Mandagstrening SMCK

Trening — **Vålerbanen 2,274 km**

Practice Heat 2 - Alle Klasser — **16.08.2021 18:00**

Practice (1:00:00 Time) started at 18:00:00

(15) Thomas Sigvartsen

Lap	Lap Tm	Diff	Time of Day
1			18:02:52.207
2	59.095	+1.310	18:03:51.302
3	1:00.229	+2.444	18:04:51.531
4	59.571	+1.786	18:05:51.102
5	58.907	+1.122	18:06:50.009
6	59.027	+1.242	18:07:49.036
7	58.086	+0.301	18:08:47.122
p8	1:04.106	+6.321	18:09:51.228
9	2:23.315	+1:25.530	18:12:14.543
10	58.163	+0.378	18:13:12.706
11	57.785		18:14:10.491
12	58.081	+0.296	18:15:08.572
13	58.928	+1.143	18:16:07.500
14	58.044	+0.259	18:17:05.544
15	58.628	+0.843	18:18:04.172
p16	1:06.407	+8.622	18:19:10.579

(66) Jonathan Nessjøen

Lap	Lap Tm	Diff	Time of Day
1			18:04:46.676
2	1:04.164	+3.498	18:05:50.840
3	1:02.501	+1.835	18:06:53.341
4	1:02.184	+1.518	18:07:55.525
5	1:02.151	+1.485	18:08:57.676
6	1:01.200	+0.534	18:09:58.876
7	1:01.013	+0.347	18:10:59.889
8	1:01.123	+0.457	18:12:01.012
9	1:02.111	+1.445	18:13:03.123
10	1:00.812	+0.146	18:14:03.935
11	1:00.666		18:15:04.601
p12	1:06.367	+5.701	18:16:10.968

(428) Simen Syvertsen

Lap	Lap Tm	Diff	Time of Day
1			18:03:24.094
2	1:03.838	+2.467	18:04:27.932
3	1:02.465	+1.094	18:05:30.397
4	1:04.524	+3.153	18:06:34.921
5	1:02.625	+1.254	18:07:37.546
6	1:03.225	+1.854	18:08:40.771
7	1:01.787	+0.416	18:09:42.558
8	1:04.208	+2.837	18:10:46.766
9	1:03.020	+1.649	18:11:49.786
10	1:01.936	+0.565	18:12:51.722
11	1:01.705	+0.334	18:13:53.427
12	1:01.648	+0.277	18:14:55.075
13	1:06.650	+5.279	18:16:01.725
14	1:01.371		18:17:03.096
p15	1:14.567	+13.196	18:18:17.663

(69) Bobbo Enger

Lap	Lap Tm	Diff	Time of Day
1			18:03:15.527
2	1:07.612	+5.641	18:04:23.139
3	1:03.460	+1.489	18:05:26.599
p4	1:06.749	+4.778	18:06:33.348
5	3:00.298	+1:58.327	18:09:33.646
6	1:02.913	+0.942	18:10:36.559
7	1:01.971		18:11:38.530
8	1:02.759	+0.788	18:12:41.289
9	1:03.028	+1.057	18:13:44.317
10	1:02.448	+0.477	18:14:46.765
11	1:02.745	+0.774	18:15:49.510
12	1:02.684	+0.713	18:16:52.194
13	1:02.415	+0.444	18:17:54.609
p14	1:06.018	+4.047	18:19:00.627

(73) Svein Rognmo

Lap	Lap Tm	Diff	Time of Day
1			18:03:48.659
2	1:03.996	+1.526	18:04:52.655
3	1:04.016	+1.546	18:05:56.671
p4	1:09.575	+7.105	18:07:06.246
5	1:21.240	+18.770	18:08:27.486
6	1:03.180	+0.710	18:09:30.666
7	1:02.700	+0.230	18:10:33.366
8	1:02.938	+0.468	18:11:36.304
9	1:02.925	+0.455	18:12:39.229
10	1:02.470		18:13:41.699
11	1:02.618	+0.148	18:14:44.317
12	1:03.340	+0.870	18:15:47.657
13	1:02.747	+0.277	18:16:50.404
14	1:04.158	+1.688	18:17:54.562
p15	1:08.551	+6.081	18:19:03.113

(71) Terje Valkaker

Lap	Lap Tm	Diff	Time of Day
1			18:03:50.051
2	1:03.905	+1.043	18:04:53.956
3	1:03.644	+0.782	18:05:57.600
p4	1:09.342	+6.480	18:07:06.942
5	1:20.908	+18.046	18:08:27.850
6	1:03.430	+0.568	18:09:31.280
7	1:03.541	+0.679	18:10:34.821
8	1:02.862		18:11:37.683
9	1:03.505	+0.643	18:12:41.188
10	1:03.967	+1.105	18:13:45.155
p11	1:07.278	+4.416	18:14:52.433
12	1:22.486	+19.624	18:16:14.919
13	1:03.634	+0.772	18:17:18.553
14	1:03.542	+0.680	18:18:22.095
p15	1:11.610	+8.748	18:19:33.705

(113) Erik Myrberget

Lap	Lap Tm	Diff	Time of Day
1			18:04:09.084
2	1:04.434	+0.851	18:05:13.518
3	1:03.982	+0.399	18:06:17.500
4	1:03.583		18:07:21.083
5	1:03.960	+0.377	18:08:25.043
6	1:49.141	+45.558	18:10:14.184
7	1:03.613	+0.030	18:11:17.797
8	1:04.448	+0.865	18:12:22.245
9	1:04.585	+1.002	18:13:26.830
10	1:04.576	+0.993	18:14:31.406
11	1:04.017	+0.434	18:15:35.423
p12	1:09.559	+5.976	18:16:44.982
13	7:29.820	+6:26.237	18:24:14.802
14	1:21.655	+18.072	18:25:36.457
15	1:21.290	+17.707	18:26:57.747
16	1:20.667	+17.084	18:28:18.414
17	1:23.749	+20.166	18:29:42.163
p18	1:24.025	+20.442	18:31:06.188

(126) Øystein Nettum

Lap	Lap Tm	Diff	Time of Day
1			18:05:54.104
2	1:05.458	+1.540	18:06:59.562
3	1:03.918		18:08:03.480
4	1:04.597	+0.679	18:09:08.077
p5	1:11.485	+7.567	18:10:19.562
6	4:19.362	+3:15.444	18:14:38.924
7	1:04.981	+1.063	18:15:43.905
8	1:04.426	+0.508	18:16:48.331
p9	1:14.549	+10.631	18:18:02.880

(61) Kenneth Birkeland

Lap	Lap Tm	Diff	Time of Day
1			18:03:15.025
2	1:04.771	+0.559	18:04:19.796
3	1:04.854	+0.642	18:05:24.650
4	1:05.395	+1.183	18:06:30.045
5	1:05.368	+1.156	18:07:35.413
6	1:05.798	+1.586	18:08:41.211
7	1:04.538	+0.326	18:09:45.749
8	1:04.212		18:10:49.961
p9	1:11.519	+7.307	18:12:01.480

(5) Benjamin Storsveen

Lap	Lap Tm	Diff	Time of Day
1			18:45:05.973
2	1:09.345	+4.992	18:46:15.318
3	1:09.203	+4.850	18:47:24.521
4	1:05.583	+1.230	18:48:30.104
5	1:07.182	+2.829	18:49:37.286
6	1:08.084	+3.731	18:50:45.370
7	1:04.353		18:51:49.723
8	1:09.102	+4.749	18:52:58.825
9	1:07.756	+3.403	18:54:06.581
10	1:07.162	+2.809	18:55:13.743
11	1:06.754	+2.401	18:56:20.497
p12	1:10.712	+6.359	18:57:31.209

(26) Lars Martim Granshagen

Lap	Lap Tm	Diff	Time of Day
1			18:03:14.574
2	1:04.923	+0.160	18:04:19.497
3	1:04.940	+0.177	18:05:24.437
4	1:05.443	+0.680	18:06:29.880
5	1:05.275	+0.512	18:07:35.155
6	1:05.385	+0.622	18:08:40.540
7	1:07.287	+2.524	18:09:47.827
8	1:06.466	+1.703	18:10:54.293
9	1:04.763		18:11:59.056
p10	1:17.512	+12.749	18:13:16.568

(35) Martin Hemmestad

Lap	Lap Tm	Diff	Time of Day
1			18:04:07.529
2	1:07.538	+2.565	18:05:15.067
3	1:06.539	+1.566	18:06:21.606
4	1:06.392	+1.419	18:07:27.998
5	1:06.522	+1.549	18:08:34.520
6	1:06.081	+1.108	18:09:40.601
7	1:05.913	+0.940	18:10:46.514
8	1:05.635	+0.662	18:11:52.149
p9	1:12.603	+7.630	18:13:04.752
10	3:02.762	+1:57.789	18:16:07.514
11	1:04.973		18:17:12.487
12	1:05.249	+0.276	18:18:17.736
p13	1:13.677	+8.704	18:19:31.413

(34) Anders Lykkebø

Lap	Lap Tm	Diff	Time of Day
1			18:45:06.783
2	1:08.844	+3.612	18:46:15.627
3	1:09.418	+4.186	18:47:25.045
4	1:06.650	+1.418	18:48:31.695
5	1:07.703	+2.471	18:49:39.398
6	1:07.488	+2.256	18:50:46.886
7	1:05.232		18:51:52.118
8	1:12.730	+7.498	18:53:04.848
9	1:07.907	+2.675	18:54:12.755
10	1:05.932	+0.700	18:55:18.687
11	1:07.219	+1.987	18:56:25.906
12	1:08.630	+3.398	18:57:34.536
p13	1:22.834	+17.602	18:58:57.370

Mandagstrening SMCK

Trening — **Vålerbanen 2,274 km**

Practice Heat 2 - Alle Klasser — **16.08.2021 18:00**

Practice (1:00:00 Time) started at 18:00:00

(55) Mads Sandbakken

Lap	Lap Tm	Diff	Time of Day
1			18:05:53.801
2	1:06.786	+0.503	18:07:00.587
3	1:06.520	+0.237	18:08:07.107
4	1:06.473	+0.190	18:09:13.580
5	1:06.283		18:10:19.863
6	1:06.498	+0.215	18:11:26.361
7	1:06.373	+0.090	18:12:32.734
p8	1:14.448	+8.165	18:13:47.182
9	10:03.340	+8:57.057	18:23:50.522
10	1:27.629	+21.346	18:25:18.151
11	1:27.541	+21.258	18:26:45.692
12	1:27.044	+20.761	18:28:12.736
13	1:28.476	+22.193	18:29:41.212
p14	1:40.505	+34.222	18:31:21.717

(14) Kristoffer Hatterud

Lap	Lap Tm	Diff	Time of Day
1			18:04:42.805
2	1:09.750	+3.281	18:05:52.555
3	1:09.536	+3.067	18:07:02.091
4	1:08.573	+2.104	18:08:10.664
5	1:08.153	+1.684	18:09:18.817
6	1:10.504	+4.035	18:10:29.321
7	1:06.469		18:11:35.790
8	1:06.781	+0.312	18:12:42.571
p9	1:14.637	+8.168	18:13:57.208

(165) Pål Bekkelund

Lap	Lap Tm	Diff	Time of Day
1			18:04:31.324
2	1:07.480	+0.878	18:05:38.804
3	1:06.958	+0.356	18:06:45.762
4	1:08.072	+1.470	18:07:53.834
5	1:06.967	+0.365	18:09:00.801
6	1:07.903	+1.301	18:10:08.704
7	1:07.817	+1.215	18:11:16.521
8	1:06.829	+0.227	18:12:23.350
9	1:06.602		18:13:29.952
10	1:08.089	+1.487	18:14:38.041
11	1:07.129	+0.527	18:15:45.170
12	1:08.208	+1.606	18:16:53.378
13	1:07.873	+1.271	18:18:01.251
p14	1:17.062	+10.460	18:19:18.313

(40) Kim Rønningen

Lap	Lap Tm	Diff	Time of Day
1			18:43:43.274
2	1:07.440	+0.350	18:44:50.714
3	1:07.090		18:45:57.804
4	1:08.080	+0.990	18:47:05.884
5	1:07.188	+0.098	18:48:13.072
6	1:07.952	+0.862	18:49:21.024
7	1:07.562	+0.472	18:50:28.586
8	1:11.762	+4.672	18:51:40.348
9	1:12.808	+5.718	18:52:53.156
10	1:10.796	+3.706	18:54:03.952
11	1:09.483	+2.393	18:55:13.435
12	1:07.324	+0.234	18:56:20.759
13	1:08.679	+1.589	18:57:29.438
p14	1:39.289	+32.199	18:59:08.727

(63) Kent Tøllefsen

Lap	Lap Tm	Diff	Time of Day
1			18:43:52.915
2	1:08.631	+1.532	18:45:01.546
3	1:09.368	+2.269	18:46:10.914
4	1:08.360	+1.261	18:47:19.274
5	1:08.149	+1.050	18:48:27.423
6	1:09.353	+2.254	18:49:36.776
7	1:09.203	+2.104	18:50:45.979
8	1:07.099		18:51:53.078
9	1:10.275	+3.176	18:53:03.353
10	1:09.810	+2.711	18:54:13.163
11	1:07.786	+0.687	18:55:20.949
12	1:07.708	+0.609	18:56:28.657
13	1:09.286	+2.187	18:57:37.943
p14	1:21.598	+14.499	18:58:59.541

(23) Morten Midtlie

Lap	Lap Tm	Diff	Time of Day
1			18:43:40.949
2	1:07.835		18:44:48.784
3	1:08.403	+0.568	18:45:57.187
4	1:10.428	+2.593	18:47:07.615
5	1:12.715	+4.880	18:48:20.330
6	1:09.167	+1.332	18:49:29.497
7	1:08.790	+0.955	18:50:38.287
8	1:08.593	+0.758	18:51:46.880
9	1:15.965	+8.130	18:53:02.845
p10	1:16.371	+8.536	18:54:19.216

(356) Andreas Hansen

Lap	Lap Tm	Diff	Time of Day
1			18:43:36.506
2	1:07.862		18:44:44.368
3	1:10.449	+2.587	18:45:54.817
4	1:09.583	+1.721	18:47:04.400
5	1:09.758	+1.896	18:48:14.158
6	1:09.710	+1.848	18:49:23.868
7	1:09.740	+1.878	18:50:33.608
8	1:10.508	+2.646	18:51:44.116
9	1:10.283	+2.421	18:52:54.399
10	1:10.217	+2.355	18:54:04.616
11	1:10.236	+2.374	18:55:14.852
p12	1:19.559	+11.697	18:56:34.411

(357) Jo Sætre

Lap	Lap Tm	Diff	Time of Day
1			18:43:39.252
2	1:08.540		18:44:47.792
3	1:08.983	+0.443	18:45:56.775
4	1:10.493	+1.953	18:47:07.268
5	1:10.315	+1.775	18:48:17.583
6	1:08.972	+0.432	18:49:26.555
7	1:09.253	+0.713	18:50:35.808
8	1:09.630	+1.090	18:51:45.438
9	1:12.623	+4.083	18:52:58.061
10	1:09.867	+1.327	18:54:07.928
11	1:09.437	+0.897	18:55:17.365
12	1:09.503	+0.963	18:56:26.868
13	1:12.905	+4.365	18:57:39.773
p14	1:25.589	+17.049	18:59:05.362

(10) Kjetil Sjøflot

Lap	Lap Tm	Diff	Time of Day
1			18:43:46.140
2	1:11.833	+1.997	18:44:57.973
3	1:14.271	+4.435	18:46:12.244
4	1:12.433	+2.597	18:47:24.677
p5	1:20.577	+10.741	18:48:45.254
6	2:02.649	+52.813	18:50:47.903
7	1:14.121	+4.285	18:52:02.024
8	1:11.207	+1.371	18:53:13.231
9	1:09.836		18:54:23.067
10	1:10.458	+0.622	18:55:33.525
11	1:13.892	+4.056	18:56:47.417
12	1:12.682	+2.846	18:58:00.099
p13	1:22.679	+12.843	18:59:22.778

(98) Frida Birkeland

Lap	Lap Tm	Diff	Time of Day
1			18:24:46.796
2	1:15.817	+3.393	18:26:02.613
3	1:14.924	+2.500	18:27:17.537
4	1:14.585	+2.161	18:28:32.122
5	1:16.595	+4.171	18:29:48.717
6	1:17.512	+5.088	18:31:06.229
7	1:14.038	+1.614	18:32:20.267
8	1:12.424		18:33:32.691
9	1:12.582	+0.158	18:34:45.273
10	1:12.635	+0.211	18:35:57.908
11	1:12.956	+0.532	18:37:10.864
p12	1:22.217	+9.793	18:38:33.081

(158) Nikolai Bratvold

Lap	Lap Tm	Diff	Time of Day
1			18:44:23.210
2	1:14.552	+1.652	18:45:37.762
3	1:15.045	+2.145	18:46:52.807
4	1:15.915	+3.015	18:48:08.722
5	1:14.167	+1.267	18:49:22.889
6	1:12.961	+0.061	18:50:35.850
7	1:13.408	+0.508	18:51:49.258
8	1:16.933	+4.033	18:53:06.191
9	1:13.157	+0.257	18:54:19.348
10	1:13.710	+0.810	18:55:33.058
11	1:14.028	+1.128	18:56:47.086
12	1:12.900		18:57:59.986
p13	1:19.677	+6.777	18:59:19.663

(110) Vidar Kristian Slettjord

Lap	Lap Tm	Diff	Time of Day
1			18:44:07.192
2	1:16.067	+2.548	18:45:23.259
3	1:16.061	+2.542	18:46:39.320
4	1:15.448	+1.929	18:47:54.768
5	1:14.675	+1.156	18:49:09.443
6	1:14.312	+0.793	18:50:23.755
7	1:16.019	+2.500	18:51:39.774
8	1:13.519		18:52:53.293
9	1:13.704	+0.185	18:54:06.997
10	1:13.807	+0.288	18:55:20.804
p11	1:27.725	+14.206	18:56:48.529

(41) Thomas Andersen

Lap	Lap Tm	Diff	Time of Day
1			18:44:00.139
2	1:20.804	+6.129	18:45:20.943
3	1:17.701	+3.026	18:46:38.644
4	1:17.634	+2.959	18:47:56.278
5	1:15.630	+0.955	18:49:11.908
6	1:16.063	+1.388	18:50:27.971
7	1:16.929	+2.254	18:51:44.900
8	1:17.958	+3.283	18:53:02.858
9	1:14.675		18:54:17.533
10	1:15.096	+0.421	18:55:32.629
p11	1:23.390	+8.715	18:56:56.019

(28) Tom Roger Syversen

Lap	Lap Tm	Diff	Time of Day
1			18:46:15.689
2	1:16.438	+0.207	18:47:32.127
3	1:16.372	+0.141	18:48:48.499
4	1:16.393	+0.162	18:50:04.892
5	1:16.231		18:51:21.123
p6	1:19.203	+2.972	18:52:40.326

(9) Kasper Jenssen

Lap	Lap Tm	Diff	Time of Day
1			18:44:09.445
2	1:27.395	+10.055	18:45:36.840

Mandagstrening SMCK

Trening — **Vålerbanen 2,274 km**

Practice Heat 2 - Alle Klasser — **16.08.2021 18:00**

Practice (1:00:00 Time) started at 18:00:00

Lap	Lap Tm	Diff	Time of Day
3	1:22.401	+5.061	18:46:59.241
4	1:21.421	+4.081	18:48:20.662
5	1:23.027	+5.687	18:49:43.689
6	1:20.897	+3.557	18:51:04.586
7	1:20.564	+3.224	18:52:25.150
8	1:18.840	+1.500	18:53:43.990
9	1:18.597	+1.257	18:55:02.587
10	1:17.340		18:56:19.927
p11	1:31.411	+14.071	18:57:51.338

(382) Emma Bjåen

1			18:24:15.229
2	1:21.874	+4.325	18:25:37.103
3	1:21.282	+3.733	18:26:58.385
4	1:20.825	+3.276	18:28:19.210
5	1:22.594	+5.045	18:29:41.804
6	1:22.510	+4.961	18:31:04.314
7	1:17.549		18:32:21.863
p8	1:40.765	+23.216	18:34:02.628

(8) Kristin Heiberg

1			18:45:46.919
2	1:20.121	+2.522	18:47:07.040
3	1:19.823	+2.224	18:48:26.863
4	1:17.599		18:49:44.462
5	1:20.472	+2.873	18:51:04.934
6	1:20.977	+3.378	18:52:25.911
7	1:18.485	+0.886	18:53:44.396
8	1:18.715	+1.116	18:55:03.111
9	1:17.708	+0.109	18:56:20.819
10	1:18.327	+0.728	18:57:39.146
p11	1:27.253	+9.654	18:59:06.399

(91) Sondre Skyttermoen

1			18:23:52.885
2	1:28.148	+10.467	18:25:21.033
3	1:25.243	+7.562	18:26:46.276
4	1:27.011	+9.330	18:28:13.287
5	1:23.987	+6.306	18:29:37.274
6	1:20.033	+2.352	18:30:57.307
7	1:20.181	+2.500	18:32:17.488
8	1:17.681		18:33:35.169
9	1:18.748	+1.067	18:34:53.917
10	1:18.786	+1.105	18:36:12.703
11	1:18.351	+0.670	18:37:31.054

(28) Frank Rygge

1			18:44:11.359
2	1:21.082	+3.109	18:45:32.441
3	1:18.913	+0.940	18:46:51.354
4	1:19.653	+1.680	18:48:11.007
5	1:17.973		18:49:28.980
6	1:18.425	+0.452	18:50:47.405
7	1:18.048	+0.075	18:52:05.453
8	1:18.776	+0.803	18:53:24.229
p9	1:28.366	+10.393	18:54:52.595

(23) Pål Laukli

1			18:44:34.091
2	1:22.871		18:45:56.962

(204) Thelma Louise Jensen

1			18:23:52.503
2	1:28.156	+1.121	18:25:20.659
3	1:27.035		18:26:47.694
4	1:27.495	+0.460	18:28:15.189
p5	1:41.911	+14.876	18:29:57.100

(46) Per Mausethagen

p1	[redacted]		18:46:23.529

(78) Kenneth Skyttermoen

1	[redacted]		18:51:43.607
p2	1:27.450	3:59:27.325	18:53:11.057

Lap	Lap Tm	Diff	Time of Day