

Heldagstrening SMCK 4:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 9 - Alle Klasser

10.08.2026 19:00

Practice (1:00:00 Time) started at 19:00:00

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
(41-) Odd-Roar Sundet						
1	19:18:18.473				20.157	23.155
2	19:19:24.335	1:05.862		23.086	20.505	22.271
3	19:20:28.065	1:03.730	-2.132	22.326	19.648	21.756
4	19:21:31.991	1:03.926	+0.196	22.384	19.654	21.888
5	19:22:35.627	1:03.636	-0.290	22.150	19.476	22.010
p6	19:23:47.613	1:11.986	+8.350	29.490	21.391	

(99) Kent-Erik Løken Tøllefsen						
1	19:17:10.695				21.729	23.687
2	19:18:18.127	1:07.432		23.252	20.839	23.341
3	19:19:24.768	1:06.641	-0.791	23.139	20.978	22.524
4	19:20:29.551	1:04.783	-1.858	22.422	20.133	22.228
5	19:21:33.982	1:04.431	-0.352	22.476	19.940	22.015
6	19:22:38.679	1:04.697	+0.266	22.398	20.253	22.046
7	19:23:43.744	1:05.065	+0.368	22.545	20.161	22.359
8	19:24:48.239	1:04.495	-0.570	22.293	20.073	22.129
p9	19:25:52.170	1:03.931	-0.564	22.353	20.153	
10	19:27:31.474	1:39.304	+35.373		20.638	22.680
11	19:28:37.769	1:06.295	-33.009	23.355	20.316	22.624
12	19:29:43.153	1:05.384	-0.911	22.596	20.243	22.545
13	19:30:48.443	1:05.290	-0.094	22.766	20.149	22.375
14	19:31:54.521	1:06.078	+0.788	22.499	20.268	23.311
15	19:32:59.861	1:05.340	-0.738	22.905	20.213	22.222
16	19:34:04.364	1:04.503	-0.837	22.364	19.750	22.389
p17	19:35:09.075	1:04.711	+0.208	22.301	20.027	

(112) Svein Olaf Bennæs						
1	19:17:10.387				21.831	23.830
2	19:18:17.890	1:07.503		23.162	20.838	23.503
3	19:19:26.140	1:08.250	+0.747	23.133	21.472	23.645
4	19:20:35.252	1:09.112	+0.862	23.737	21.421	23.954
5	19:21:43.812	1:08.560	-0.552	23.324	21.517	23.719
6	19:22:51.984	1:08.172	-0.388	23.083	21.458	23.631
7	19:24:00.081	1:08.097	-0.075	23.069	21.491	23.537
8	19:25:08.171	1:08.090	-0.007	23.387	21.088	23.615
9	19:26:15.762	1:07.591	-0.499	23.213	21.122	23.256
10	19:27:24.042	1:08.280	+0.689	23.676	21.352	23.252
11	19:28:31.581	1:07.539	-0.741	22.965	20.979	23.595
12	19:29:38.907	1:07.326	-0.213	22.922	21.051	23.353
13	19:30:46.752	1:07.845	+0.519	23.658	21.080	23.107
14	19:31:54.273	1:07.521	-0.324	22.974	21.124	23.423
15	19:33:01.307	1:07.034	-0.487	22.867	21.014	23.153
16	19:34:08.695	1:07.388	+0.354	23.098	20.918	23.372
p17	19:35:11.798	1:03.103	-4.285	23.448	21.033	
18	19:40:18.430	5:06.632	+4:03.529		21.863	23.508
19	19:41:25.159	1:06.729	-3:59.903	22.827	20.882	23.020
20	19:42:31.612	1:06.453	-0.276	22.858	20.632	22.963
21	19:43:38.049	1:06.437	-0.016	22.929	20.536	22.972
22	19:44:44.518	1:06.469	+0.032	22.595	20.728	23.146
23	19:45:51.097	1:06.579	+0.110	22.686	20.737	23.156
24	19:46:58.198	1:07.101	+0.522	23.272	20.772	23.057
25	19:48:04.574	1:06.376	-0.725	22.864	20.637	22.875
26	19:49:11.491	1:06.917	+0.541	23.047	20.665	23.205
27	19:50:17.992	1:06.501	-0.416	23.043	20.557	22.901
28	19:51:24.914	1:06.922	+0.421	23.202	20.794	22.926
29	19:52:31.726	1:06.812	-0.110	23.074	20.908	22.830
30	19:53:38.289	1:06.563	-0.249	22.811	20.653	23.099
31	19:54:45.376	1:07.087	+0.524	23.326	20.623	23.138
32	19:55:52.114	1:06.738	-0.349	23.123	20.644	22.971
33	19:56:58.348	1:06.234	-0.504	22.563	20.721	22.950
34	19:58:04.854	1:06.506	+0.272	23.025	20.528	22.953
35	19:59:11.100	1:06.246	-0.260	22.778	20.522	22.946
36	20:00:17.502	1:06.402	+0.156	22.969	20.267	23.166

(58) Emma Marie Birkelund						
1	19:02:56.145				22.022	24.403
2	19:04:04.935	1:08.790		24.018	21.203	23.569
3	19:05:17.323	1:12.388	+3.598	25.867	21.842	24.679
4	19:06:27.102	1:09.779	-2.609	23.818	21.549	24.412
5	19:07:37.475	1:10.373	+0.594	24.636	21.515	24.222
6	19:08:50.235	1:12.760	+2.387	23.956	22.739	26.065
7	19:09:59.463	1:09.228	-3.532	23.873	21.571	23.784
8	19:11:10.983	1:11.520	+2.292	24.845	22.733	23.942
9	19:12:20.906	1:09.923	-1.597	24.111	21.689	24.123
10	19:13:30.222	1:09.316	-0.607	24.067	21.544	23.705
p11	19:14:38.838	1:08.616	-0.700	24.515	21.934	

(95) Oscar Skumlien						
1	19:02:43.396				22.612	24.957
2	19:03:55.501	1:12.105		24.565	22.503	25.037
3	19:05:07.098	1:11.597	-0.508	24.718	22.267	24.612
4	19:06:18.957	1:11.859	+0.262	24.361	22.188	25.310
5	19:07:30.350	1:11.393	-0.466	24.130	22.157	25.106
6	19:08:41.170	1:10.820	-0.573	24.395	22.056	24.369
7	19:09:51.394	1:10.224	-0.596	24.244	21.614	24.366
8	19:11:01.577	1:10.183	-0.041	24.425	21.599	24.159
9	19:12:12.838	1:11.261	+1.078	24.451	21.959	24.851
10	19:13:22.968	1:10.130	-1.131	24.210	21.747	24.173
p11	19:14:50.794	1:27.826	+17.696	24.331	41.175	
12	19:33:56.748	19:05.954	-17:38.128		22.222	24.331
13	19:35:07.482	1:10.734	-17:55.220	24.284	21.911	24.539
14	19:36:18.096	1:10.614	-0.120	24.345	21.898	24.371
15	19:37:29.151	1:11.055	+0.441	24.357	21.933	24.765
16	19:38:39.920	1:10.769	-0.286	24.255	22.212	24.302
17	19:39:50.566	1:10.646	-0.123	24.227	22.101	24.318
18	19:41:01.031	1:10.465	-0.181	24.421	21.810	24.234
19	19:42:11.633	1:10.602	+0.137	24.486	21.778	24.338
20	19:43:22.135	1:10.502	-0.100	24.316	21.889	24.297
21	19:44:32.579	1:10.444	-0.058	24.112	21.826	24.506
22	19:45:43.306	1:10.727	+0.283	24.112	22.131	24.484
23	19:46:53.530	1:10.224	-0.503	24.118	21.908	24.198
24	19:48:04.669	1:11.139	+0.915	24.316	22.281	24.542
p25	19:49:10.228	1:05.559	-5.580	24.401	22.150	

(13--) Mathias Skilbrei Finden						
1	19:01:51.976				23.695	26.163
2	19:03:04.787	1:12.811		25.222	22.811	24.778
3	19:04:22.401	1:17.614	+4.803	26.378	26.069	25.167
4	19:05:33.110	1:10.709	-6.905	24.433	21.982	24.294
5	19:06:46.419	1:13.309	+2.600	26.878	22.374	24.057
6	19:07:58.766	1:12.347	-0.962	24.262	22.655	25.430
7	19:09:09.691	1:10.925	-1.422	24.307	22.105	24.513
8	19:10:21.303	1:11.612	+0.687	24.133	22.925	24.554
9	19:11:36.512	1:15.209	+3.597	24.917	23.550	26.742
10	19:12:47.718	1:11.206	-4.003	24.941	22.066	24.199
p11	19:13:57.671	1:09.953	-1.253	25.297	22.638	
12	19:31:20.131	17:22.460	-16:12.507		23.309	26.022
13	19:32:31.328	1:11.197	-16:11.263	25.055	22.264	23.878
14	19:33:43.118	1:11.790	+0.593	25.464	22.189	24.137
15	19:34:54.399	1:11.281	-0.509	24.742	22.304	24.235
16	19:36:05.079	1:10.680	-0.601	24.389	22.200	24.091
17	19:37:18.470	1:13.391	+2.711	24.210	23.101	26.080
18	19:38:29.274	1:10.804	-2.587	24.920	21.772	24.112
19	19:39:40.415	1:11.141	+0.337	24.760	22.013	24.368
20	19:40:52.623	1:12.208	+1.067	26.065	22.108	24.035
21	19:42:03.174	1:10.551	-1.657	24.617	21.872	24.062
p22	19:43:20.586	1:17.412	+6.861	27.015	26.107	

(41--) Adrian Sundet						
1	19:01:42.384				23.494	25.648

Heldagstrening SMCK 4:5

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

FP 9 - Alle Klasser

10.08.2026 19:00

Practice (1:00:00 Time) started at 19:00:00

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
2	19:02:57.230	1:14.846		25.827	23.109	25.910
3	19:04:11.677	1:14.447	-0.399	26.178	22.445	25.824
4	19:05:28.011	1:16.334	+1.887	26.300	23.112	26.922
5	19:06:42.717	1:14.706	-1.628	25.809	23.109	25.788
6	19:08:04.355	1:21.638	+6.932	25.940	23.441	32.257
7	19:09:19.645	1:15.290	-6.348	26.093	23.079	26.118
p8	19:10:37.236	1:17.591	+2.301	26.207	23.750	

Lap	Time of Day	Lap Tm	Gap	S1	S2	S3
1	19:04:43.685				34.637	38.648
2	19:06:27.577	1:43.892		36.938	31.806	35.148
p3	19:07:58.453	1:30.876	-13.016	33.625	29.921	
p4	19:11:24.563	3:26.110	+1:55.234		30.678	

(93/94) Geir Pålhaugen

1	19:04:42.683				34.374	38.893
2	19:06:26.746	1:44.063		37.189	31.718	35.156
p3	19:07:57.233	1:30.487	-13.576	33.768	29.319	
p4	19:11:19.873	3:22.640	+1:52.153		30.747	
5	19:34:43.884	23:24.011	-20:01.371		26.541	28.618
6	19:36:02.459	1:18.575	-22:05.436	28.023	24.268	26.284
7	19:37:18.112	1:15.653	-2.922	25.795	23.684	26.174
8	19:38:33.983	1:15.871	+0.218	26.011	23.401	26.459
p9	19:39:46.801	1:12.818	-3.053	25.326	22.995	

(46) Maksymilian Alex Czapla

1	19:03:28.187				29.505	30.573
2	19:04:52.094	1:23.907		28.803	26.055	29.049
3	19:06:13.661	1:21.567	-2.340	27.598	25.551	28.418
4	19:07:34.995	1:21.334	-0.233	27.503	25.357	28.474
5	19:08:55.198	1:20.203	-1.131	27.470	24.873	27.860
6	19:10:32.519	1:37.321	+17.118	26.989	40.155	30.177
p7	19:12:11.479	1:38.960	+1.639	27.392	43.895	

(50) Mads Valen-Sendstad

1	19:01:52.593				25.224	29.720
2	19:03:16.271	1:23.678		29.211	25.679	28.788
3	19:04:41.637	1:25.366	+1.688	28.910	25.407	31.049
4	19:06:07.488	1:25.851	+0.485	31.357	25.367	29.127
5	19:07:30.652	1:23.164	-2.687	29.023	25.317	28.824
6	19:08:53.015	1:22.363	-0.801	28.154	24.139	30.070
7	19:10:14.919	1:21.904	-0.459	28.248	25.225	28.431
8	19:11:36.770	1:21.851	-0.053	28.580	25.399	27.872
9	19:12:58.909	1:22.139	+0.288	28.649	25.498	27.992
10	19:14:20.133	1:21.224	-0.915	27.475	24.531	29.218
p11	19:15:34.753	1:14.620	-6.604	28.706	23.350	

(93) Tancred Valen-Sendstad

1	19:01:52.103				25.795	29.786
2	19:03:16.635	1:24.532		28.951	25.937	29.644
3	19:04:42.943	1:26.308	+1.776	29.657	25.679	30.972
4	19:06:06.909	1:23.966	-2.342	29.219	25.515	29.232
5	19:07:30.257	1:23.348	-0.618	28.944	25.410	28.994
6	19:08:52.976	1:22.719	-0.629	27.755	25.829	29.135
7	19:10:14.468	1:21.492	-1.227	27.626	25.227	28.639
8	19:11:36.358	1:21.890	+0.398	28.401	25.197	28.292
9	19:12:58.475	1:22.117	+0.227	28.540	25.518	28.059
10	19:14:20.272	1:21.797	-0.320	28.340	25.252	28.205
p11	19:15:37.255	1:16.983	-4.814	27.624	25.143	

(801) Emil Thomassen Bøler

1	19:02:30.545				29.557	32.734
2	19:04:01.137	1:30.592		30.584	29.051	30.957
3	19:05:30.481	1:29.344	-1.248	30.508	27.329	31.507
4	19:06:59.119	1:28.638	-0.706	30.416	27.059	31.163
5	19:08:24.170	1:25.051	-3.587	29.259	26.318	29.474
p6	19:09:52.280	1:28.110	+3.059	29.114	27.068	
7	19:12:30.695	2:38.415	+1:10.305		27.124	31.631
8	19:14:00.724	1:30.029	-1:08.386	30.442	28.000	31.587
p9	19:15:28.963	1:28.239	-1.790	30.591	28.894	

(82-4) Irl / Emira Pålhaugen

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Orbits

Race Director: Benjamin Holger Storsveen

Sport Rescue Team.

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