

Heldagstrening SMCK 4:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 3 - Alle Klasser

10.08.2026 11:00

Practice (1:00:00 Time) started at 11:00:12

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
(44-) Jonas Lindblad Andersen						
1	11:24:47.616				19.601	22.020
2	11:25:50.680	1:03.064		21.794	19.311	21.959
3	11:26:53.809	1:03.129	+0.065	22.133	19.338	21.658
4	11:27:55.772	1:01.963	-1.166	21.721	18.967	21.275
5	11:28:58.706	1:02.934	+0.971	21.530	19.098	22.306
6	11:30:01.034	1:02.328	-0.606	21.712	18.893	21.723
7	11:31:04.834	1:03.800	+1.472	21.988	19.480	22.332
8	11:32:07.917	1:03.083	-0.717	21.963	19.156	21.964
9	11:33:10.177	1:02.260	-0.823	21.440	19.171	21.649
10	11:34:13.866	1:03.689	+1.429	21.501	19.338	22.850
11	11:35:19.891	1:06.025	+2.336	23.291	20.210	22.524
12	11:36:22.206	1:02.315	-3.710	21.570	19.316	21.429
13	11:37:29.472	1:07.266	+4.951	22.258	21.542	23.466
p14	11:38:33.013	1:03.541	-3.725	22.759	20.324	

(13-) Gard Arstein Nedrebo						
1	11:24:54.806				19.863	22.314
2	11:25:59.644	1:04.838		22.564	20.090	22.184
3	11:27:01.769	1:02.125	-2.713	21.476	19.026	21.623
4	11:28:04.635	1:02.866	+0.741	21.932	19.515	21.419
5	11:29:09.483	1:04.848	+1.982	22.800	19.980	22.068
6	11:30:12.950	1:03.467	-1.381	22.105	19.420	21.942
7	11:31:16.688	1:03.738	+0.271	22.181	19.549	22.008
8	11:32:20.162	1:03.474	-0.264	21.979	19.644	21.851
9	11:33:23.691	1:03.529	+0.055	22.172	19.512	21.845
10	11:34:27.565	1:03.874	+0.345	22.200	19.561	22.113
p11	11:35:29.921	1:02.356	-1.518	22.522	19.535	

(71) Terje Teigum Valaker						
1	11:22:34.472				19.956	22.586
2	11:23:38.321	1:03.849		22.533	19.511	21.805
p3	11:24:38.722	1:00.401	-3.448	21.913	20.342	
4	11:26:20.491	1:41.769	+41.368		19.800	21.833
5	11:27:23.210	1:02.719	-39.050	21.986	19.115	21.618
6	11:28:25.357	1:02.147	-0.572	21.643	19.163	21.341
p7	11:30:18.539	1:53.182	+51.035	21.780	19.773	
8	11:31:52.809	1:34.270	-18.912		19.735	21.564
9	11:32:55.261	1:02.452	-31.818	21.718	19.073	21.661
10	11:33:57.883	1:02.622	+0.170	21.898	19.161	21.563
11	11:35:00.225	1:02.342	-0.280	21.364	19.264	21.714
12	11:36:03.117	1:02.892	+0.550	21.726	19.301	21.865
13	11:37:05.792	1:02.675	-0.217	21.631	19.296	21.748
p14	11:38:05.253	59.461	-3.214	21.888	19.324	

(77) Erik Myhre						
1	11:22:53.839				20.046	22.066
2	11:23:57.163	1:03.324		21.757	19.592	21.975
3	11:25:01.337	1:04.174	+0.850	22.268	19.544	22.362
4	11:26:04.915	1:03.578	-0.596	21.694	19.272	22.612
5	11:27:08.483	1:03.568	-0.010	22.366	19.353	21.849
6	11:28:12.189	1:03.706	+0.138	21.817	19.425	22.464
7	11:29:15.270	1:03.081	-0.625	21.829	19.358	21.894
p8	11:30:15.128	59.858	-3.223	21.825	19.714	
9	11:31:52.070	1:36.942	+37.084		19.717	21.657
10	11:32:54.912	1:02.842	-34.100	21.770	19.268	21.804
11	11:33:57.219	1:02.307	-0.535	21.515	19.130	21.662
12	11:34:59.844	1:02.625	+0.318	21.653	19.223	21.749
13	11:36:02.788	1:02.944	+0.319	21.794	19.264	21.886
14	11:37:05.408	1:02.620	-0.324	21.674	19.179	21.767
p15	11:38:04.382	58.974	-3.646	21.691	19.223	

(40) Tommy Ellertsen						
1	11:24:50.034				20.469	22.823
2	11:25:54.977	1:04.943		22.733	20.233	21.977

3	11:26:58.735	1:03.758	-1.185	22.218	19.857	21.683
4	11:28:03.610	1:04.875	+1.117	22.081	20.118	22.676
5	11:29:08.760	1:05.150	+0.275	23.149	20.155	21.846
6	11:30:12.047	1:03.287	-1.863	22.031	19.671	21.585
7	11:31:15.047	1:03.000	-0.287	21.602	19.826	21.572
8	11:32:18.343	1:03.296	+0.296	21.619	19.907	21.770
9	11:33:21.865	1:03.522	+0.226	21.831	19.726	21.965
p10	11:34:21.410	59.545	-3.977	21.711	19.760	

(41-) Odd-Roar Sundet						
1	11:22:32.843				20.241	22.596
2	11:23:36.614	1:03.771		22.369	19.419	21.983
3	11:24:42.353	1:05.739	+1.968	22.664	20.578	22.497
4	11:25:46.739	1:04.386	-1.353	22.390	19.969	22.027
5	11:26:49.940	1:03.201	-1.185	22.111	19.266	21.824
6	11:28:09.201	1:19.261	+16.060	22.660	33.281	23.320
7	11:29:12.775	1:03.574	-15.687	22.124	19.450	22.000
8	11:30:18.883	1:06.108	+2.534	23.060	20.262	22.786
9	11:31:23.054	1:04.171	-1.937	22.470	20.033	21.668
10	11:32:26.156	1:03.102	-1.069	21.776	19.468	21.858
p11	11:33:32.066	1:05.910	+2.808	23.144	21.479	

(26) Lars Martin Granshagen						
1	11:25:01.961				20.242	22.727
2	11:26:06.508	1:04.547		22.640	19.437	22.470
3	11:27:11.151	1:04.643	+0.096	22.520	19.883	22.240
4	11:28:15.483	1:04.332	-0.311	22.396	19.686	22.250
5	11:29:21.319	1:05.836	+1.504	22.413	20.133	23.290
6	11:30:27.261	1:05.942	+0.106	23.203	20.163	22.576
7	11:31:32.827	1:05.566	-0.376	22.750	20.180	22.636
8	11:32:38.193	1:05.366	-0.200	23.087	19.895	22.384
9	11:33:44.012	1:05.819	+0.453	22.913	19.918	22.988
10	11:34:50.598	1:06.586	+0.767	23.534	20.362	22.690
11	11:35:55.509	1:04.911	-1.675	22.681	19.822	22.408
12	11:36:59.461	1:03.952	-0.959	22.351	19.358	22.243
13	11:38:03.835	1:04.374	+0.422	22.703	19.665	22.006
p14	11:39:06.301	1:02.466	-1.908	23.358	20.159	

(141) Morten Storsveen						
1	11:43:04.380				22.431	23.880
2	11:44:08.866	1:04.486		22.836	19.471	22.179
3	11:45:13.086	1:04.220	-0.266	22.403	19.607	22.210
4	11:46:20.416	1:07.330	+3.110	24.119	20.364	22.847
5	11:47:27.291	1:06.875	-0.455	24.490	20.057	22.328
6	11:48:32.318	1:05.027	-1.848	22.525	19.711	22.791
7	11:49:39.999	1:07.681	+2.654	24.695	20.279	22.707
8	11:50:45.284	1:05.285	-2.396	23.192	19.823	22.270
9	11:51:50.156	1:04.872	-0.413	22.789	19.630	22.453
10	11:52:54.309	1:04.153	-0.719	22.385	19.557	22.211
p11	11:53:55.512	1:01.203	-2.950	22.952	20.063	

(99) Kent-Erik Løken Tøllefsen						
1	11:22:33.991				20.612	22.850
2	11:23:39.079	1:05.088		22.456	20.236	22.396
3	11:24:44.039	1:04.960	-0.128	22.352	20.162	22.446
4	11:25:48.837	1:04.798	-0.162	22.429	19.690	22.679
5	11:26:53.030	1:04.193	-0.605	22.371	19.541	22.281
p6	11:28:44.641	1:51.611	+47.418	22.059	20.215	
7	11:31:04.777	2:20.136	+28.525		21.030	22.749
8	11:32:10.583	1:05.806	-1:14.330	23.488	19.943	22.375
9	11:33:15.280	1:04.697	-1.109	22.223	19.844	22.630
10	11:34:19.469	1:04.189	-0.508	22.114	19.855	22.220
11	11:35:24.540	1:05.071	+0.882	22.062	20.478	22.530
12	11:36:29.964	1:05.424	+0.353	22.547	20.038	22.839
13	11:37:34.349	1:04.385	-1.039	22.241	19.755	22.389
p14	11:38:39.247	1:04.898	+0.513	22.327	20.372	

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Vålerbanen Racing Circuit 2,274 km

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10.08.2026 11:00

Practice (1:00:00 Time) started at 11:00:12

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
(84) Andre Skjelbred						
1	11:23:51.063				21.419	23.551
2	11:24:58.332	1:07.269		23.476	20.754	23.039
3	11:26:04.614	1:06.282	-0.987	23.289	20.411	22.582
4	11:27:09.939	1:05.325	-0.957	22.756	20.354	22.215
5	11:28:14.698	1:04.759	-0.566	22.279	20.095	22.385
6	11:29:20.961	1:06.263	+1.504	22.556	20.577	23.130
7	11:30:26.719	1:05.758	-0.505	23.005	20.301	22.452
8	11:31:32.503	1:05.784	+0.026	22.825	20.310	22.649
9	11:32:37.386	1:04.883	-0.901	22.777	20.046	22.060
10	11:33:42.552	1:05.166	+0.283	22.558	20.333	22.275
11	11:34:47.572	1:05.020	-0.146	22.650	20.136	22.234
12	11:35:52.954	1:05.382	+0.362	23.117	20.089	22.176
13	11:36:58.018	1:05.064	-0.318	22.677	20.171	22.216
14	11:38:02.517	1:04.499	-0.565	22.378	20.058	22.063
p15	11:39:05.174	1:02.657	-1.842	22.715	20.203	

(111) Tommy Lidal						
1	11:22:23.005				21.236	23.003
2	11:23:31.042	1:08.037		24.232	20.986	22.819
3	11:24:36.422	1:05.380	-2.657	23.093	20.045	22.242
4	11:25:41.539	1:05.117	-0.263	22.695	19.970	22.452
5	11:26:46.061	1:04.522	-0.595	22.534	19.805	22.183
6	11:27:50.930	1:04.869	+0.347	22.878	19.824	22.167
p7	11:28:54.217	1:03.287	-1.582	22.577	20.640	

(41) Dennis Tobias Bjune						
1	11:23:45.034				21.164	23.308
2	11:24:51.121	1:06.087		23.382	20.097	22.608
3	11:25:56.197	1:05.076	-1.011	22.591	20.156	22.329
4	11:27:01.178	1:04.981	-0.095	22.396	20.109	22.476
5	11:28:07.022	1:05.844	+0.863	22.684	20.729	22.431
6	11:29:12.478	1:05.456	-0.388	22.526	20.328	22.602
7	11:30:19.583	1:07.105	+1.649	23.226	20.589	23.290
8	11:31:24.906	1:05.323	-1.782	22.430	20.488	22.405
9	11:32:31.205	1:06.299	+0.976	22.979	20.393	22.927
10	11:33:35.759	1:04.554	-1.745	22.173	19.792	22.589
p11	11:34:38.433	1:02.674	-1.880	22.688	20.201	

(17) Vinjar Brynjarson Hallset						
1	11:24:17.076				22.112	23.915
2	11:25:26.795	1:09.719		24.063	21.629	24.027
3	11:26:35.116	1:08.321	-1.398	23.545	21.196	23.580
4	11:27:42.927	1:07.811	-0.510	23.449	20.523	23.839
5	11:28:49.433	1:06.506	-1.305	23.119	20.490	22.897
6	11:29:55.082	1:05.649	-0.857	22.903	20.299	22.447
7	11:31:00.708	1:05.626	-0.023	22.854	20.343	22.429
8	11:32:05.868	1:05.160	-0.466	22.544	20.309	22.307
9	11:33:11.443	1:05.575	+0.415	22.835	20.252	22.488
10	11:34:16.090	1:04.647	-0.928	22.301	20.007	22.339
11	11:35:20.933	1:04.843	+0.196	22.701	19.834	22.308
12	11:36:25.854	1:04.921	+0.078	22.189	19.969	22.763
13	11:37:31.526	1:05.672	+0.751	22.583	20.384	22.705
p14	11:38:58.202	1:26.676	+21.004	32.997	28.224	

(83) Didrik Helgesen						
1	11:23:16.609				21.224	23.272
2	11:24:23.262	1:06.653		23.265	20.438	22.950
3	11:25:29.164	1:05.902	-0.751	22.993	20.385	22.524
4	11:26:35.325	1:06.161	+0.259	22.615	20.096	23.450
5	11:27:42.431	1:07.106	+0.945	23.566	20.548	22.992
6	11:28:47.491	1:05.060	-2.046	22.286	20.107	22.667
7	11:29:52.921	1:05.430	+0.370	22.649	20.270	22.511
8	11:30:58.507	1:05.586	+0.156	22.586	20.357	22.643
9	11:32:03.765	1:05.258	-0.328	22.587	20.226	22.445

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
10	11:33:10.247	1:06.482	+1.224	22.661	20.969	22.852
11	11:34:15.794	1:05.547	-0.935	22.598	20.193	22.756
12	11:35:21.794	1:06.000	+0.453	22.825	20.305	22.870
p13	11:36:25.597	1:03.803	-2.197	23.120	20.648	

(38-) Rune Olsen Bjune						
1	11:23:32.356				21.608	23.816
2	11:24:38.610	1:06.254		23.199	20.258	22.797
3	11:25:44.035	1:05.425	-0.829	22.831	19.949	22.645
4	11:26:49.739	1:05.704	+0.279	22.829	20.040	22.835
5	11:27:55.408	1:05.669	-0.035	22.739	20.238	22.692
6	11:29:01.028	1:05.620	-0.049	22.832	19.976	22.812
p7	11:30:07.095	1:06.067	+0.447	22.890	20.667	

(112) Svein Olaf Bennæs						
1	11:22:25.343				21.323	23.461
2	11:23:33.558	1:08.215		23.435	20.969	23.811
3	11:24:41.137	1:07.579	-0.636	23.462	20.720	23.397
4	11:25:48.815	1:07.678	+0.099	23.251	21.072	23.355
5	11:26:55.798	1:06.983	-0.695	23.467	20.704	22.812
6	11:28:03.056	1:07.258	+0.275	23.489	20.781	22.988
7	11:29:11.334	1:08.278	+1.020	23.321	21.426	23.531
8	11:30:19.348	1:08.014	-0.264	23.493	20.958	23.563
9	11:31:27.883	1:08.535	+0.521	24.178	21.017	23.340
10	11:32:35.380	1:07.497	-1.038	23.349	20.799	23.349
11	11:33:41.863	1:06.483	-1.014	23.032	20.629	22.822
12	11:34:48.865	1:07.002	+0.519	23.111	20.861	23.030
13	11:35:56.552	1:07.687	+0.685	23.365	21.124	23.198
14	11:37:02.909	1:06.357	-1.330	23.147	20.275	22.935
15	11:38:08.701	1:05.792	-0.565	22.669	20.286	22.637
p16	11:39:13.209	1:04.508	-1.284	23.539	21.375	

(74) Tor Olav Salvesen						
1	11:22:51.383				20.922	23.694
2	11:23:58.827	1:07.444		23.877	20.506	23.061
3	11:25:05.134	1:06.307	-1.137	22.941	20.363	23.003
4	11:26:10.956	1:05.822	-0.485	22.855	20.250	22.717
5	11:27:16.924	1:05.968	+0.146	22.973	20.297	22.698
6	11:28:23.228	1:06.304	+0.336	22.891	20.303	23.110
7	11:29:29.530	1:06.302	-0.002	22.908	20.428	22.966
8	11:30:35.977	1:06.447	+0.145	23.158	20.219	23.070
p9	11:31:38.490	1:02.513	-3.934	23.256	20.432	

(53) Ove Einar Reinton						
1	11:22:41.134				20.964	23.391
2	11:23:47.865	1:06.731		23.386	20.597	22.748
3	11:24:54.081	1:06.216	-0.515	22.939	20.206	23.071
4	11:26:00.225	1:06.144	-0.072	22.900	20.199	23.045
5	11:27:06.169	1:05.944	-0.200	22.472	20.446	23.026
p6	11:28:09.268	1:03.099	-2.845	22.637	20.496	

(27) Sofie Harboe						
1	11:03:11.004				21.399	24.969
2	11:04:19.892	1:08.888		23.444	21.484	23.960
3	11:05:27.875	1:07.983	-0.905	23.648	20.985	23.350
4	11:06:34.376	1:06.501	-1.482	22.944	20.494	23.063
5	11:07:42.651	1:08.275	+1.774	23.697	21.221	23.357
6	11:08:49.398	1:06.747	-1.528	23.031	20.550	23.166
7	11:09:57.628	1:08.230	+1.483	23.318	20.937	23.975
8	11:11:05.397	1:07.769	-0.461	23.004	20.686	24.079
9	11:12:12.442	1:07.045	-0.724	23.276	20.571	23.198
10	11:13:20.848	1:08.406	+1.361	22.965	20.676	24.765
11	11:14:27.124	1:06.276	-2.130	22.793	20.554	22.929
p12	11:15:31.424	1:04.300	-1.976	23.046	21.107	

(67) Jonas Prestkvern						
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Heldagstrening SMCK 4:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 3 - Alle Klasser

10.08.2026 11:00

Practice (1:00:00 Time) started at 11:00:12

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
1	11:23:35.512				20.885	23.651
2	11:24:42.674	1:07.162		23.623	20.230	23.309
3	11:25:49.532	1:06.858	-0.304	23.174	20.630	23.054
4	11:26:56.125	1:06.593	-0.265	23.550	20.341	22.702
5	11:28:03.365	1:07.240	+0.647	23.700	20.548	22.992
6	11:29:11.697	1:08.332	+1.092	23.590	21.317	23.425
7	11:30:18.222	1:06.525	-1.807	23.670	19.937	22.918
8	11:31:24.519	1:06.297	-0.228	23.047	20.722	22.528
p9	11:32:28.570	1:04.051	-2.246	23.143	20.196	

(73) Svein Rognmo

1	11:04:28.435				20.956	25.296
2	11:05:36.379	1:07.944		23.975	20.474	23.495
3	11:06:42.917	1:06.538	-1.406	23.234	20.464	22.840
4	11:07:51.005	1:08.088	+1.550	22.907	21.521	23.660
p5	11:08:53.700	1:02.695	-5.393	23.029	21.717	
6	11:11:29.284	2:35.584	+1:32.889		21.135	22.959
7	11:13:25.865	1:56.581	-39.003	24.011	20.965	24.479
8	11:14:33.986	1:08.121	-48.460	24.374	20.693	23.054
9	11:15:43.549	1:09.563	+1.442	23.321	21.881	24.361
10	11:16:51.868	1:08.319	-1.244	23.499	21.412	23.408
11	11:17:59.760	1:07.892	-0.427	23.240	20.701	23.951
p12	11:19:06.682	1:06.922	-0.970	23.387	20.837	

(69) Oskar Corwin Bohlin

1	11:02:21.611				21.254	23.420
2	11:03:30.326	1:08.715		23.391	21.458	23.866
3	11:04:37.577	1:07.251	-1.464	23.276	20.758	23.217
4	11:05:49.049	1:11.472	+4.221	25.744	21.295	24.433
5	11:06:57.043	1:07.994	-3.478	23.072	21.272	23.650
6	11:08:05.194	1:08.151	+0.157	23.222	20.870	24.059
7	11:09:13.189	1:07.995	-0.156	24.058	20.628	23.309
8	11:10:21.009	1:07.820	-0.175	22.998	21.685	23.137
9	11:11:28.239	1:07.230	-0.590	22.880	21.356	22.994
10	11:12:35.912	1:07.673	+0.443	23.314	20.665	23.694
11	11:13:43.460	1:07.548	-0.125	22.672	20.734	24.142
12	11:14:51.298	1:07.838	+0.290	23.231	20.896	23.711
13	11:15:58.817	1:07.519	-0.319	22.801	20.823	23.895
14	11:17:08.614	1:09.797	+2.278	24.687	21.299	23.811
15	11:18:16.016	1:07.402	-2.395	22.579	21.087	23.736
p16	11:19:51.380	1:35.364	+27.962	23.324	53.473	

(711) Arve Enersen

1	11:43:30.208				21.887	24.535
2	11:44:40.806	1:10.598		24.412	20.755	25.431
3	11:45:49.941	1:09.135	-1.463	24.207	21.055	23.873
4	11:46:58.370	1:08.429	-0.706	24.046	21.007	23.376
5	11:48:06.067	1:07.697	-0.732	23.680	20.614	23.403
6	11:49:13.309	1:07.242	-0.455	23.188	20.780	23.274
7	11:50:21.243	1:07.934	+0.692	23.645	20.931	23.358
8	11:51:28.711	1:07.468	-0.466	23.214	20.749	23.505
9	11:52:36.480	1:07.769	+0.301	23.458	20.787	23.524
10	11:53:45.764	1:09.284	+1.515	24.677	20.848	23.759
11	11:54:54.540	1:08.776	-0.508	23.881	20.935	23.960
12	11:56:03.145	1:08.605	-0.171	24.227	20.687	23.691
p13	11:57:10.481	1:07.336	-1.269	23.589	20.818	

(23-) Jon Helge Økland

1	11:44:00.624				22.443	24.533
2	11:45:10.691	1:10.067		24.852	21.256	23.959
3	11:46:20.141	1:09.450	-0.617	24.463	21.260	23.727
4	11:47:29.338	1:09.197	-0.253	24.478	21.044	23.675
5	11:48:37.882	1:08.544	-0.653	23.976	20.998	23.570
6	11:49:47.910	1:10.028	+1.484	24.045	21.306	24.677
7	11:51:00.837	1:12.927	+2.899	25.569	22.469	24.889
8	11:52:10.236	1:09.399	-3.528	24.682	21.302	23.415

9	11:53:20.154	1:09.918	+0.519	24.263	21.174	24.481
10	11:54:28.459	1:08.305	-1.613	23.787	20.900	23.618
11	11:55:36.579	1:08.120	-0.185	23.876	20.999	23.245
12	11:56:44.811	1:08.232	+0.112	23.783	20.919	23.530
p13	11:57:50.467	1:05.656	-2.576	23.973	21.264	

(35) Lucia Linnea Nessjøen

1	11:02:57.094					21.772	25.563
2	11:04:07.140	1:10.046			24.631	20.962	24.453
3	11:05:18.703	1:11.563	+1.517	24.118	21.968	25.477	
4	11:06:30.057	1:11.354	-0.209	24.691	22.186	24.477	
5	11:07:42.608	1:12.551	+1.197	26.829	21.549	24.173	
6	11:08:50.941	1:08.333	-4.218	23.747	20.862	23.724	
7	11:10:02.629	1:11.688	+3.355	23.576	22.382	25.730	
8	11:11:15.140	1:12.511	+0.823	26.893	21.570	24.048	
9	11:12:23.772	1:08.632	-3.879	23.595	21.205	23.832	
10	11:13:32.710	1:08.938	+0.306	23.780	21.306	23.852	
11	11:14:43.701	1:10.991	+2.053	24.883	21.490	24.618	
12	11:15:52.779	1:09.078	-1.913	23.598	21.225	24.255	
13	11:17:02.857	1:10.078	+1.000	24.734	21.167	24.177	
14	11:18:11.424	1:08.567	-1.511	23.788	20.949	23.830	
p15	11:19:19.419	1:07.995	-0.572	26.166	21.563		

(98) Svenna Estensmo

1	11:43:32.220					24.859	25.693
2	11:44:45.413	1:13.193			26.458	22.242	24.493
3	11:45:58.510	1:13.097	-0.096	25.722	21.940	25.435	
4	11:47:12.029	1:13.519	+0.422	26.319	23.240	23.960	
5	11:48:21.775	1:09.746	-3.773	24.557	21.380	23.809	
6	11:49:30.172	1:08.397	-1.349	24.175	20.815	23.407	
7	11:50:38.711	1:08.539	+0.142	24.447	20.736	23.356	
p8	11:51:43.920	1:05.209	-3.330	24.824	20.891		

(38) Bjørn Helge Thowsen

1	11:43:33.604					23.944	25.424
2	11:44:46.313	1:12.709			26.291	21.874	24.544
3	11:45:59.549	1:13.236	+0.527	25.978	21.812	25.446	
4	11:47:13.624	1:14.075	+0.839	25.731	23.158	25.186	
5	11:48:24.041	1:10.417	-3.658	25.442	21.271	23.704	
6	11:49:32.972	1:08.931	-1.486	24.503	20.985	23.443	
7	11:50:41.408	1:08.436	-0.495	24.091	20.583	23.762	
8	11:51:50.212	1:08.804	+0.368	24.217	21.084	23.503	
9	11:52:59.102	1:08.890	+0.086	24.416	20.967	23.507	
10	11:54:08.207	1:09.105	+0.215	24.288	21.001	23.816	
11	11:55:19.366	1:11.159	+2.054	25.349	21.778	24.032	
12	11:56:28.666	1:09.300	-1.859	24.640	21.046	23.614	
13	11:57:38.558	1:09.892	+0.592	24.422	21.476	23.994	
p14	11:58:48.517	1:09.959	+0.067	25.584	22.999		

(13) Jan Ivar Skilbrei

1	11:43:15.912					22.816	25.793
2	11:44:27.897	1:11.985			24.874	21.454	25.657
3	11:45:37.574	1:09.677	-2.308	24.358	21.201	24.118	
4	11:46:47.190	1:09.616	-0.061	24.396	21.145	24.075	
5	11:47:56.874	1:09.684	+0.068	24.340	20.990	24.354	
6	11:49:06.217	1:09.343	-0.341	24.412	21.160	23.771	
7	11:50:15.135	1:08.918	-0.425	24.191	20.887	23.840	
p8	11:51:21.875	1:06.740	-2.178	24.064	21.011		

(58) Emma Marie Birkelund

1	11:03:33.096					21.750	24.105
2	11:04:42.861	1:09.765			24.288	21.353	24.124
3	11:05:54.255	1:11.394	+1.629	24.497	22.493	24.404	
4	11:07:04.164	1:09.909	-1.485	24.659	21.385	23.865	
5	11:08:14.848	1:10.684	+0.775	23.689	21.750	25.245	
6	11:09:24.497	1:09.649	-1.035	25.001	21.124	23.524	

Heldagstrening SMCK 4:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 3 - Alle Klasser

10.08.2026 11:00

Practice (1:00:00 Time) started at 11:00:12

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
7	11:10:34.490	1:09.993	+0.344	23.537	21.704	24.752
8	11:11:44.729	1:10.239	+0.246	23.782	21.531	24.926
9	11:12:54.101	1:09.372	-0.867	23.858	21.602	23.912
10	11:14:05.057	1:10.956	+1.584	23.618	23.260	24.078
11	11:15:14.370	1:09.313	-1.643	24.000	21.346	23.967
12	11:16:27.257	1:12.887	+3.574	24.004	22.851	26.032
13	11:17:37.543	1:10.286	-2.601	24.271	21.779	24.236
p14	11:18:46.174	1:08.631	-1.655	24.229	21.609	

(54-) Oddvar Gravelsæter-Gravdal

1	11:02:52.155				25.529	27.438
2	11:04:06.141	1:13.986		25.895	22.370	25.721
3	11:05:18.592	1:12.451	-1.535	24.906	22.078	25.467
4	11:06:30.359	1:11.767	-0.684	24.588	22.185	24.994
5	11:07:45.692	1:15.333	+3.566	27.708	22.950	24.675
6	11:08:55.130	1:09.438	-5.895	23.825	21.329	24.284
7	11:10:05.077	1:09.947	+0.509	23.765	21.593	24.589
8	11:11:16.738	1:11.661	+1.714	26.182	21.412	24.067
9	11:12:26.558	1:09.820	-1.841	23.651	22.107	24.062
10	11:13:36.526	1:09.968	+0.148	24.679	21.257	24.032
11	11:14:48.560	1:12.034	+2.066	23.559	23.697	24.778
12	11:15:58.633	1:10.073	-1.961	23.807	22.049	24.217
13	11:17:13.125	1:14.492	+4.419	25.132	23.544	25.816
14	11:18:22.811	1:09.686	-4.806	23.777	21.387	24.522
p15	11:19:35.016	1:12.205	+2.519	23.762	26.272	

(23) Eline Fjellhøi Grav

1	11:03:47.429				23.592	25.597
2	11:05:02.972	1:15.543		25.629	23.204	26.710
3	11:06:17.503	1:14.531	-1.012	26.322	21.490	26.719
4	11:07:28.380	1:10.877	-3.654	25.049	21.494	24.334
5	11:08:39.630	1:11.250	+0.373	24.616	21.524	25.110
6	11:09:50.708	1:11.078	-0.172	24.398	21.383	25.297
7	11:11:02.648	1:11.940	+0.862	24.408	22.078	25.454
8	11:12:12.458	1:09.810	-2.130	24.775	21.051	23.984
p9	11:13:21.697	1:09.239	-0.571	24.414	21.187	
10	11:15:28.781	2:07.084	+57.845	22.269	24.490	
11	11:16:40.144	1:11.363	-55.721	24.548	21.783	25.032
12	11:17:55.186	1:15.042	+3.679	25.889	24.931	24.222
p13	11:19:05.628	1:10.442	-4.600	24.553	21.494	

(57) Odd Gunnar Netland

1	11:43:05.093				22.960	25.085
2	11:44:16.735	1:11.642		24.712	22.022	24.908
3	11:45:27.320	1:10.585	-1.057	24.572	20.953	25.060
4	11:46:38.739	1:11.419	+0.834	24.903	21.930	24.586
5	11:47:49.877	1:11.138	-0.281	24.862	21.804	24.472
6	11:49:00.665	1:10.788	-0.350	24.823	21.726	24.239
7	11:50:11.230	1:10.565	-0.223	24.021	21.815	24.729
8	11:51:22.556	1:11.326	+0.761	24.627	22.236	24.463
9	11:52:33.198	1:10.642	-0.684	24.423	21.595	24.624
10	11:53:43.578	1:10.380	-0.262	24.274	21.474	24.632
11	11:54:54.199	1:10.621	+0.241	24.690	21.641	24.290
12	11:56:04.071	1:09.872	-0.749	24.246	21.547	24.079
p13	11:57:11.503	1:07.432	-2.440	23.678	21.618	

(44) William Eid Falk

1	11:03:45.606				22.737	24.321
2	11:04:56.468	1:10.862		24.283	22.343	24.236
3	11:06:08.094	1:11.626	+0.764	24.357	22.342	24.927
4	11:07:18.720	1:10.626	-1.000	24.164	21.876	24.586
5	11:08:29.778	1:11.058	+0.432	24.727	21.762	24.569
6	11:09:40.363	1:10.585	-0.473	24.112	22.259	24.214
7	11:10:51.235	1:10.872	+0.287	24.729	21.819	24.324
8	11:12:01.796	1:10.561	-0.311	23.718	21.849	24.994
p9	11:13:11.479	1:09.683	-0.878	25.310	23.769	

10	11:17:05.840	3:54.361	+2:44.678		22.290	24.264
11	11:18:16.290	1:10.450	-2:43.911	23.935	22.036	24.479
p12	11:19:57.562	1:41.272	+30.822	24.011	56.488	

(50-) Tor Christensen

1	11:43:41.626				22.933	25.753
2	11:44:53.706	1:12.080		25.373	22.032	24.675
3	11:46:06.539	1:12.833	+0.753	25.783	22.535	24.515
4	11:47:19.615	1:13.076	+0.243	25.810	22.516	24.750
5	11:48:33.434	1:13.819	+0.743	26.081	22.809	24.929
6	11:49:47.182	1:13.748	-0.071	25.429	22.527	25.792
7	11:51:00.455	1:13.273	-0.475	26.001	22.440	24.832
8	11:52:13.598	1:13.143	-0.130	25.487	22.476	25.180
p9	11:53:24.267	1:10.669	-2.474	26.729	22.416	

(75) Pål Laukli

1	11:44:41.772				23.793	28.477
2	11:45:58.142	1:16.370		27.642	22.247	26.481
3	11:47:13.278	1:15.136	-1.234	26.393	23.132	25.611
4	11:48:27.046	1:13.768	-1.368	26.017	22.424	25.327
5	11:49:41.023	1:13.977	+0.209	26.161	22.362	25.454
6	11:50:55.394	1:14.371	+0.394	25.840	23.755	24.776
7	11:52:07.733	1:12.339	-2.032	25.746	21.884	24.709
p8	11:53:20.096	1:12.363	+0.024	25.978	21.680	

(95) Oscar Skumlien

1	11:13:43.389				23.297	25.703
2	11:14:57.660	1:14.271		25.668	22.776	25.827
3	11:16:10.916	1:13.256	-1.015	25.322	22.662	25.272
4	11:17:25.781	1:14.865	+1.609	27.145	22.535	25.185
5	11:18:38.328	1:12.547	-2.318	25.036	22.657	24.854
p6	11:20:10.791	1:32.463	+19.916	25.732	43.918	

(41-) Adrian Sundet

1	11:05:05.061				25.430	29.089
2	11:06:26.155	1:21.094		27.694	24.470	28.930
3	11:07:53.425	1:27.270	+6.176	34.487	26.448	26.335
4	11:09:09.404	1:15.979	-11.291	26.142	23.596	26.241
5	11:10:24.820	1:15.416	-0.563	26.457	23.116	25.843
6	11:11:41.646	1:16.826	-1.410	26.179	23.638	27.009
7	11:12:56.436	1:14.790	-2.036	25.890	23.568	25.332
p8	11:14:12.299	1:15.863	+1.073	26.675	23.700	

(205) Erik Wetten

1	11:44:40.926				25.048	28.363
2	11:46:00.044	1:19.118		27.953	23.764	27.401
3	11:47:16.575	1:16.531	-2.587	27.754	23.008	25.769
4	11:48:31.379	1:14.804	-1.727	26.058	22.320	26.426
5	11:49:55.671	1:24.292	+9.488	26.170	22.356	35.766
6	11:51:17.373	1:21.702	-2.590	29.588	23.900	28.214
7	11:52:34.926	1:17.553	-4.149	27.182	23.610	26.761
8	11:53:51.088	1:16.162	-1.391	26.785	23.418	25.959
9	11:55:07.361	1:16.273	+0.111	26.747	23.152	26.374
p10	11:56:22.240	1:14.879	-1.394	26.079	24.233	

(13-) Mathias Skilbrei Finden

1	11:03:12.023				24.673	27.864
2	11:04:29.068	1:17.045		26.531	23.937	26.577
3	11:05:44.186	1:15.118	-1.927	26.360	23.060	25.698
4	11:06:59.735	1:15.549	+0.431	26.614	23.437	25.498
5	11:08:14.621	1:14.886	-0.663	26.523	22.945	25.418
6	11:09:31.361	1:16.740	+1.854	27.750	23.100	25.890
7	11:10:47.161	1:15.800	-0.940	25.681	24.079	26.040
p8	11:11:59.407	1:12.246	-3.554	25.786	23.636	

(30) Gard Ingvaldsen

Chief of Timing & Scoring: www.Timekeeping.no

Orbits

Race Director: Benjamin Holger Storsveen

Sport Rescue Team.

Timing and results are not official.

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Heldagstrening SMCK 4:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 3 - Alle Klasser

10.08.2026 11:00

Practice (1:00:00 Time) started at 11:00:12

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
1	11:02:56.345				27.830	28.573
2	11:04:16.746	1:20.401		28.830	24.105	27.466
3	11:05:37.592	1:20.846	+0.445	28.637	24.197	28.012
4	11:06:59.001	1:21.409	+0.563	28.926	24.546	27.937
5	11:08:19.594	1:20.593	-0.816	29.074	23.998	27.521
6	11:09:40.167	1:20.573	-0.020	28.964	24.414	27.195
7	11:11:02.842	1:22.675	+2.102	28.264	26.059	28.352
8	11:12:24.107	1:21.265	-1.410	28.260	24.089	28.916
p9	11:13:46.555	1:22.448	+1.183	28.687	25.158	
p10	11:16:44.076	2:57.521	+1:35.073		25.844	

(93) Tancred Valen-Sendstad

1	11:02:14.910				26.758	30.018
2	11:03:39.371	1:24.461		29.661	25.608	29.192
3	11:05:02.739	1:23.368	-1.093	29.344	25.452	28.572
4	11:06:25.779	1:23.040	-0.328	28.794	25.129	29.117
5	11:07:51.072	1:25.293	+2.253	31.546	25.294	28.453
6	11:09:13.965	1:22.893	-2.400	28.773	25.426	28.694
7	11:10:35.864	1:21.899	-0.994	28.436	25.206	28.257
8	11:11:58.427	1:22.563	+0.664	28.262	25.354	28.947
9	11:13:23.160	1:24.733	+2.170	29.284	26.340	29.109
10	11:14:43.866	1:20.706	-4.027	27.987	24.764	27.955
11	11:17:13.514	2:29.648	+1:08.942	27.730	25.990	27.974
p12	11:18:33.464	1:19.950	-1:09.698	27.701	24.716	

(46) Maksymilian Alex Czapla

1	11:04:29.051				27.386	30.292
2	11:05:54.076	1:25.025		29.150	26.387	29.488
3	11:07:18.013	1:23.937	-1.088	29.074	25.721	29.142
4	11:08:40.688	1:22.675	-1.262	28.552	25.135	28.988
5	11:10:02.406	1:21.718	-0.957	27.556	25.319	28.843
6	11:11:26.778	1:24.372	+2.654	29.788	25.343	29.241
7	11:12:47.927	1:21.149	-3.223	27.672	25.089	28.388
p8	11:14:08.925	1:20.998	-0.151	28.046	25.916	
9	11:17:45.626	3:36.701	+2:15.703		26.049	28.564
p10	11:19:03.939	1:18.313	-2:18.388	28.551	25.076	

(39) Herman Eid Falk

p1	11:10:39.007				24.892	
2	11:17:20.012	6:41.005			25.593	29.821
3	11:18:43.640	1:23.628	-5:17.377	30.057	24.596	28.975
p4	11:20:07.025	1:23.385	-0.243	29.347	28.868	

(801) Emil Thomassen Bøler

1	11:04:26.478				26.798	30.557
2	11:05:53.159	1:26.681		29.610	26.581	30.490
3	11:07:18.646	1:25.487	-1.194	29.490	26.707	29.290
4	11:08:43.926	1:25.280	-0.207	28.624	26.514	30.142
5	11:10:11.552	1:27.626	+2.346	29.364	26.838	31.424
p6	11:11:39.211	1:27.659	+0.033	29.953	27.372	
7	11:15:54.318	4:15.107	+2:47.448		27.597	31.866
8	11:17:20.437	1:26.119	-2:48.988	28.915	26.191	31.013
9	11:18:46.857	1:26.420	+0.301	30.132	26.085	30.203
p10	11:20:10.335	1:23.478	-2.942	29.797	28.136	

(82-3) Mathias Skamfer

1	11:03:00.904				30.408	32.960
2	11:04:34.287	1:33.383		31.947	28.868	32.568
3	11:06:19.750	1:45.463	+12.080	34.964	33.990	36.509
4	11:08:02.687	1:42.937	-2.526	40.048	29.873	33.016
5	11:09:35.575	1:32.888	-10.049	31.770	28.761	32.357
6	11:11:08.734	1:33.159	+0.271	31.558	29.707	31.894
7	11:12:40.065	1:31.331	-1.828	31.141	28.465	31.725
8	11:14:12.919	1:32.854	+1.523	31.173	29.602	32.079
9	11:15:47.534	1:34.615	+1.761	33.135	29.031	32.449
10	11:17:19.658	1:32.124	-2.491	31.296	28.291	32.537

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
11	11:18:52.211	1:32.553	+0.429	31.963	28.324	32.266
p12	11:20:20.480	1:28.269	-4.284	31.510	29.373	
(82-2) Erik Storsveen						
1	11:06:18.329				33.521	36.924
2	11:08:11.233	1:52.904		42.210	33.171	37.523
3	11:10:00.495	1:49.262	-3.642	40.146	32.691	36.425
4	11:11:50.899	1:50.404	+1.142	39.230	33.405	37.769
5	11:13:26.357	1:35.458	-14.946	34.689	29.151	31.618
6	11:14:58.412	1:32.055	-3.403	31.913	28.430	31.712
7	11:16:33.324	1:34.912	+2.857	33.815	28.721	32.376
8	11:18:05.619	1:32.295	-2.617	31.721	28.441	32.133
p9	11:19:44.975	1:39.356	+7.061	33.128	35.637	