

Heldagstrening SMCK 4:5

Trening 3 heat

FP 2 - Alle Klasser

Practice (1:00:00 Time) started at 10:00:12

Vålerbanen Racing Circuit 2,274 km

10.08.2026 10:00

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
(44-) Jonas Lindblad Andersen						
1	10:23:36.552				20.851	22.691
2	10:24:42.290	1:05.738		23.008	20.004	22.726
3	10:25:46.385	1:04.095	-1.643	22.251	19.570	22.274
4	10:26:50.089	1:03.704	-0.391	22.153	19.400	22.151
5	10:27:53.747	1:03.658	-0.046	21.823	19.551	22.284
6	10:28:58.219	1:04.472	+0.814	22.368	19.673	22.431
p7	10:30:00.072	1:01.853	-2.619	22.878	19.737	

(141) Morten Storsveen						
1	10:12:58.070				22.856	24.234
2	10:14:05.510	1:07.440		23.893	20.552	22.995
p3	10:15:22.444	1:16.934	+9.494	30.295	23.508	
4	10:43:01.397	27:38.953	-26:22.019		20.985	23.496
5	10:44:06.766	1:05.369	-26:33.584	23.137	20.106	22.126
6	10:45:12.556	1:05.790	+0.421	22.946	20.401	22.443
7	10:46:18.088	1:05.532	-0.258	22.526	20.103	22.903
8	10:47:22.447	1:04.359	-1.173	22.382	19.877	22.100
9	10:48:26.130	1:03.683	-0.676	22.276	19.711	21.696
10	10:49:30.073	1:03.943	+0.260	22.377	19.457	22.109
11	10:50:34.383	1:04.310	+0.367	22.470	19.640	22.200
12	10:51:38.417	1:04.034	-0.276	22.082	19.463	22.489
13	10:52:42.451	1:04.034		22.995	19.167	21.872
14	10:53:46.414	1:03.963	-0.071	22.534	19.393	22.036
15	10:54:51.579	1:05.165	+1.202	22.633	19.893	22.639
16	10:55:55.722	1:04.143	-1.022	22.369	19.492	22.282
p17	10:56:58.895	1:03.173	-0.970	24.555	20.232	

(77) Erik Myhre						
1	10:24:05.403				20.801	23.088
2	10:25:10.999	1:05.596		22.659	20.051	22.886
3	10:26:15.897	1:04.898	-0.698	22.319	19.973	22.606
4	10:27:20.593	1:04.696	-0.202	22.321	19.867	22.508
5	10:28:24.635	1:04.042	-0.654	22.091	19.704	22.247
6	10:29:29.234	1:04.599	+0.557	22.100	20.060	22.439
p7	10:30:37.252	1:08.018	+3.419	22.426	22.999	

(41-) Odd-Roar Sundet						
1	10:23:47.669				21.357	24.604
2	10:24:54.142	1:06.473		23.415	20.105	22.953
3	10:26:00.658	1:06.516	+0.043	23.598	20.505	22.413
4	10:27:05.177	1:04.519	-1.997	22.590	19.688	22.241
5	10:28:10.224	1:05.047	+0.528	22.694	19.848	22.505
6	10:29:14.506	1:04.282	-0.765	22.636	19.566	22.080
p7	10:30:23.315	1:08.809	+4.527	23.265	21.838	

(13-) Gard Arstein Nedrebø						
1	10:27:19.195				20.643	22.594
2	10:28:23.850	1:04.655		22.370	19.751	22.534
3	10:29:34.222	1:10.372	+5.717	22.574	20.373	27.425
p4	10:30:41.184	1:06.962	-3.410	21.881	23.953	

(99) Kent-Erik Løken Tøllefsen						
1	10:23:47.272				21.037	24.878
2	10:24:53.573	1:06.301		23.375	20.126	22.800
3	10:25:59.415	1:05.842	-0.459	22.693	20.175	22.974
4	10:27:05.036	1:05.621	-0.221	22.838	19.781	23.002
5	10:28:09.883	1:04.847	-0.774	22.407	19.848	22.592
6	10:29:15.122	1:05.239	+0.392	22.715	20.250	22.274
p7	10:30:24.433	1:09.311	+4.072	23.227	22.158	

(25) Sølve Andre Dale						
1	10:23:14.643				21.219	23.854
2	10:24:21.992	1:07.349		23.327	20.791	23.231
3	10:25:28.339	1:06.347	-1.002	23.154	20.285	22.908

4	10:26:33.981	1:05.642	-0.705	22.962	19.821	22.859
5	10:27:39.952	1:05.971	+0.329	22.894	20.037	23.040
6	10:28:45.904	1:05.952	-0.019	23.532	20.104	22.316
p7	10:45:03.839	16:17.935	-15:11.983	22.135		

(111) Tommy Lidal						
1	10:23:21.499				21.732	24.547
2	10:24:29.358	1:07.859		24.582	20.100	23.177
3	10:25:35.332	1:05.974	-1.885	23.235	20.026	22.713
4	10:26:41.929	1:06.597	+0.623	23.510	20.167	22.920
5	10:27:48.602	1:06.673	+0.076	23.098	20.163	23.412
6	10:28:55.835	1:07.233	+0.560	24.715	19.965	22.553
p7	10:29:58.859	1:03.024	-4.209	22.807	21.119	

(84) Andre Skjelbred						
1	10:24:43.491				22.021	24.464
2	10:25:52.649	1:09.158		24.394	21.035	23.729
3	10:27:01.042	1:08.393	-0.765	24.042	21.378	22.973
4	10:28:08.150	1:07.108	-1.285	23.507	20.821	22.780
5	10:29:14.196	1:06.046	-1.062	22.888	20.541	22.617
p6	10:30:22.465	1:08.269	+2.223	23.322	21.239	

(83) Didrik Helgesen						
1	10:23:52.444				22.283	24.089
2	10:25:00.880	1:08.436		24.237	21.065	23.134
3	10:26:08.879	1:07.999	-0.437	24.092	20.621	23.286
4	10:27:15.744	1:06.865	-1.134	23.402	20.493	22.970
5	10:28:22.663	1:06.919	+0.054	23.318	20.627	22.974
6	10:29:28.988	1:06.325	-0.594	22.915	20.464	22.946
p7	10:30:39.081	1:10.093	+3.768	23.034	24.460	

(41) Dennis Tobias Bjune						
1	10:23:20.807				22.056	24.407
2	10:24:30.073	1:09.266		24.821	20.847	23.598
3	10:25:37.508	1:07.435	-1.831	23.723	20.456	23.256
4	10:26:44.057	1:06.549	-0.886	23.426	20.042	23.081
5	10:27:51.165	1:07.108	+0.559	23.229	20.519	23.360
6	10:28:57.645	1:06.480	-0.628	23.594	20.230	22.656
p7	10:30:00.998	1:03.353	-3.127	23.021	20.378	

(112) Svein Olaf Bennæs						
1	10:23:17.681				21.658	23.700
2	10:24:24.910	1:07.229		23.392	20.937	22.900
3	10:25:32.326	1:07.416	+0.187	23.215	20.812	23.389
4	10:26:39.010	1:06.684	-0.732	22.947	20.597	23.140
5	10:27:48.324	1:09.314	+2.630	23.192	21.533	24.589
6	10:28:54.859	1:06.535	-2.779	23.249	20.405	22.881
7	10:30:05.971	1:11.112	+4.577	22.984	21.303	26.825
p8	10:31:58.934	1:52.963	+41.851	36.850	43.571	

(71) Terje Teigum Valaker						
1	10:25:34.050				20.988	22.666
p2	10:26:37.633	1:03.583		23.424	20.453	
3	10:28:18.192	1:40.559	+36.976		20.027	23.035
4	10:29:24.748	1:06.556	-34.003	23.576	20.259	22.721
p5	10:30:28.653	1:03.905	-2.651	22.256	21.487	

(73) Svein Rognmo						
1	10:04:25.611				21.450	24.269
2	10:05:34.754	1:09.143		24.073	20.996	24.074
3	10:06:43.614	1:08.860	-0.283	24.797	20.575	23.488
4	10:07:53.635	1:10.021	+1.161	25.298	21.075	23.648
5	10:09:02.372	1:08.737	-1.284	24.035	20.870	23.832
6	10:10:09.309	1:06.937	-1.800	23.267	20.623	23.047
7	10:11:17.715	1:08.406	+1.469	23.596	21.059	23.751
8	10:12:26.599	1:08.884	+0.478	23.336	20.849	24.699

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10.08.2026 10:00

Practice (1:00:00 Time) started at 10:00:12

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
9	10:13:36.419	1:09.820	+0.936	24.562	21.070	24.188
10	10:14:43.628	1:07.209	-2.611	23.414	20.724	23.071
11	10:15:50.313	1:06.685	-0.524	22.955	20.654	23.076
12	10:16:59.116	1:08.803	+2.118	22.908	20.527	25.368
13	10:18:07.333	1:08.217	-0.586	23.266	21.097	23.854
14	10:19:19.639	1:12.306	+4.089	26.067	22.687	23.552
p15	10:20:23.097	1:03.458	-8.848	24.395	20.832	

(67) Jonas Prestkværn

1	10:23:53.160				21.370	23.808
2	10:25:01.694	1:08.534		24.392	20.722	23.420
3	10:26:09.396	1:07.702	-0.832	24.218	20.328	23.156
4	10:27:16.642	1:07.246	-0.456	23.783	20.272	23.191
5	10:28:23.357	1:06.715	-0.531	23.309	20.312	23.094
6	10:29:30.280	1:06.923	+0.208	23.431	20.818	22.674
p7	10:30:44.716	1:14.436	+7.513	23.303	27.796	

(27) Sofie Harboe

1	10:02:57.227				21.702	24.617
2	10:04:07.325	1:10.098		24.353	21.696	24.049
3	10:05:16.999	1:09.674	-0.424	23.587	21.311	24.776
4	10:06:26.102	1:09.103	-0.571	23.822	21.151	24.130
5	10:07:34.293	1:08.191	-0.912	23.421	20.912	23.858
6	10:08:42.161	1:07.868	-0.323	22.902	20.902	24.064
7	10:09:50.249	1:08.088	+0.220	23.104	20.828	24.156
8	10:10:59.548	1:09.299	+1.211	23.678	20.737	24.884
9	10:12:09.790	1:10.242	+0.943	23.311	21.642	25.289
10	10:13:16.954	1:07.164	-3.078	23.208	20.639	23.317
11	10:14:23.903	1:06.949	-0.215	23.049	20.669	23.231
12	10:15:30.759	1:06.856	-0.093	22.990	20.586	23.280
13	10:16:40.546	1:09.787	+2.931	25.221	20.795	23.771
14	10:17:49.165	1:08.619	-1.168	23.201	21.235	24.183
p15	10:18:54.275	1:05.110	-3.509	22.979	20.690	

(711) Arve Enersen

1	10:42:30.851				22.697	24.920
2	10:43:40.702	1:09.851		24.810	21.211	23.830
3	10:44:49.778	1:09.076	-0.775	24.096	21.087	23.893
4	10:45:58.754	1:08.976	-0.100	24.099	21.162	23.715
5	10:47:06.573	1:07.819	-1.157	23.446	20.778	23.595
6	10:48:15.549	1:08.976	+1.157	24.111	21.161	23.704
7	10:49:23.461	1:07.912	-1.064	23.921	20.593	23.398
8	10:50:30.632	1:07.171	-0.741	23.289	20.603	23.279
9	10:51:38.315	1:07.683	+0.512	23.648	20.573	23.462
10	10:52:47.013	1:08.698	+1.015	24.755	20.515	23.428
11	10:53:56.124	1:09.111	+0.413	23.953	21.292	23.866
p12	10:55:05.143	1:09.019	-0.092	24.293	21.361	

(69) Oskar Corwin Bohlin

1	10:02:39.170				22.455	25.124
2	10:03:50.487	1:11.317		24.510	21.922	24.885
3	10:04:59.720	1:09.233	-2.084	23.786	21.460	23.987
4	10:06:08.069	1:08.349	-0.884	23.712	21.105	23.532
5	10:07:17.362	1:09.293	+0.944	24.596	21.132	23.565
6	10:08:25.552	1:08.190	-1.103	23.671	20.979	23.540
7	10:09:34.532	1:08.980	+0.790	23.276	20.910	24.794
8	10:10:43.300	1:08.768	-0.212	23.093	20.961	24.714
9	10:11:50.826	1:07.526	-1.242	23.266	21.001	23.259
10	10:12:59.085	1:08.259	+0.733	22.900	20.990	24.369
11	10:14:07.018	1:07.933	-0.326	23.558	20.939	23.436
12	10:15:16.309	1:09.291	+1.358	23.833	21.302	24.156
13	10:16:24.646	1:08.337	-0.954	22.947	21.416	23.974
14	10:17:32.547	1:07.901	-0.436	23.137	20.925	23.839
15	10:18:39.806	1:07.259	-0.642	23.204	20.766	23.289
p16	10:20:08.457	1:28.651	+21.392	24.192	45.148	

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
(38-) Rune Olsen Bjune						
1	10:23:01.348				22.635	24.832
2	10:24:10.710	1:09.362		24.490	20.971	23.901
3	10:25:18.700	1:07.990	-1.372	23.748	20.556	23.686
4	10:26:26.282	1:07.582	-0.408	23.534	20.467	23.581
5	10:27:33.634	1:07.352	-0.230	23.480	20.525	23.347
6	10:28:41.003	1:07.369	+0.017	23.402	20.344	23.623
p7	10:29:52.335	1:11.332	+3.963	23.687	23.660	

(13) Jan Ivar Skilbrei

1	10:45:15.679				23.411	24.485
2	10:46:25.356	1:09.677		24.859	21.259	23.559
3	10:47:33.853	1:08.497	-1.180	23.625	21.028	23.844
4	10:48:41.320	1:07.467	-1.030	23.475	20.723	23.269
5	10:49:49.688	1:08.368	+0.901	24.207	20.882	23.279
6	10:50:57.466	1:07.778	-0.590	23.780	20.596	23.402
p7	10:52:02.633	1:05.167	-2.611	23.899	20.814	

(74) Tor Olav Salvesen

1	10:24:15.580				21.179	23.509
2	10:25:23.129	1:07.549		23.576	20.503	23.470
3	10:26:31.177	1:08.048	+0.499	23.923	20.516	23.609
4	10:27:39.589	1:08.412	+0.364	24.165	20.730	23.517
5	10:28:47.606	1:08.017	-0.395	23.786	20.784	23.447
6	10:30:01.772	1:14.166	+6.149	23.568	21.441	29.157
p7	10:31:03.851	1:02.079	-12.087			

(53) Ove Einar Reinton

1	10:23:44.429				21.994	25.107
2	10:24:53.666	1:09.237		23.948	20.902	24.387
3	10:26:02.064	1:08.398	-0.839	23.722	21.250	23.426
4	10:27:09.809	1:07.745	-0.653	23.524	20.558	23.663
5	10:28:17.790	1:07.981	+0.236	23.898	20.772	23.311
6	10:29:25.618	1:07.828	-0.153	23.342	20.562	23.924
p7	10:30:36.501	1:10.883	+3.055	23.187	24.320	

(17) Vinjar Brynjarson Hallset

1	10:27:48.396				22.598	24.983
2	10:28:56.698	1:08.302		24.427	20.948	22.927
p3	10:30:02.310	1:05.612	-2.690	23.348	21.435	

(35) Lucia Linnea Nessjøen

1	10:03:04.352				22.306	26.135
2	10:04:18.420	1:14.068		25.179	22.474	26.415
3	10:05:31.140	1:12.720	-1.348	24.412	21.766	26.542
4	10:06:41.262	1:10.122	-2.598	23.974	21.300	24.848
5	10:07:51.779	1:10.517	+0.395	23.960	21.251	25.306
6	10:09:03.251	1:11.472	+0.955	24.134	22.207	25.131
7	10:10:12.672	1:09.421	-2.051	23.919	21.322	24.180
8	10:11:21.590	1:08.918	-0.503	23.710	21.024	24.184
9	10:12:30.633	1:09.043	+0.125	23.539	21.079	24.425
10	10:13:41.192	1:10.559	+1.516	23.606	21.700	25.253
11	10:14:49.932	1:08.740	-1.819	23.566	21.248	23.926
12	10:15:58.851	1:08.919	+0.179	23.613	21.089	24.217
13	10:17:07.329	1:08.478	-0.441	23.404	21.100	23.974
p14	10:18:15.221	1:07.892	-0.586	25.117	21.857	

(38) Bjørn Helge Thowsen

1	10:43:21.954				23.480	25.722
2	10:44:34.494	1:12.540		26.119	21.844	24.577
3	10:45:45.123	1:10.629	-1.911	24.984	21.551	24.094
4	10:46:57.249	1:12.126	+1.497	25.341	22.084	24.701
5	10:48:07.773	1:10.524	-1.602	24.833	21.466	24.225
6	10:49:17.958	1:10.185	-0.339	24.951	21.232	24.002
7	10:50:28.155	1:10.197	+0.012	24.787	21.584	23.826
8	10:51:37.962	1:09.807	-0.390	24.747	21.242	23.818

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Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
9	10:52:50.140	1:12.178	+2.371	26.637	21.715	23.826
10	10:53:59.719	1:09.579	-2.599	24.463	21.283	23.833
11	10:55:10.494	1:10.775	+1.196	24.288	21.224	25.263
12	10:56:25.715	1:15.221	+4.446	26.969	23.383	24.869
13	10:57:35.431	1:09.716	-5.505	24.595	21.142	23.979
p14	10:58:46.485	1:11.054	+1.338	25.557	23.156	

(44) William Eid Falk

1	10:04:41.635				22.588	25.305
2	10:05:54.873	1:13.238		24.958	23.061	25.219
3	10:07:59.752	2:04.879	+51.641	24.825	22.815	24.695
4	10:09:11.367	1:11.615	-53.264	24.609	22.430	24.576
5	10:10:22.995	1:11.628	+0.013	24.254	22.523	24.851
6	10:11:34.689	1:11.694	+0.066	24.773	22.103	24.818
7	10:12:45.879	1:11.190	-0.504	24.327	21.944	24.919
8	10:13:57.103	1:11.224	+0.034	24.786	21.813	24.625
9	10:15:09.537	1:12.434	+1.210	25.383	22.136	24.915
10	10:16:22.069	1:12.532	+0.098	25.284	22.733	24.515
11	10:17:32.865	1:10.796	-1.736	24.299	21.951	24.546
12	10:18:42.584	1:09.719	-1.077	23.688	21.778	24.253
p13	10:20:15.450	1:32.866	+23.147	25.423	46.539	

(57) Odd Gunnar Netland

1	10:42:43.003				23.201	26.612
2	10:43:56.731	1:13.728		26.517	22.263	24.948
3	10:45:07.672	1:10.941	-2.787	24.990	21.583	24.368
4	10:46:18.995	1:11.323	+0.382	24.696	21.812	24.815
5	10:47:29.822	1:10.827	-0.496	24.183	21.713	24.931
6	10:48:40.379	1:10.557	-0.270	24.467	21.624	24.466
7	10:49:53.148	1:12.769	+2.212	25.233	22.634	24.902
8	10:51:04.434	1:11.286	-1.483	25.717	21.154	24.415
9	10:52:14.159	1:09.725	-1.561	23.894	21.425	24.406
10	10:53:25.742	1:11.583	+1.858	25.047	21.957	24.579
11	10:54:36.401	1:10.659	-0.924	24.894	21.506	24.259
12	10:55:47.101	1:10.700	+0.041	24.424	21.613	24.663
13	10:56:57.184	1:10.083	-0.617	24.446	21.473	24.164
p14	10:58:06.045	1:08.861	-1.222	26.463	21.799	

(58) Emma Marie Birkelund

1	10:03:52.739				25.046	27.526
2	10:05:06.189	1:13.450		26.230	22.422	24.798
3	10:06:18.536	1:12.347	-1.103	24.713	22.614	25.020
4	10:07:30.942	1:12.406	+0.059	24.756	22.773	24.877
5	10:08:42.193	1:11.251	-1.155	24.315	22.097	24.839
6	10:09:52.775	1:10.582	-0.669	23.883	22.117	24.582
7	10:11:02.652	1:09.877	-0.705	23.748	21.478	24.651
8	10:12:15.153	1:12.501	+2.624	24.889	21.769	25.843
9	10:13:25.493	1:10.340	-2.161	24.116	21.687	24.537
10	10:14:35.777	1:10.284	-0.056	23.894	21.901	24.489
11	10:15:46.119	1:10.342	+0.058	24.275	21.297	24.770
12	10:16:56.256	1:10.137	-0.205	24.601	21.254	24.282
13	10:18:06.187	1:09.931	-0.206	23.574	21.723	24.634
14	10:19:21.629	1:15.442	+5.511	26.451	24.119	24.872
p15	10:20:32.017	1:10.388	-5.054	24.643	23.145	

(95) Oscar Skumlien

1	10:05:09.006				22.339	25.429
2	10:06:20.376	1:11.370		24.428	21.735	25.207
3	10:07:31.967	1:11.591	+0.221	24.665	21.954	24.972
4	10:08:42.948	1:10.981	-0.610	24.360	21.623	24.998
5	10:09:53.133	1:10.185	-0.796	24.350	21.551	24.284
p6	10:11:48.724	1:55.591	+45.406	24.299	21.666	
7	10:17:08.124	5:19.400	+3:23.809		22.614	25.166
8	10:18:20.871	1:12.747	-4:06.653	25.016	22.210	25.521
p9	10:19:32.164	1:11.293	-1.454	25.524	24.612	

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
(23-) Jon Helge Økland						
1	10:46:30.812				23.914	26.030
2	10:47:44.427	1:13.615		26.613	22.184	24.818
3	10:48:57.084	1:12.657	-0.958	26.278	21.728	24.651
4	10:50:08.831	1:11.747	-0.910	25.766	21.535	24.446
5	10:51:20.189	1:11.358	-0.389	25.346	21.864	24.148
6	10:52:31.368	1:11.179	-0.179	25.430	21.653	24.096
7	10:53:41.887	1:10.519	-0.660	24.938	21.783	23.798
8	10:54:52.547	1:10.660	+0.141	24.706	21.671	24.283
9	10:56:02.898	1:10.351	-0.309	24.595	21.698	24.058
10	10:57:13.440	1:10.542	+0.191	24.728	21.732	24.082
p11	10:58:20.344	1:06.904	-3.638	24.991	21.684	

(23) Eline Fjellhei Grav

1	10:04:50.053				26.142	28.867
2	10:06:06.102	1:16.049		27.240	22.922	25.887
3	10:07:21.912	1:15.810	-0.239	27.932	22.351	25.527
4	10:08:34.099	1:12.187	-3.623	25.685	21.756	24.746
5	10:09:49.304	1:15.205	+3.018	25.407	23.607	26.191
6	10:11:02.549	1:13.245	-1.960	25.747	21.778	25.720
7	10:12:18.765	1:16.216	+2.971	27.939	22.006	26.271
8	10:13:31.330	1:12.565	-3.651	25.798	21.777	24.990
9	10:14:41.853	1:10.523	-2.042	24.598	21.479	24.446
p10	10:15:51.770	1:09.917	-0.606	24.943	21.842	

(50) Mads Valen-Sendstad

1	10:43:53.124				23.246	25.896
2	10:45:06.076	1:12.952		25.733	22.183	25.036
3	10:46:20.132	1:14.056	+1.104	25.831	22.739	25.486
4	10:47:32.231	1:12.099	-1.957	24.988	21.958	25.153
5	10:48:43.914	1:11.683	-0.416	25.193	21.548	24.942
6	10:49:55.738	1:11.824	+0.141	25.129	22.152	24.543
7	10:51:07.803	1:12.065	+0.241	24.747	22.028	25.290
8	10:52:19.145	1:11.342	-0.723	24.981	22.001	24.360
9	10:53:30.356	1:11.211	-0.131	24.815	21.752	24.644
10	10:54:42.618	1:12.262	+1.051	25.387	22.145	24.730
11	10:55:54.801	1:12.183	-0.079	25.452	22.369	24.362
12	10:57:05.874	1:11.073	-1.110	24.949	21.798	24.326
13	10:58:17.702	1:11.828	+0.755	25.103	21.711	25.014
p14	10:59:28.498	1:10.796	-1.032	26.004	22.991	

(54-) Oddvar Gravelsæter-Gravdal

1	10:04:24.751				26.744	29.762
2	10:05:43.127	1:18.376		27.433	24.150	26.793
3	10:07:02.336	1:19.209	+0.833	26.472	23.901	28.836
4	10:08:21.559	1:19.223	+0.014	28.933	24.331	25.959
5	10:09:36.780	1:15.221	-4.002	25.323	23.038	26.860
6	10:10:52.825	1:16.045	+0.824	27.929	22.705	25.411
7	10:12:09.121	1:16.296	+0.251	25.382	25.030	25.884
8	10:13:21.536	1:12.415	-3.881	24.717	22.438	25.260
9	10:14:33.602	1:12.066	-0.349	24.573	22.390	25.103
10	10:15:46.014	1:12.412	+0.346	24.566	22.095	25.751
11	10:17:01.850	1:15.836	+3.424	25.061	22.007	28.768
12	10:18:13.143	1:11.293	-4.543	24.337	21.839	25.117
p13	10:19:22.126	1:08.983	-2.310	24.179	22.867	

(50-) Tor Christensen

1	10:43:49.323				22.555	25.542
2	10:45:01.940	1:12.617		25.363	22.132	25.122
3	10:46:14.048	1:12.108	-0.509	25.478	22.051	24.579
4	10:47:27.106	1:13.058	+0.950	25.587	22.266	25.205
5	10:48:39.551	1:12.445	-0.613	25.415	22.252	24.778
6	10:49:52.499	1:12.948	+0.503	25.697	22.512	24.739
7	10:51:05.405	1:12.906	-0.042	25.474	22.421	25.011
8	10:52:17.630	1:12.225	-0.681	25.444	22.102	24.679
9	10:53:29.959	1:12.329	+0.104	25.289	22.043	24.997

Heldagstrening SMCK 4:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 2 - Alle Klasser

10.08.2026 10:00

Practice (1:00:00 Time) started at 10:00:12

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
10	10:54:42.251	1:12.292	-0.037	25.203	22.428	24.661
11	10:55:54.614	1:12.363	+0.071	25.407	22.384	24.572
p12	10:57:06.015	1:11.401	-0.962	26.211	22.237	

(13--) Mathias Skilbrei Finden

1	10:02:00.154				26.301	28.040
2	10:03:20.863	1:20.709		28.211	24.984	27.514
3	10:04:40.038	1:19.175	-1.534	27.499	24.762	26.914
4	10:05:58.647	1:18.609	-0.566	26.199	24.195	28.215
5	10:07:14.678	1:16.031	-2.578	25.861	23.905	26.265
6	10:08:32.071	1:17.393	+1.362	27.070	23.793	26.530
p7	10:09:44.180	1:12.109	-5.284	26.396	23.581	

(75) Pål Laukli

1	10:43:07.057			25.904	27.996	
2	10:44:25.908	1:18.851		27.782	24.264	26.805
3	10:45:43.096	1:17.188	-1.663	27.243	23.631	26.314
4	10:46:59.521	1:16.425	-0.763	26.741	23.267	26.417
5	10:48:15.553	1:16.032	-0.393	26.714	22.899	26.419
p6	10:49:31.101	1:15.548	-0.484	27.115	23.286	

(46) Maksymilian Alex Czapla

1	10:04:03.143			28.925	32.908	
2	10:05:33.493	1:30.350		31.373	27.079	31.898
3	10:07:02.079	1:28.586	-1.764	30.129	27.028	31.429
4	10:08:27.252	1:25.173	-3.413	28.984	26.635	29.554
5	10:09:52.757	1:25.505	+0.332	28.994	26.652	29.859
p6	10:11:32.602	1:39.845	+14.340	28.422	41.422	
7	10:16:28.945	4:56.343	+3:16.498	26.587	29.587	
8	10:17:54.680	1:25.735	-3:30.608	30.403	26.121	29.211
9	10:19:17.340	1:22.660	-3.075	28.167	25.234	29.259
p10	10:20:37.441	1:20.101	-2.559	28.258	25.646	

(30) Gard Ingvaldsen

1	10:03:53.340			27.855	31.804	
2	10:05:19.313	1:25.973		30.766	25.877	29.330
3	10:06:42.647	1:23.334	-2.639	29.498	25.169	28.667
4	10:08:07.881	1:25.234	+1.900	29.218	25.656	30.360
5	10:09:37.127	1:29.246	+4.012	31.538	27.115	30.593
6	10:11:02.848	1:25.721	-3.525	29.284	25.608	30.829
p7	10:12:27.130	1:24.282	-1.439	29.775	26.221	
8	10:15:17.369	2:50.239	+1:25.957	25.435	28.568	
9	10:16:41.592	1:24.223	-1:26.016	29.317	25.874	29.032
10	10:18:04.545	1:22.953	-1.270	29.247	25.050	28.656
11	10:19:28.740	1:24.195	+1.242	30.107	24.931	29.157
p12	10:20:51.694	1:22.954	-1.241	29.643	25.316	

(39) Herman Eid Falk

1	10:05:12.557			27.459	29.919	
2	10:06:40.150	1:27.593		30.318	26.762	30.513
3	10:08:07.517	1:27.367	-0.226	29.650	26.716	31.001
4	10:09:36.446	1:28.929	+1.562	31.545	26.588	30.796
5	10:11:01.462	1:25.016	-3.913	29.072	25.713	30.231
p6	10:12:24.268	1:22.806	-2.210	30.125	25.671	
7	10:18:02.345	5:38.077	+4:15.271	25.183	28.169	
8	10:19:25.847	1:23.502	-4:14.575	29.983	25.692	27.827
p9	10:20:44.427	1:18.580	-4.922	28.142	24.196	

(93) Tancred Valen-Sendstad

1	10:02:17.428			27.237	33.231	
p2	10:03:44.705	1:27.277		31.827	27.343	
3	10:07:51.736	4:07.031	+2:39.754		26.790	31.130
4	10:09:18.583	1:26.847	-2:40.184	30.153	26.339	30.355
5	10:10:46.838	1:28.255	+1.408	29.978	26.508	31.769
6	10:12:15.375	1:28.537	+0.282	29.756	26.437	32.344
7	10:13:41.781	1:26.406	-2.131	30.088	26.168	30.150

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
8	10:15:08.154	1:26.373	-0.033	29.532	26.375	30.466
9	10:16:34.728	1:26.574	+0.201	29.702	25.757	31.115
10	10:18:01.921	1:27.193	+0.619	30.081	26.167	30.945
11	10:19:27.784	1:25.863	-1.330	30.169	26.586	29.108
p12	10:20:49.176	1:21.392	-4.471	29.216	26.318	

(801) Emil Thomassen Bøler

1	10:03:27.283				27.692	32.204
2	10:04:56.445	1:29.162		30.792	26.561	31.809
3	10:06:26.852	1:30.407	+1.245	29.973	29.481	30.953
4	10:07:53.806	1:26.954	-3.453	29.391	27.246	30.317
5	10:09:20.602	1:26.796	-0.158	28.988	26.970	30.838
6	10:10:47.103	1:26.501	-0.295	29.549	26.128	30.824
7	10:12:13.363	1:26.260	-0.241	30.286	26.213	29.761
p8	10:14:19.060	2:05.697	+39.437	1:00.419	31.886	

(82-3) Mathias Skamfer

1	10:02:45.494				32.659	35.995
2	10:04:25.263	1:39.769		35.680	29.837	34.252
3	10:06:01.952	1:36.689	-3.080	32.761	29.601	34.327
4	10:07:36.137	1:34.185	-2.504	32.732	29.312	32.141
5	10:09:11.060	1:34.923	+0.738	31.765	30.147	33.011
6	10:10:46.571	1:35.511	+0.588	32.212	30.045	33.254
7	10:12:21.307	1:34.736	-0.775	33.117	28.672	32.947
8	10:13:54.601	1:33.294	-1.442	31.462	28.955	32.877
9	10:15:29.251	1:34.650	+1.356	32.398	29.402	32.850
10	10:17:02.500	1:33.249	-1.401	31.592	28.879	32.778
11	10:18:35.927	1:33.427	+0.178	31.298	28.464	33.665
p12	10:20:06.877	1:30.950	-2.477	32.299	31.868	

(26) Lars Martin Granshagen

1	10:29:06.182				20.121	22.761
p2	10:30:09.005	1:02.823		22.932	20.218	