



Heldagstrening SMCK

3 C - Classic - Junior

Vålerbanen 2,262 km

C - Classic - Junior Heat 01

09.05.2016 09:50

Practice (25:00 Time) started at 9:50:00

| Lap | Lap Tm | Diff | Time of Day |
|-----------------------------|----------|-----------|--------------|
| (22) Jeanette Larsen | | | |
| 1 | | | 10:04:27.327 |
| 2 | 1:16.141 | +2.905 | 10:05:43.468 |
| 3 | 1:14.801 | +1.565 | 10:06:58.269 |
| 4 | 1:13.236 | | 10:08:11.505 |
| 5 | 1:16.033 | +2.797 | 10:09:27.538 |
| 6 | 1:23.587 | +10.351 | 10:10:51.125 |
| 7 | 7:04.101 | +5:50.865 | 10:17:55.226 |
| 8 | 1:19.605 | +6.369 | 10:19:14.831 |

| | | | |
|------------------------|----------|--------|--------------|
| (616) Arne Berg | | | |
| 1 | | | 10:03:21.153 |
| 2 | 1:15.949 | +2.599 | 10:04:37.102 |
| 3 | 1:16.520 | +3.170 | 10:05:53.622 |
| 4 | 1:15.251 | +1.901 | 10:07:08.873 |
| 5 | 1:13.350 | | 10:08:22.223 |
| 6 | 1:13.879 | +0.529 | 10:09:36.102 |
| 7 | 1:15.506 | +2.156 | 10:10:51.608 |

| | | | |
|------------------------------|----------|-----------|--------------|
| (555) Alexander Araya | | | |
| 1 | | | 10:07:24.261 |
| 2 | 1:19.911 | +4.108 | 10:08:44.172 |
| 3 | 1:18.040 | +2.237 | 10:10:02.212 |
| 4 | 1:15.803 | | 10:11:18.015 |
| 5 | 6:28.267 | +5:12.464 | 10:17:46.282 |
| 6 | 1:17.570 | +1.767 | 10:19:03.852 |
| 7 | 1:16.448 | +0.645 | 10:20:20.300 |
| 8 | 1:15.840 | +0.037 | 10:21:36.140 |

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|-----------------------|----------|-----------|--------------|
| (46) Kai Jarre | | | |
| 1 | | | 10:10:22.375 |
| 2 | 7:24.620 | +6:04.069 | 10:17:46.995 |
| 3 | 1:28.069 | +7.518 | 10:19:15.064 |
| 4 | 1:23.822 | +3.271 | 10:20:38.886 |
| 5 | 1:20.551 | | 10:21:59.437 |

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|---------------------------|----------|--------|--------------|
| (30) Bjørn Rønning | | | |
| 1 | | | 10:03:35.687 |
| 2 | 1:25.859 | +4.437 | 10:05:01.546 |
| 3 | 1:22.747 | +1.325 | 10:06:24.293 |
| 4 | 1:21.422 | | 10:07:45.715 |
| 5 | 1:23.735 | +2.313 | 10:09:09.450 |
| 6 | 1:22.923 | +1.501 | 10:10:32.373 |

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|-----------------------------|----------|-----------|--------------|
| (24) Per Katzenmaier | | | |
| 1 | | | 10:09:14.430 |
| 2 | 1:36.801 | +10.461 | 10:10:51.231 |
| 3 | 6:54.934 | +5:28.594 | 10:17:46.165 |
| 4 | 1:28.201 | +1.861 | 10:19:14.366 |
| 5 | 1:27.997 | +1.657 | 10:20:42.363 |
| 6 | 1:26.340 | | 10:22:08.703 |

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|----------------------------|----------|--------|--------------|
| (8) Svein Erik Riis | | | |
| 1 | | | 10:04:15.217 |
| 2 | 1:42.270 | +3.553 | 10:05:57.487 |
| 3 | 1:40.255 | +1.538 | 10:07:37.742 |
| 4 | 1:39.487 | +0.770 | 10:09:17.229 |
| 5 | 1:38.717 | | 10:10:55.946 |

| Lap | Lap Tm | Diff | Time of Day |
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| Lap | Lap Tm | Diff | Time of Day |
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