

Treningsweekend roadracing SMCK

4-Lisenskurs

Vålerbanen Racing Circuit 2,274 km

Practice 07 - Lisenskurs

03.05.2026 16:35

Practice (20:00 Time) started at 16:35:00



Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
(14) Lukas Sæli Haugen						(482) Henning Lehn					
1	16:38:17.135				25.892	8	16:47:12.764	1:22.901			29.056
2	16:39:28.728	1:11.593			25.225	9	16:48:34.583	1:21.819			28.283
3	16:40:44.732	1:16.004			25.707	10	16:49:57.236	1:22.653			28.219
4	16:41:54.905	1:10.173			24.672	11	16:51:18.776	1:21.540			28.117
5	16:43:10.912	1:16.007			28.724	12	16:52:39.390	1:20.614			27.543
6	16:44:25.053	1:14.141			28.953	1	16:37:33.093				29.405
7	16:45:34.240	1:09.187			24.179	2	16:39:01.556	1:28.463			31.335
8	16:46:46.089	1:11.849			24.414	3	16:40:24.722	1:23.166			28.458
9	16:47:59.069	1:12.980			26.020	4	16:41:48.688	1:23.966			28.148
10	16:49:10.914	1:11.845			25.466	5	16:43:14.389	1:25.701			31.531
11	16:50:19.830	1:08.916			24.053	6	16:44:37.567	1:23.178			27.375
12	16:51:30.810	1:10.980			26.107	7	16:46:01.871	1:24.304			29.326
13	16:52:44.075	1:13.265			24.720	8	16:47:24.594	1:22.723			29.556
(5) Kim Helge Haga Ovnan						(582) Andreas Belgum					
1	16:37:26.689				27.359	9	16:48:46.863	1:22.269			28.538
2	16:38:50.136	1:23.447			27.955	10	16:50:08.226	1:21.363			28.205
3	16:40:04.103	1:13.967			25.296	11	16:51:33.382	1:25.156			30.379
4	16:41:16.582	1:12.479			25.073	12	16:52:54.082	1:20.700			27.379
5	16:42:35.563	1:18.981			25.642	1	16:37:20.839				31.375
6	16:43:52.878	1:17.315			25.393	2	16:38:53.606	1:32.767			31.938
7	16:45:13.593	1:20.715			31.000	3	16:40:17.966	1:24.360			30.371
8	16:46:25.797	1:12.204			24.941	4	16:41:40.795	1:22.829			28.684
9	16:47:41.040	1:15.243			25.437	5	16:43:12.590	1:31.795			36.478
10	16:49:03.254	1:22.214			25.023	6	16:44:38.711	1:26.121			28.212
11	16:50:13.925	1:10.671			24.564	7	16:46:02.194	1:23.483			29.140
12	16:51:30.471	1:16.546			28.229	8	16:47:24.706	1:22.512			29.049
13	16:52:43.725	1:13.254			24.642	9	16:48:45.921	1:21.215			27.874
(8) Tommy Martinsen						(6) Rune Hvid Petersen					
1	16:37:29.098				28.251	10	16:50:07.698	1:21.777			28.100
2	16:38:53.078	1:23.980			28.876	11	16:51:38.847	1:31.149			35.578
3	16:40:11.993	1:18.915			26.838	12	16:53:02.959	1:24.112			29.021
4	16:41:31.424	1:19.431			26.661	1	16:37:32.074				29.304
5	16:42:50.646	1:19.222			26.241	2	16:39:00.534	1:28.460			32.460
6	16:44:11.778	1:21.132			27.030	3	16:40:24.657	1:24.123			29.083
7	16:45:30.821	1:19.043			28.046	4	16:41:47.487	1:22.830			28.443
8	16:46:49.707	1:18.886			26.072	5	16:43:13.016	1:25.529			31.152
9	16:48:08.877	1:19.170			28.439	6	16:44:35.402	1:22.386			28.113
10	16:49:28.669	1:19.792			27.556	7	16:46:00.491	1:25.089			28.227
11	16:50:45.625	1:16.956			26.696	8	16:47:23.213	1:22.722			29.300
12	16:52:02.364	1:16.739			25.853	9	16:48:44.836	1:21.623			28.131
13	16:53:21.638	1:19.274			26.241	10	16:50:06.951	1:22.115			28.338
(14) Marcus Bjørnes Borg						(32) Christian Johansen					
1	16:37:38.935				28.820	11	16:51:29.811	1:22.860			29.438
2	16:41:39.645	4:00.710			28.421	12	16:52:51.619	1:21.808			28.430
3	16:43:12.409	1:32.764			36.454	1	16:37:31.545				32.574
4	16:44:33.668	1:21.259			27.854	2	16:39:02.990	1:31.445			32.275
5	16:45:57.387	1:23.719			28.163	3	16:40:29.707	1:26.717			30.143
6	16:47:16.309	1:18.922			29.025	4	16:41:59.477	1:29.770			30.319
7	16:48:35.082	1:18.773			28.209	5	16:43:25.524	1:26.047			29.535
8	16:49:54.564	1:19.482			27.559	6	16:44:57.975	1:32.451			30.302
9	16:51:17.492	1:22.928			28.330	7	16:46:23.133	1:25.158			29.528
10	16:52:35.788	1:18.296			28.896	8	16:47:52.740	1:29.607			31.943
(82) Knut A. Ziesler						(282) Mikal Sandnes					
1	16:37:21.411				30.413	9	16:49:20.719	1:27.979			30.694
2	16:38:47.284	1:25.873			29.197	10	16:50:46.407	1:25.688			29.828
3	16:40:12.356	1:25.072			29.392	11	16:52:13.862	1:27.455			30.887
4	16:41:35.138	1:22.782			28.427	1	16:37:55.447				30.395
5	16:42:58.489	1:23.351			28.169	2	16:39:26.783	1:31.336			32.767
6	16:44:25.967	1:27.478			31.321	3	16:41:07.658	1:40.875			39.114
7	16:45:49.863	1:23.896			28.874	4	16:42:34.660	1:27.002			29.225

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03.05.2026 16:35

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Lap	Time of Day	Lap Tm	S1	S2	S3
5	16:44:03.621	1:28.961			29.701
6	16:45:31.636	1:28.015			29.448
7	16:47:01.814	1:30.178			30.150
8	16:48:29.900	1:28.086			29.748
9	16:50:03.802	1:33.902			32.637
10	16:51:37.631	1:33.829			34.698
11	16:53:04.230	1:26.599			29.159

Lap	Time of Day	Lap Tm	S1	S2	S3
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(50.) Mads Valen-Sendstad

1	16:44:27.831				34.159
2	16:46:06.670	1:38.839			31.448
3	16:47:39.587	1:32.917			32.526
4	16:49:12.847	1:33.260			30.760
5	16:50:42.432	1:29.585			32.191
6	16:52:13.626	1:31.194			31.086

(611) Arve Strøm

1	16:37:44.024				35.517
2	16:39:25.484	1:41.460			36.014
3	16:41:08.689	1:43.205			40.504
4	16:42:48.198	1:39.509			34.671
5	16:44:26.473	1:38.275			34.573
6	16:46:16.528	1:50.055			37.881
7	16:47:54.698	1:38.170			34.282

(14) Erik Storsveen

1	16:39:05.197				43.943
2	16:41:12.354	2:07.157			47.827
3	16:43:16.768	2:04.414			44.662
4	16:45:18.131	2:01.363			43.968
5	16:47:25.674	2:07.543			45.544
6	16:49:33.908	2:08.234			44.456
7	16:51:42.768	2:08.860			45.577
8	16:53:48.226	2:05.458			44.987

(73) Svein Rognmo

1	16:39:04.649				44.332
2	16:41:11.904	2:07.255			47.947
3	16:43:16.163	2:04.259			45.010
4	16:45:17.615	2:01.452			44.700
5	16:47:24.673	2:07.058			45.314
6	16:49:33.336	2:08.663			44.592
7	16:51:42.226	2:08.890			45.902
8	16:53:47.710	2:05.484			45.209

(17) Julie Spjeldnes Flathen

1	16:39:07.188				42.748
2	16:41:13.210	2:06.022			42.139
3	16:43:17.956	2:04.746			41.780
4	16:45:20.700	2:02.744			41.058
5	16:47:27.202	2:06.502			40.947
6	16:49:35.056	2:07.854			41.450
7	16:51:43.692	2:08.636			43.945
8	16:53:50.248	2:06.556			42.466