



Mandagstrening SMCK

Trening

Practice Heat 2 - Alle Klasser

Vålerbanen 2,262 km

28.08.2017 18:00

Practice (1:00:00 Time) started at 18:00:00

Lap	Lap Tm	Diff	Time of Day
(6) Espen Sandbakken			
1			18:02:54.243
2	1:03.252	+2.103	18:03:57.495
3	1:02.024	+0.875	18:04:59.519
4	1:01.902	+0.753	18:06:01.421
5	1:01.502	+0.353	18:07:02.923
6	1:01.879	+0.730	18:08:04.802
7	1:01.371	+0.222	18:09:06.173
8	1:01.447	+0.298	18:10:07.620
9	2:55.994	+1:54.845	18:13:03.614
10	1:02.122	+0.973	18:14:05.736
11	1:01.805	+0.656	18:15:07.541
12	1:01.620	+0.471	18:16:09.161
13	1:01.149		18:17:10.310
14	1:01.524	+0.375	18:18:11.834

Lap	Lap Tm	Diff	Time of Day
(146) Øystein Svae Johansen			
1			18:01:38.510
2	1:04.923	+1.977	18:02:43.433
3	1:04.319	+1.373	18:03:47.752
4	1:04.236	+1.290	18:04:51.988
5	1:04.263	+1.317	18:05:56.251
6	1:04.290	+1.344	18:07:00.541
7	1:04.344	+1.398	18:08:04.885
8	1:04.250	+1.304	18:09:09.135
9	1:03.567	+0.621	18:10:12.702
10	1:03.355	+0.409	18:11:16.057
11	1:04.441	+1.495	18:12:20.498
12	1:03.202	+0.256	18:13:23.700
13	1:03.548	+0.602	18:14:27.248
14	1:03.005	+0.059	18:15:30.253
15	1:02.946		18:16:33.199
16	1:04.855	+1.909	18:17:38.054

Lap	Lap Tm	Diff	Time of Day
(213) Marius Sjøengen			
1			18:03:03.544
2	1:06.761	+2.750	18:04:10.305
3	1:06.622	+2.611	18:05:16.927
4	1:05.393	+1.382	18:06:22.320
5	1:04.804	+0.793	18:07:27.124
6	1:04.654	+0.643	18:08:31.778
7	1:05.059	+1.048	18:09:36.837
8	1:04.011		18:10:40.848
9	1:05.135	+1.124	18:11:45.983
10	1:04.681	+0.670	18:12:50.664
11	3:01.505	+1:57.494	18:15:52.169
12	1:04.513	+0.502	18:16:56.682
13	1:05.610	+1.599	18:18:02.292

Lap	Lap Tm	Diff	Time of Day
(4) Vidar Grønland			
1			18:02:51.431
2	1:06.491	+1.971	18:03:57.922
3	1:07.186	+2.666	18:05:05.108
4	1:05.790	+1.270	18:06:10.898
5	1:05.467	+0.947	18:07:16.365
6	1:05.052	+0.532	18:08:21.417
7	1:04.520		18:09:25.937
8	1:04.702	+0.182	18:10:30.639
9	1:05.986	+1.466	18:11:36.625
10	1:05.097	+0.577	18:12:41.722
11	1:05.049	+0.529	18:13:46.771
12	1:05.522	+1.002	18:14:52.293
13	1:04.890	+0.370	18:15:57.183
14	1:04.536	+0.016	18:17:01.719
15	1:08.175	+3.655	18:18:09.894

Lap	Lap Tm	Diff	Time of Day
(711) Erik Myrberget			
1			18:02:50.946
2	1:06.854	+2.249	18:03:57.800
3	1:06.811	+2.206	18:05:04.611
4	1:05.552	+0.947	18:06:10.163
5	1:07.231	+2.626	18:07:17.394
6	1:05.294	+0.689	18:08:22.688
7	1:04.609	+0.004	18:09:27.297
8	1:04.619	+0.014	18:10:31.916
9	1:05.438	+0.833	18:11:37.354
10	1:05.516	+0.911	18:12:42.870
11	1:05.037	+0.432	18:13:47.907
12	1:04.999	+0.394	18:14:52.906
13	1:05.531	+0.926	18:15:58.437
14	1:04.605		18:17:03.042
15	1:06.223	+1.618	18:18:09.265

Lap	Lap Tm	Diff	Time of Day
(9) Audun Gundersen			
1			18:02:54.996
2	1:06.262	+1.638	18:04:01.258
3	1:05.086	+0.462	18:05:06.344
4	1:05.281	+0.657	18:06:11.625
5	1:05.965	+1.341	18:07:17.590
6	1:05.652	+1.028	18:08:23.242
7	1:05.339	+0.715	18:09:28.581
8	1:04.624		18:10:33.205
9	1:04.911	+0.287	18:11:38.116
10	1:05.077	+0.453	18:12:43.193
11	1:05.212	+0.588	18:13:48.405
12	1:04.806	+0.182	18:14:53.211
13	1:05.455	+0.831	18:15:58.666
14	1:04.814	+0.190	18:17:03.480
15	1:04.978	+0.354	18:18:08.458

Lap	Lap Tm	Diff	Time of Day
(40) Bastian N. Sagen			
1			18:03:14.945
2	1:06.370	+1.706	18:04:21.315
3	1:05.219	+0.555	18:05:26.534
4	1:05.183	+0.519	18:06:31.717
5	1:05.479	+0.815	18:07:37.196
6	1:05.161	+0.497	18:08:42.357
7	1:05.407	+0.743	18:09:47.764
8	1:05.244	+0.580	18:10:53.008
9	1:05.198	+0.534	18:11:58.206
10	1:05.070	+0.406	18:13:03.276
11	1:04.664		18:14:07.940
12	1:06.498	+1.834	18:15:14.438
13	1:08.916	+4.252	18:16:23.354
14	1:07.436	+2.772	18:17:30.790

Lap	Lap Tm	Diff	Time of Day
(94) Per Kristian Mausethagen			
1			18:03:12.102
2	1:07.053	+2.017	18:04:19.155
3	1:06.371	+1.335	18:05:25.526
4	1:05.559	+0.523	18:06:31.085
5	1:05.665	+0.629	18:07:36.750
6	1:05.198	+0.162	18:08:41.948
7	1:05.517	+0.481	18:09:47.465
8	1:05.195	+0.159	18:10:52.660
9	1:05.036		18:11:57.696
10	4:43.077	+3:38.041	18:16:40.773

Lap	Lap Tm	Diff	Time of Day
(30) Jon-Terje Ødegaard			
1			18:03:06.622
2	1:06.935	+1.844	18:04:13.557

Lap	Lap Tm	Diff	Time of Day
3	1:06.324	+1.233	18:05:19.881
4	1:06.775	+1.684	18:06:26.656
5	1:06.438	+1.347	18:07:33.094
6	1:06.340	+1.249	18:08:39.434
7	1:05.902	+0.811	18:09:45.336
8	1:05.969	+0.878	18:10:51.305
9	1:06.848	+1.757	18:11:58.153
10	1:06.658	+1.567	18:13:04.811
11	1:05.200	+0.109	18:14:10.011
12	1:05.091		18:15:15.102
13	1:07.464	+2.373	18:16:22.566
14	1:05.835	+0.744	18:17:28.401

Lap	Lap Tm	Diff	Time of Day
(8) Per Harry Nordhagen			
1			18:03:12.506
2	1:07.194	+1.641	18:04:19.700
3	1:07.513	+1.960	18:05:27.213
4	1:05.961	+0.408	18:06:33.174
5	1:05.553		18:07:38.727
6	1:05.855	+0.302	18:08:44.582
7	1:06.152	+0.599	18:09:50.734

Lap	Lap Tm	Diff	Time of Day
(6) Rune Vangen			
1			18:02:55.676
2	1:08.408	+2.437	18:04:04.084
3	1:06.609	+0.638	18:05:10.693
4	1:06.335	+0.364	18:06:17.028
5	1:06.728	+0.757	18:07:23.756
6	1:07.157	+1.186	18:08:30.913
7	1:06.482	+0.511	18:09:37.395
8	1:06.687	+0.716	18:10:44.082
9	1:06.326	+0.355	18:11:50.408
10	1:06.684	+0.713	18:12:57.092
11	1:06.260	+0.289	18:14:03.352
12	1:05.971		18:15:09.323

Lap	Lap Tm	Diff	Time of Day
(90) Terje Olsen			
1			18:02:54.906
2	1:09.858	+3.446	18:04:04.764
3	1:07.950	+1.538	18:05:12.714
4	1:07.510	+1.098	18:06:20.224
5	1:06.412		18:07:26.636
6	1:07.679	+1.267	18:08:34.315
7	6:47.541	+5:41.129	18:15:21.856
8	1:08.065	+1.653	18:16:29.921
9	1:08.347	+1.935	18:17:38.268

Lap	Lap Tm	Diff	Time of Day
(616) Arne Berg			
1			18:42:36.654
2	1:12.902	+5.001	18:43:49.556
3	1:13.918	+6.017	18:45:03.474
4	1:09.288	+1.387	18:46:12.762
5	1:08.804	+0.903	18:47:21.566
6	1:07.901		18:48:29.467
7	1:09.001	+1.100	18:49:38.468
8	1:09.262	+1.361	18:50:47.730
9	1:08.406	+0.505	18:51:56.136
10	1:10.453	+2.552	18:53:06.589
11	1:11.289	+3.388	18:54:17.878
12	1:08.398	+0.497	18:55:26.276
13	1:10.173	+2.272	18:56:36.449
14	1:09.826	+1.925	18:57:46.275

Lap	Lap Tm	Diff	Time of Day
(65.) Pål Bekkelund			
1			18:42:36.247
2	1:13.260	+5.104	18:43:49.507



Mandagstrening SMCK

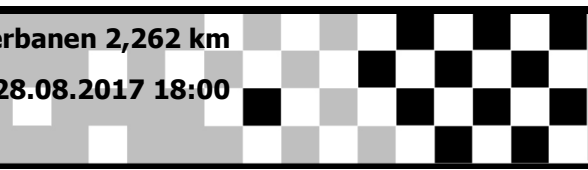
Trening

Practice Heat 2 - Alle Klasser

Vålerbanen 2,262 km

28.08.2017 18:00

Practice (1:00:00 Time) started at 18:00:00



Lap	Lap Tm	Diff	Time of Day
3	1:10.524	+2.368	18:45:00.031
4	1:10.101	+1.945	18:46:10.132
5	1:08.346	+0.190	18:47:18.478
6	1:10.212	+2.056	18:48:28.690
7	1:09.307	+1.151	18:49:37.997
8	1:09.549	+1.393	18:50:47.546
9	1:08.156		18:51:55.702
10	1:08.534	+0.378	18:53:04.236
11	1:11.586	+3.430	18:54:15.822
12	1:12.397	+4.241	18:55:28.219
13	1:10.793	+2.637	18:56:39.012
14	1:09.890	+1.734	18:57:48.902

(23) Morten Midtlie

1			18:41:37.525
2	1:12.461	+3.708	18:42:49.986
3	1:12.282	+3.529	18:44:02.268
4	1:11.887	+3.134	18:45:14.155
5	1:12.868	+4.115	18:46:27.023
6	1:15.963	+7.210	18:47:42.986
7	1:10.190	+1.437	18:48:53.176
8	1:08.753		18:50:01.929
9	1:11.909	+3.156	18:51:13.838
10	1:10.518	+1.765	18:52:24.356

(356) Andreas Hansen

1			18:41:35.452
2	1:14.010	+3.871	18:42:49.462
3	1:13.837	+3.698	18:44:03.299
4	1:14.213	+4.074	18:45:17.512
5	1:15.110	+4.971	18:46:32.622
6	1:12.876	+2.737	18:47:45.498
7	1:15.696	+5.557	18:49:01.194
8	1:14.242	+4.103	18:50:15.436
9	1:11.193	+1.054	18:51:26.629
10	1:12.067	+1.928	18:52:38.696
11	1:11.818	+1.679	18:53:50.514
12	1:12.439	+2.300	18:55:02.953
13	1:10.139		18:56:13.092
14	1:13.178	+3.039	18:57:26.270

(20) Morten Amundsen

1			18:41:34.945
2	1:13.561	+3.379	18:42:48.506
3	1:11.957	+1.775	18:44:00.463
4	1:13.403	+3.221	18:45:13.866
5	1:12.358	+2.176	18:46:26.224
6	1:14.966	+4.784	18:47:41.190
7	1:12.938	+2.756	18:48:54.128
8	1:10.182		18:50:04.310
9	1:11.049	+0.867	18:51:15.359
10	1:11.762	+1.580	18:52:27.121
11	1:16.888	+6.706	18:53:44.009
12	1:15.222	+5.040	18:54:59.231
13	1:11.908	+1.726	18:56:11.139
14	1:12.457	+2.275	18:57:23.596

(143) Aleksander N. Johnsen

1			18:41:42.754
2	1:12.952	+2.266	18:42:55.706
3	1:13.493	+2.807	18:44:09.199
4	1:14.474	+3.788	18:45:23.673
5	1:15.872	+5.186	18:46:39.545
6	1:12.131	+1.445	18:47:51.676
7	1:13.218	+2.532	18:49:04.894
8	1:16.589	+5.903	18:50:21.483

9	1:13.547	+2.861	18:51:35.030
10	1:10.686		18:52:45.716
11	1:11.063	+0.377	18:53:56.779
12	1:19.726	+9.040	18:55:16.505

(158) Didrik Hansen

1			18:47:27.094
2	1:13.554	+2.033	18:48:40.648
3	1:13.681	+2.160	18:49:54.329
4	1:12.064	+0.543	18:51:06.393
5	1:13.785	+2.264	18:52:20.178
6	1:11.521		18:53:31.699
7	1:11.839	+0.318	18:54:43.538

(164) Martin Skjerven

1			18:41:25.315
2	1:14.173	+2.514	18:42:39.488
3	1:11.897	+0.238	18:43:51.385
4	1:13.271	+1.612	18:45:04.656
5	1:11.659		18:46:16.315
6	1:12.858	+1.199	18:47:29.173
7	5:40.343	+4:28.684	18:53:09.516
8	1:15.102	+3.443	18:54:24.618
9	1:15.561	+3.902	18:55:40.179
10	1:13.792	+2.133	18:56:53.971

(52) Stein Arne Jensen

1			18:42:39.580
2	1:14.906	+2.469	18:43:54.486
3	1:15.069	+2.632	18:45:09.555
4	1:16.419	+3.982	18:46:25.974
5	1:19.185	+6.748	18:47:45.159
6	1:18.012	+5.575	18:49:03.171
7	1:19.192	+6.755	18:50:22.363
8	1:18.610	+6.173	18:51:40.973
9	1:17.216	+4.779	18:52:58.189
10	1:13.100	+0.663	18:54:11.289
11	1:14.459	+2.022	18:55:25.748
12	1:12.437		18:56:38.185
13	1:18.546	+6.109	18:57:56.731

(64) Jan Erik Høiby

1			18:44:11.196
2	1:15.515	+2.272	18:45:26.711
3	1:14.712	+1.469	18:46:41.423
4	1:15.552	+2.309	18:47:56.975
5	1:13.789	+0.546	18:49:10.764
6	1:14.347	+1.104	18:50:25.111
7	2:55.260	+1:42.017	18:53:20.371
8	1:13.243		18:54:33.614

(34) Stina Ringnes

1			18:24:24.707
2	1:17.867	+3.092	18:25:42.574
3	1:16.997	+2.222	18:26:59.571
4	1:16.456	+1.681	18:28:16.027
5	1:17.280	+2.505	18:29:33.307
6	1:16.568	+1.793	18:30:49.875
7	1:15.417	+0.642	18:32:05.292
8	1:15.493	+0.718	18:33:20.785
9	1:14.775		18:34:35.560
10	1:15.906	+1.131	18:35:51.466
11	1:18.755	+3.980	18:37:10.221

(47) André S. Gjerdingen

1			18:33:29.718
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2	15:38.133	+14:22.834	18:49:07.851
3	1:15.299		18:50:23.150
4	1:19.351	+4.052	18:51:42.501
5	1:18.823	+3.524	18:53:01.324
6	3:38.576	+2:23.277	18:56:39.900
7	1:18.105	+2.806	18:57:58.005

(65) Mats Hollett

1			18:42:25.639
2	1:21.475	+5.888	18:43:47.114
3	1:19.138	+3.551	18:45:06.252
4	1:18.865	+3.278	18:46:25.117
5	1:19.386	+3.799	18:47:44.503
6	1:17.841	+2.254	18:49:02.344
7	1:17.692	+2.105	18:50:20.036
8	1:20.112	+4.525	18:51:40.148
9	1:21.680	+6.093	18:53:01.828
10	1:19.676	+4.089	18:54:21.504
11	1:17.827	+2.240	18:55:39.331
12	1:15.587		18:56:54.918

(1) Susanne Ødegaard

1			18:23:18.837
2	1:22.930	+5.020	18:24:41.767
3	1:22.189	+4.279	18:26:03.956
4	1:22.424	+4.514	18:27:26.380
5	1:20.856	+2.946	18:28:47.236
6	1:21.136	+3.226	18:30:08.372
7	1:21.010	+3.100	18:31:29.382
8	1:20.851	+2.941	18:32:50.233
9	1:20.350	+2.440	18:34:10.583
10	1:22.918	+5.008	18:35:33.501
11	1:17.910		18:36:51.411

(30) Bjørn Rønning

1			18:41:50.713
2	1:22.647	+2.941	18:43:13.360
3	1:21.295	+1.589	18:44:34.655
4	1:21.873	+2.167	18:45:56.528
5	1:20.306	+0.600	18:47:16.834
6	1:19.706		18:48:36.540
7	1:20.691	+0.985	18:49:57.231
8	1:21.291	+1.585	18:51:18.522
9	1:20.392	+0.686	18:52:38.914

(60) Torbjørn Gundersen

1			18:23:30.968
2	1:33.052	+6.376	18:25:04.020
3	1:36.581	+9.905	18:26:40.601
4	1:30.876	+4.200	18:28:11.477
5	1:29.454	+2.778	18:29:40.931
6	1:28.420	+1.744	18:31:09.351
7	1:28.606	+1.930	18:32:37.957
8	1:28.552	+1.876	18:34:06.509
9	1:26.676		18:35:33.185
10	1:28.220	+1.544	18:37:01.405