



Mandagstrening SMCK

Trening

Vålerbanen Racing Circuit 2,274 km

FP 3

14.08.2023 19:00

Practice (1:00:00 Time) started at 19:00:00

| Lap | Time of Day | Lap Tm | S1 | S2 | S3 |
|--------------------------------|--------------|-----------------|----|----|----|
| (69.) Bobbo Enger | | | | | |
| 1 | 19:52:37.813 | | | | |
| 2 | 19:53:40.605 | 1:02.792 | | | |
| p3 | 19:54:46.661 | 1:06.056 | | | |
| p4 | 19:56:13.829 | 1:27.168 | | | |
| (20.) John emil Westby | | | | | |
| 1 | 19:51:21.070 | | | | |
| 2 | 19:52:25.885 | 1:04.815 | | | |
| 3 | 19:53:29.484 | 1:03.599 | | | |
| 4 | 19:54:33.581 | 1:04.097 | | | |
| 5 | 19:55:36.830 | 1:03.249 | | | |
| p6 | 19:56:45.846 | 1:09.016 | | | |
| (25) Mads Sandbakken | | | | | |
| 1 | 19:51:18.865 | | | | |
| 2 | 19:52:22.958 | 1:04.093 | | | |
| 3 | 19:53:26.229 | 1:03.271 | | | |
| 4 | 19:54:29.508 | 1:03.279 | | | |
| 5 | 19:55:33.035 | 1:03.527 | | | |
| p6 | 19:56:44.988 | 1:11.953 | | | |
| (13) Gard Nedrebø | | | | | |
| 1 | 19:54:55.334 | | | | |
| 2 | 19:55:59.694 | 1:04.360 | | | |
| 3 | 19:57:04.732 | 1:05.038 | | | |
| 4 | 19:58:09.066 | 1:04.334 | | | |
| 5 | 19:59:12.842 | 1:03.776 | | | |
| (8) Renate Jensen | | | | | |
| 1 | 19:52:07.349 | | | | |
| 2 | 19:53:13.204 | 1:05.855 | | | |
| 3 | 19:54:17.580 | 1:04.376 | | | |
| 4 | 19:55:21.820 | 1:04.240 | | | |
| 5 | 19:56:26.474 | 1:04.654 | | | |
| p6 | 19:57:37.362 | 1:10.888 | | | |
| (17.) Helge Spieldnes | | | | | |
| 1 | 19:53:17.979 | | | | |
| 2 | 19:54:22.500 | 1:04.521 | | | |
| p3 | 19:55:36.806 | 1:14.306 | | | |
| p4 | 19:57:35.626 | 1:58.820 | | | |
| (29.) Audun Gundersen | | | | | |
| 1 | 19:50:49.507 | | | | |
| 2 | 19:51:55.021 | 1:05.514 | | | |
| 3 | 19:53:00.389 | 1:05.368 | | | |
| 4 | 19:54:05.166 | 1:04.777 | | | |
| 5 | 19:55:10.358 | 1:05.192 | | | |
| 6 | 19:56:15.364 | 1:05.006 | | | |
| p7 | 19:57:31.574 | 1:16.210 | | | |
| (124) Kim andre Smeby | | | | | |
| 1 | 19:51:29.598 | | | | |
| 2 | 19:52:34.851 | 1:05.253 | | | |
| 3 | 19:53:39.905 | 1:05.054 | | | |
| 4 | 19:54:45.467 | 1:05.562 | | | |
| 5 | 19:55:51.542 | 1:06.075 | | | |
| 6 | 19:56:57.709 | 1:06.167 | | | |
| 7 | 19:58:04.559 | 1:06.850 | | | |
| 8 | 19:59:10.597 | 1:06.038 | | | |
| (30) Jon Terje Ødegaard | | | | | |
| 1 | 19:51:50.503 | | | | |
| 2 | 19:52:59.045 | 1:08.542 | | | |

| Lap | Time of Day | Lap Tm | S1 | S2 | S3 |
|---------------------------------|--------------|-----------------|----|----|----|
| 3 | 19:54:04.866 | 1:05.821 | | | |
| 4 | 19:55:11.193 | 1:06.327 | | | |
| 5 | 19:56:16.466 | 1:05.273 | | | |
| p6 | 19:57:33.086 | 1:16.620 | | | |
| (63) Paul Aastad | | | | | |
| 1 | 19:51:54.903 | | | | |
| 2 | 19:53:00.342 | 1:05.439 | | | |
| 3 | 19:54:06.231 | 1:05.889 | | | |
| 4 | 19:55:11.912 | 1:05.681 | | | |
| 5 | 19:56:17.710 | 1:05.798 | | | |
| p6 | 19:57:28.964 | 1:11.254 | | | |
| (78) Kenneth Skyttermoen | | | | | |
| 1 | 19:51:51.117 | | | | |
| 2 | 19:52:58.539 | 1:07.422 | | | |
| 3 | 19:54:04.087 | 1:05.548 | | | |
| 4 | 19:55:10.310 | 1:06.223 | | | |
| 5 | 19:56:16.085 | 1:05.775 | | | |
| 6 | 19:57:23.219 | 1:07.134 | | | |
| 7 | 19:58:30.156 | 1:06.937 | | | |
| (356) Andreas Hansen | | | | | |
| 1 | 19:52:29.836 | | | | |
| 2 | 19:53:35.743 | 1:05.907 | | | |
| 3 | 19:54:42.019 | 1:06.276 | | | |
| p4 | 19:55:55.299 | 1:13.280 | | | |
| (7) Martinus Rustad | | | | | |
| 1 | 19:52:45.905 | | | | |
| 2 | 19:53:54.105 | 1:08.200 | | | |
| 3 | 19:55:00.942 | 1:06.837 | | | |
| 4 | 19:56:07.911 | 1:06.969 | | | |
| 5 | 19:57:13.903 | 1:05.992 | | | |
| 6 | 19:58:19.869 | 1:05.966 | | | |
| 7 | 19:59:26.792 | 1:06.923 | | | |
| (40) Kim Rønningen | | | | | |
| 1 | 19:52:31.768 | | | | |
| 2 | 19:53:38.319 | 1:06.551 | | | |
| 3 | 19:54:44.845 | 1:06.526 | | | |
| 4 | 19:55:51.282 | 1:06.437 | | | |
| 5 | 19:56:57.407 | 1:06.125 | | | |
| 6 | 19:58:04.369 | 1:06.962 | | | |
| 7 | 19:59:11.490 | 1:07.121 | | | |
| (3.) Tor Arne Nebben | | | | | |
| 1 | 19:52:31.080 | | | | |
| 2 | 19:53:37.636 | 1:06.556 | | | |
| 3 | 19:54:44.196 | 1:06.560 | | | |
| 4 | 19:55:50.487 | 1:06.291 | | | |
| 5 | 19:56:57.363 | 1:06.876 | | | |
| p6 | 19:58:18.131 | 1:20.768 | | | |
| (6) Jens William Rustad | | | | | |
| 1 | 19:52:45.815 | | | | |
| 2 | 19:53:54.039 | 1:08.224 | | | |
| 3 | 19:55:02.370 | 1:08.331 | | | |
| 4 | 19:56:09.509 | 1:07.139 | | | |
| 5 | 19:57:16.439 | 1:06.930 | | | |
| 6 | 19:58:24.563 | 1:08.124 | | | |
| p7 | 19:59:43.400 | 1:18.837 | | | |
| (34) Stina Ringnes | | | | | |
| 1 | 19:40:14.419 | | | | |
| 2 | 19:41:26.122 | 1:11.703 | | | |

Chief of Timing & Scoring: www.Timekeeping.no

Orbits

Race Director: Roy Øwre
Sport Rescue Team.

Timing and results are not official.

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Mandagstrening SMCK

Trening

Vålerbanen Racing Circuit 2,274 km

FP 3

14.08.2023 19:00

Practice (1:00:00 Time) started at 19:00:00

| Lap | Time of Day | Lap Tm | S1 | S2 | S3 |
|-----|--------------|----------|----|----|----|
| 3 | 19:42:36.416 | 1:10.294 | | | |
| 4 | 19:43:45.520 | 1:09.104 | | | |
| 5 | 19:44:57.898 | 1:12.378 | | | |
| 6 | 19:46:07.847 | 1:09.949 | | | |
| 7 | 19:47:17.689 | 1:09.842 | | | |
| p8 | 19:48:34.070 | 1:16.381 | | | |

(126) Oliver Bjørnerud

| | | | | | |
|----|--------------|----------|--|--|--|
| 1 | 19:40:39.568 | | | | |
| 2 | 19:41:56.435 | 1:16.867 | | | |
| 3 | 19:43:10.078 | 1:13.643 | | | |
| 4 | 19:44:21.233 | 1:11.155 | | | |
| 5 | 19:45:35.051 | 1:13.818 | | | |
| 6 | 19:46:47.182 | 1:12.131 | | | |
| 7 | 19:47:58.109 | 1:10.927 | | | |
| p8 | 19:49:19.554 | 1:21.445 | | | |

(82-5) Utleiesykkkel 5 SMCK

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|----|--------------|----------|--|--|--|
| 1 | 19:39:18.829 | | | | |
| 2 | 19:40:32.644 | 1:13.815 | | | |
| 3 | 19:41:45.847 | 1:13.203 | | | |
| 4 | 19:42:59.133 | 1:13.286 | | | |
| 5 | 19:44:14.546 | 1:15.413 | | | |
| 6 | 19:45:28.858 | 1:14.312 | | | |
| 7 | 19:46:41.057 | 1:12.199 | | | |
| 8 | 19:47:53.674 | 1:12.617 | | | |
| p9 | 19:49:32.502 | 1:38.828 | | | |

(208) Vilde Grefsrud

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|----|--------------|----------|--|--|--|
| 1 | 19:40:12.236 | | | | |
| 2 | 19:41:35.087 | 1:22.851 | | | |
| 3 | 19:42:54.546 | 1:19.459 | | | |
| 4 | 19:44:14.358 | 1:19.812 | | | |
| 5 | 19:45:31.637 | 1:17.279 | | | |
| 6 | 19:46:48.602 | 1:16.965 | | | |
| 7 | 19:48:05.610 | 1:17.008 | | | |
| p8 | 19:49:27.978 | 1:22.368 | | | |

(64) William Eid Falk

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|----|--------------|----------|--|--|--|
| 1 | 19:42:00.864 | | | | |
| 2 | 19:43:20.474 | 1:19.610 | | | |
| 3 | 19:44:39.972 | 1:19.498 | | | |
| 4 | 19:45:58.554 | 1:18.582 | | | |
| 5 | 19:47:17.787 | 1:19.233 | | | |
| p6 | 19:48:43.379 | 1:25.592 | | | |

(82-4) Utleiesykkkel 4 SMCK

| | | | | | |
|----|--------------|----------|--|--|--|
| 1 | 19:39:40.539 | | | | |
| 2 | 19:41:01.197 | 1:20.658 | | | |
| 3 | 19:42:20.348 | 1:19.151 | | | |
| 4 | 19:43:41.487 | 1:21.139 | | | |
| 5 | 19:45:00.131 | 1:18.644 | | | |
| 6 | 19:46:18.920 | 1:18.789 | | | |
| 7 | 19:47:38.236 | 1:19.316 | | | |
| p8 | 19:49:06.623 | 1:28.387 | | | |

(82-3) Utleiesykkkel 3 SMCK

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|----|--------------|----------|--|--|--|
| 1 | 19:39:59.727 | | | | |
| 2 | 19:41:25.636 | 1:25.909 | | | |
| 3 | 19:42:49.227 | 1:23.591 | | | |
| 4 | 19:44:12.180 | 1:22.953 | | | |
| 5 | 19:45:31.265 | 1:19.085 | | | |
| 6 | 19:46:52.729 | 1:21.464 | | | |
| 7 | 19:48:13.434 | 1:20.705 | | | |
| p8 | 19:49:42.601 | 1:29.167 | | | |

(82-1) Utleiesykkkel 1 SMCK

| | | | | | |
|----|--------------|----------|--|--|--|
| 1 | 19:39:41.380 | | | | |
| 2 | 19:41:02.285 | 1:20.905 | | | |
| 3 | 19:42:24.395 | 1:22.110 | | | |
| 4 | 19:43:44.175 | 1:19.780 | | | |
| 5 | 19:45:04.690 | 1:20.515 | | | |
| 6 | 19:46:24.274 | 1:19.584 | | | |
| 7 | 19:47:44.666 | 1:20.392 | | | |
| p8 | 19:49:18.467 | 1:33.801 | | | |

(23) Eline Grav

| | | | | | |
|----|--------------|----------|--|--|--|
| 1 | 19:39:29.179 | | | | |
| 2 | 19:40:55.584 | 1:26.405 | | | |
| 3 | 19:42:19.591 | 1:24.007 | | | |
| 4 | 19:43:43.624 | 1:24.033 | | | |
| 5 | 19:45:06.923 | 1:23.299 | | | |
| 6 | 19:46:30.385 | 1:23.462 | | | |
| 7 | 19:47:53.001 | 1:22.616 | | | |
| p8 | 19:49:25.186 | 1:32.185 | | | |

(49) Hans Bernhard Falk

| | | | | | |
|----|--------------|----------|--|--|--|
| 1 | 19:42:04.056 | | | | |
| 2 | 19:43:30.299 | 1:26.243 | | | |
| 3 | 19:44:56.900 | 1:26.601 | | | |
| 4 | 19:46:21.152 | 1:24.252 | | | |
| 5 | 19:47:44.198 | 1:23.046 | | | |
| p6 | 19:49:15.290 | 1:31.092 | | | |

(52) Jenny Hagen Jensen

| | | | | | |
|----|--------------|----------|--|--|--|
| 1 | 19:41:50.843 | | | | |
| 2 | 19:43:20.464 | 1:29.621 | | | |
| 3 | 19:44:48.983 | 1:28.519 | | | |
| 4 | 19:46:16.897 | 1:27.914 | | | |
| 5 | 19:47:44.085 | 1:27.188 | | | |
| p6 | 19:49:21.295 | 1:37.210 | | | |

(82-2) Utleiesykkkel 2 SMCK

| | | | | | |
|----|--------------|----------|--|--|--|
| 1 | 19:41:01.268 | | | | |
| 2 | 19:42:39.611 | 1:38.343 | | | |
| 3 | 19:44:17.375 | 1:37.764 | | | |
| 4 | 19:45:53.457 | 1:36.082 | | | |
| 5 | 19:47:30.256 | 1:36.799 | | | |
| p6 | 19:49:12.761 | 1:42.505 | | | |

(20) Peter Kulczar

| | | | | | |
|----|--------------|--|--|--|--|
| p1 | 19:08:08.445 | | | | |
|----|--------------|--|--|--|--|