

Mandagstrening SMCK

Trening Vålerbanen Racing Circuit 2,274 km

FP 4 12.05.2025 19:00

Practice (1:00:00 Time) started at 19:00:00

| Lap | Time of Day | Lap Tm | S1 | S2 | S3 |
|----------------------------|--------------|----------|----|----|----|
| (86) Anders Lykkebo | | | | | |
| 1 | 19:23:18.574 | | | | |
| 2 | 19:24:23.705 | 1:05.131 | | | |
| 3 | 19:25:27.827 | 1:04.122 | | | |
| 4 | 19:26:32.009 | 1:04.182 | | | |
| 5 | 19:27:35.808 | 1:03.799 | | | |
| 6 | 19:28:40.851 | 1:05.043 | | | |
| 7 | 19:29:46.669 | 1:05.818 | | | |
| 8 | 19:30:52.600 | 1:05.931 | | | |
| 9 | 19:31:56.659 | 1:04.059 | | | |
| p10 | 19:33:17.522 | 1:20.863 | | | |

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|------------------------------|--------------|----------|--|--|--|
| (198) Hannah Arnegard | | | | | |
| 1 | 19:23:21.574 | | | | |
| 2 | 19:24:28.264 | 1:06.690 | | | |
| 3 | 19:26:18.501 | 1:50.237 | | | |
| 4 | 19:27:24.112 | 1:05.611 | | | |
| 5 | 19:28:28.606 | 1:04.494 | | | |
| 6 | 19:29:33.137 | 1:04.531 | | | |
| 7 | 19:30:37.056 | 1:03.919 | | | |
| p8 | 19:31:57.142 | 1:20.086 | | | |

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| (646) Jan Erik Høiby | | | | | |
| 1 | 19:23:10.052 | | | | |
| 2 | 19:24:16.083 | 1:06.031 | | | |
| 3 | 19:25:21.991 | 1:05.908 | | | |
| 4 | 19:26:27.755 | 1:05.764 | | | |
| 5 | 19:27:33.352 | 1:05.597 | | | |
| 6 | 19:28:38.649 | 1:05.297 | | | |
| 7 | 19:29:42.942 | 1:04.293 | | | |
| 8 | 19:30:46.940 | 1:03.998 | | | |
| 9 | 19:31:52.338 | 1:05.398 | | | |
| 10 | 19:32:57.633 | 1:05.295 | | | |
| 11 | 19:34:03.076 | 1:05.443 | | | |
| 12 | 19:35:08.949 | 1:05.873 | | | |
| 13 | 19:36:15.395 | 1:06.446 | | | |
| 14 | 19:37:20.880 | 1:05.485 | | | |
| 15 | 19:38:26.414 | 1:05.534 | | | |
| p16 | 19:39:44.942 | 1:18.528 | | | |

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|------------------------------|--------------|----------|--|--|--|
| (66) Jørgen Bjørklund | | | | | |
| 1 | 19:22:53.922 | | | | |
| 2 | 19:24:01.067 | 1:07.145 | | | |
| 3 | 19:25:06.866 | 1:05.799 | | | |
| 4 | 19:26:13.908 | 1:07.042 | | | |
| 5 | 19:27:18.749 | 1:04.841 | | | |
| 6 | 19:28:24.029 | 1:05.280 | | | |
| 7 | 19:29:29.832 | 1:05.803 | | | |
| 8 | 19:30:36.569 | 1:06.737 | | | |
| 9 | 19:31:42.380 | 1:05.811 | | | |
| p10 | 19:32:55.391 | 1:13.011 | | | |

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|--------------------------------|--------------|----------|--|--|--|
| (99) Fredrik Fredriksen | | | | | |
| 1 | 19:24:09.702 | | | | |
| 2 | 19:25:18.833 | 1:09.131 | | | |
| 3 | 19:26:26.585 | 1:07.752 | | | |
| 4 | 19:27:34.096 | 1:07.511 | | | |
| 5 | 19:28:40.568 | 1:06.472 | | | |
| 6 | 19:29:46.078 | 1:05.510 | | | |
| 7 | 19:30:52.172 | 1:06.094 | | | |
| 8 | 19:31:58.795 | 1:06.623 | | | |
| 9 | 19:33:04.433 | 1:05.638 | | | |
| p10 | 19:34:20.400 | 1:15.967 | | | |

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| (5) Benjamin Storsveen | | | | | |
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|----|--------------|----------|--|--|--|
| 1 | 19:45:30.499 | | | | |
| 2 | 19:46:39.767 | 1:09.268 | | | |
| 3 | 19:47:48.619 | 1:08.852 | | | |
| 4 | 19:48:56.205 | 1:07.586 | | | |
| 5 | 19:50:02.524 | 1:06.319 | | | |
| 6 | 19:51:08.368 | 1:05.844 | | | |
| 7 | 19:52:14.315 | 1:05.947 | | | |
| 8 | 19:53:21.848 | 1:07.533 | | | |
| p9 | 19:54:34.703 | 1:12.855 | | | |

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| (74) Tor olav Salvesen | | | | | |
| 1 | 19:44:08.663 | | | | |
| 2 | 19:45:18.328 | 1:09.665 | | | |
| 3 | 19:46:26.652 | 1:08.324 | | | |
| 4 | 19:47:34.731 | 1:08.079 | | | |
| 5 | 19:48:43.372 | 1:08.641 | | | |
| 6 | 19:49:51.554 | 1:08.182 | | | |
| 7 | 19:51:00.872 | 1:09.318 | | | |
| 8 | 19:52:08.491 | 1:07.619 | | | |
| 9 | 19:53:17.126 | 1:08.635 | | | |
| 10 | 19:54:25.523 | 1:08.397 | | | |
| 11 | 19:55:33.493 | 1:07.970 | | | |
| 12 | 19:56:41.120 | 1:07.627 | | | |
| 13 | 19:57:48.850 | 1:07.730 | | | |
| 14 | 19:58:55.426 | 1:06.576 | | | |

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| (356) andreas hansen | | | | | |
| 1 | 19:44:52.832 | | | | |
| 2 | 19:46:00.557 | 1:07.725 | | | |
| 3 | 19:47:07.875 | 1:07.318 | | | |
| 4 | 19:48:14.911 | 1:07.036 | | | |
| 5 | 19:49:22.498 | 1:07.587 | | | |
| 6 | 19:50:29.327 | 1:06.829 | | | |
| 7 | 19:51:36.543 | 1:07.216 | | | |
| 8 | 19:52:43.700 | 1:07.157 | | | |
| 9 | 19:53:50.413 | 1:06.713 | | | |
| p10 | 19:55:08.223 | 1:17.810 | | | |

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| (126) Øystein Nettum | | | | | |
| 1 | 19:28:21.292 | | | | |
| 2 | 19:29:29.063 | 1:07.771 | | | |
| 3 | 19:30:36.436 | 1:07.373 | | | |
| 4 | 19:31:44.617 | 1:08.181 | | | |
| 5 | 19:32:52.422 | 1:07.805 | | | |
| 6 | 19:33:59.535 | 1:07.113 | | | |
| 7 | 19:35:06.429 | 1:06.894 | | | |
| p8 | 19:36:22.973 | 1:16.544 | | | |

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| (111) Tommy Lidal | | | | | |
| 1 | 19:26:38.703 | | | | |
| 2 | 19:27:45.858 | 1:07.155 | | | |
| 3 | 19:28:53.580 | 1:07.722 | | | |
| 4 | 19:30:00.957 | 1:07.377 | | | |
| 5 | 19:31:09.628 | 1:08.671 | | | |
| p6 | 19:32:27.957 | 1:18.329 | | | |

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| (235) Morten Midtlie | | | | | |
| 1 | 19:44:46.761 | | | | |
| 2 | 19:45:56.523 | 1:09.762 | | | |
| 3 | 19:47:04.495 | 1:07.972 | | | |
| 4 | 19:48:11.981 | 1:07.486 | | | |
| 5 | 19:49:20.414 | 1:08.433 | | | |
| 6 | 19:50:28.127 | 1:07.713 | | | |
| 7 | 19:51:35.679 | 1:07.552 | | | |
| 8 | 19:52:43.027 | 1:07.348 | | | |
| 9 | 19:53:53.976 | 1:10.949 | | | |

Mandagstrening SMCK

Trening Vålerbanen Racing Circuit 2,274 km

FP 4 12.05.2025 19:00

Practice (1:00:00 Time) started at 19:00:00

| Lap | Time of Day | Lap Tm | S1 | S2 | S3 | Lap | Time of Day | Lap Tm | S1 | S2 | S3 |
|---------------------------------|--------------|----------|----|----|----|------------------------------------|--------------|----------|----|----|----|
| p10 | 19:55:10.295 | 1:16.319 | | | | 11 | 19:57:17.636 | 1:09.612 | | | |
| | | | | | | 12 | 19:58:28.876 | 1:11.240 | | | |
| (11) Eirik Skrinde | | | | | | (101) Stian Nordby | | | | | |
| 1 | 19:46:09.248 | | | | | 1 | 19:42:36.716 | | | | |
| 2 | 19:47:22.471 | 1:13.223 | | | | 2 | 19:43:47.460 | 1:10.744 | | | |
| 3 | 19:48:32.894 | 1:10.423 | | | | 3 | 19:44:58.493 | 1:11.033 | | | |
| 4 | 19:49:42.273 | 1:09.379 | | | | 4 | 19:46:10.174 | 1:11.681 | | | |
| 5 | 19:50:53.545 | 1:11.272 | | | | 5 | 19:47:23.000 | 1:12.826 | | | |
| 6 | 19:52:02.942 | 1:09.397 | | | | 6 | 19:48:33.720 | 1:10.720 | | | |
| 7 | 19:53:12.315 | 1:09.373 | | | | 7 | 19:49:43.810 | 1:10.090 | | | |
| 8 | 19:54:21.387 | 1:09.072 | | | | 8 | 19:50:55.333 | 1:11.523 | | | |
| 9 | 19:55:29.533 | 1:08.146 | | | | 9 | 19:52:05.932 | 1:10.599 | | | |
| 10 | 19:56:37.243 | 1:07.710 | | | | 10 | 19:53:19.747 | 1:13.815 | | | |
| 11 | 19:57:45.309 | 1:08.066 | | | | 11 | 19:54:29.669 | 1:09.922 | | | |
| 12 | 19:58:53.177 | 1:07.868 | | | | 12 | 19:55:40.672 | 1:11.003 | | | |
| (20) Vidar Jensen | | | | | | (285) Pål Finneid | | | | | |
| 1 | 19:45:34.223 | | | | | 1 | 19:43:43.077 | | | | |
| 2 | 19:46:46.868 | 1:12.645 | | | | 2 | 19:44:59.513 | 1:16.436 | | | |
| 3 | 19:47:57.769 | 1:10.901 | | | | 3 | 19:46:15.993 | 1:16.480 | | | |
| 4 | 19:49:07.798 | 1:10.029 | | | | 4 | 19:47:31.705 | 1:15.712 | | | |
| 5 | 19:50:17.765 | 1:09.967 | | | | 5 | 19:48:47.326 | 1:15.621 | | | |
| 6 | 19:51:27.491 | 1:09.726 | | | | 6 | 19:50:02.947 | 1:15.621 | | | |
| 7 | 19:52:36.939 | 1:09.448 | | | | 7 | 19:51:17.308 | 1:14.361 | | | |
| 8 | 19:53:46.837 | 1:09.898 | | | | 8 | 19:52:31.066 | 1:13.758 | | | |
| 9 | 19:54:56.627 | 1:09.790 | | | | 9 | 19:53:46.402 | 1:15.336 | | | |
| 10 | 19:56:06.494 | 1:09.867 | | | | 10 | 19:55:00.320 | 1:13.918 | | | |
| 11 | 19:57:15.161 | 1:08.667 | | | | 11 | 19:56:14.349 | 1:14.029 | | | |
| 12 | 19:58:27.530 | 1:12.369 | | | | 12 | 19:57:27.729 | 1:13.380 | | | |
| (94) Patryk Kalinowski | | | | | | (93) Aleksander Offerdal | | | | | |
| p1 | 19:44:03.997 | | | | | 1 | 19:03:56.918 | | | | |
| 2 | 19:45:58.057 | 1:54.060 | | | | 2 | 19:05:16.644 | 1:19.726 | | | |
| 3 | 19:47:09.766 | 1:11.709 | | | | 3 | 19:06:33.259 | 1:16.615 | | | |
| 4 | 19:48:20.854 | 1:11.088 | | | | 4 | 19:07:49.245 | 1:15.986 | | | |
| 5 | 19:49:31.777 | 1:10.923 | | | | 5 | 19:10:21.027 | 2:31.782 | | | |
| 6 | 19:50:42.888 | 1:11.111 | | | | 6 | 19:11:36.165 | 1:15.138 | | | |
| 7 | 19:51:53.165 | 1:10.277 | | | | 7 | 19:12:49.704 | 1:13.539 | | | |
| 8 | 19:53:02.042 | 1:08.877 | | | | 8 | 19:14:05.654 | 1:15.950 | | | |
| 9 | 19:54:10.975 | 1:08.933 | | | | 9 | 19:15:20.611 | 1:14.957 | | | |
| 10 | 19:55:21.069 | 1:10.094 | | | | 10 | 19:16:36.130 | 1:15.519 | | | |
| 11 | 19:56:31.071 | 1:10.002 | | | | 11 | 19:17:51.082 | 1:14.952 | | | |
| p12 | 19:57:51.862 | 1:20.791 | | | | 12 | 19:19:05.555 | 1:14.473 | | | |
| (7) Lie Kristoffer | | | | | | (124.) Robin Bråthen Larsen | | | | | |
| 1 | 19:44:53.015 | | | | | 1 | 19:02:34.922 | | | | |
| 2 | 19:46:05.496 | 1:12.481 | | | | 2 | 19:03:52.392 | 1:17.470 | | | |
| 3 | 19:47:17.854 | 1:12.358 | | | | 3 | 19:05:07.420 | 1:15.028 | | | |
| 4 | 19:48:29.722 | 1:11.868 | | | | 4 | 19:06:21.194 | 1:13.774 | | | |
| 5 | 19:49:41.595 | 1:11.873 | | | | 5 | 19:07:37.196 | 1:16.002 | | | |
| 6 | 19:50:52.770 | 1:11.175 | | | | 6 | 19:08:51.988 | 1:14.792 | | | |
| 7 | 19:52:02.479 | 1:09.709 | | | | 7 | 19:10:08.624 | 1:16.636 | | | |
| 8 | 19:53:11.558 | 1:09.079 | | | | 8 | 19:11:22.448 | 1:13.824 | | | |
| p9 | 19:54:39.842 | 1:28.284 | | | | 9 | 19:12:36.868 | 1:14.420 | | | |
| (36) Snorre Fjeld Løberg | | | | | | (99.) svein Kragtorp | | | | | |
| 1 | 19:45:26.166 | | | | | 1 | 19:42:41.562 | | | | |
| 2 | 19:46:37.736 | 1:11.570 | | | | | | | | | |
| 3 | 19:47:48.179 | 1:10.443 | | | | | | | | | |
| 4 | 19:48:57.716 | 1:09.537 | | | | | | | | | |
| 5 | 19:50:08.377 | 1:10.661 | | | | | | | | | |
| 6 | 19:51:20.168 | 1:11.791 | | | | | | | | | |
| 7 | 19:52:31.691 | 1:11.523 | | | | | | | | | |
| 8 | 19:53:44.400 | 1:12.709 | | | | | | | | | |
| 9 | 19:54:55.838 | 1:11.438 | | | | | | | | | |
| 10 | 19:56:08.024 | 1:12.186 | | | | | | | | | |

Mandagstrening SMCK

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| Trening | Vålerbanen Racing Circuit 2,274 km | 12.05.2025 19:00 |
| FP 4 | | |
| Practice (1:00:00 Time) started at 19:00:00 | | |

| Lap | Time of Day | Lap Tm | S1 | S2 | S3 | Lap | Time of Day | Lap Tm | S1 | S2 | S3 |
|--------------------------------|--------------|-----------------|----|----|----|--------------------------------------|--------------|-----------------|----|----|----|
| (49) William Eid Falk | | | | | | | | | | | |
| 1 | 19:05:22.999 | | | | | 9 | 19:13:38.278 | 1:23.089 | | | |
| 2 | 19:06:38.126 | 1:15.127 | | | | 10 | 19:15:00.679 | 1:22.401 | | | |
| 3 | 19:07:52.821 | 1:14.695 | | | | 11 | 19:16:22.671 | 1:21.992 | | | |
| 4 | 19:09:07.511 | 1:14.690 | | | | 12 | 19:17:43.663 | 1:20.992 | | | |
| 5 | 19:10:24.243 | 1:16.732 | | | | 13 | 19:19:04.581 | 1:20.918 | | | |
| 6 | 19:11:38.946 | 1:14.703 | | | | p14 | 19:20:32.511 | 1:27.930 | | | |
| 7 | 19:12:56.309 | 1:17.363 | | | | (13.) mathias skilbrei finden | | | | | |
| p8 | 19:14:23.776 | 1:27.467 | | | | 1 | 19:05:44.326 | | | | |
| 9 | 19:16:12.787 | 1:49.011 | | | | 2 | 19:07:16.531 | 1:32.205 | | | |
| 10 | 19:17:27.038 | 1:14.251 | | | | p3 | 19:08:46.546 | 1:30.015 | | | |
| 11 | 19:18:43.064 | 1:16.026 | | | | 4 | 19:14:26.439 | 5:39.893 | | | |
| p12 | 19:20:19.279 | 1:36.215 | | | | 5 | 19:15:54.137 | 1:27.698 | | | |
| (29) Tommy Bjernebek | | | | | | | | | | | |
| 1 | 19:44:10.363 | | | | | 6 | 19:17:19.321 | 1:25.184 | | | |
| 2 | 19:45:30.683 | 1:20.320 | | | | 7 | 19:18:41.823 | 1:22.502 | | | |
| 3 | 19:46:51.206 | 1:20.523 | | | | p8 | 19:20:15.235 | 1:33.412 | | | |
| 4 | 19:48:10.531 | 1:19.325 | | | | (82-4) Øyvind Toftegaard | | | | | |
| 5 | 19:49:28.935 | 1:18.404 | | | | 1 | 19:02:52.938 | | | | |
| 6 | 19:50:46.445 | 1:17.510 | | | | 2 | 19:04:26.668 | 1:33.730 | | | |
| 7 | 19:52:02.616 | 1:16.171 | | | | 3 | 19:05:58.682 | 1:32.014 | | | |
| 8 | 19:53:20.254 | 1:17.638 | | | | 4 | 19:07:23.835 | 1:25.153 | | | |
| 9 | 19:54:37.613 | 1:17.359 | | | | 5 | 19:08:49.634 | 1:25.799 | | | |
| 10 | 19:55:54.558 | 1:16.945 | | | | 6 | 19:10:12.718 | 1:23.084 | | | |
| 11 | 19:57:10.785 | 1:16.227 | | | | 7 | 19:11:36.801 | 1:24.083 | | | |
| 12 | 19:58:26.167 | 1:15.382 | | | | 8 | 19:13:01.014 | 1:24.213 | | | |
| (14) Jenny Hagen Jensen | | | | | | | | | | | |
| 1 | 19:04:18.939 | | | | | p9 | 19:14:33.293 | 1:32.279 | | | |
| 2 | 19:05:40.399 | 1:21.460 | | | | 10 | 19:16:32.857 | 1:59.564 | | | |
| 3 | 19:06:57.271 | 1:16.872 | | | | 11 | 19:17:56.099 | 1:23.242 | | | |
| 4 | 19:08:14.444 | 1:17.173 | | | | 12 | 19:19:19.054 | 1:22.955 | | | |
| 5 | 19:09:32.625 | 1:18.181 | | | | p13 | 19:20:48.810 | 1:29.756 | | | |
| 6 | 19:10:48.563 | 1:15.938 | | | | (95) Oscar Skumlien | | | | | |
| 7 | 19:12:05.448 | 1:16.885 | | | | 1 | 19:03:25.682 | | | | |
| 8 | 19:13:23.079 | 1:17.631 | | | | 2 | 19:04:48.734 | 1:23.052 | | | |
| 9 | 19:14:39.260 | 1:16.181 | | | | 3 | 19:06:12.139 | 1:23.405 | | | |
| 10 | 19:15:55.760 | 1:16.500 | | | | 4 | 19:07:37.211 | 1:25.072 | | | |
| 11 | 19:17:19.682 | 1:23.922 | | | | p5 | 19:09:14.722 | 1:37.511 | | | |
| 12 | 19:18:42.295 | 1:22.613 | | | | 6 | 19:11:18.654 | 2:03.932 | | | |
| p13 | 19:20:17.817 | 1:35.522 | | | | 7 | 19:12:42.389 | 1:23.735 | | | |
| (87) Erling Stormo | | | | | | | | | | | |
| 1 | 19:44:05.280 | | | | | 8 | 19:14:07.043 | 1:24.654 | | | |
| 2 | 19:45:22.573 | 1:17.293 | | | | 9 | 19:15:30.974 | 1:23.931 | | | |
| 3 | 19:46:39.174 | 1:16.601 | | | | p10 | 19:17:09.145 | 1:38.171 | | | |
| 4 | 19:47:55.153 | 1:15.979 | | | | (9) Bjørn Erik Knudsen | | | | | |
| 5 | 19:49:12.193 | 1:17.040 | | | | 1 | 19:02:51.764 | | | | |
| 6 | 19:50:28.297 | 1:16.104 | | | | 2 | 19:04:25.728 | 1:33.964 | | | |
| p7 | 19:51:52.430 | 1:24.133 | | | | 3 | 19:05:59.668 | 1:33.940 | | | |
| (82-1) Linus Jenssveen | | | | | | | | | | | |
| 1 | 19:02:40.205 | | | | | 4 | 19:07:32.115 | 1:32.447 | | | |
| 2 | 19:04:01.841 | 1:21.636 | | | | 5 | 19:09:04.796 | 1:32.681 | | | |
| 3 | 19:05:23.461 | 1:21.620 | | | | 6 | 19:10:38.951 | 1:34.155 | | | |
| 4 | 19:06:47.262 | 1:23.801 | | | | 7 | 19:12:14.006 | 1:35.055 | | | |
| 5 | 19:08:09.294 | 1:22.032 | | | | 8 | 19:13:47.053 | 1:33.047 | | | |
| 6 | 19:09:32.492 | 1:23.198 | | | | 9 | 19:15:19.437 | 1:32.384 | | | |
| 7 | 19:10:53.615 | 1:21.123 | | | | 10 | 19:16:52.220 | 1:32.783 | | | |
| 8 | 19:12:15.189 | 1:21.574 | | | | 11 | 19:18:26.989 | 1:34.769 | | | |
| | | | | | | 12 | 19:20:02.702 | 1:35.713 | | | |
| | | | | | | p13 | 19:21:43.876 | 1:41.174 | | | |

Mandagstrening SMCK Orbits