

Heldagstrening SMCK 3:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 1 - Alle Klasser

29.06.2026 09:00

Practice (1:00:00 Time) started at 9:00:17

Lap	Time of Day	Lap Tm	S1	S2	S3
(96) Anders Valle					
1	9:26:12.166			21.891	24.234
2	9:27:17.484	1:05.318	22.952	20.165	22.201
3	9:28:22.115	1:04.631	22.389	19.784	22.458
4	9:29:25.701	1:03.586	22.056	19.333	22.197
5	9:30:29.010	1:03.309	21.685	19.389	22.235
6	9:31:35.230	1:06.220	23.516	20.480	22.224
7	9:32:41.228	1:05.998	23.139	20.588	22.271
8	9:33:43.426	1:02.198	21.668	19.033	21.497
p9	9:34:42.873	59.447	21.922	19.536	

(91) Thomas Aleksander Gåserød					
1	9:24:33.857			21.410	22.605
2	9:25:39.977	1:06.120	23.464	20.099	22.557
3	9:26:43.834	1:03.857	22.085	19.801	21.971
4	9:27:47.956	1:04.122	21.654	20.460	22.008
5	9:28:51.940	1:03.984	22.351	19.764	21.869
6	9:29:57.200	1:05.260	23.177	20.002	22.081
7	9:31:00.807	1:03.607	22.072	19.606	21.929
8	9:32:04.445	1:03.638	22.161	19.523	21.954
9	9:33:07.557	1:03.112	21.884	19.509	21.719
10	9:34:10.101	1:02.544	21.716	19.344	21.484
11	9:35:13.062	1:02.961	21.765	19.360	21.836
12	9:36:16.822	1:03.760	21.981	19.169	22.610
13	9:37:19.950	1:03.128	21.532	19.479	22.117
p14	9:38:23.878	1:03.928	23.133	20.137	

(74) Tor Olav Salvesen					
1	9:24:30.032			21.548	23.015
2	9:25:36.742	1:06.710	23.011	20.992	22.707
3	9:26:42.134	1:05.392	22.620	20.228	22.544
4	9:27:47.454	1:05.320	22.648	20.116	22.556
5	9:28:54.100	1:06.646	23.548	20.789	22.309
6	9:29:59.104	1:05.004	22.365	19.992	22.647
7	9:31:04.446	1:05.342	22.745	19.934	22.663
8	9:32:09.686	1:05.240	22.657	20.029	22.554
9	9:33:14.634	1:04.948	22.331	19.820	22.797
p10	9:34:20.573	1:05.939	22.923	21.343	

(22) Ove Magne Berge					
1	9:26:13.274			21.280	24.043
2	9:27:19.426	1:06.152	22.717	19.957	23.478
p3	9:28:25.304	1:05.878	23.012	21.277	
4	9:31:08.591	2:43.287		20.980	23.475
p5	9:32:12.863	1:04.272	23.135	20.580	
p6	9:34:23.692	2:10.829		20.544	

(10) Kim Helge Haga Ovnan					
1	9:24:21.841			23.416	24.920
2	9:25:31.894	1:10.053	24.277	21.477	24.299
3	9:26:40.475	1:08.581	23.621	20.883	24.077
4	9:27:48.874	1:08.399	23.796	21.304	23.299
5	9:28:55.734	1:06.860	23.143	20.776	22.941
6	9:30:01.902	1:06.168	22.949	20.276	22.943
7	9:31:09.111	1:07.209	23.849	20.313	23.047
8	9:32:17.151	1:08.040	23.268	20.610	24.162
9	9:33:23.901	1:06.750	22.850	20.570	23.330
p10	9:34:29.651	1:05.750	23.222	21.103	

(69-) Stein Ove Salvesen					
1	9:24:33.430			22.503	23.657
2	9:25:41.222	1:07.792	23.490	20.777	23.525
3	9:26:48.020	1:06.798	23.335	20.332	23.131
4	9:27:54.807	1:06.787	23.192	20.401	23.194
5	9:29:01.652	1:06.845	23.278	20.411	23.156

6	9:30:08.936	1:07.284	23.383	20.563	23.338
7	9:31:16.785	1:07.849	23.636	20.685	23.528
8	9:32:24.984	1:08.199	23.891	20.813	23.495
9	9:33:33.230	1:08.246	23.222	20.714	24.310
p10	9:34:37.495	1:04.265	23.739	21.148	

(111) Tommy Lidal					
1	9:23:01.231			23.392	25.385
2	9:24:11.167	1:09.936	24.705	20.998	24.233
3	9:25:19.071	1:07.904	23.658	20.709	23.537
4	9:26:26.857	1:07.786	23.365	20.827	23.594
5	9:27:38.223	1:11.366	25.640	22.293	23.433
6	9:28:45.860	1:07.637	23.586	20.432	23.619
7	9:29:53.124	1:07.264	23.711	20.239	23.314
8	9:31:00.086	1:06.962	23.644	20.366	22.952
9	9:32:07.821	1:07.735	23.382	20.855	23.498
p10	9:33:13.521	1:05.700	23.348	20.270	

(95) Kristoffer Valle Mellingen					
1	9:25:42.276			24.858	26.605
2	9:26:56.206	1:13.930	25.770	23.051	25.109
3	9:28:07.145	1:10.939	24.360	22.030	24.549
4	9:29:18.224	1:11.079	24.022	22.210	24.847
5	9:30:28.523	1:10.299	24.280	21.964	24.055
6	9:31:38.121	1:09.598	23.567	21.865	24.166
7	9:32:48.384	1:10.263	23.847	22.019	24.397
8	9:33:59.414	1:11.030	25.201	21.875	23.954
9	9:35:08.769	1:09.355	23.544	22.031	23.780
10	9:36:17.070	1:08.301	23.249	21.404	23.648
11	9:37:26.104	1:09.034	23.144	22.040	23.850
p12	9:38:32.658	1:06.554	23.707	21.954	

(811) Finn Kristiansen					
1	9:43:25.469			23.557	25.894
2	9:44:37.828	1:12.359	25.351	21.992	25.016
3	9:45:49.337	1:11.509	25.314	21.687	24.508
4	9:46:58.876	1:09.539	24.287	21.208	24.044
5	9:48:07.429	1:08.553	23.995	20.785	23.773
6	9:49:16.288	1:08.859	23.928	20.947	23.984
7	9:50:25.213	1:08.925	23.964	21.043	23.918
8	9:51:34.904	1:09.691	24.474	21.329	23.888
p9	9:52:39.824	1:04.920	24.308	21.069	

(61) Kenneth Birkeland					
1	9:32:41.678			25.596	27.084
2	9:33:53.794	1:12.116	25.366	21.943	24.807
3	9:35:04.144	1:10.350	24.638	21.789	23.923
4	9:36:13.008	1:08.864	23.589	21.390	23.885
p5	9:37:16.945	1:03.937	23.604	20.962	

(3) Per Inge Stykket					
1	9:42:56.002			24.133	25.683
2	9:44:08.438	1:12.436	25.557	21.961	24.918
3	9:45:19.971	1:11.533	24.750	22.013	24.770
4	9:46:32.360	1:12.389	24.888	22.463	25.038
5	9:47:44.338	1:11.978	24.905	22.420	24.653
6	9:48:54.417	1:10.079	24.333	21.683	24.063
7	9:50:05.746	1:11.329	25.465	21.648	24.216
p8	9:51:12.850	1:07.104	24.879	21.653	
9	9:52:58.239	1:45.389		21.678	24.418
10	9:54:10.094	1:11.855	23.899	22.567	25.389
11	9:55:20.359	1:10.265	24.026	22.067	24.172
12	9:56:29.461	1:09.102	24.026	21.363	23.713
p13	9:57:37.913	1:08.452	24.649	23.428	

(14) Vidar Andre Jensen					
-------------------------	--	--	--	--	--

Chief of Timing & Scoring: www.Timekeeping.no

Orbits

Race Director: Benjamin Holger Storsveen

Sport Rescue Team.

Timing and results are not official.

www.mylaps.com

Licensed to: Timekeeping.no

Printed: 29.06.2026 11:03:08

Page 1/2

Heldagstrening SMCK 3:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 1 - Alle Klasser

29.06.2026 09:00

Practice (1:00:00 Time) started at 9:00:17

Lap	Time of Day	Lap Tm	S1	S2	S3
1	9:43:19.567			25.533	28.031
2	9:44:36.926	1:17.359	26.149	24.462	26.748
3	9:45:52.027	1:15.101	25.667	23.274	26.160
4	9:47:05.419	1:13.392	25.145	22.942	25.305
5	9:48:18.561	1:13.142	25.129	23.006	25.007
6	9:49:31.230	1:12.669	24.701	22.581	25.387
7	9:50:43.586	1:12.356	24.596	22.737	25.023
8	9:51:55.311	1:11.725	24.488	22.295	24.942
9	9:53:07.430	1:12.119	24.679	22.363	25.077
10	9:54:18.609	1:11.179	24.300	22.206	24.673
11	9:55:35.403	1:16.794	29.333	22.601	24.860
12	9:56:47.378	1:11.975	24.437	22.884	24.654
13	9:57:58.353	1:10.975	24.276	22.238	24.461
p14	9:59:12.569	1:14.216	25.904	24.560	

(95-) Oscar Skumlien

1	9:04:10.999			24.240	27.038
2	9:05:26.538	1:15.539	26.016	23.549	25.974
p3	9:06:35.126	1:08.588	25.238	22.779	
4	9:08:40.841	2:05.715		23.161	26.445
5	9:09:53.870	1:13.029	24.711	22.703	25.615
6	9:11:06.859	1:12.989	24.784	22.952	25.253
7	9:12:19.624	1:12.765	24.676	22.766	25.323
8	9:13:31.748	1:12.124	24.551	22.452	25.121
9	9:14:44.018	1:12.270	24.452	22.729	25.089
10	9:15:55.099	1:11.081	23.417	22.460	25.204
11	9:17:06.702	1:11.603	24.248	22.689	24.666
p12	9:18:22.575	1:15.873	26.203	26.049	

(51) Børre Skumlien

1	9:42:50.661			24.161	27.645
2	9:44:04.543	1:13.882	25.348	23.286	25.248
3	9:45:18.241	1:13.698	25.941	22.871	24.886
4	9:46:30.403	1:12.162	24.830	22.705	24.627
5	9:47:42.311	1:11.908	25.211	22.519	24.178
6	9:48:53.424	1:11.113	24.380	22.341	24.392
7	9:50:07.027	1:13.603	27.662	21.621	24.320
p8	9:51:14.415	1:07.388	25.023	22.626	
9	9:54:03.178	2:48.763		26.715	23.963
p10	9:55:12.518	1:09.340	26.091	22.824	

(13) Mathias Skilbrei Finden

1	9:44:03.909			25.127	27.599
2	9:45:17.338	1:13.429	26.139	22.840	24.450
3	9:46:28.709	1:11.371	24.472	22.070	24.829
4	9:47:40.859	1:12.150	24.536	22.926	24.688
5	9:48:52.034	1:11.175	24.393	22.090	24.692
6	9:50:03.472	1:11.438	24.559	21.551	25.328
p7	9:51:11.358	1:07.886	24.478	22.456	

(99) Svein Trygve Kragtorp

1	9:42:05.292			24.823	27.429
2	9:43:20.729	1:15.437	25.354	23.826	26.257
3	9:44:34.705	1:13.976	25.463	22.923	25.590
4	9:45:47.545	1:12.840	24.508	22.424	25.908
5	9:47:01.991	1:14.446	24.936	23.746	25.764
6	9:48:15.221	1:13.230	23.953	23.113	26.164
p7	9:49:26.930	1:11.709	25.103	23.629	

(14) Jenny Hagen Jensen

1	9:02:43.520			24.774	27.452
2	9:04:02.037	1:18.517	27.669	24.452	26.396
3	9:05:17.906	1:15.869	26.485	23.231	26.153
4	9:06:32.558	1:14.652	25.720	23.020	25.912
5	9:07:47.140	1:14.582	25.736	23.213	25.633
6	9:09:03.887	1:16.747	25.509	23.263	27.975

7	9:10:18.198	1:14.311	25.531	23.134	25.646
8	9:11:33.818	1:15.620	26.157	24.380	25.083
9	9:12:47.197	1:13.379	25.034	22.977	25.368
10	9:14:00.333	1:13.136	25.058	22.770	25.308
11	9:15:13.901	1:13.568	25.217	23.179	25.172
12	9:16:27.060	1:13.159	25.062	22.705	25.392
13	9:17:40.877	1:13.817	25.186	23.244	25.387
p14	9:18:50.914	1:10.037	25.003	22.960	

(64) Eddy Authen

1	9:25:01.828			27.255	29.638
2	9:26:24.449	1:22.621	28.820	25.718	28.083
3	9:27:43.275	1:18.826	27.689	24.359	26.778
4	9:29:00.692	1:17.417	26.935	24.024	26.458
5	9:30:17.300	1:16.608	26.145	23.662	26.801
6	9:31:32.614	1:15.314	25.818	23.622	25.874
7	9:32:47.956	1:15.342	25.527	23.756	26.059
8	9:34:01.233	1:13.277	25.304	22.807	25.166
p9	9:35:13.715	1:12.482	24.939	23.585	

(382) Maksymilian Alex Czapl

1	9:03:04.345			29.829	33.627
2	9:04:37.081	1:32.736	31.641	29.137	31.958
3	9:06:07.855	1:30.774	30.027	28.423	32.324
4	9:07:34.807	1:26.952	29.441	27.110	30.401
5	9:09:04.209	1:29.402	29.357	27.811	32.234
6	9:10:29.898	1:25.689	28.670	27.114	29.905
p7	9:11:55.861	1:25.963	29.483	27.619	
8	9:14:19.223	2:23.362		27.712	29.757
9	9:15:44.454	1:25.231	28.627	26.842	29.762
10	9:17:10.525	1:26.071	29.007	26.911	30.153
11	9:18:35.518	1:24.993	28.508	27.222	29.263
p12	9:19:57.058	1:21.540	28.676	26.937	

(32) Frida Birkeland

1	9:48:31.305			26.889	28.351
p2	9:49:46.670	1:15.365	27.327	25.195	
3	9:54:17.508	4:30.838		32.241	33.364
4	9:55:47.979	1:30.471	31.904	27.800	30.767
5	9:57:14.337	1:26.358	29.984	27.314	29.060
6	9:58:40.276	1:25.939	28.642	26.698	30.599
p7	10:00:03.143	1:22.867	28.603	26.374	

(30) Gard Ingvaldsen

1	9:04:02.631			32.943	36.569
2	9:05:39.413	1:36.782	33.457	29.242	34.083
3	9:07:12.123	1:32.710	31.498	28.682	32.530
4	9:08:43.553	1:31.430	31.155	28.149	32.126
5	9:10:13.413	1:29.860	30.609	27.656	31.595
6	9:11:43.333	1:29.920	30.364	28.061	31.495
7	9:13:11.972	1:28.639	30.020	27.306	31.313
8	9:14:43.310	1:31.338	30.465	28.584	32.289
9	9:16:13.338	1:30.028	31.125	27.479	31.424
10	9:17:41.492	1:28.154	29.884	27.330	30.940
p11	9:19:09.149	1:27.657	29.721	26.759	

(801) Emil Thomassen Bøler

1	9:02:35.689			36.727	44.113
2	9:04:17.754	1:42.065	35.101	31.751	35.213
3	9:05:53.343	1:35.589	32.031	29.506	34.052
4	9:07:29.387	1:36.044	32.127	29.591	34.326
5	9:09:04.398	1:35.011	31.316	29.614	34.081
6	9:10:37.729	1:33.331	30.645	29.160	33.526
7	9:12:14.408	1:36.679	31.863	28.607	36.209
8	9:13:49.711	1:35.303	31.915	29.370	34.018
p9	9:15:24.993	1:35.282	32.418	29.029	

Chief of Timing & Scoring: www.Timekeeping.no

Orbits

Race Director: Benjamin Holger Storsveen

Sport Rescue Team.

Timing and results are not official.

www.mylaps.com

Licensed to: Timekeeping.no

Printed: 29.06.2026 11:03:08

Page 2/2