15	<b>1:01.669</b>		13:44:39.199

Lap	Lap Tm	Diff	Time of Day
<b>(97) Joakim Gulliksen</b>			
1			13:26:47.905
2	<b>1:05.350</b>	+2.383	13:27:53.255
3	<b>1:04.478</b>	+1.511	13:28:57.733
4	<b>1:03.761</b>	+0.794	13:30:01.494
5	<b>1:02.967</b>		13:31:04.461
6	<b>1:03.781</b>	+0.814	13:32:08.242
7	<b>1:03.385</b>	+0.418	13:33:11.627
8	<b>1:03.681</b>	+0.714	13:34:15.308
9	<b>1:06.268</b>	+3.301	13:35:21.576
10	<b>1:05.960</b>	+2.993	13:36:27.536
11	<b>1:03.603</b>	+0.636	13:37:31.139
12	<b>1:03.891</b>	+0.924	13:38:35.030

Lap	Lap Tm	Diff	Time of Day
<b>(266) Espen Tokerud</b>			
1			13:28:17.989
2	<b>1:06.382</b>	+2.593	13:29:24.371
3	<b>1:05.317</b>	+1.528	13:30:29.688
4	<b>1:05.180</b>	+1.391	13:31:34.868
5	<b>1:04.237</b>	+0.448	13:32:39.105
6	<b>1:04.453</b>	+0.664	13:33:43.558
7	<b>1:03.789</b>		13:34:47.347
8	<b>1:04.888</b>	+1.099	13:35:52.235
9	<b>1:19.879</b>	+16.090	13:37:12.114
10	<b>1:06.175</b>	+2.386	13:38:18.289

Lap	Lap Tm	Diff	Time of Day
<b>(82.) Arne Viken</b>			
1			13:26:30.630
2	<b>1:08.325</b>	+4.219	13:27:38.955
3	<b>1:07.112</b>	+3.006	13:28:46.067
4	<b>1:06.242</b>	+2.136	13:29:52.309
5	<b>1:05.261</b>	+1.155	13:30:57.570
6	<b>1:04.876</b>	+0.770	13:32:02.446

Lap	Lap Tm	Diff	Time of Day
7	<b>1:04.886</b>	+0.780	13:33:07.332
8	<b>1:05.661</b>	+1.555	13:34:12.993
9	<b>1:05.219</b>	+1.113	13:35:18.212
10	<b>1:04.862</b>	+0.756	13:36:23.074
11	<b>1:04.436</b>	+0.330	13:37:27.510
12	<b>1:04.355</b>	+0.249	13:38:31.865
13	<b>1:04.735</b>	+0.629	13:39:36.600
14	<b>1:05.177</b>	+1.071	13:40:41.777
15	<b>1:04.137</b>	+0.031	13:41:45.914
16	<b>1:04.106</b>		13:42:50.020
17	<b>1:04.788</b>	+0.682	13:43:54.808

Lap	Lap Tm	Diff	Time of Day
<b>(82) Lukasz Majak</b>			
1			13:26:21.356
2	<b>1:06.958</b>	+2.595	13:27:28.314
3	<b>1:06.804</b>	+2.441	13:28:35.118
4	<b>1:07.179</b>	+2.816	13:29:42.297
5	<b>1:07.426</b>	+3.063	13:30:49.723
6	<b>1:05.452</b>	+1.089	13:31:55.175
7	<b>1:05.043</b>	+0.680	13:33:00.218
8	<b>1:04.606</b>	+0.243	13:34:04.824
9	<b>1:04.828</b>	+0.465	13:35:09.652
10	<b>1:04.712</b>	+0.349	13:36:14.364
11	<b>1:05.545</b>	+1.182	13:37:19.909
12	<b>1:10.729</b>	+6.366	13:38:30.638
13	<b>1:05.494</b>	+1.131	13:39:36.132
14	<b>1:05.622</b>	+1.259	13:40:41.754
15	<b>1:05.709</b>	+1.346	13:41:47.463
16	<b>1:04.363</b>		13:42:51.826
17	<b>1:05.186</b>	+0.823	13:43:57.012
18	<b>1:05.017</b>	+0.654	13:45:02.029

Lap	Lap Tm	Diff	Time of Day
<b>(1) Jan Ivar Skilbrei</b>			
1			13:25:54.886
2	<b>1:06.313</b>	+1.950	13:27:01.199
3	<b>1:06.603</b>	+2.240	13:28:07.802
4	<b>1:05.898</b>	+1.535	13:29:13.700
5	<b>1:06.433</b>	+2.070	13:30:20.133
6	<b>1:06.039</b>	+1.676	13:31:26.172
7	<b>1:06.336</b>	+1.973	13:32:32.508
8	<b>1:06.345</b>	+1.982	13:33:38.853
9	<b>1:06.510</b>	+2.147	13:34:45.363
10	<b>1:04.909</b>	+0.546	13:35:50.272
11	<b>1:04.363</b>		13:36:54.635
12	<b>1:05.530</b>	+1.167	13:38:00.165
13	<b>1:06.279</b>	+1.916	13:39:06.444
14	<b>1:07.596</b>	+3.233	13:40:14.040
15	<b>1:08.096</b>	+3.733	13:41:22.136

Lap	Lap Tm	Diff	Time of Day
<b>(413) Marius Sjøengen</b>			
1			13:26:44.489
2	<b>1:05.808</b>	+1.335	13:27:50.297
3	<b>1:07.548</b>	+3.075	13:28:57.845
4	<b>1:05.378</b>	+0.905	13:30:03.223
5	<b>3:06.339</b>	+2:01.866	13:33:09.562
6	<b>1:06.080</b>	+1.607	13:34:15.642
7	<b>1:06.618</b>	+2.145	13:35:22.260
8	<b>1:09.176</b>	+4.703	13:36:31.436
9	<b>1:08.553</b>	+4.080	13:37:39.989
10	<b>1:06.567</b>	+2.094	13:38:46.556
11	<b>1:10.713</b>	+6.240	13:39:57.269
12	<b>1:07.140</b>	+2.667	13:41:04.409
13	<b>1:04.473</b>		13:42:08.882
14	<b>1:05.502</b>	+1.029	13:43:14.384
15	<b>1:05.380</b>	+0.907	13:44:19.764
16	<b>1:08.414</b>	+3.941	13:45:28.178

Lap	Lap Tm	Diff	Time of Day
<b>(7) Frank Tøsdal</b>			
1			13:26:33.330
2	<b>1:08.190</b>	+2.845	13:27:41.520
3	<b>1:07.012</b>	+1.667	13:28:48.532
4	<b>1:05.452</b>	+0.107	13:29:53.984
5	<b>1:05.345</b>		13:30:59.329
6	<b>1:05.365</b>	+0.020	13:32:04.694
7	<b>1:06.761</b>	+1.416	13:33:11.455
8	<b>1:07.015</b>	+1.670	13:34:18.470
9	<b>1:06.897</b>	+1.552	13:35:25.367
10	<b>1:07.397</b>	+2.052	13:36:32.764

Lap	Lap Tm	Diff	Time of Day
<b>(8) Per Harry Nordhagen</b>			
1			13:25:55.667
2	<b>1:06.975</b>	+1.150	13:27:02.642
3	<b>1:05.994</b>	+0.169	13:28:08.636
4	<b>1:06.144</b>	+0.319	13:29:14.780
5	<b>1:05.974</b>	+0.149	13:30:20.754
6	<b>1:05.825</b>		13:31:26.579
7	<b>1:06.603</b>	+0.778	13:32:33.182
8	<b>1:05.993</b>	+0.168	13:33:39.175
9	<b>1:06.551</b>	+0.726	13:34:45.726
10	<b>1:06.209</b>	+0.384	13:35:51.935
11	<b>1:07.611</b>	+1.786	13:36:59.546

Lap	Lap Tm	Diff	Time of Day
<b>(6) Rune Vangen</b>			
1			13:25:54.702
2	<b>1:06.285</b>	+0.231	13:27:00.987
3	<b>1:06.485</b>	+0.431	13:28:07.472
4	<b>1:06.054</b>		13:29:13.526
5	<b>1:06.316</b>	+0.262	13:30:19.842
6	<b>1:06.101</b>	+0.047	13:31:25.943
7	<b>1:06.202</b>	+0.148	13:32:32.145
8	<b>1:06.555</b>	+0.501	13:33:38.700
9	<b>1:06.603</b>	+0.549	13:34:45.303
10	<b>1:06.297</b>	+0.243	13:35:51.600
11	<b>1:23.122</b>	+17.068	13:37:14.722

Lap	Lap Tm	Diff	Time of Day
<b>(69) Anita Traasdahl Sæther</b>			
1			13:28:26.491
2	<b>1:15.693</b>	+9.411	13:29:42.184
3	<b>1:09.346</b>	+3.064	13:30:51.530
4	<b>1:07.380</b>	+1.098	13:31:58.910
5	<b>1:07.792</b>	+1.510	13:33:06.702
6	<b>1:07.538</b>	+1.256	13:34:14.240
7	<b>1:06.910</b>	+0.628	13:35:21.150
8	<b>1:06.282</b>		13:36:27.432
9	<b>1:07.852</b>	+1.570	13:37:35.284
10	<b>1:07.018</b>	+0.736	13:38:42.302