

# Treningsweekend roadracing SMCK

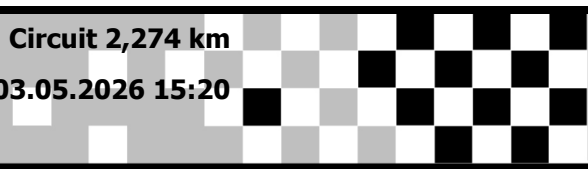
1-Junior -Rookie

Vålerbanen Racing Circuit 2,274 km

Practice 07 - Junior -Rookie

03.05.2026 15:20

Practice (25:00 Time) started at 15:25:00



Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(73) Svein Rognmo</b>					
1	15:27:45.173				23.135
2	15:28:53.071	<b>1:07.898</b>			23.797
3	15:29:59.776	<b>1:06.705</b>			<b>22.867</b>
4	15:31:07.338	<b>1:07.562</b>			22.894
5	15:32:18.026	<b>1:10.688</b>			27.704
6	15:33:32.323	<b>1:14.297</b>			26.780
7	15:37:32.247	<b>3:59.924</b>			29.496
8	15:43:40.214	<b>6:07.967</b>			24.369
9	15:44:50.654	<b>1:10.440</b>			23.908

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(27) Martin Rene Eriksen</b>					
1	15:30:13.463				24.974
2	15:31:25.039	<b>1:11.576</b>			24.399
3	15:32:34.013	<b>1:08.974</b>			<b>23.814</b>
4	15:33:46.172	<b>1:12.159</b>			25.578
5	15:34:58.831	<b>1:12.659</b>			23.970
6	15:36:11.735	<b>1:12.904</b>			25.923
7	15:37:22.345	<b>1:10.610</b>			23.875

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(34) Stina Ringnes</b>					
1	15:29:01.684				24.682
2	15:30:14.136	<b>1:12.452</b>			25.349
3	15:31:25.522	<b>1:11.386</b>			24.357
4	15:32:35.010	<b>1:09.488</b>			<b>23.547</b>
5	15:33:46.614	<b>1:11.604</b>			25.758
6	15:35:01.913	<b>1:15.299</b>			25.592
7	15:36:12.340	<b>1:10.427</b>			24.807
8	15:37:23.071	<b>1:10.731</b>			23.898

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(35) Lucia Linnea Nessjøen</b>					
1	15:27:28.741				25.508
2	15:28:39.867	<b>1:11.126</b>			24.430
3	15:29:50.449	<b>1:10.582</b>			24.595
4	15:31:00.832	<b>1:10.383</b>			24.523
5	15:32:13.576	<b>1:12.744</b>			25.043
6	15:33:31.322	<b>1:17.746</b>			26.625
7	15:34:42.602	<b>1:11.280</b>			24.455
8	15:35:52.383	<b>1:09.781</b>			<b>24.289</b>
9	15:37:02.206	<b>1:09.823</b>			24.342
10	15:38:15.128	<b>1:12.922</b>			25.901

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(23) Eline Fjellhøi Grav</b>					
1	15:28:52.704				26.113
2	15:30:05.567	<b>1:12.863</b>			25.584
3	15:31:17.336	<b>1:11.769</b>			24.996
4	15:32:29.010	<b>1:11.674</b>			24.787
5	15:33:44.361	<b>1:15.351</b>			27.897
6	15:35:00.105	<b>1:15.744</b>			24.952
7	15:36:13.922	<b>1:13.817</b>			27.178
8	15:37:33.198	<b>1:19.276</b>			29.873
9	15:43:41.245	<b>6:08.047</b>			24.644
10	15:44:51.758	<b>1:10.513</b>			<b>24.502</b>

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(12) Aslak Sælli Haugen</b>					
1	15:27:37.405				26.446
2	15:28:55.242	<b>1:17.837</b>			26.552
3	15:30:08.579	<b>1:13.337</b>			25.757
4	15:31:20.409	<b>1:11.830</b>			24.943
5	15:32:32.784	<b>1:12.375</b>			25.657
6	15:33:46.006	<b>1:13.222</b>			25.684
7	15:35:00.593	<b>1:14.587</b>			25.109
8	15:36:13.101	<b>1:12.508</b>			25.681
9	15:37:26.581	<b>1:13.480</b>			<b>24.790</b>

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(13) Mathias Skilbrei Finden</b>					
1	15:27:14.912				28.242
2	15:28:32.561	<b>1:17.649</b>			26.293
3	15:29:47.654	<b>1:15.093</b>			25.751
4	15:31:00.551	<b>1:12.897</b>			<b>25.296</b>

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(888) Morten Fliflet-Jacobsen</b>					
1	15:26:46.639				28.421
2	15:28:07.196	<b>1:20.557</b>			28.072
3	15:29:25.413	<b>1:18.217</b>			25.815
4	15:30:39.385	<b>1:13.972</b>			25.611
5	15:31:53.652	<b>1:14.267</b>			26.549
6	15:33:07.421	<b>1:13.769</b>			25.921
7	15:34:20.551	<b>1:13.130</b>			<b>25.145</b>
8	15:35:34.546	<b>1:13.995</b>			25.530
9	15:36:47.600	<b>1:13.054</b>			25.243
10	15:38:17.208	<b>1:29.608</b>			29.475

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(44) William Eid Falk</b>					
1	15:27:30.146				26.321
2	15:28:44.493	<b>1:14.347</b>			25.964
3	15:29:59.337	<b>1:14.844</b>			25.895
4	15:31:13.849	<b>1:14.512</b>			25.973
5	15:32:27.540	<b>1:13.691</b>			<b>25.833</b>
6	15:33:43.987	<b>1:16.447</b>			28.122
7	15:35:02.814	<b>1:18.827</b>			27.035

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(94) Hallvard Aarhus</b>					
1	15:26:44.593				29.758
2	15:28:08.267	<b>1:23.674</b>			28.441
3	15:29:30.252	<b>1:21.985</b>			28.562
4	15:30:50.240	<b>1:19.988</b>			27.396
5	15:32:11.464	<b>1:21.224</b>			27.534
6	15:33:30.688	<b>1:19.224</b>			27.492
7	15:34:50.420	<b>1:19.732</b>			28.512
8	15:36:11.032	<b>1:20.612</b>			<b>27.304</b>

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(95) Oscar Skumlien</b>					
1	15:28:06.629				29.252
2	15:29:29.679	<b>1:23.050</b>			28.583
3	15:30:51.508	<b>1:21.829</b>			28.289
4	15:32:12.973	<b>1:21.465</b>			28.247
5	15:33:33.049	<b>1:20.076</b>			27.713
6	15:34:52.352	<b>1:19.303</b>			27.700
7	15:36:11.953	<b>1:19.601</b>			<b>27.321</b>
8	15:37:33.571	<b>1:21.618</b>			29.683

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(14) Jenny Hagen Jensen</b>					
1	15:26:43.957				30.048
2	15:28:06.848	<b>1:22.891</b>			28.429
3	15:29:28.540	<b>1:21.692</b>			28.057
4	15:30:49.088	<b>1:20.548</b>			27.919
5	15:32:12.362	<b>1:23.274</b>			27.878
6	15:33:31.928	<b>1:19.566</b>			<b>27.555</b>
7	15:34:51.390	<b>1:19.462</b>			27.977
8	15:36:12.220	<b>1:20.830</b>			28.108
9	15:37:33.598	<b>1:21.378</b>			27.719

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(41) Adrian Sundet</b>					
1	15:32:19.046				31.760
2	15:33:43.017	<b>1:23.971</b>			28.302
3	15:35:04.849	<b>1:21.832</b>			<b>27.895</b>
4	15:36:29.019	<b>1:24.170</b>			28.944
5	15:37:56.067	<b>1:27.048</b>			28.524

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(54) Stian Lehne</b>					

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Practice 07 - Junior -Rookie

03.05.2026 15:20

Practice (25:00 Time) started at 15:25:00

Lap	Time of Day	Lap Tm	S1	S2	S3
1	15:32:18.438				32.291
2	15:33:43.403	1:24.965			28.317
3	15:35:05.247	1:21.844			27.843
4	15:36:29.381	1:24.134			29.041
5	15:37:56.468	1:27.087			28.637

(39) Herman Eid Falk

1	15:28:58.445				30.133
2	15:30:26.052	1:27.607			31.387
3	15:31:54.745	1:28.693			31.275
4	15:33:24.116	1:29.371			31.295
5	15:34:49.879	1:25.763			30.051
6	15:36:14.067	1:24.188			29.128
7	15:37:44.169	1:30.102			31.798