

# Heldagstrening SMCK 2:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 4 - Alle Klasser

08.06.2026 12:00

Practice (1:00:00 Time) started at 12:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(13--)</b> Gard Arstein Nedrebo						<b>(42)</b> Thomas Bergström					
1	12:23:00.185			20.123	21.728	15	12:38:25.991	1:03.623	22.417	19.324	21.882
2	12:24:03.164	1:02.979	21.667	19.338	21.974	p16	12:39:27.782	1:01.791	22.195	21.584	
3	12:25:05.107	1:01.943	21.226	19.420	21.297	1	12:23:26.524			19.972	21.788
4	12:26:10.687	1:05.580	22.391	21.006	22.183	2	12:24:29.476	1:02.952	21.468	19.651	21.833
5	12:27:12.404	1:01.717	21.338	19.191	21.188	3	12:25:31.953	1:02.477	21.334	19.550	21.593
6	12:28:14.519	1:02.115	21.032	19.718	21.365	4	12:26:36.269	1:04.316	21.977	19.999	22.340
7	12:29:17.025	1:02.506	21.427	19.276	21.803	5	12:27:39.361	1:03.092	21.137	20.085	21.870
8	12:30:21.449	1:04.424	22.959	19.861	21.604	6	12:28:41.339	1:01.978	21.211	19.489	21.278
p9	12:31:20.976	59.527	21.421	19.728		7	12:29:44.471	1:03.132	21.831	19.861	21.440
10	12:32:49.363	1:28.387		19.592	21.682	8	12:30:46.604	1:02.133	21.197	19.404	21.532
11	12:33:51.636	1:02.273	21.263	19.293	21.717	9	12:31:48.770	1:02.166	21.286	19.397	21.483
12	12:34:57.026	1:05.390	23.194	20.251	21.945	10	12:32:51.937	1:03.167	21.617	19.685	21.865
13	12:35:58.593	1:01.567	21.225	19.252	21.090	11	12:33:55.660	1:03.723	22.106	19.866	21.751
14	12:37:00.115	1:01.522	21.247	19.074	21.201	12	12:34:59.265	1:03.605	21.387	19.673	22.545
15	12:38:02.720	1:02.605	21.578	19.339	21.688	13	12:36:03.755	1:04.490	23.165	19.769	21.556
p16	12:39:55.250	1:52.530	22.768	1:09.518		14	12:37:06.234	1:02.479	21.332	19.560	21.587
<b>(24)</b> Marius Ravi Evensen						<b>(96)</b> Anders Valle					
1	12:23:45.458			20.959	22.184	1	12:04:02.141			25.906	29.062
2	12:24:49.960	1:04.502	23.413	19.358	21.731	2	12:05:24.446	1:22.305	28.204	25.800	28.301
3	12:25:54.082	1:04.122	22.038	19.843	22.241	3	12:06:47.310	1:22.864	28.625	24.850	29.389
4	12:26:56.603	1:02.521	22.091	19.239	21.191	4	12:08:14.693	1:27.383	31.089	27.347	28.947
5	12:28:00.730	1:04.127	22.866	19.553	21.708	5	12:09:33.149	1:18.456	27.272	24.493	26.691
6	12:29:03.610	1:02.880	21.726	19.265	21.889	6	12:10:51.482	1:18.333	26.901	24.176	27.256
7	12:30:06.567	1:02.957	21.942	19.586	21.429	7	12:12:10.057	1:18.575	26.876	24.727	26.972
8	12:31:10.000	1:03.433	21.794	19.948	21.691	8	12:13:29.751	1:19.694	26.438	24.645	28.611
9	12:32:11.558	1:01.558	21.153	19.025	21.380	9	12:14:48.201	1:18.450	26.985	24.469	26.996
10	12:33:14.042	1:02.484	21.364	19.167	21.953	10	12:16:05.959	1:17.758	26.660	24.125	26.973
p11	12:34:23.140	1:09.098	23.188	22.460		11	12:17:22.685	1:16.726	27.090	23.457	26.179
<b>(8-)</b> Tommy Martinsen						<b>(58)</b> Odd Joar Berg					
1	12:22:41.456			21.717	22.130	1	12:23:41.859			20.934	23.374
2	12:23:45.787	1:04.331	21.892	20.137	22.302	2	12:24:48.480	1:06.621	23.403	20.781	22.437
3	12:24:50.699	1:04.912	23.312	19.865	21.735	3	12:25:54.938	1:06.458	22.468	21.132	22.858
4	12:25:54.956	1:04.257	21.573	20.427	22.257	4	12:27:02.190	1:07.252	23.452	20.723	23.077
5	12:26:57.330	1:02.374	21.806	19.524	21.044	5	12:28:09.039	1:06.849	22.964	20.772	23.113
6	12:28:03.191	1:05.861	22.379	20.713	22.769	6	12:29:15.436	1:06.397	23.450	20.275	22.672
7	12:29:04.760	1:01.569	20.789	19.480	21.300	7	12:30:20.106	1:04.670	22.187	20.213	22.270
8	12:30:08.178	1:03.418	21.923	20.106	21.389	8	12:31:26.562	1:06.456	22.167	20.588	23.701
9	12:31:11.305	1:03.127	21.496	20.256	21.375	9	12:32:33.652	1:07.090	23.922	20.303	22.865
10	12:32:14.179	1:02.874	22.028	19.548	21.298	10	12:33:39.235	1:05.583	22.239	20.347	22.997
11	12:33:20.499	1:06.320	23.512	20.959	21.849	11	12:34:45.720	1:06.485	23.249	20.045	23.191
12	12:34:24.732	1:04.233	21.539	19.566	23.128	12	12:35:50.121	1:04.401	21.937	20.326	22.138
13	12:35:27.741	1:03.009	21.846	19.652	21.511	13	12:36:56.274	1:06.153	22.470	20.112	23.571
14	12:36:30.420	1:02.679	21.707	19.567	21.405	p14	12:37:57.877	1:01.603	22.427	19.960	
15	12:37:33.185	1:02.765	21.274	19.786	21.705	<b>(52)</b> Glenn Christensen					
16	12:38:35.261	1:02.076	21.214	19.383	21.479	1	12:24:41.933			21.056	22.961
p17	12:39:41.499	1:06.238	23.478	21.752		2	12:25:48.194	1:06.261	23.089	20.320	22.852
<b>(11-)</b> Oliver Nordfjell Hammer						3	12:26:55.780	1:07.586	23.708	20.847	23.031
1	12:23:07.023			20.416	22.259	p4	12:27:59.853	1:04.073	23.475	20.913	
2	12:24:11.015	1:03.992	21.871	20.307	21.814	5	12:29:36.991	1:37.138		21.300	22.862
3	12:25:13.542	1:02.527	21.572	19.382	21.573						
4	12:26:17.482	1:03.940	22.687	19.611	21.642						
5	12:27:21.972	1:04.490	23.363	19.423	21.704						
6	12:28:23.893	1:01.921	21.170	19.185	21.566						
7	12:29:25.757	1:01.864	21.155	19.244	21.465						
8	12:30:28.526	1:02.769	21.516	19.570	21.683						
p9	12:31:28.145	59.619	20.984	20.150							
10	12:33:02.415	1:34.270		19.960	21.936						
11	12:34:04.651	1:02.236	20.996	19.253	21.987						
12	12:35:07.706	1:03.055	22.048	19.327	21.680						
13	12:36:12.192	1:04.486	22.144	19.858	22.484						
14	12:37:22.368	1:10.176	24.861	21.857	23.458						

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Lap	Time of Day	Lap Tm	S1	S2	S3
6	12:30:41.851	<b>1:04.860</b>	22.590	<b>20.068</b>	<b>22.202</b>
7	12:31:47.616	<b>1:05.765</b>	23.124	20.206	22.435
8	12:32:54.529	<b>1:06.913</b>	<b>22.357</b>	20.429	24.127
p9	12:34:00.600	<b>1:06.071</b>	23.049	21.482	

(16) Stein Arild Øye

1	12:23:38.240			21.962	22.963
2	12:24:45.889	<b>1:07.649</b>	23.537	20.737	23.375
3	12:25:54.673	<b>1:08.784</b>	24.532	20.955	23.297
4	12:27:01.661	<b>1:06.988</b>	23.314	20.696	22.978
5	12:28:07.746	<b>1:06.085</b>	23.227	20.420	22.438
6	12:29:14.111	<b>1:06.365</b>	21.886	20.619	23.860
7	12:30:19.783	<b>1:05.672</b>	23.038	20.265	<b>22.369</b>
8	12:31:25.850	<b>1:06.067</b>	22.004	20.367	23.696
9	12:32:32.377	<b>1:06.527</b>	22.648	20.629	23.250
10	12:33:38.378	<b>1:06.001</b>	22.340	20.603	23.058
11	12:34:44.735	<b>1:06.357</b>	22.416	20.582	23.359
12	12:35:49.696	<b>1:04.961</b>	<b>21.832</b>	20.386	22.743
13	12:36:57.023	<b>1:07.327</b>	22.447	20.866	24.014
14	12:38:02.101	<b>1:05.078</b>	22.073	20.291	22.714
p15	12:39:03.413	<b>1:01.312</b>	22.321	<b>20.247</b>	

(141) Morten Storsveen

1	12:42:58.027			22.730	24.254
2	12:44:07.448	<b>1:09.421</b>	24.392	21.117	23.912
3	12:45:14.707	<b>1:07.259</b>	23.219	20.952	23.088
4	12:46:22.679	<b>1:07.972</b>	22.752	21.590	23.630
5	12:47:30.644	<b>1:07.965</b>	23.273	21.090	23.602
6	12:48:37.615	<b>1:06.971</b>	23.370	20.707	22.894
7	12:49:45.781	<b>1:08.166</b>	24.576	20.557	23.033
8	12:50:52.544	<b>1:06.763</b>	23.040	20.881	22.842
9	12:52:00.124	<b>1:07.580</b>	23.485	20.456	23.639
10	12:53:08.906	<b>1:08.782</b>	24.384	21.562	22.836
11	12:54:15.278	<b>1:06.372</b>	22.758	20.512	23.102
12	12:55:20.622	<b>1:05.344</b>	<b>22.370</b>	<b>20.418</b>	<b>22.556</b>
p13	12:56:29.527	<b>1:08.905</b>	24.136	23.254	

(22) Ove Magne Berge

1	12:26:39.180			20.999	23.605
2	12:27:46.470	<b>1:07.290</b>	23.364	20.636	23.290
3	12:28:52.966	<b>1:06.496</b>	<b>22.904</b>	20.327	23.265
4	12:30:00.375	<b>1:07.409</b>	23.034	21.041	23.334
p5	12:31:05.296	<b>1:04.921</b>	22.973	20.325	
6	12:32:56.436	<b>1:51.140</b>		20.463	23.096
7	12:34:03.810	<b>1:07.374</b>	23.695	20.617	23.062
8	12:35:09.682	<b>1:05.872</b>	23.242	<b>19.828</b>	<b>22.802</b>
9	12:36:16.316	<b>1:06.634</b>	23.204	20.517	22.913
p10	12:37:23.161	<b>1:06.845</b>	22.962	22.107	

(76) Khanh Quoc Dang

1	12:24:42.281			20.686	22.707
2	12:25:48.542	<b>1:06.261</b>	23.033	20.766	<b>22.462</b>
3	12:26:56.159	<b>1:07.617</b>	23.564	21.048	23.005
4	12:28:04.364	<b>1:08.205</b>	23.397	21.293	23.515
p5	12:29:09.650	<b>1:05.286</b>	24.068	22.096	
6	12:30:38.656	<b>1:29.006</b>		20.613	22.764
7	12:31:44.529	<b>1:05.873</b>	<b>22.780</b>	<b>20.509</b>	22.584
p8	12:32:47.117	<b>1:02.588</b>	22.903	20.753	

(74) Tor Olav Salvesen

1	12:25:47.733			22.559	23.319
2	12:26:55.435	<b>1:07.702</b>	23.938	20.602	23.162
3	12:30:18.324	<b>3:22.889</b>	23.586	20.310	<b>22.808</b>
4	12:31:24.753	<b>1:06.429</b>	22.953	<b>20.220</b>	23.256
5	12:32:31.507	<b>1:06.754</b>	23.434	20.476	22.844
6	12:33:37.711	<b>1:06.204</b>	22.873	20.360	22.971

Lap	Time of Day	Lap Tm	S1	S2	S3
p7	12:34:40.845	<b>1:03.134</b>	<b>22.699</b>	20.297	

(30) Jon Terje Ødegaard

1	12:25:56.396			22.346	23.879
2	12:27:04.745	<b>1:08.349</b>	23.939	21.154	23.256
3	12:28:11.945	<b>1:07.200</b>	23.160	20.915	23.125
4	12:29:18.754	<b>1:06.809</b>	23.105	20.718	22.986
5	12:30:25.433	<b>1:06.679</b>	23.133	20.556	22.990
6	12:31:32.864	<b>1:07.431</b>	23.105	20.767	23.559
7	12:32:41.887	<b>1:09.023</b>	23.975	21.473	23.575
8	12:33:50.724	<b>1:08.837</b>	24.101	21.352	23.384
9	12:34:58.598	<b>1:07.874</b>	23.466	21.128	23.280
10	12:36:04.907	<b>1:06.309</b>	23.472	<b>20.537</b>	<b>22.300</b>
p11	12:37:06.855	<b>1:01.948</b>	<b>22.629</b>	20.618	

(100) Vidar Moe

1	12:43:47.011			22.467	24.155
2	12:44:58.690	<b>1:11.679</b>	25.314	20.970	25.395
3	12:46:06.905	<b>1:08.215</b>	23.937	21.152	23.126
4	12:47:16.479	<b>1:09.574</b>	23.519	22.280	23.775
5	12:48:23.416	<b>1:06.937</b>	23.168	20.800	<b>22.969</b>
6	12:49:29.811	<b>1:06.395</b>	<b>22.837</b>	<b>20.401</b>	23.157
7	12:50:41.670	<b>1:11.859</b>	23.762	23.213	24.884
8	12:51:48.887	<b>1:07.217</b>	23.156	20.808	23.253
9	12:52:56.729	<b>1:07.842</b>	22.856	21.301	23.685
10	12:54:05.039	<b>1:08.310</b>	23.988	21.253	23.069
11	12:55:13.840	<b>1:08.801</b>	23.388	21.755	23.658
p12	12:56:20.321	<b>1:06.481</b>	24.318	22.273	

(-11) Eirik Skrinde

1	12:22:36.532			21.646	23.418
2	12:23:44.773	<b>1:08.241</b>	23.183	21.591	23.467
3	12:24:54.602	<b>1:09.829</b>	25.246	21.431	23.152
4	12:26:02.091	<b>1:07.489</b>	23.613	20.719	23.157
5	12:27:08.935	<b>1:06.844</b>	23.262	<b>20.540</b>	23.042
6	12:28:16.346	<b>1:07.411</b>	23.381	21.037	22.993
7	12:29:24.097	<b>1:07.751</b>	23.544	20.970	23.237
8	12:30:30.978	<b>1:06.881</b>	23.410	20.637	<b>22.834</b>
p9	12:31:35.858	<b>1:04.880</b>	<b>23.075</b>	21.502	

(61) Kenneth Birkeland

1	12:22:26.120			23.882	27.267
2	12:23:37.312	<b>1:11.192</b>	25.607	21.764	23.821
3	12:24:45.709	<b>1:08.397</b>	24.079	20.766	23.552
4	12:25:53.949	<b>1:08.240</b>	24.094	20.832	23.314
5	12:27:01.412	<b>1:07.463</b>	23.621	20.705	23.137
6	12:28:08.639	<b>1:07.227</b>	23.265	20.955	23.007
7	12:29:16.578	<b>1:07.939</b>	23.646	20.870	23.423
8	12:30:23.509	<b>1:06.931</b>	<b>23.012</b>	20.747	23.172
9	12:31:32.606	<b>1:09.097</b>	23.839	21.241	24.017
10	12:32:41.683	<b>1:09.077</b>	23.457	21.851	23.769
11	12:33:50.639	<b>1:08.956</b>	23.939	21.342	23.675
12	12:35:00.002	<b>1:09.363</b>	24.354	21.940	23.069
13	12:36:08.206	<b>1:08.204</b>	24.231	21.329	<b>22.644</b>
14	12:37:15.098	<b>1:06.892</b>	23.188	<b>20.502</b>	23.202
15	12:38:22.831	<b>1:07.733</b>	23.754	20.589	23.390
p16	12:40:00.299	<b>1:37.468</b>	24.634	50.811	

(23) Jon Helge Økland

1	12:22:43.492			22.526	23.554
2	12:23:52.701	<b>1:09.209</b>	23.908	21.497	23.804
3	12:25:01.203	<b>1:08.502</b>	23.409	20.903	24.190
4	12:26:10.746	<b>1:09.543</b>	25.516	20.731	23.296
5	12:27:18.006	<b>1:07.260</b>	23.252	20.821	23.187
6	12:28:25.126	<b>1:07.120</b>	<b>22.905</b>	<b>20.719</b>	23.496
7	12:29:41.292	<b>1:16.166</b>	23.301	28.690	24.175

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Vålerbanen Racing Circuit 2,274 km

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Lap	Time of Day	Lap Tm	S1	S2	S3
8	12:30:48.482	1:07.190	23.341	20.973	<b>22.876</b>
9	12:31:55.610	1:07.128	23.036	20.901	23.191
10	12:33:03.371	1:07.761	23.726	20.860	23.175
11	12:34:10.777	1:07.406	22.995	21.216	23.195
12	12:35:18.807	1:08.030	23.647	21.239	23.144
p13	12:36:23.325	1:04.518	23.429	21.176	

Lap	Time of Day	Lap Tm	S1	S2	S3
1	12:42:49.523			24.232	25.432
2	12:44:00.960	1:11.437	25.497	21.921	24.019
3	12:45:10.901	1:09.941	24.480	21.654	23.807
4	12:46:20.766	1:09.865	24.489	21.668	23.708
5	12:47:30.405	1:09.639	24.107	21.795	23.737
6	12:48:40.271	1:09.866	24.735	21.757	23.374
7	12:49:49.328	1:09.057	23.955	21.853	23.249
8	12:50:57.108	1:07.780	23.510	20.962	23.308
9	12:52:04.977	1:07.869	23.692	21.217	<b>22.960</b>
10	12:53:12.763	1:07.786	23.567	<b>20.832</b>	23.387
11	12:54:21.567	1:08.804	<b>23.396</b>	21.291	24.117
12	12:55:29.392	1:07.825	23.566	20.856	23.403
13	12:56:37.490	1:08.098	23.610	20.995	23.493
14	12:57:50.052	1:12.562	27.210	21.684	23.668
p15	12:58:57.728	1:07.676	23.669	21.384	

(96-) Fredrik Brunell

1	12:22:31.203			21.866	23.718
2	12:23:41.578	1:10.375	24.536	21.761	24.078
3	12:24:51.599	1:10.021	24.070	21.776	24.175
4	12:26:00.472	1:08.873	24.055	21.380	23.438
5	12:27:08.511	1:08.039	23.519	21.144	23.376
6	12:28:17.560	1:09.049	24.000	21.617	23.432
7	12:29:25.505	1:07.945	23.849	21.077	23.019
8	12:30:34.440	1:08.935	24.290	21.172	23.473
9	12:31:42.421	1:07.981	23.667	<b>20.925</b>	23.389
10	12:32:50.627	1:08.206	23.717	21.025	23.464
11	12:33:59.278	1:08.651	24.008	21.322	23.321
12	12:35:07.164	1:07.886	23.520	21.078	23.288
13	12:36:15.850	1:08.686	23.890	22.007	<b>22.789</b>
14	12:37:23.286	1:07.436	<b>23.032</b>	21.259	23.145
15	12:38:33.778	1:10.492	24.020	21.968	24.504
p16	12:39:45.712	1:11.934	24.557	22.601	

(95) Christoffer Melling

1	12:28:03.665				22.853	25.210
2	12:29:13.910	1:10.245	24.181	22.108	23.956	
3	12:30:23.323	1:09.413	23.767	21.849	23.797	
4	12:31:32.300	1:08.977	23.438	21.441	24.098	
5	12:32:41.437	1:09.137	23.609	21.754	23.774	
6	12:33:50.285	1:08.848	23.757	21.630	23.461	
7	12:34:59.840	1:09.555	23.732	21.998	23.825	
8	12:36:09.264	1:09.424	24.820	21.526	<b>23.078</b>	
9	12:37:17.045	1:07.781	<b>22.899</b>	21.401	23.481	
10	12:38:25.780	1:08.735	23.562	21.642	23.531	
p11	12:39:35.842	1:10.062	23.601	23.843		

(90) Trygve Strand

1	12:23:23.201			22.186	23.893	
2	12:24:31.610	1:08.409	23.413	21.571	23.425	
3	12:25:39.191	1:07.581	<b>23.132</b>	<b>20.939</b>	23.510	
4	12:26:47.563	1:08.372	23.971	21.217	23.184	
5	12:27:55.763	1:08.200	23.546	21.166	23.488	
6	12:29:03.574	1:07.811	23.586	21.028	23.197	
7	12:30:12.613	1:09.039	23.358	21.591	24.090	
8	12:31:21.830	1:09.217	24.561	21.107	23.549	
9	12:32:29.844	1:08.014	23.236	21.685	<b>23.093</b>	
p10	12:33:34.416	1:04.572	23.247	21.339		

(32) Stig-Rune Skansgård

1	12:24:03.580				21.998	24.538
2	12:25:12.966	1:09.386	24.154	21.118	24.114	
3	12:26:21.906	1:08.940	24.457	21.080	23.403	
4	12:27:31.604	1:09.698	23.601	21.913	24.184	
5	12:28:40.946	1:09.342	23.847	21.531	23.964	
6	12:29:49.298	1:08.352	24.247	21.042	<b>23.063</b>	
7	12:30:57.152	1:07.854	23.426	<b>20.758</b>	23.670	
8	12:32:05.466	1:08.314	23.431	21.276	23.607	
9	12:33:14.288	1:08.822	23.691	21.240	23.891	
10	12:34:24.740	1:10.452	23.923	21.814	24.715	
p11	12:35:28.439	1:03.699	<b>22.919</b>	21.218		

(27) Sofie Harboe

1	12:42:50.450			24.027	26.219	
2	12:44:01.901	1:11.451	24.816	22.117	24.518	
3	12:45:11.661	1:09.760	23.856	21.728	24.176	
4	12:46:22.833	1:11.172	23.973	22.114	25.085	
5	12:47:34.329	1:11.496	25.880	21.607	24.009	
6	12:48:43.594	1:09.265	23.949	21.481	23.835	
7	12:49:53.950	1:10.356	24.393	21.444	24.519	
8	12:51:04.795	1:10.845	25.145	21.244	24.456	
9	12:52:14.824	1:10.029	23.383	21.283	25.363	
10	12:53:23.454	1:08.630	23.467	21.208	23.955	
11	12:54:31.753	1:08.299	23.309	21.142	23.848	
12	12:55:39.419	1:07.666	22.973	21.096	<b>23.597</b>	
13	12:56:47.406	1:07.987	<b>22.947</b>	21.150	23.890	
14	12:57:55.862	1:08.456	22.997	21.498	23.961	
15	12:59:04.172	1:08.310	23.503	<b>20.983</b>	23.824	

(24-) Tormod Engen

1	12:24:03.048				22.261	24.427
2	12:25:12.696	1:09.648	23.980	21.512	24.156	
3	12:26:21.419	1:08.723	23.710	20.961	24.052	
4	12:27:30.670	1:09.251	23.520	21.231	24.500	
5	12:28:39.620	1:08.950	24.053	20.959	23.938	
6	12:29:48.341	1:08.721	23.443	21.248	24.030	
7	12:30:56.818	1:08.477	23.631	<b>20.933</b>	23.913	
8	12:32:05.210	1:08.392	23.461	21.040	23.891	
9	12:33:13.658	1:08.448	23.492	21.174	23.782	
10	12:34:21.537	1:07.879	<b>23.156</b>	21.007	<b>23.716</b>	
p11	12:35:27.009	1:05.472	23.804	21.556		

(64) Jarle Ueland

1	12:23:22.419			21.944	24.336	
2	12:24:31.081	1:08.662	23.628	21.303	23.731	
3	12:25:38.813	1:07.732	<b>23.326</b>	<b>20.688</b>	23.718	
4	12:26:47.163	1:08.350	24.119	20.862	23.369	
5	12:27:55.598	1:08.435	23.633	21.138	23.664	
6	12:29:04.381	1:08.783	23.996	21.452	<b>23.335</b>	
7	12:30:13.597	1:09.216	23.800	21.182	24.234	
8	12:31:23.969	1:10.372	24.846	21.473	24.053	
p9	12:32:31.698	1:07.729	23.700	22.001		

(59) Geir Jostein Dahl

1	12:24:14.335				21.940	24.307
2	12:25:23.083	1:08.748	23.631	20.820	24.297	
3	12:26:32.471	1:09.388	24.033	21.035	24.320	
4	12:27:42.304	1:09.833	24.040	21.777	24.016	
5	12:28:51.425	1:09.121	23.944	21.082	24.095	
6	12:30:03.732	1:12.307	23.929	21.427	26.951	
7	12:31:12.306	1:08.574	<b>23.579</b>	20.675	24.320	
8	12:32:20.808	1:08.502	24.168	<b>20.540</b>	23.794	
9	12:33:28.744	1:07.936	23.810	20.670	<b>23.456</b>	
p10	12:34:33.606	1:04.862	23.593	21.350		

(205) Alf Erling Johansen

1	12:23:22.419			21.944	24.336	
2	12:24:31.081	1:08.662	23.628	21.303	23.731	
3	12:25:38.813	1:07.732	<b>23.326</b>	<b>20.688</b>	23.718	
4	12:26:47.163	1:08.350	24.119	20.862	23.369	
5	12:27:55.598	1:08.435	23.633	21.138	23.664	
6	12:29:04.381	1:08.783	23.996	21.452	<b>23.335</b>	
7	12:30:13.597	1:09.216	23.800	21.182	24.234	
8	12:31:23.969	1:10.372	24.846	21.473	24.053	
p9	12:32:31.698	1:07.729	23.700	22.001		

Chief of Timing & Scoring: [www.Timekeeping.no](http://www.Timekeeping.no)

Orbits

Race Director: Benjamin Holger Storsveen  
Sport Rescue Team.

Timing and results are not official.

[www.mylaps.com](http://www.mylaps.com)  
Licensed to: Timekeeping.no

# Heldagstrening SMCK 2:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 4 - Alle Klasser

08.06.2026 12:00

Practice (1:00:00 Time) started at 12:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(811) Finn Kristiansen</b>					
1	12:43:11.153			22.122	24.517
2	12:44:22.365	<b>1:11.212</b>	25.389	21.744	24.079
3	12:45:33.890	<b>1:11.525</b>	24.664	21.714	25.147
p4	12:46:39.361	<b>1:05.471</b>	24.909	21.532	
5	12:48:53.796	<b>2:14.435</b>		21.891	24.550
6	12:50:03.375	<b>1:09.579</b>	24.090	21.725	23.764
7	12:51:12.767	<b>1:09.392</b>	24.375	21.299	23.718
8	12:52:26.779	<b>1:14.012</b>	25.308	23.272	25.432
9	12:53:37.184	<b>1:10.405</b>	23.894	22.434	24.077
10	12:54:45.284	<b>1:08.100</b>	<b>23.823</b>	20.730	23.547
11	12:55:53.474	<b>1:08.190</b>	23.923	20.808	23.459
12	12:57:01.634	<b>1:08.160</b>	24.135	20.667	<b>23.358</b>
13	12:58:09.644	<b>1:08.010</b>	<b>23.963</b>	<b>20.663</b>	23.384
p14	12:59:15.961	<b>1:06.317</b>	24.330	22.557	
<b>(47) Lukas Sæli Haugen</b>					
1	12:24:20.778			22.175	24.891
2	12:25:31.881	<b>1:11.103</b>	24.626	22.146	24.331
3	12:26:42.005	<b>1:10.124</b>	24.246	21.354	24.524
4	12:27:51.503	<b>1:09.498</b>	23.739	21.357	24.402
5	12:29:01.083	<b>1:09.580</b>	24.162	<b>21.304</b>	24.114
6	12:30:13.245	<b>1:12.162</b>	24.703	22.375	25.084
7	12:31:26.524	<b>1:13.279</b>	24.738	22.645	25.896
8	12:32:37.171	<b>1:10.647</b>	24.288	21.639	24.720
9	12:33:48.878	<b>1:11.707</b>	24.398	22.566	24.743
10	12:34:59.698	<b>1:10.820</b>	<b>23.501</b>	22.287	25.032
11	12:36:11.846	<b>1:12.148</b>	24.077	23.332	24.739
12	12:37:22.484	<b>1:10.638</b>	24.769	21.894	<b>23.975</b>
p13	12:38:30.893	<b>1:08.409</b>	24.515	21.837	
<b>(13-) Jan Ivar Skilbrei</b>					
1	12:42:27.950			22.498	24.892
2	12:43:38.124	<b>1:10.174</b>	24.309	21.349	24.516
3	12:44:49.365	<b>1:11.241</b>	24.715	23.168	<b>23.358</b>
p4	12:45:55.090	<b>1:05.725</b>	24.473	<b>20.676</b>	
5	12:48:03.020	<b>2:07.930</b>		22.336	24.315
6	12:49:12.531	<b>1:09.511</b>	24.527	21.618	23.366
p7	12:50:19.968	<b>1:07.437</b>	<b>24.031</b>	22.039	
<b>(711) Arve Enersen</b>					
1	12:42:07.123			22.388	25.269
2	12:43:20.235	<b>1:13.112</b>	25.466	23.122	24.524
3	12:44:30.559	<b>1:10.324</b>	24.672	21.370	24.282
4	12:45:40.643	<b>1:10.084</b>	24.522	21.512	24.050
5	12:46:53.265	<b>1:12.622</b>	25.282	22.432	24.908
6	12:48:05.354	<b>1:12.089</b>	24.777	22.984	24.328
7	12:49:17.531	<b>1:12.177</b>	25.150	22.363	24.664
8	12:50:27.773	<b>1:10.242</b>	24.419	21.827	23.996
9	12:51:37.453	<b>1:09.680</b>	<b>24.227</b>	<b>21.222</b>	24.231
10	12:52:48.649	<b>1:11.196</b>	25.680	21.557	23.959
11	12:53:59.543	<b>1:10.894</b>	24.334	21.980	24.580
12	12:55:10.031	<b>1:10.488</b>	24.935	21.768	<b>23.785</b>
13	12:56:19.800	<b>1:09.769</b>	24.583	21.265	23.921
14	12:57:29.664	<b>1:09.864</b>	24.436	21.545	23.883
15	12:58:39.767	<b>1:10.103</b>	24.625	21.355	24.123
<b>(87) Erling Johan Stormo</b>					
1	12:43:31.700			21.917	28.283
2	12:44:48.036	<b>1:16.336</b>	28.579	22.212	25.545
3	12:46:04.232	<b>1:16.196</b>	26.864	23.003	26.329
4	12:47:16.975	<b>1:12.743</b>	25.926	22.077	24.740
5	12:48:27.642	<b>1:10.667</b>	24.801	21.552	24.314
6	12:49:37.579	<b>1:09.937</b>	24.258	<b>21.384</b>	24.295
7	12:50:49.895	<b>1:12.316</b>	24.286	21.635	26.395

Lap	Time of Day	Lap Tm	S1	S2	S3
8	12:51:59.656	<b>1:09.761</b>	<b>24.178</b>	21.487	24.096
9	12:53:10.981	<b>1:11.325</b>	24.929	22.389	<b>24.007</b>
10	12:54:22.034	<b>1:11.053</b>	24.594	21.401	25.058
p11	12:55:29.637	<b>1:07.603</b>	24.466	21.464	
<b>(68) Nerijus Ciuplinskas</b>					
1	12:42:06.396			22.479	26.341
2	12:43:17.516	<b>1:11.120</b>	24.811	22.026	24.283
3	12:44:28.736	<b>1:11.220</b>	25.255	22.053	23.912
4	12:45:40.005	<b>1:11.269</b>	24.740	22.271	24.258
5	12:46:54.388	<b>1:14.383</b>	26.237	23.013	25.133
6	12:48:08.116	<b>1:13.728</b>	25.309	23.041	25.378
7	12:49:23.305	<b>1:15.189</b>	25.031	23.419	26.739
8	12:50:35.291	<b>1:11.986</b>	26.535	<b>21.517</b>	23.934
9	12:51:46.313	<b>1:11.022</b>	25.090	21.971	23.961
10	12:52:56.278	<b>1:09.965</b>	24.276	21.934	23.755
11	12:54:06.142	<b>1:09.864</b>	<b>24.132</b>	22.013	<b>23.719</b>
12	12:55:18.610	<b>1:12.468</b>	24.733	22.227	25.508
13	12:56:34.263	<b>1:15.653</b>	25.869	22.947	26.837
14	12:57:46.608	<b>1:12.345</b>	24.841	22.425	25.079
15	12:58:59.822	<b>1:13.214</b>	24.800	23.139	25.275
<b>(8) Linus Jenssveen</b>					
1	12:42:06.358			24.561	27.312
2	12:43:23.328	<b>1:16.970</b>	26.405	24.776	25.789
3	12:44:37.351	<b>1:14.023</b>	25.958	22.703	25.362
4	12:45:50.850	<b>1:13.499</b>	25.668	22.462	25.369
5	12:47:03.047	<b>1:12.197</b>	25.211	22.050	24.936
6	12:48:16.155	<b>1:13.108</b>	25.516	22.103	25.489
7	12:49:28.156	<b>1:12.001</b>	24.792	22.342	24.867
8	12:50:41.664	<b>1:13.508</b>	24.995	22.963	25.550
9	12:51:53.325	<b>1:11.661</b>	24.737	22.371	24.553
10	12:53:04.761	<b>1:11.436</b>	24.792	22.220	24.424
11	12:54:15.558	<b>1:10.797</b>	24.387	22.181	<b>24.229</b>
12	12:55:25.440	<b>1:09.882</b>	<b>24.035</b>	<b>21.598</b>	24.249
13	12:56:36.567	<b>1:11.127</b>	24.166	22.280	24.681
14	12:57:52.011	<b>1:15.444</b>	27.792	22.682	24.970
15	12:59:02.906	<b>1:10.895</b>	24.593	21.907	24.395
<b>(3) Per Inge Stykket</b>					
1	12:24:16.725			22.528	24.713
2	12:25:27.279	<b>1:10.554</b>	24.725	21.827	24.002
3	12:26:37.697	<b>1:10.418</b>	24.403	22.045	23.970
4	12:27:47.755	<b>1:10.058</b>	<b>24.296</b>	21.825	23.937
5	12:29:00.440	<b>1:12.685</b>	25.365	22.506	24.814
6	12:30:11.997	<b>1:11.557</b>	24.712	22.148	24.697
7	12:31:24.659	<b>1:12.662</b>	25.499	22.643	24.520
8	12:32:36.050	<b>1:11.391</b>	25.033	21.810	24.548
9	12:33:47.349	<b>1:11.299</b>	24.983	22.083	24.233
10	12:34:58.113	<b>1:10.764</b>	24.554	21.739	24.471
11	12:36:11.177	<b>1:13.064</b>	24.564	23.838	24.662
12	12:37:21.505	<b>1:10.328</b>	24.880	<b>21.651</b>	<b>23.797</b>
13	12:38:32.792	<b>1:11.287</b>	24.921	21.909	24.457
p14	12:39:40.478	<b>1:07.686</b>	25.118	22.276	
<b>(46) Aslak Sæli Haugen</b>					
1	12:25:02.271			23.081	26.008
2	12:26:16.807	<b>1:14.536</b>	25.712	22.972	25.852
3	12:27:30.283	<b>1:13.476</b>	26.020	22.761	24.695
4	12:28:41.182	<b>1:10.899</b>	24.577	21.766	24.556
5	12:29:52.212	<b>1:11.030</b>	25.148	<b>21.326</b>	24.556
6	12:31:02.640	<b>1:10.428</b>	24.343	21.493	24.592
7	12:32:13.204	<b>1:10.564</b>	24.362	21.456	24.746
8	12:33:23.670	<b>1:10.466</b>	24.256	21.943	<b>24.267</b>
9	12:34:34.914	<b>1:11.244</b>	24.509	21.697	25.038
10	12:35:46.417	<b>1:11.503</b>	24.464	21.786	25.253

# Heldagstrening SMCK 2:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 4 - Alle Klasser

08.06.2026 12:00

Practice (1:00:00 Time) started at 12:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
11	12:36:57.906	1:11.489	24.244	21.851	25.394
p12	12:38:05.466	1:07.560	24.241	21.922	

(57) Hans Bergström

1	12:43:16.095			22.962	24.891
2	12:44:27.010	1:10.915	24.880	21.750	24.285
3	12:45:39.641	1:12.631	25.055	22.574	25.002
4	12:46:53.209	1:13.568	25.802	22.588	25.178
5	12:48:08.154	1:14.945	25.997	23.101	25.847
p6	12:49:22.315	1:14.161	27.717	24.178	

(13) Mathias Skilbrei Finden

1	12:02:37.153			24.869	26.466
2	12:03:50.068	1:12.915	25.141	22.889	24.885
3	12:05:09.846	1:19.778	26.146	24.517	29.115
4	12:06:26.264	1:16.418	27.199	23.043	26.176
5	12:07:37.241	1:10.977	24.320	22.724	23.933
p6	12:08:42.592	1:05.351	23.759	22.461	
7	12:10:22.951	1:40.359		22.590	25.528
8	12:11:38.267	1:15.316	24.927	23.090	27.299
9	12:12:52.832	1:14.565	26.126	23.014	25.425
10	12:14:04.106	1:11.274	24.626	22.458	24.190
p11	12:15:16.686	1:12.580	24.367	23.405	

(40) Vebjørn Søia

1	12:43:40.025			23.738	25.866
2	12:44:56.061	1:16.036	24.616	24.342	27.078
3	12:48:36.858	3:40.797	25.017	23.093	26.448
4	12:49:51.695	1:14.837	26.316	23.609	24.912
5	12:51:05.127	1:13.432	24.442	22.773	26.217
6	12:52:17.645	1:12.518	25.016	22.286	25.216
7	12:53:29.463	1:11.818	24.739	22.403	24.676
8	12:54:45.444	1:15.981	25.866	23.981	26.134
9	12:56:01.091	1:15.647	26.013	23.370	26.264
10	12:57:16.399	1:15.308	25.755	23.152	26.401
11	12:58:33.547	1:17.148	25.671	24.813	26.664

(58) Kai Jarre

1	12:41:53.796			26.364	26.676
2	12:43:09.467	1:15.671	26.335	23.453	25.883
3	12:44:25.497	1:16.030	26.262	23.478	26.290
4	12:45:39.357	1:13.860	25.382	23.321	25.157
5	12:46:52.433	1:13.076	24.787	22.892	25.397
6	12:48:06.799	1:14.366	25.758	23.281	25.327
7	12:49:23.263	1:16.464	26.397	23.877	26.190
8	12:51:31.921	2:08.658	25.816	24.295	25.872
9	12:52:45.400	1:13.479	25.579	22.906	24.994
10	12:53:59.359	1:13.959	25.765	22.960	25.234
11	12:55:11.793	1:12.434	24.929	22.787	24.718
12	12:56:24.940	1:13.147	25.525	22.654	24.968
13	12:57:37.816	1:12.876	24.895	22.722	25.259
14	12:58:54.107	1:16.291	24.956	24.553	26.782

(54) Pål Døhlen

1	12:42:08.813			22.755	25.478
2	12:43:21.804	1:12.991	25.440	22.824	24.727
3	12:44:34.983	1:13.179	25.561	22.462	25.156
4	12:45:47.721	1:12.738	25.236	22.554	24.948
5	12:47:01.034	1:13.313	25.602	22.542	25.169
p6	12:48:09.722	1:08.688	25.540	22.576	

(11) Danny Dang

1	12:44:08.357			23.697	25.955
2	12:45:23.563	1:15.206	25.808	22.914	26.484
3	12:46:39.016	1:15.453	26.104	23.097	26.252
4	12:47:55.107	1:16.091	25.990	23.147	26.954

Lap	Time of Day	Lap Tm	S1	S2	S3
5	12:49:10.094	1:14.987	25.561	23.938	25.488
6	12:50:23.985	1:13.891	25.451	22.849	25.591
7	12:51:37.265	1:13.280	25.546	22.717	25.017
8	12:52:51.070	1:13.805	26.314	22.397	25.094
9	12:54:04.934	1:13.864	25.825	22.827	25.212
10	12:55:18.154	1:13.220	25.306	22.240	25.674
11	12:56:33.209	1:15.055	25.884	22.629	26.542
12	12:57:45.972	1:12.763	25.426	22.335	25.002
13	12:58:59.401	1:13.429	24.961	22.787	25.681

(7) Henning Lehn

1	12:02:45.762			26.055	28.693
2	12:04:04.743	1:18.981	27.925	23.997	27.059
3	12:05:23.293	1:18.550	27.623	24.108	26.819
4	12:06:44.420	1:21.127	27.208	24.322	29.597
5	12:08:04.465	1:20.045	28.459	25.666	25.920
6	12:09:19.761	1:15.296	26.468	23.390	25.438
7	12:10:35.010	1:15.249	26.759	22.951	25.539
8	12:11:49.262	1:14.252	25.969	22.848	25.435
9	12:13:04.988	1:15.726	27.186	23.081	25.459
10	12:14:20.088	1:15.100	26.068	23.497	25.535
11	12:15:34.959	1:14.871	26.685	22.873	25.313
12	12:16:47.959	1:13.000	25.546	22.579	24.875
13	12:18:02.105	1:14.146	25.475	22.973	25.698
p14	12:19:17.395	1:15.290	25.489	25.082	

(50) Tor Christensen

1	12:41:49.010			24.032	25.939
2	12:43:03.336	1:14.326	26.301	22.856	25.169
3	12:44:17.356	1:14.020	26.124	22.705	25.191
4	12:45:32.162	1:14.806	26.677	23.060	25.069
5	12:46:46.523	1:14.361	26.169	22.866	25.326
6	12:48:00.020	1:13.497	25.971	22.430	25.096
7	12:49:20.072	1:20.052	31.297	22.916	25.839
8	12:50:33.807	1:13.735	26.349	22.431	24.955
p9	12:51:48.099	1:14.292	26.817	23.732	

(94) Hallvard Aarhus

1	12:02:51.043			24.623	26.190
2	12:04:05.662	1:14.619	25.670	23.395	25.554
3	12:05:20.854	1:15.192	26.013	23.550	25.629
4	12:06:37.353	1:16.499	25.967	24.712	25.820
5	12:07:55.171	1:17.818	27.566	24.494	25.758
6	12:09:09.408	1:14.237	25.466	23.294	25.477
7	12:10:23.793	1:14.385	25.683	23.506	25.196
8	12:11:39.596	1:15.803	25.083	23.499	27.221
9	12:12:53.266	1:13.670	25.198	23.228	25.244
10	12:14:09.196	1:15.930	24.779	23.556	27.595
11	12:15:23.650	1:14.454	25.006	23.732	25.716
12	12:16:39.877	1:16.227	27.216	23.568	25.443
13	12:17:54.126	1:14.249	25.406	23.172	25.671
p14	12:19:05.987	1:11.861	25.773	23.411	

(36) Odd Iver Rånes

1	12:42:31.209			24.792	27.198
2	12:43:46.459	1:15.250	26.573	23.054	25.623
3	12:45:03.522	1:17.063	26.596	23.770	26.697
4	12:46:22.451	1:18.929	28.079	24.665	26.185
5	12:47:38.165	1:15.714	26.968	23.150	25.596
6	12:48:54.069	1:15.904	26.283	23.217	26.404
7	12:50:08.883	1:14.814	26.299	22.990	25.525
8	12:51:23.604	1:14.721	26.341	23.044	25.336
9	12:52:37.875	1:14.271	25.992	22.869	25.410
10	12:53:51.893	1:14.018	25.842	22.905	25.271
11	12:55:07.598	1:15.705	25.814	22.934	26.957
12	12:56:21.778	1:14.180	25.525	23.291	25.364

# Heldagstrening SMCK 2:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 4 - Alle Klasser

08.06.2026 12:00

Practice (1:00:00 Time) started at 12:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
13	12:57:35.925	1:14.147	25.591	22.796	25.760
14	12:58:51.896	1:15.971	26.671	23.288	26.012

Lap	Time of Day	Lap Tm	S1	S2	S3
14	12:59:09.651	1:16.604	27.085	22.635	26.884

(48) Charlotta Källbäck

1	12:43:35.356			24.039	26.796
2	12:44:56.035	1:20.679	26.986	25.966	27.727
3	12:46:12.697	1:16.662	27.237	23.710	25.715
4	12:47:28.135	1:15.438	26.077	23.497	25.864
5	12:48:42.966	1:14.831	26.388	22.874	25.569
6	12:49:57.407	1:14.441	25.995	23.088	25.358
7	12:51:11.867	1:14.460	25.872	22.920	25.668
p8	12:52:26.503	1:14.636	25.725	24.085	

(81) Hoai Bao Nguyen

1	12:04:49.727				27.463	36.243
2	12:06:33.970	1:44.243	36.293	31.659	36.291	
3	12:07:57.451	1:23.481	30.528	25.467	27.486	
4	12:09:18.419	1:20.968	28.724	24.337	27.907	
5	12:10:39.892	1:21.473	29.128	24.643	27.702	
6	12:11:58.263	1:18.371	28.414	23.693	26.264	
7	12:13:21.882	1:23.619	27.789	27.733	28.097	
8	12:14:42.716	1:20.834	28.226	24.472	28.136	
9	12:16:05.241	1:22.525	27.921	24.121	30.483	
10	12:17:25.860	1:20.619	27.985	24.872	27.762	
11	12:18:46.839	1:20.979	28.025	24.380	28.574	
p12	12:20:05.540	1:18.701	27.854	24.581		

(77) Samuel Recebov

1	12:22:25.872			25.607	27.475
2	12:23:43.665	1:17.793	26.589	24.464	26.740
3	12:25:00.681	1:17.016	26.015	24.360	26.641
4	12:26:16.526	1:15.845	26.254	23.591	26.000
5	12:27:32.890	1:16.364	26.102	24.163	26.099
6	12:28:47.870	1:14.980	25.302	23.977	25.701
7	12:30:03.814	1:15.944	25.791	24.221	25.932
8	12:31:18.901	1:15.087	25.706	23.835	25.546
9	12:32:33.632	1:14.731	25.502	23.851	25.378
10	12:33:49.079	1:15.447	25.603	24.250	25.594
11	12:35:04.894	1:15.815	25.407	24.560	25.848
12	12:36:20.580	1:15.614	25.536	24.284	25.794
13	12:37:35.291	1:14.783	25.390	23.733	25.660
14	12:38:51.627	1:16.336	25.627	24.215	26.494
p15	12:40:06.789	1:15.162	25.612	25.180	

(82-6) Utleiesykket 6 SMCK

1	12:03:36.888				30.480	34.253
2	12:05:09.003	1:32.115	32.245	29.005	30.865	
3	12:06:35.171	1:26.168	28.583	26.886	30.699	
4	12:08:00.572	1:25.401	30.240	26.386	28.775	
5	12:09:23.780	1:23.208	28.755	26.246	28.207	
6	12:10:45.540	1:21.760	27.882	25.531	28.347	
7	12:12:07.086	1:21.546	27.552	25.865	28.129	
8	12:13:29.868	1:22.782	27.326	25.597	29.859	
9	12:14:52.195	1:22.327	28.140	25.823	28.364	
10	12:16:13.575	1:21.380	27.981	25.850	27.549	
11	12:17:35.811	1:22.236	26.977	26.001	29.258	
p12	12:18:57.745	1:21.934	27.865	26.209		

(99) Svein Trygve Kragtorp

1	12:43:00.239			25.109	27.104
2	12:44:17.388	1:17.149	26.185	23.693	27.271
3	12:45:36.422	1:19.034	27.943	24.016	27.075
4	12:46:55.583	1:19.161	26.312	24.853	27.996
5	12:48:10.906	1:15.323	25.682	23.694	25.947
p6	12:49:23.639	1:12.733	26.282	23.896	

(82-1) Maksymilian Alex Czaplá

1	12:03:37.576				30.460	33.266
2	12:05:13.085	1:35.509	32.654	29.826	33.029	
3	12:06:48.068	1:34.983	33.134	29.411	32.438	
4	12:08:23.505	1:35.437	32.276	28.668	34.493	
5	12:09:57.208	1:33.703	33.913	28.515	31.275	
6	12:11:25.180	1:27.972	31.071	27.608	29.293	
7	12:12:54.115	1:28.935	29.242	26.889	32.804	
8	12:14:18.481	1:24.366	28.901	26.296	29.169	
p9	12:15:40.871	1:22.390	29.052	26.074		
10	12:18:23.019	2:42.148		27.557	33.563	
p11	12:19:49.756	1:26.737	31.326	28.847		

(150) Nils Aasand

1	12:42:12.792			23.687	26.392
2	12:43:31.325	1:18.533	26.571	22.860	29.102
3	12:44:47.335	1:16.010	26.567	23.369	26.074
4	12:46:03.686	1:16.351	26.778	23.300	26.273
5	12:47:19.674	1:15.988	25.957	23.955	26.076
6	12:48:36.450	1:16.776	26.842	23.584	26.350
7	12:49:53.526	1:17.076	26.613	23.718	26.745
8	12:51:10.182	1:16.656	27.077	23.595	25.984
9	12:52:27.066	1:16.884	26.705	23.905	26.274
10	12:53:42.896	1:15.830	26.468	23.513	25.849
11	12:54:59.351	1:16.455	26.448	23.852	26.155
p12	12:56:11.692	1:12.341	26.425	23.364	

(5) Amund Tråseth

1	12:03:14.824				38.721	39.663
2	12:04:54.242	1:39.418	35.444	31.037	32.937	
3	12:06:35.112	1:40.870	32.855	31.330	36.685	
4	12:08:10.047	1:34.935	34.697	28.499	31.739	
5	12:09:39.460	1:29.413	30.337	28.265	30.811	
6	12:11:07.147	1:27.687	30.078	26.995	30.614	
7	12:12:33.274	1:26.127	29.114	26.755	30.258	
8	12:13:58.872	1:25.598	29.161	26.423	30.014	
9	12:15:24.246	1:25.374	29.093	25.799	30.482	
10	12:16:54.020	1:29.774	33.352	26.964	29.458	
11	12:18:23.930	1:29.910	29.621	26.822	33.467	
p12	12:19:56.048	1:32.118	31.963	29.971		

(96--) Andre Mathias Østli

1	12:42:09.027			24.953	28.363
2	12:43:31.929	1:22.902	27.950	24.119	30.833
3	12:44:55.710	1:23.781	29.992	25.249	28.540
4	12:46:15.278	1:19.568	26.990	24.850	27.728
5	12:47:33.405	1:18.127	27.115	23.581	27.431
6	12:48:50.809	1:17.404	26.903	23.427	27.074
7	12:50:08.879	1:18.070	26.073	24.663	27.334
8	12:51:26.348	1:17.469	27.418	23.564	26.487
9	12:52:44.721	1:18.373	28.319	22.915	27.139
10	12:54:01.706	1:16.985	26.133	23.566	27.286
11	12:55:17.723	1:16.017	25.874	23.455	26.688
12	12:56:35.222	1:17.499	25.906	24.080	27.513
13	12:57:53.047	1:17.825	27.615	22.858	27.352

(9) Bjørn-Erik Grøndahl Knudsen

1	12:42:01.589				29.844	32.466
2	12:43:31.269	1:29.680	30.227	28.167	31.286	
3	12:45:01.258	1:29.989	30.349	28.781	30.859	
4	12:46:29.303	1:28.045	30.083	27.701	30.261	
5	12:47:56.909	1:27.606	29.726	27.380	30.500	
6	12:49:22.554	1:25.645	29.103	26.597	29.945	
7	12:50:50.394	1:27.840	29.923	27.568	30.349	
8	12:52:16.470	1:26.076	28.961	27.096	30.019	

# Heldagstrening SMCK 2:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 4 - Alle Klasser

08.06.2026 12:00

Practice (1:00:00 Time) started at 12:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
9	12:53:42.670	1:26.200	29.275	26.947	29.978	8	12:14:48.056	1:33.009	31.184	29.534	32.291
10	12:55:09.207	1:26.537	29.560	27.091	29.886	9	12:16:21.956	1:33.900	31.893	29.450	32.557
11	12:56:34.989	1:25.782	28.573	27.203	30.006	10	12:17:55.068	1:33.112	31.078	29.310	32.724
12	12:58:02.916	1:27.927	30.387	27.505	30.035	p11	12:19:23.588	1:28.520	31.046	29.378	
p13	12:59:25.714	1:22.798	29.354	26.883							

(141-) Benjamin Holger Storsveen

1	12:03:33.267			31.566	34.237
2	12:05:10.208	1:36.941	32.539	30.352	34.050
3	12:06:37.843	1:27.635	31.270	26.711	29.654
4	12:08:19.686	1:41.843	34.907	32.345	34.591
5	12:09:55.520	1:35.834	34.052	29.441	32.341
6	12:11:37.282	1:41.762	32.144	31.990	37.628
7	12:13:26.472	1:49.190	42.143	32.029	35.018
8	12:15:07.303	1:40.831	33.645	31.146	36.040
9	12:16:48.842	1:41.539	40.651	29.306	31.582
10	12:18:19.998	1:31.156	30.832	28.766	31.558
p11	12:19:43.718	1:23.720	29.619	24.875	

(82-4) Utleiesyssel 4 SMCK

1	12:03:33.931			31.563	34.021
2	12:05:10.857	1:36.926	32.235	30.910	33.781
3	12:06:46.310	1:35.453	32.600	29.828	33.025
4	12:08:24.343	1:38.033	32.568	31.184	34.281
5	12:10:06.279	1:41.936	35.126	31.743	35.067
6	12:11:48.957	1:42.678	35.290	32.116	35.272
7	12:13:35.484	1:46.527	35.995	33.323	37.209
8	12:15:14.957	1:39.473	36.249	29.802	33.422
9	12:16:48.318	1:33.361	32.240	29.258	31.863
10	12:18:22.138	1:33.820	30.379	29.117	34.324
p11	12:19:52.740	1:30.602	31.354	31.173	

(801) Emil Bøler

1	12:03:43.340			30.861	35.399
2	12:05:21.751	1:38.411	33.878	29.546	34.987
3	12:06:56.002	1:34.251	32.989	28.673	32.589
4	12:08:30.902	1:34.900	32.099	28.479	34.322
5	12:10:06.455	1:35.553	31.990	29.792	33.771
6	12:11:41.183	1:34.728	34.224	27.915	32.589
7	12:13:10.946	1:29.763	31.599	27.950	30.214
8	12:14:38.868	1:27.922	29.334	27.696	30.892
9	12:16:06.656	1:27.788	29.329	27.272	31.187
10	12:17:38.830	1:32.174	30.949	28.575	32.650
p11	12:19:08.431	1:29.601	31.532	27.433	

(303) Bas Quoc Nguyen

1	12:04:48.214			33.331	37.598
2	12:06:34.232	1:46.018	36.965	31.962	37.091
3	12:08:22.032	1:47.800	37.979	32.551	37.270
4	12:10:04.832	1:42.800	35.740	31.647	35.413
5	12:11:47.763	1:42.931	35.542	31.917	35.472
6	12:13:35.141	1:47.378	35.922	34.017	37.439
7	12:15:22.642	1:47.501	40.083	32.162	35.256
8	12:17:06.777	1:44.135	36.288	32.250	35.597
9	12:18:50.602	1:43.825	37.254	31.381	35.190
p10	12:20:34.164	1:43.562	36.522	32.776	

(111) Tommy Lidal

1	12:42:16.272			23.961	26.122
p2	12:43:28.644	1:12.372	26.171	23.512	

(82-5) Utleiesyssel 5 SMCK

1	12:03:34.578			31.705	33.639
2	12:05:11.478	1:36.900	32.852	30.424	33.624
3	12:06:45.268	1:33.790	32.517	28.644	32.629
4	12:08:22.427	1:37.159	32.370	29.244	35.545
5	12:09:56.333	1:33.906	32.680	29.727	31.499
6	12:11:29.949	1:33.616	32.104	30.101	31.411
7	12:13:00.461	1:30.512	30.397	29.037	31.078
8	12:14:32.524	1:32.063	30.374	30.219	31.470
9	12:16:05.700	1:33.176	30.790	29.945	32.441
10	12:17:37.499	1:31.799	31.131	28.928	31.740
p11	12:19:05.279	1:27.780	30.567	28.762	

(82-2) Utleiesyssel 2 SMCK

1	12:03:36.512			30.694	34.248
2	12:05:12.644	1:36.132	32.217	30.234	33.681
3	12:06:47.239	1:34.595	32.975	29.023	32.597
4	12:08:24.774	1:37.535	33.253	30.377	33.905
5	12:10:05.411	1:40.637	34.074	31.756	34.807
6	12:11:48.264	1:42.853	35.619	31.844	35.390
7	12:13:27.367	1:39.103	36.105	31.516	31.482
8	12:15:01.896	1:34.529	33.546	29.102	31.881
9	12:16:34.327	1:32.431	31.512	29.357	31.562
10	12:18:08.645	1:34.318	32.146	29.537	32.635
p11	12:19:42.858	1:34.213	32.698	30.499	

(82-3) Utleiesyssel 3 SMCK

1	12:03:32.656			31.733	34.086
2	12:05:09.032	1:36.376	32.844	30.242	33.290
3	12:06:44.751	1:35.719	32.084	30.195	33.440
4	12:08:23.139	1:38.388	32.646	30.902	34.840
5	12:10:05.278	1:42.139	35.206	31.514	35.419
6	12:11:40.699	1:35.421	32.518	29.772	33.131
7	12:13:15.047	1:34.348	31.676	30.401	32.271

Chief of Timing & Scoring: [www.Timekeeping.no](http://www.Timekeeping.no)

Orbits

Race Director: Benjamin Holger Storsveen  
Sport Rescue Team.

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