



Mandagstrening SMCK

Trening

Vålerbanen 2,262 km

Practice Heat 3 - Alle Klasser

21.08.2017 19:00

Practice (1:00:00 Time) started at 19:00:00

Lap	Lap Tm	Diff	Time of Day
(55) Kent Frode Skjønsberg			
1			19:08:00.169
2	1:01.860	+1.795	19:09:02.029
3	1:00.661	+0.596	19:10:02.690
4	1:01.408	+1.343	19:11:04.098
5	1:01.218	+1.153	19:12:05.316
6	1:00.208	+0.143	19:13:05.524
7	1:00.065		19:14:05.589
8	1:01.304	+1.239	19:15:06.893
9	1:00.160	+0.095	19:16:07.053
10	1:02.095	+2.030	19:17:09.148

Lap	Lap Tm	Diff	Time of Day
(46) Kenneth Kalmoe Friberg			
1			19:07:09.378
2	1:02.658	+0.645	19:08:12.036
3	1:02.447	+0.434	19:09:14.483
4	1:03.089	+1.076	19:10:17.572
5	1:02.545	+0.532	19:11:20.117
6	1:02.443	+0.430	19:12:22.560
7	1:03.009	+0.996	19:13:25.569
8	1:02.350	+0.337	19:14:27.919
9	1:03.433	+1.420	19:15:31.352
10	1:02.850	+0.837	19:16:34.202
11	1:02.567	+0.554	19:17:36.769
12	1:02.071	+0.058	19:18:38.840
13	1:02.217	+0.204	19:19:41.057
14	1:02.013		19:20:43.070
15	1:04.255	+2.242	19:21:47.325
16	1:02.186	+0.173	19:22:49.511
17	1:02.150	+0.137	19:23:51.661

Lap	Lap Tm	Diff	Time of Day
(57) Vegar Hjøllødegård			
1			19:08:19.140
2	1:06.399	+4.168	19:09:25.539
3	1:04.574	+2.343	19:10:30.113
4	1:03.723	+1.492	19:11:33.836
5	1:03.774	+1.543	19:12:37.610
6	1:02.959	+0.728	19:13:40.569
7	1:02.913	+0.682	19:14:43.482
8	1:02.923	+0.692	19:15:46.405
9	1:02.231		19:16:48.636

Lap	Lap Tm	Diff	Time of Day
(29) Audun Gundersen			
1			19:07:13.741
2	1:05.557	+2.610	19:08:19.298
3	1:03.485	+0.538	19:09:22.783
4	1:03.775	+0.828	19:10:26.558
5	1:04.684	+1.737	19:11:31.242
6	1:04.377	+1.430	19:12:35.619
7	1:04.179	+1.232	19:13:39.798
8	1:03.662	+0.715	19:14:43.460
9	1:03.701	+0.754	19:15:47.161
10	1:02.947		19:16:50.108
11	1:03.347	+0.400	19:17:53.455
12	1:03.904	+0.957	19:18:57.359
13	1:07.503	+4.556	19:20:04.862
14	1:05.999	+3.052	19:21:10.861
15	1:06.174	+3.227	19:22:17.035
16	1:05.816	+2.869	19:23:22.851
17	1:06.049	+3.102	19:24:28.900

Lap	Lap Tm	Diff	Time of Day
(69) Bobbo Enger			
1			19:07:38.306
2	1:04.786	+1.713	19:08:43.092
3	1:04.574	+1.501	19:09:47.666

Lap	Lap Tm	Diff	Time of Day
4	1:03.692	+0.619	19:10:51.358
5	1:03.516	+0.443	19:11:54.874
6	1:03.073		19:12:57.947
7	1:03.975	+0.902	19:14:01.922
8	2:38.871	+1:35.798	19:16:40.793
9	1:05.199	+2.126	19:17:45.992
10	1:04.329	+1.256	19:18:50.321
11	1:04.325	+1.252	19:19:54.646

Lap	Lap Tm	Diff	Time of Day
(413) Marius Sjøengen			
1			19:10:39.014
2	1:05.352	+1.758	19:11:44.366
3	1:05.037	+1.443	19:12:49.403
4	1:04.926	+1.332	19:13:54.329
5	1:04.710	+1.116	19:14:59.039
6	1:04.261	+0.667	19:16:03.300
7	1:04.701	+1.107	19:17:08.001
8	1:04.044	+0.450	19:18:12.045
9	1:04.904	+1.310	19:19:16.949
10	1:03.594		19:20:20.543
11	1:03.692	+0.098	19:21:24.235

Lap	Lap Tm	Diff	Time of Day
(8) Per Harry Nordhagen			
1			19:07:51.373
2	1:05.000	+0.856	19:08:56.373
3	1:05.084	+0.940	19:10:01.457
4	1:04.896	+0.752	19:11:06.353
5	1:04.144		19:12:10.497
6	1:06.980	+2.836	19:13:17.477
7	1:04.810	+0.666	19:14:22.287
8	1:04.617	+0.473	19:15:26.904
9	1:07.914	+3.770	19:16:34.818

Lap	Lap Tm	Diff	Time of Day
(6) Rune Vangen			
1			19:07:48.898
2	1:05.920	+1.732	19:08:54.818
3	1:05.846	+1.658	19:10:00.664
4	1:05.039	+0.851	19:11:05.703
5	1:04.716	+0.528	19:12:10.419
6	1:07.891	+3.703	19:13:18.310
7	1:06.012	+1.824	19:14:24.322
8	1:04.188		19:15:28.510
9	1:05.309	+1.121	19:16:33.819
10	1:08.016	+3.828	19:17:41.835

Lap	Lap Tm	Diff	Time of Day
(46.) Atle G. Syversen			
1			19:09:30.137
2	1:06.420	+1.302	19:10:36.557
3	1:05.634	+0.516	19:11:42.191
4	1:05.118		19:12:47.309
5	1:05.862	+0.744	19:13:53.171
6	1:05.837	+0.719	19:14:59.008
7	1:06.077	+0.959	19:16:05.085
8	1:05.702	+0.584	19:17:10.787
9	1:06.056	+0.938	19:18:16.843
10	1:12.227	+7.109	19:19:29.070
11	1:06.062	+0.944	19:20:35.132
12	1:05.232	+0.114	19:21:40.364

Lap	Lap Tm	Diff	Time of Day
(80) Tor Henning Molstad			
1			19:07:48.548
2	1:05.234	+0.002	19:08:53.782
3	1:05.718	+0.486	19:09:59.500
4	1:05.281	+0.049	19:11:04.781
5	1:05.232		19:12:10.013

Lap	Lap Tm	Diff	Time of Day
(126) Øystein Nettum			
1			19:13:26.101
2	1:06.698	+1.157	19:14:32.799
3	1:05.574	+0.033	19:15:38.373
4	1:05.665	+0.124	19:16:44.038
5	1:05.541		19:17:49.579
6	1:06.307	+0.766	19:18:55.886

Lap	Lap Tm	Diff	Time of Day
(94) Per Kristian Mausethagen			
1			19:08:40.698
2	1:07.993	+1.373	19:09:48.691
3	1:06.620		19:10:55.311
4	1:06.755	+0.135	19:12:02.066

Lap	Lap Tm	Diff	Time of Day
(357) Jo Sætre			
1			19:07:29.656
2	1:13.173	+6.016	19:08:42.829
3	1:09.659	+2.502	19:09:52.488
4	1:08.301	+1.144	19:11:00.789
5	1:07.956	+0.799	19:12:08.745
6	1:08.099	+0.942	19:13:16.844
7	1:07.839	+0.682	19:14:24.683
8	1:07.663	+0.506	19:15:32.346
9	1:07.157		19:16:39.503
10	1:07.617	+0.460	19:17:47.120
11	1:07.799	+0.642	19:18:54.919

Lap	Lap Tm	Diff	Time of Day
(4) Vidar Grønland			
1			19:46:36.909
2	1:10.285	+1.999	19:47:47.194
3	1:10.494	+2.208	19:48:57.688
4	1:08.898	+0.612	19:50:06.586
5	1:10.837	+2.551	19:51:17.423
6	1:08.286		19:52:25.709

Lap	Lap Tm	Diff	Time of Day
(65) Pål Bekkelund			
1			19:46:45.504
2	1:13.388	+3.801	19:47:58.892
3	1:11.479	+1.892	19:49:10.371
4	1:10.793	+1.206	19:50:21.164
5	1:09.587		19:51:30.751
6	1:10.064	+0.477	19:52:40.815

Lap	Lap Tm	Diff	Time of Day
(90) Terje Olsen			
1			19:46:49.352
2	3:18.425	+2:08.347	19:50:07.777
3	1:10.078		19:51:17.855
4	1:10.899	+0.821	19:52:28.754

Lap	Lap Tm	Diff	Time of Day
(7) Lavrans Solli			
1			19:29:57.659
2	1:32.938	+21.902	19:31:30.597
3	1:32.325	+21.289	19:33:02.922
4	1:28.338	+17.302	19:34:31.260
5	1:27.351	+16.315	19:35:58.611
6	1:34.891	+23.855	19:37:33.502
7	1:26.365	+15.329	19:38:59.867
8	1:26.042	+15.006	19:40:25.909
9	1:24.451	+13.415	19:41:50.360
10	5:01.669	+3:50.633	19:46:52.029
11	1:31.052	+20.016	19:48:23.081
12	1:15.780	+4.744	19:49:38.861
13	1:13.261	+2.225	19:50:52.122
14	1:11.036		19:52:03.158

Lap	Lap Tm	Diff	Time of Day
(164) Martin Skjerven			

