Mandagstrening SMCK

Trening — **Vålerbanen 2,274 km**

Practice - Alle Klasser — **07.09.2020 16:00**

Practice (4:00:00 Time) started at 16:00:00

(34) Anders Lykkebø

Lap	Lap Tm	Diff	Time of Day
1			16:03:40.752
2	1:09.397	+4.593	16:04:50.149
3	1:08.747	+3.943	16:05:58.896
4	1:08.184	+3.380	16:07:07.080
p5	1:18.628	+13.824	16:08:25.708
6	3:31.351	+2:26.547	16:11:57.059
7	1:11.852	+7.048	16:13:08.911
8	1:12.012	+7.208	16:14:20.923
9	1:09.297	+4.493	16:15:30.220
10	1:08.045	+3.241	16:16:38.265
11	1:07.741	+2.937	16:17:46.006
12	1:07.930	+3.126	16:18:53.936
13	1:07.827	+3.023	16:20:01.763
14	1:07.391	+2.587	16:21:09.154
15	1:08.342	+3.538	16:22:17.496
16	1:07.566	+2.762	16:23:25.062
p17	1:22.280	+17.476	16:24:47.342
18	36:47.116	+35:42.312	17:01:34.458
19	1:06.823	+2.019	17:02:41.281
20	1:06.694	+1.890	17:03:47.975
21	1:09.984	+5.180	17:04:57.959
22	1:06.267	+1.463	17:06:04.226
23	1:05.919	+1.115	17:07:10.145
24	1:08.328	+3.524	17:08:18.473
p25	1:22.860	+18.056	17:09:41.333
26	1:39.636	+34.832	17:11:20.969
27	1:05.935	+1.131	17:12:26.904
28	1:05.576	+0.772	17:13:32.480
29	1:05.382	+0.578	17:14:37.862
30	1:06.664	+1.860	17:15:44.526
31	1:05.472	+0.668	17:16:49.998
32	1:05.327	+0.523	17:17:55.325
33	1:05.942	+1.138	17:19:01.267
34	1:05.338	+0.534	17:20:06.605
35	1:06.549	+1.745	17:21:13.154
36	1:06.738	+1.934	17:22:19.892
p37	1:15.219	+10.415	17:23:35.111
38	39:06.405	+38:01.601	18:02:41.516
39	1:07.102	+2.298	18:03:48.618
40	1:06.256	+1.452	18:04:54.874
41	1:06.038	+1.234	18:06:00.912
42	1:05.866	+1.062	18:07:06.778
43	1:05.632	+0.828	18:08:12.410
44	1:05.947	+1.143	18:09:18.357
45	1:05.628	+0.824	18:10:23.985
46	1:05.790	+0.986	18:11:29.775
47	1:04.836	+0.032	18:12:34.611
48	1:04.989	+0.185	18:13:39.600
49	1:04.914	+0.110	18:14:44.514
50	1:05.294	+0.490	18:15:49.808
51	1:06.145	+1.341	18:16:55.953
52	1:09.965	+5.161	18:18:05.918
53	1:07.326	+2.522	18:19:13.244
54	1:04.804		18:20:18.048
55	1:05.477	+0.673	18:21:23.525
56	1:05.336	+0.532	18:22:28.861
57	1:05.191	+0.387	18:23:34.052
p58	1:19.909	+15.105	18:24:53.961
59	38:12.712	+37:07.908	19:03:06.673
60	1:06.844	+2.040	19:04:13.517
61	1:06.811	+2.007	19:05:20.328
62	1:05.856	+1.052	19:06:26.184
63	1:06.016	+1.212	19:07:32.200
64	1:06.916	+2.112	19:08:39.116
65	1:05.384	+0.580	19:09:44.500
66	1:06.418	+1.614	19:10:50.918
67	1:05.751	+0.947	19:11:56.669
68	1:05.239	+0.435	19:13:01.908
69	1:05.192	+0.388	19:14:07.100
70	1:05.271	+0.467	19:15:12.371
71	1:05.833	+1.029	19:16:18.204
72	1:06.390	+1.586	19:17:24.594
73	1:05.754	+0.950	19:18:30.348
74	1:08.378	+3.574	19:19:38.726
75	1:06.928	+2.124	19:20:45.654
p76	1:15.293	+10.489	19:22:00.947

(646) Jan Erik Høiby

Lap	Lap Tm	Diff	Time of Day
1			16:04:00.294
2	1:09.155	+3.531	16:05:09.449
3	1:07.913	+2.289	16:06:17.362
4	1:08.929	+3.305	16:07:26.291
5	1:08.762	+3.138	16:08:35.053
6	1:09.707	+4.083	16:09:44.760
7	1:08.076	+2.452	16:10:52.836
p8	1:17.183	+11.559	16:12:10.019
9	2:13.135	+1:07.511	16:14:23.154
10	1:08.220	+2.596	16:15:31.374
11	1:07.961	+2.337	16:16:39.335
12	1:07.422	+1.798	16:17:46.757
13	1:06.157	+0.533	16:18:52.914
14	1:06.583	+0.959	16:19:59.497
15	1:06.077	+0.453	16:21:05.574
16	1:06.122	+0.498	16:22:11.696
p17	1:19.586	+13.962	16:23:31.282
18	40:24.588	+39:18.964	17:03:55.870
19	1:07.605	+1.981	17:05:03.475
20	1:07.708	+2.084	17:06:11.183
21	1:06.016	+0.392	17:07:17.199
p22	1:14.305	+8.681	17:08:31.504
23	9:15.895	+8:10.271	17:17:47.399
24	1:06.041	+0.417	17:18:53.440
25	1:06.364	+0.740	17:19:59.804
26	1:06.257	+0.633	17:21:06.061
27	1:06.289	+0.665	17:22:12.350
28	1:05.624		17:23:17.974
p29	1:20.644	+15.020	17:24:38.618
30	42:52.079	+41:46.455	18:07:30.697
31	1:06.624	+1.000	18:08:37.321
32	1:08.439	+2.815	18:09:45.760
p33	1:17.674	+12.050	18:11:03.434

(40) Kim Rønningen

Lap	Lap Tm	Diff	Time of Day
1			16:02:23.609
2	1:09.738	+2.563	16:03:33.347
3	1:10.820	+3.645	16:04:44.167
4	1:10.606	+3.431	16:05:54.773
5	1:08.690	+1.515	16:07:03.463
6	1:09.357	+2.182	16:08:12.820
7	1:10.249	+3.074	16:09:23.069
p8	1:14.363	+7.188	16:10:37.432
9	1:21.994	+14.819	16:11:59.426
10	1:10.017	+2.842	16:13:09.443
11	1:09.272	+2.097	16:14:18.715
p12	1:17.870	+10.695	16:15:36.585
13	1:42.821	+35.646	16:17:19.406
14	1:07.431	+0.256	16:18:26.837
15	1:08.574	+1.399	16:19:35.411
16	1:08.573	+1.398	16:20:43.984
17	1:08.737	+1.562	16:21:52.721
18	1:08.465	+1.290	16:23:01.186
p19	1:49.773	+42.598	16:24:50.959
20	36:55.045	+35:47.870	17:01:46.004
21	1:08.244	+1.069	17:02:54.248
22	1:07.792	+0.617	17:04:02.040
23	1:07.695	+0.520	17:05:09.735
24	1:08.547	+1.372	17:06:18.282
25	1:08.490	+1.315	17:07:26.772
26	1:08.548	+1.373	17:08:35.320
p27	1:21.876	+14.701	17:09:57.196
28	2:45.117	+1:37.942	17:12:42.313
29	1:10.225	+3.050	17:13:52.538
30	1:10.923	+3.748	17:15:03.461
31	1:11.313	+4.138	17:16:14.774
32	1:07.706	+0.531	17:17:22.480
33	1:07.454	+0.279	17:18:29.934
34	1:07.175		17:19:37.109
35	1:08.669	+1.494	17:20:45.778
36	1:07.665	+0.490	17:21:53.443
37	1:08.034	+0.859	17:23:01.477
p38	1:41.138	+33.963	17:24:42.615
39	37:02.268	+35:55.093	18:01:44.883
40	1:07.899	+0.724	18:02:52.782
41	1:08.206	+1.031	18:04:00.988
42	1:07.233	+0.058	18:05:08.221
43	1:07.773	+0.598	18:06:15.994
44	1:08.392	+1.217	18:07:24.386
45	1:08.134	+0.959	18:08:32.520
p46	1:18.563	+11.388	18:09:51.083
47	2:25.977	+1:18.802	18:12:17.060
48	1:07.434	+0.259	18:13:24.494
49	1:09.586	+2.411	18:14:34.080
50	1:08.750	+1.575	18:15:42.830
51	1:09.261	+2.086	18:16:52.091
52	1:13.615	+6.440	18:18:05.706
53	1:08.480	+1.305	18:19:14.186
54	1:07.306	+0.131	18:20:21.492
p55	1:20.624	+13.449	18:21:42.116
56	40:07.610	+39:00.435	19:01:49.726
57	1:09.915	+2.740	19:02:59.641
58	1:09.143	+1.968	19:04:08.784
59	1:21.003	+13.828	19:05:29.787
p60	1:15.773	+8.598	19:06:45.560
61	1:56.894	+49.719	19:08:42.454
62	1:09.391	+2.216	19:09:51.845
63	1:09.535	+2.360	19:11:01.380
64	1:09.581	+2.406	19:12:10.961
65	1:09.917	+2.742	19:13:20.878
66	1:10.080	+2.905	19:14:30.958
67	1:09.333	+2.158	19:15:40.291
68	1:09.955	+2.780	19:16:50.246
69	1:15.846	+8.671	19:18:06.092
70	1:12.366	+5.191	19:19:18.458
71	1:11.340	+4.165	19:20:29.798
72	1:11.314	+4.139	19:21:41.112
73	1:10.015	+2.840	19:22:51.127
74	1:10.169	+2.994	19:24:01.296
75	1:09.915	+2.740	19:25:11.211
p76	1:26.267	+19.092	19:26:37.478

(356) Andreas Hansen

Lap	Lap Tm	Diff	Time of Day
1			16:03:31.148
2	1:10.984	+2.815	16:04:42.132
3	1:10.103	+1.934	16:05:52.235
4	1:10.150	+1.981	16:07:02.385
5	1:10.072	+1.903	16:08:12.457

Mandagstrening SMCK

Trening — **Vålerbanen 2,274 km**

Practice - Alle Klasser — **07.09.2020 16:00**

Practice (4:00:00 Time) started at 16:00:00

Lap	Lap Tm	Diff	Time of Day
6	1:12.483	+4.314	16:09:24.940
7	1:10.272	+2.103	16:10:35.212
p8	1:19.936	+11.767	16:11:55.148
9	49:57.799	+48:49.630	17:01:52.947
10	1:09.504	+1.335	17:03:02.451
11	1:09.507	+1.338	17:04:11.958
12	1:09.561	+1.392	17:05:21.519
13	1:09.533	+1.364	17:06:31.052
14	1:09.058	+0.889	17:07:40.110
15	1:09.715	+1.546	17:08:49.825
p16	1:16.086	+7.917	17:10:05.911
17	2:37.810	+1:29.641	17:12:43.721
18	1:09.388	+1.219	17:13:53.109
19	1:11.345	+3.176	17:15:04.454
20	1:11.967	+3.798	17:16:16.421
21	1:08.228	+0.059	17:17:24.649
22	1:08.663	+0.494	17:18:33.312
23	1:08.658	+0.489	17:19:41.970
p24	1:23.060	+14.891	17:21:05.030
25	40:41.393	+39:33.224	18:01:46.423
26	1:08.979	+0.810	18:02:55.402
27	1:09.411	+1.242	18:04:04.813
28	1:10.594	+2.425	18:05:15.407
29	1:09.707	+1.538	18:06:25.114
30	1:09.832	+1.663	18:07:34.946
31	1:09.709	+1.540	18:08:44.655
32	1:09.990	+1.821	18:09:54.645
33	1:09.367	+1.198	18:11:04.012
34	1:09.865	+1.696	18:12:13.877
35	1:09.596	+1.427	18:13:23.473
36	1:10.056	+1.887	18:14:33.529
37	1:08.456	+0.287	18:15:41.985
38	1:09.445	+1.276	18:16:51.430
p39	1:24.845	+16.676	18:18:16.275
40	43:37.157	+42:28.988	19:01:53.432
41	1:09.332	+1.163	19:03:02.764
42	1:09.952	+1.783	19:04:12.716
43	1:09.869	+1.700	19:05:22.585
p44	1:19.115	+10.946	19:06:41.700
45	2:41.138	+1:32.969	19:09:22.838
46	1:08.987	+0.818	19:10:31.825
47	1:09.275	+1.106	19:11:41.100
48	1:09.049	+0.880	19:12:50.149
49	1:08.854	+0.685	19:13:59.003
50	1:09.048	+0.879	19:15:08.051
51	1:11.910	+3.741	19:16:19.961
52	1:08.169		19:17:28.130
p53	1:29.149	+20.980	19:18:57.279

(23`) Morten Midtlie

Lap	Lap Tm	Diff	Time of Day
1			16:03:30.496
2	1:13.145	+4.454	16:04:43.641
3	1:12.129	+3.438	16:05:55.770
4	1:10.975	+2.284	16:07:06.745
5	1:12.817	+4.126	16:08:19.562
p6	1:18.744	+10.053	16:09:38.306
p7	2:19.190	+1:10.499	16:11:57.496
8	49:59.126	+48:50.435	17:01:56.622
9	1:13.479	+4.788	17:03:10.101
10	1:12.659	+3.968	17:04:22.760
11	1:11.147	+2.456	17:05:33.907
12	1:10.862	+2.171	17:06:44.769
13	1:11.187	+2.496	17:07:55.956
14	1:11.055	+2.364	17:09:07.011
15	1:11.326	+2.635	17:10:18.337
16	1:11.054	+2.363	17:11:29.391
17	1:11.603	+2.912	17:12:40.994
18	1:10.998	+2.307	17:13:51.992
19	1:11.218	+2.527	17:15:03.210
20	1:14.251	+5.560	17:16:17.461
21	1:09.237	+0.546	17:17:26.698
22	1:11.462	+2.771	17:18:38.160
23	1:11.100	+2.409	17:19:49.260
24	1:11.948	+3.257	17:21:01.208
25	1:11.920	+3.229	17:22:13.128
p26	1:19.615	+10.924	17:23:32.743
27	38:14.752	+37:06.061	18:01:47.495
28	1:09.679	+0.988	18:02:57.174
29	1:09.305	+0.614	18:04:06.479
30	1:10.005	+1.314	18:05:16.484
31	1:09.275	+0.584	18:06:25.759
32	1:09.775	+1.084	18:07:35.534
33	1:09.689	+0.998	18:08:45.223
34	1:09.601	+0.910	18:09:54.824
35	1:09.554	+0.863	18:11:04.378
36	1:09.889	+1.198	18:12:14.267
37	1:09.543	+0.852	18:13:23.810
38	1:08.992	+0.301	18:14:32.802
39	1:08.691		18:15:41.493
p40	1:17.770	+9.079	18:16:59.263
41	22:15.251	+21:06.560	18:39:14.514
42	2:12.928	+1:04.237	18:41:27.442
43	1:36.995	+28.304	18:43:04.437
44	1:34.436	+25.745	18:44:38.873
45	1:32.801	+24.110	18:46:11.674
p46	1:29.917	+21.226	18:47:41.591
47	18:28.041	+17:19.350	19:06:09.632
48	1:11.957	+3.266	19:07:21.589
49	1:09.887	+1.196	19:08:31.476
50	1:11.503	+2.812	19:09:42.979
p51	1:17.758	+9.067	19:11:00.737
52	3:17.491	+2:08.800	19:14:18.228
53	1:10.311	+1.620	19:15:28.539
54	1:10.526	+1.835	19:16:39.065
55	1:10.116	+1.425	19:17:49.181
p56	1:20.603	+11.912	19:19:09.784

(30) Susanne Ødegaard

Lap	Lap Tm	Diff	Time of Day
1			16:41:32.331
2	1:15.616	+5.883	16:42:47.947
3	1:15.722	+5.989	16:44:03.669
4	1:13.834	+4.101	16:45:17.503
5	1:13.493	+3.760	16:46:30.996
6	1:12.768	+3.035	16:47:43.764
7	1:14.409	+4.676	16:48:58.173
8	1:13.995	+4.262	16:50:12.168
p9	1:25.811	+16.078	16:51:37.979
10	50:26.511	+49:16.778	17:42:04.490
11	1:13.113	+3.380	17:43:17.603
12	1:12.556	+2.823	17:44:30.159
13	1:12.371	+2.638	17:45:42.530
14	1:12.254	+2.521	17:46:54.784
15	1:11.743	+2.010	17:48:06.527
16	1:11.310	+1.577	17:49:17.837
17	1:11.305	+1.572	17:50:29.142
18	1:10.960	+1.227	17:51:40.102
19	1:11.364	+1.631	17:52:51.466
20	1:11.379	+1.646	17:54:02.845
21	1:11.883	+2.150	17:55:14.728
22	1:12.568	+2.835	17:56:27.296
23	1:10.723	+0.990	17:57:38.019
p24	1:20.788	+11.055	17:58:58.807
25	40:44.575	+39:34.842	18:39:43.382
26	1:13.611	+3.878	18:40:56.993
27	1:13.333	+3.600	18:42:10.326
28	1:11.747	+2.014	18:43:22.073
29	1:12.865	+3.132	18:44:34.938
30	1:11.483	+1.750	18:45:46.421
31	1:12.195	+2.462	18:46:58.616
p32	1:18.859	+9.126	18:48:17.475
33	14:19.494	+13:09.761	19:02:36.969
34	1:12.285	+2.552	19:03:49.254
35	1:10.545	+0.812	19:04:59.799
36	1:10.705	+0.972	19:06:10.504
37	1:11.992	+2.259	19:07:22.496
38	1:10.001	+0.268	19:08:32.497
39	1:09.974	+0.241	19:09:42.471
40	1:10.149	+0.416	19:10:52.620
41	1:09.733		19:12:02.353
42	1:10.260	+0.527	19:13:12.613
43	1:11.563	+1.830	19:14:24.176
44	1:11.034	+1.301	19:15:35.210
p45	1:21.607	+11.874	19:16:56.817

(19) Eric Johannes Grøndahl

Lap	Lap Tm	Diff	Time of Day
1			16:41:20.191
2	1:23.756	+8.070	16:42:43.947
3	1:21.461	+5.775	16:44:05.408
4	1:23.865	+8.179	16:45:29.273
5	1:21.897	+6.211	16:46:51.170
6	1:20.450	+4.764	16:48:11.620
7	1:17.486	+1.800	16:49:29.106
8	1:15.686		16:50:44.792
9	1:16.290	+0.604	16:52:01.082
10	1:15.854	+0.168	16:53:16.936
p11	1:31.853	+16.167	16:54:48.789
12	2:07.799	+52.113	16:56:56.588
p13	1:26.342	+10.656	16:58:22.930
14	43:43.840	+42:28.154	17:42:06.770
15	1:20.970	+5.284	17:43:27.740
16	1:20.425	+4.739	17:44:48.165
17	1:17.346	+1.660	17:46:05.511
18	1:18.290	+2.604	17:47:23.801
19	1:19.204	+3.518	17:48:43.005
20	1:18.394	+2.708	17:50:01.399
21	1:17.409	+1.723	17:51:18.808
22	1:22.092	+6.406	17:52:40.900
23	1:19.928	+4.242	17:54:00.828
24	1:17.762	+2.076	17:55:18.590
25	1:16.516	+0.830	17:56:35.106
26	1:17.492	+1.806	17:57:52.598
p27	1:26.909	+11.223	17:59:19.507
28	41:36.186	+40:20.500	18:40:55.693
29	1:19.883	+4.197	18:42:15.576
30	1:17.556	+1.870	18:43:33.132
31	1:17.371	+1.685	18:44:50.503
32	1:22.730	+7.044	18:46:13.233
33	1:25.713	+10.027	18:47:38.946
34	1:21.673	+5.987	18:49:00.619
35	1:18.557	+2.871	18:50:19.176
36	1:19.009	+3.323	18:51:38.185
37	1:18.706	+3.020	18:52:56.891
38	1:19.008	+3.322	18:54:15.899
39	1:23.584	+7.898	18:55:39.483
p40	1:27.812	+12.126	18:57:07.295

(86) Arild Nilsen henriksen

Lap	Lap Tm	Diff	Time of Day
1			16:41:19.079

Mandagstrening SMCK

Trening — **Vålerbanen 2,274 km**

Practice - Alle Klasser — **07.09.2020 16:00**

Practice (4:00:00 Time) started at 16:00:00

Lap	Lap Tm	Diff	Time of Day
2	1:23.945	+7.070	16:42:43.024
3	1:21.379	+4.504	16:44:04.403
4	1:24.192	+7.317	16:45:28.595
5	1:21.001	+4.126	16:46:49.596
6	1:21.834	+4.959	16:48:11.430
7	1:21.086	+4.211	16:49:32.516
8	1:20.801	+3.926	16:50:53.317
9	1:21.430	+4.555	16:52:14.747
10	1:20.840	+3.965	16:53:35.587
11	1:20.162	+3.287	16:54:55.749
p12	1:30.771	+13.896	16:56:26.520
13	45:39.489	+44:22.614	17:42:06.009
14	1:20.416	+3.541	17:43:26.425
15	1:19.512	+2.637	17:44:45.937
16	1:18.780	+1.905	17:46:04.717
17	1:18.249	+1.374	17:47:22.966
18	1:18.621	+1.746	17:48:41.587
19	1:17.573	+0.698	17:49:59.160
20	1:17.789	+0.914	17:51:16.949
21	1:20.650	+3.775	17:52:37.599
22	1:17.144	+0.269	17:53:54.743
23	1:17.116	+0.241	17:55:11.859
24	1:17.571	+0.696	17:56:29.430
p25	1:27.079	+10.204	17:57:56.509
26	42:57.999	+41:41.124	18:40:54.508
27	1:19.685	+2.810	18:42:14.193
28	1:18.052	+1.177	18:43:32.245
29	1:17.786	+0.911	18:44:50.031
30	1:22.665	+5.790	18:46:12.696
31	1:22.029	+5.154	18:47:34.725
32	1:20.071	+3.196	18:48:54.796
33	1:19.613	+2.738	18:50:14.409
34	1:17.254	+0.379	18:51:31.663
35	1:17.305	+0.430	18:52:48.968
36	1:16.875		18:54:05.843
p37	1:45.242	+28.367	18:55:51.085

(14) Carl-Arne (Calle) + Rune Rosengren + Isøy

1			16:26:25.802
2	1:31.216	+4.195	16:27:57.018
3	1:28.812	+1.791	16:29:25.830
4	1:29.517	+2.496	16:30:55.347
5	1:31.252	+4.231	16:32:26.599
6	1:31.221	+4.200	16:33:57.820
7	1:31.196	+4.175	16:35:29.016
8	1:32.400	+5.379	16:37:01.416
p9	1:51.384	+24.363	16:38:52.800
10	47:22.591	+45:55.570	17:26:15.391
11	1:27.021		17:27:42.412
p12	1:51.463	+24.442	17:29:33.875
13	3:47.187	+2:20.166	17:33:21.062
14	1:29.392	+2.371	17:34:50.454
15	1:29.849	+2.828	17:36:20.303
p16	1:41.305	+14.284	17:38:01.608
17	48:28.780	+47:01.759	18:26:30.388
18	1:30.100	+3.079	18:28:00.488
19	1:33.841	+6.820	18:29:34.329
20	1:31.783	+4.762	18:31:06.112
21	1:34.079	+7.058	18:32:40.191
22	1:32.945	+5.924	18:34:13.136
23	1:35.219	+8.198	18:35:48.355
p24	1:48.775	+21.754	18:37:37.130

Lap	Lap Tm	Diff	Time of Day

Lap	Lap Tm	Diff	Time of Day