



PlasticMC+SMCK heldagstrening

Trening

Practice Heat 1 - Alle Klasser

Vålerbanen 2,262 km

01.08.2016 09:00

Practice (1:20:00 Time) started at 9:00:00

Lap	Lap Tm	Diff	Time of Day
(186) Christian Jørgensen			
1			9:25:18.532
2	1:09.285	+5.008	9:26:27.817
3	1:07.130	+2.853	9:27:34.947
4	1:06.040	+1.763	9:28:40.987
5	1:06.286	+2.009	9:29:47.273
6	1:05.248	+0.971	9:30:52.521
7	1:06.751	+2.474	9:31:59.272
8	1:05.083	+0.806	9:33:04.355
9	1:05.272	+0.995	9:34:09.627
10	1:04.277		9:35:13.904
11	1:04.683	+0.406	9:36:18.587
12	1:07.155	+2.878	9:37:25.742

(58) Dan Andre Nylænder			
1			9:22:51.311
2	1:09.491	+4.101	9:24:00.802
3	1:07.801	+2.411	9:25:08.603
4	1:09.218	+3.828	9:26:17.821
5	1:07.636	+2.246	9:27:25.457
6	1:08.381	+2.991	9:28:33.838
7	1:07.710	+2.320	9:29:41.548
8	1:09.982	+4.592	9:30:51.530
9	3:35.892	+2:30.502	9:34:27.422
10	1:05.390		9:35:32.812
11	1:06.315	+0.925	9:36:39.127

(303) Bobbo Enger			
1			9:23:29.144
2	1:07.101	+1.642	9:24:36.245
3	1:07.406	+1.947	9:25:43.651
4	1:08.534	+3.075	9:26:52.185
5	1:05.895	+0.436	9:27:58.080
6	1:05.459		9:29:03.539
7	1:07.562	+2.103	9:30:11.101
8	1:06.294	+0.835	9:31:17.395
9	1:05.465	+0.006	9:32:22.860
10	1:06.170	+0.711	9:33:29.030

(168) Bendik Fjerdingstad			
1			9:28:47.705
2	1:10.292	+3.995	9:29:57.997
3	1:09.378	+3.081	9:31:07.375
4	3:29.473	+2:23.176	9:34:36.848
5	1:07.745	+1.448	9:35:44.593
6	1:07.152	+0.855	9:36:51.745
7	1:06.297		9:37:58.042

(177) Øyvind Ottermo			
1			9:27:51.610
2	1:09.519	+2.549	9:29:01.129
3	1:09.479	+2.509	9:30:10.608
4	1:07.345	+0.375	9:31:17.953
5	1:06.970		9:32:24.923
6	1:07.744	+0.774	9:33:32.667
7	1:08.387	+1.417	9:34:41.054

(72) Jan Nordhagen			
1			9:06:18.379
2	1:12.117	+5.094	9:07:30.496
3	1:10.622	+3.599	9:08:41.118
4	1:10.747	+3.724	9:09:51.865
5	1:10.496	+3.473	9:11:02.361
6	1:08.736	+1.713	9:12:11.097
7	1:07.753	+0.730	9:13:18.850

Lap	Lap Tm	Diff	Time of Day
8	1:07.023		9:14:25.873
(13) Oscar Espinoza			
1			9:26:31.265
2	1:13.800	+6.493	9:27:45.065
3	1:10.481	+3.174	9:28:55.546
4	1:08.887	+1.580	9:30:04.433
5	1:07.960	+0.653	9:31:12.393
6	1:08.322	+1.015	9:32:20.715
7	1:07.691	+0.384	9:33:28.406
8	1:07.399	+0.092	9:34:35.805
9	1:07.307		9:35:43.112

(357) Jo Sætre			
1			9:22:39.451
2	1:12.423	+4.269	9:23:51.874
3	1:10.855	+2.701	9:25:02.729
4	1:10.459	+2.305	9:26:13.188
5	1:10.789	+2.635	9:27:23.977
6	1:09.468	+1.314	9:28:33.445
7	1:09.762	+1.608	9:29:43.207
8	1:10.088	+1.934	9:30:53.295
9	1:09.486	+1.332	9:32:02.781
10	1:09.749	+1.595	9:33:12.530
11	1:09.492	+1.338	9:34:22.022
12	1:08.154		9:35:30.176
13	1:08.189	+0.035	9:36:38.365

(176) Karl Mario Seland			
1			9:10:28.874
2	1:08.524		9:11:37.398

(35) Jonathan Lykke Nessjøen			
1			9:45:35.690
2	1:11.242	+2.140	9:46:46.932
3	1:11.096	+1.994	9:47:58.028
4	1:10.587	+1.485	9:49:08.615
5	1:09.794	+0.692	9:50:18.409
6	1:09.102		9:51:27.511

(36) Kenneth Selnes Laget			
1			9:04:51.873
2	1:12.623	+3.249	9:06:04.496
3	6:46.974	+5:37.600	9:12:51.470
4	1:10.285	+0.911	9:14:01.755
5	1:09.374		9:15:11.129
6	1:09.585	+0.211	9:16:20.714

(157) John Erik Halvorsen			
1			9:21:29.746
2	1:10.602	+1.213	9:22:40.348
3	1:09.529	+0.140	9:23:49.877
4	1:09.389		9:24:59.266
5	1:09.933	+0.544	9:26:09.199
6	1:10.221	+0.832	9:27:19.420

(162) Trond Rusthen			
1			9:23:38.629
2	1:15.700	+6.053	9:24:54.329
3	1:12.456	+2.809	9:26:06.785
4	1:12.084	+2.437	9:27:18.869
5	1:12.105	+2.458	9:28:30.974
6	1:09.647		9:29:40.621
7	1:11.366	+1.719	9:30:51.987
8	1:09.699	+0.052	9:32:01.686
9	33:17.232	+32:07.585	10:05:18.918

Lap	Lap Tm	Diff	Time of Day
10	1:58.934	+49.287	10:07:17.852
11	4:56.355	+3:46.708	10:12:14.207
12	1:44.648	+35.001	10:13:58.855
13	1:41.327	+31.680	10:15:40.182
14	1:42.732	+33.085	10:17:22.914
15	1:39.706	+30.059	10:19:02.620

(504) Robert Romarheim			
1			9:26:20.899
2	5:25.039	+4:15.337	9:31:45.938
3	1:10.043	+0.341	9:32:55.981
4	1:09.702		9:34:05.683
5	1:10.460	+0.758	9:35:16.143
6	3:11.874	+2:02.172	9:38:28.017

(96) Anders Valle			
1			9:05:42.670
2	1:12.602	+2.844	9:06:55.272
3	1:11.807	+2.049	9:08:07.079
4	1:10.550	+0.792	9:09:17.629
5	1:09.758		9:10:27.387

(20) Helge Rodås			
1			9:22:58.843
2	1:19.889	+10.023	9:24:18.732
3	3:12.642	+2:02.776	9:27:31.374
4	1:11.697	+1.831	9:28:43.071
5	1:12.573	+2.707	9:29:55.644
6	1:11.671	+1.805	9:31:07.315
7	1:11.707	+1.841	9:32:19.022
8	1:11.198	+1.332	9:33:30.220
9	1:10.218	+0.352	9:34:40.438
10	1:09.887	+0.021	9:35:50.325
11	1:09.871	+0.005	9:37:00.196
12	1:09.866		9:38:10.062

(191) Dag Schanke			
1			9:24:26.031
2	1:13.952	+3.990	9:25:39.983
3	1:12.127	+2.165	9:26:52.110
4	1:10.684	+0.722	9:28:02.794
5	1:10.132	+0.170	9:29:12.926
6	1:09.962		9:30:22.888
7	1:10.818	+0.856	9:31:33.706

(18) Kjetil Gabrielsen			
1			9:45:16.920
2	1:15.306	+4.881	9:46:32.226
3	1:13.638	+3.213	9:47:45.864
4	1:11.906	+1.481	9:48:57.770
5	1:11.656	+1.231	9:50:09.426
6	1:10.425		9:51:19.851

(116) Christina Minge			
1			9:26:28.673
2	1:16.176	+5.501	9:27:44.849
3	1:15.928	+5.253	9:29:00.777
4	1:14.595	+3.920	9:30:15.372
5	1:13.636	+2.961	9:31:29.008
6	1:12.698	+2.023	9:32:41.706
7	1:11.974	+1.299	9:33:53.680
8	1:11.681	+1.006	9:35:05.361
9	1:11.406	+0.731	9:36:16.767
10	1:10.675		9:37:27.442

(799) Thomas Carlsen			
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Chief of Timing & Scoring: Timekeeping.no

Orbits

Race Director: Roy Øwre

Sport Rescue Team.

Timing and results are not official.

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Vålerbanen 2,262 km

Practice Heat 1 - Alle Klasser

01.08.2016 09:00

Practice (1:20:00 Time) started at 9:00:00

Lap	Lap Tm	Diff	Time of Day
1			9:43:11.917
2	1:22.391	+11.514	9:44:34.308
3	1:15.008	+4.131	9:45:49.316
4	1:14.779	+3.902	9:47:04.095
5	1:13.055	+2.178	9:48:17.150
6	1:10.922	+0.045	9:49:28.072
7	1:10.963	+0.086	9:50:39.035
8	1:10.877		9:51:49.912

(33.) Kenneth Malzev

1			9:42:47.449
2	1:15.139	+3.950	9:44:02.588
3	1:16.229	+5.040	9:45:18.817
4	1:15.303	+4.114	9:46:34.120
5	1:13.672	+2.483	9:47:47.792
6	1:11.393	+0.204	9:48:59.185
7	1:11.189		9:50:10.374
8	1:13.102	+1.913	9:51:23.476

(22) Jeanette Larsen

1			9:42:43.870
2	1:11.886	+0.098	9:43:55.756
3	1:12.106	+0.318	9:45:07.862
4	1:12.981	+1.193	9:46:20.843
5	1:11.808	+0.020	9:47:32.651
6	1:12.480	+0.692	9:48:45.131
7	1:11.993	+0.205	9:49:57.124
8	1:11.788		9:51:08.912
9	1:12.550	+0.762	9:52:21.462

(33) Odd Inge Hermansen

1			9:24:22.510
2	1:17.129	+4.164	9:25:39.639
3	1:16.553	+3.588	9:26:56.192
4	1:14.883	+1.918	9:28:11.075
5	1:13.809	+0.844	9:29:24.884
6	1:12.965		9:30:37.849
7	1:13.078	+0.113	9:31:50.927
8	1:13.356	+0.391	9:33:04.283
9	32:36.292	+31:23.327	10:05:40.575

(646) Neda Mohammadi

1			9:43:12.221
2	1:24.966	+8.293	9:44:37.187
3	1:22.490	+5.817	9:45:59.677
4	1:22.769	+6.096	9:47:22.446
5	1:20.857	+4.184	9:48:43.303
6	1:17.577	+0.904	9:50:00.880
7	1:16.673		9:51:17.553

(998) Rolf Thomas Stabæk Pettersen

1			9:43:03.678
2	1:24.098	+6.742	9:44:27.776
3	1:20.625	+3.269	9:45:48.401
4	1:19.113	+1.757	9:47:07.514
5	1:17.980	+0.624	9:48:25.494
6	1:17.485	+0.129	9:49:42.979
7	1:17.939	+0.583	9:51:00.918
8	1:17.356		9:52:18.274

(15) Tone Grasdøl

1			9:44:16.338
2	1:22.391	+4.968	9:45:38.729
3	1:19.868	+2.445	9:46:58.597
4	1:18.705	+1.282	9:48:17.302
5	1:18.652	+1.229	9:49:35.954

Lap	Lap Tm	Diff	Time of Day
6	1:18.110	+0.687	9:50:54.064
7	1:17.423		9:52:11.487

(6) Stian Dahl

1			9:46:34.539
2	1:21.224	+2.037	9:47:55.763
3	1:19.558	+0.371	9:49:15.321
4	1:20.909	+1.722	9:50:36.230
5	1:19.187		9:51:55.417

(2) Torgeir Jahren

1			9:29:40.849
2	32.256	-50.700	9:30:13.105
p3	12:33.946	+11:10.990	9:42:47.051
4	21:29.384	+20:06.428	10:04:16.435
5	1:49.386	+26.430	10:06:05.821
6	1:29.589	+6.633	10:07:35.410
7	1:30.831	+7.875	10:09:06.241
8	1:22.956		10:10:29.197
9	1:27.508	+4.552	10:11:56.705
10	1:29.739	+6.783	10:13:26.444
11	1:24.175	+1.219	10:14:50.619
12	1:53.081	+30.125	10:16:43.700

(3) Roy Hollet

1			10:05:51.353
2	1:38.724	+12.757	10:07:30.077
3	1:58.485	+32.518	10:09:28.562
4	1:32.114	+6.147	10:11:00.676
5	1:31.863	+5.896	10:12:32.539
6	1:29.696	+3.729	10:14:02.235
7	1:31.054	+5.087	10:15:33.289
8	1:25.967		10:16:59.256

(141) Hans Andre Hagen

1			10:06:03.391
2	1:40.266	+11.476	10:07:43.657
3	1:36.117	+7.327	10:09:19.774
4	1:34.794	+6.004	10:10:54.568
5	1:31.373	+2.583	10:12:25.941
6	1:31.119	+2.329	10:13:57.060
7	1:28.790		10:15:25.850

(820) Mia Rusthen

1			10:05:19.684
2	1:58.893	+19.217	10:07:18.577
3	4:56.414	+3:16.738	10:12:14.991
4	1:44.519	+4.843	10:13:59.510
5	1:41.582	+1.906	10:15:41.092
6	1:42.714	+3.038	10:17:23.806
7	1:39.676		10:19:03.482

(1) Mia Camilla Trøim

1			10:06:02.747
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(82) Gunnsten Vigsdal

1			10:06:04.071
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