

Heldagstrening SMCK 3:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 9 - Alle Klasser

29.06.2026 19:00

Practice (1:00:00 Time) started at 19:00:18

Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
(8-) Tommy Martinsen						(61) Kenneth Birkeland					
1	19:29:41.734			20.619	22.569	1	19:43:33.425			26.751	28.328
2	19:30:49.486	1:07.752	22.824	19.732	25.196	2	19:44:53.434	1:20.009	27.869	25.627	26.513
3	19:32:02.500	1:13.014	25.895	22.459	24.660	3	19:46:14.034	1:20.600	28.842	24.774	26.984
4	19:33:15.607	1:13.107	25.366	22.547	25.194	4	19:47:30.627	1:16.593	26.435	24.657	25.501
5	19:34:30.546	1:14.939	25.517	22.842	26.580	5	19:48:48.848	1:18.221	27.676	22.776	27.769
6	19:35:42.322	1:11.776	24.810	22.389	24.577	6	19:50:05.469	1:16.621	25.792	21.147	29.682
7	19:36:53.373	1:11.051	24.595	22.203	24.253	7	19:51:14.584	1:09.115	25.957	20.280	22.878
8	19:38:04.960	1:11.587	25.432	21.305	24.850	8	19:52:21.213	1:06.629	23.000	20.324	23.305
9	19:39:11.498	1:06.538	24.483	20.273	21.782	9	19:53:29.017	1:07.804	23.965	20.600	23.239
10	19:40:15.171	1:03.673	22.146	19.888	21.639	10	19:54:37.853	1:08.836	24.082	20.989	23.765
11	19:41:18.212	1:03.041	21.972	19.519	21.550	11	19:55:46.332	1:08.479	24.334	20.985	23.160
12	19:42:21.310	1:03.098	22.007	19.639	21.452	12	19:56:56.966	1:10.634	23.594	20.871	26.169
13	19:43:23.904	1:02.594	21.707	19.391	21.496	13	19:58:15.685	1:18.719	27.638	25.060	26.021
14	19:44:26.317	1:02.413	21.607	19.436	21.370	(105) Linus Jenssveen					
15	19:45:29.890	1:03.573	22.308	19.617	21.648	1	19:26:22.278			24.642	24.909
16	19:46:36.521	1:06.631	21.715	19.608	25.308	2	19:27:31.286	1:09.008	24.018	20.964	24.026
17	19:47:49.682	1:13.161	25.732	22.571	24.858	3	19:28:40.095	1:08.809	24.196	21.017	23.596
18	19:49:00.900	1:11.218	24.124	22.395	24.699	4	19:29:48.700	1:08.605	23.663	20.891	24.051
19	19:50:12.305	1:11.405	24.628	22.711	24.066	5	19:30:58.546	1:09.846	23.439	21.435	24.972
20	19:51:19.272	1:06.967	22.608	21.986	22.373	6	19:32:06.982	1:08.436	23.775	20.879	23.782
p21	19:52:19.833	1:00.561	22.230	20.304		7	19:33:16.298	1:09.316	23.466	21.662	24.188
(28) Roger Kristensen						8	19:34:25.154	1:08.856	24.423	20.951	23.482
1	19:26:42.641			20.907	22.893	p9	19:35:31.965	1:06.811	23.506	20.629	
2	19:27:49.056	1:06.415	22.739	20.619	23.057	10	19:37:59.645	2:27.680		21.830	24.039
3	19:28:53.769	1:04.713	22.548	20.000	22.165	11	19:39:08.980	1:09.335	23.806	21.039	24.490
4	19:29:58.421	1:04.652	22.613	19.934	22.105	12	19:40:18.455	1:09.475	23.993	21.070	24.412
5	19:31:02.694	1:04.273	22.094	20.016	22.163	p13	19:41:27.173	1:08.718	23.725	21.565	
6	19:32:09.294	1:06.600	23.818	20.290	22.492	14	19:46:02.933	4:35.760		22.052	25.957
7	19:33:16.428	1:07.134	22.282	21.040	23.812	15	19:47:15.286	1:12.353	24.028	21.756	26.569
8	19:34:25.041	1:08.613	25.223	20.740	22.650	16	19:48:27.221	1:11.935	25.219	22.373	24.343
9	19:35:29.492	1:04.451	22.286	19.938	22.227	17	19:49:39.826	1:12.605	23.722	21.999	26.884
10	19:36:34.038	1:04.546	22.461	19.885	22.200	18	19:50:57.382	1:17.556	25.928	22.956	28.672
p11	19:37:36.769	1:02.731	22.686	20.127		19	19:52:06.351	1:08.969	24.025	21.050	23.894
(95) Kristoffer Valle Mellingen						20	19:53:14.091	1:07.740	23.368	20.858	23.514
1	19:27:09.969			22.867	24.486	p21	19:54:26.137	1:12.046	24.453	23.045	
2	19:28:20.429	1:10.460	25.416	21.395	23.649	(14-) Jenny Hagen Jensen					
3	19:29:28.323	1:07.894	23.374	21.071	23.449	1	19:30:26.852			25.160	27.350
4	19:30:35.576	1:07.253	23.272	20.877	23.104	2	19:31:38.598	1:11.746	25.604	21.906	24.236
5	19:31:43.542	1:07.966	23.366	21.229	23.371	3	19:32:49.684	1:11.086	24.698	21.989	24.399
6	19:32:51.329	1:07.787	23.143	21.318	23.326	4	19:34:01.035	1:11.351	24.444	22.260	24.647
7	19:33:58.868	1:07.539	23.405	21.018	23.116	5	19:35:11.760	1:10.725	24.539	21.906	24.280
8	19:35:06.373	1:07.505	23.180	21.050	23.275	6	19:36:21.541	1:09.781	24.194	21.735	23.852
9	19:36:14.663	1:08.290	23.354	21.455	23.481	7	19:37:30.900	1:09.359	23.929	21.516	23.914
10	19:37:22.435	1:07.772	23.306	21.026	23.440	8	19:38:39.897	1:08.997	23.733	21.567	23.697
11	19:38:31.246	1:08.811	24.452	21.383	22.976	9	19:39:48.894	1:08.997	23.870	21.491	23.636
12	19:39:37.795	1:06.549	22.755	20.823	22.971	10	19:40:57.506	1:08.612	23.605	21.434	23.573
13	19:40:45.063	1:07.268	22.971	20.886	23.411	11	19:42:05.950	1:08.444	23.355	21.571	23.518
14	19:41:52.025	1:06.962	22.856	21.083	23.023	p12	19:43:14.742	1:08.792	23.769	23.009	
15	19:42:59.770	1:07.745	23.265	21.234	23.246	13	19:46:57.370	3:42.628		22.379	24.424
16	19:44:07.419	1:07.649	23.654	21.070	22.925	14	19:48:06.644	1:09.274	23.845	21.641	23.788
17	19:45:13.921	1:06.502	22.742	20.888	22.872	15	19:49:15.073	1:08.429	23.531	21.388	23.510
18	19:46:21.454	1:07.533	23.225	21.273	23.035	p16	19:50:22.988	1:07.915	24.231	22.079	
p19	19:47:27.523	1:06.069	22.822	22.002		(3) Per Inge Stykket					
20	19:50:07.598	2:40.075		21.832	23.910	1	19:32:41.631			24.155	25.387
21	19:51:18.473	1:10.875	25.957	21.868	23.050	2	19:33:51.702	1:10.071	24.793	21.231	24.047
22	19:52:26.045	1:07.572	22.826	21.283	23.463	3	19:35:01.809	1:10.107	24.012	21.658	24.437
23	19:53:33.652	1:07.607	23.286	21.153	23.168	4	19:36:12.376	1:10.567	24.743	21.489	24.335
24	19:54:40.763	1:07.111	22.906	21.058	23.147	5	19:37:22.394	1:10.018	24.007	21.891	24.120
25	19:55:48.423	1:07.660	23.293	21.169	23.198	6	19:38:32.845	1:10.451	24.150	22.343	23.958
26	19:56:58.461	1:10.038	23.339	21.126	25.573	7	19:39:44.187	1:11.342	24.500	22.150	24.692
p27	19:58:11.805	1:13.344	27.178	24.541		8	19:40:54.417	1:10.230	24.404	21.634	24.192
						9	19:42:04.188	1:09.771	24.095	21.716	23.960

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Vålerbanen Racing Circuit 2,274 km

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29.06.2026 19:00

Practice (1:00:00 Time) started at 19:00:18

Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
10	19:43:15.391	1:11.203	24.649	21.970	24.584	2	19:04:47.241	1:39.489	37.372	30.632	31.485
11	19:44:25.880	1:10.489	24.509	21.751	24.229	3	19:06:17.842	1:30.601	31.750	27.702	31.149
12	19:45:37.252	1:11.372	24.931	21.783	24.658	4	19:12:20.105	4:25.751			4:58.228
13	19:46:48.674	1:11.422	24.185	21.795	25.442	5	19:13:48.133	1:28.028	30.725	26.972	30.331
14	19:47:58.964	1:10.290	24.304	21.822	24.164	6	19:15:16.359	1:28.226	29.910	27.282	31.034
15	19:49:10.160	1:11.196	24.707	22.162	24.327	7	19:16:46.048	1:29.689	30.859	28.121	30.709
p16	19:50:17.569	1:07.409	23.808	22.049		8	19:18:17.329	1:31.281	30.403	27.456	33.422
						p9	19:19:53.579	1:36.250	30.627	28.281	
(11) Sander Greni						(682) Peder Olai Sagen					
1	19:25:54.599			23.638	25.539	1	19:02:29.755				37.293
2	19:27:09.352	1:14.753	26.420	23.135	25.198	2	19:04:05.368	1:35.613	34.011	29.336	32.266
3	19:28:22.303	1:12.951	25.655	22.196	25.100	3	19:05:48.837	1:43.469	32.057	37.005	34.407
4	19:29:34.914	1:12.611	25.032	22.599	24.980	4	19:07:34.978	1:46.141	34.100	30.275	41.766
5	19:30:49.259	1:14.345	25.528	23.283	25.534	5	19:12:38.786	2:39.715			
6	19:32:02.658	1:13.399	25.558	22.769	25.072	6	19:14:11.747	1:32.961	32.498	28.875	31.588
7	19:33:16.124	1:13.466	25.989	22.768	24.709	7	19:15:52.184	1:40.437	30.594	36.073	33.770
8	19:34:29.919	1:13.795	25.679	22.705	25.411	p8	19:20:52.527	5:00.343	30.898	29.569	
9	19:35:41.868	1:11.949	24.967	22.616	24.366						
10	19:36:53.109	1:11.241	24.666	22.347	24.228	(801) Emil Thomassen Bøler					
11	19:38:06.023	1:12.914	25.394	22.629	24.891	1	19:02:18.579				33.148
12	19:39:19.162	1:13.139	25.138	22.619	25.382	2	19:03:53.728	1:35.149	32.732	29.598	32.819
p13	19:40:29.811	1:10.649	26.096	23.493		3	19:05:30.190	1:36.462	32.249	31.173	33.040
14	19:42:58.098	2:28.287	23.401	25.364		4	19:07:08.631	1:38.441	31.849	28.928	37.664
15	19:44:10.454	1:12.356	25.661	22.173	24.522	5	19:12:27.806	3:36.336			
16	19:45:22.959	1:12.505	25.515	22.636	24.354	6	19:14:01.723	1:33.917	31.572	29.768	32.577
17	19:46:36.300	1:13.341	25.526	22.398	25.417	7	19:15:36.395	1:34.672	31.495	29.743	33.434
18	19:47:49.104	1:12.804	25.724	22.584	24.496	p8	19:17:14.910	1:38.515	32.095	34.296	
19	19:49:01.663	1:12.559	25.027	22.806	24.726						
20	19:50:13.668	1:12.005	24.818	22.420	24.767	(182) Tobias Bogen Sagen					
21	19:51:24.504	1:10.836	24.843	21.557	24.436	1	19:02:29.210				37.283
p22	19:52:32.683	1:08.179	25.498	22.569		2	19:04:09.324	1:40.114	35.645	29.894	34.575
(32) Frida Birkeland						3	19:05:47.813	1:38.489	33.152	31.205	34.132
1	19:43:34.452		26.704	28.007		4	19:07:28.843	1:41.030	34.596	31.477	34.957
2	19:44:55.283	1:20.831	28.116	25.075	27.640	5	19:12:37.830	2:36.840			
3	19:46:14.953	1:19.670	28.179	24.510	26.981	6	19:14:15.034	1:37.204	32.942	31.248	33.014
4	19:47:31.915	1:16.962	27.025	23.984	25.953	7	19:15:54.735	1:39.701	32.094	33.719	33.888
5	19:48:49.500	1:17.585	27.335	23.743	26.507	8	19:17:33.539	1:38.804	32.149	29.425	37.230
6	19:50:06.093	1:16.593	27.003	23.761	25.829	p9	19:19:28.075	1:54.536	33.454	39.545	
p7	19:51:22.067	1:15.974	27.232	23.488							
8	19:54:22.995	3:00.928		24.089	27.066	(94) Viljar Pålhaugen					
9	19:55:39.521	1:16.526	26.601	23.709	26.216	1	19:04:29.319		24.169	24.244	
10	19:56:57.823	1:18.302	26.358	24.557	27.387	2	19:06:14.517	1:45.198	35.750	31.820	37.628
11	19:58:15.351	1:17.528	27.335	24.287	25.906	3	19:13:25.822	5:35.873			38.575
(93/94) Geir Pålhaugen						4	19:15:21.136	1:55.314	39.956	36.155	39.203
1	19:26:29.326		27.427	29.978		5	19:17:20.333	1:59.197	42.489	37.496	39.212
2	19:27:50.123	1:20.797	28.782	24.855	27.160	p6	19:19:21.806	2:01.473	39.407	44.196	
p3	19:29:02.260	1:12.137	26.562			(482) Iril / Emira Pålhaugen					
4	19:30:59.625	1:57.365		24.908	27.407	1	19:04:28.389			31.954	37.008
p5	19:32:14.323	1:14.698	28.279	24.678		2	19:06:13.670	1:45.281	36.402	31.641	37.238
(382) Maksymilian Alex Czapl						3	19:13:25.414	5:32.732			38.726
1	19:02:28.322				33.895	4	19:15:21.685	1:56.271	40.042	36.990	39.239
2	19:03:55.337	1:27.015	30.187	26.935	29.893	5	19:17:20.669	1:58.984	42.455	37.536	38.993
3	19:05:21.099	1:25.762	30.221	26.430	29.111	p6	19:19:29.260	2:08.591	39.525	45.963	
4	19:06:44.449	1:23.350	28.393	25.720	29.237	(30) Gard Ingvaldsen					
5	19:12:20.106	4:12.358				1	19:03:08.489			26.262	30.796
6	19:13:43.733	1:23.627	28.808	25.994	28.825	2	19:04:54.630	1:46.141	37.073	32.742	36.326
7	19:15:08.414	1:24.681	28.656	26.494	29.531	3	19:06:40.524	1:45.894	38.941	31.714	35.239
8	19:16:32.274	1:23.860	28.575	26.136	29.149	(50) Mads Valen-Senstad					
9	19:17:55.767	1:23.493	28.391	26.008	29.094	1	19:04:53.631			33.339	36.253
p10	19:19:30.418	1:34.651	28.432	27.030		2	19:06:46.234	1:52.603	38.854	31.807	41.942
(282) Julian Birkeland						(-93-) Tancred Valen-Senstad					
1	19:03:07.752			30.048	33.511						

Chief of Timing & Scoring: www.Timekeeping.no

Orbits

Race Director: Benjamin Holger Storsveen

Sport Rescue Team.

Timing and results are not official.

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Heldagstrening SMCK 3:5

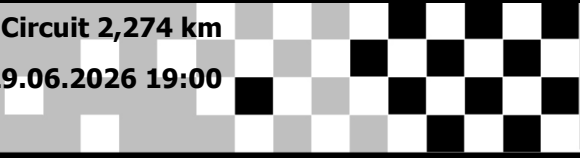
Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 9 - Alle Klasser

29.06.2026 19:00

Practice (1:00:00 Time) started at 19:00:18



Lap	Time of Day	Lap Tm	S1	S2	S3
1	19:04:53.194			33.530	36.149
(14) Vidar Andre Jensen					
1	19:30:26.615			25.239	27.641
p2	19:31:43.175	1:16.560	27.750	24.691	