



Vålerbanen  
Racing Circuit



TIDTAKER  
TIMEKEEPING.NO

# Mandagstrening SMCK

## Trening

### Practice Heat 1 - Alle Klasser

Vålerbanen 2,274 km

09.08.2021 17:00

Practice (1:00:00 Time) started at 17:00:00

Lap	Lap Tm	Diff	Time of Day
(15) Thomas Sigvartsen			
1			17:02:53.320
2	<b>1:02.738</b>	+1.488	17:03:56.058
3	<b>1:01.250</b>		17:04:57.308
p4	<b>1:14.123</b>	+12.873	17:06:11.431

Lap	Lap Tm	Diff	Time of Day
(428) Simen Syvertsen			
1			17:03:23.630
2	<b>1:07.065</b>		17:04:30.695
3	<b>1:07.095</b>	+0.030	17:05:37.790
p4	<b>1:46.976</b>	+39.911	17:07:24.766

Lap	Lap Tm	Diff	Time of Day
(44) Kristian Østbye Sæby			
1			17:22:53.375
2	<b>1:10.467</b>	+1.725	17:24:03.842
3	<b>1:10.118</b>	+1.376	17:25:13.960
4	<b>1:09.828</b>	+1.086	17:26:23.788
5	<b>1:09.539</b>	+0.797	17:27:33.327
6	<b>1:12.241</b>	+3.499	17:28:45.568
7	<b>2:01.428</b>	+52.686	17:30:46.996
8	<b>1:10.194</b>	+1.452	17:31:57.190
9	<b>1:08.931</b>	+0.189	17:33:06.121
10	<b>1:08.742</b>		17:34:14.863
11	<b>2:03.810</b>	+55.068	17:36:18.673
12	<b>1:17.123</b>	+8.381	17:37:35.796
p13	<b>1:15.532</b>	+6.790	17:38:51.328

Lap	Lap Tm	Diff	Time of Day
(40) Kim Rønningen			
1			17:02:06.916
2	<b>1:09.605</b>	+0.227	17:03:16.521
3	<b>1:09.378</b>		17:04:25.899
4	<b>1:10.371</b>	+0.993	17:05:36.270
p5	<b>1:45.683</b>	+36.305	17:07:21.953

Lap	Lap Tm	Diff	Time of Day
(315) Lars Qvale			
1			17:47:41.427
2	<b>1:16.291</b>	+5.180	17:48:57.718
3	<b>1:14.738</b>	+3.627	17:50:12.456
4	<b>1:14.645</b>	+3.534	17:51:27.101
5	<b>1:13.177</b>	+2.066	17:52:40.278
6	<b>1:11.111</b>		17:53:51.389
7	<b>1:28.259</b>	+17.148	17:55:19.648
8	<b>1:14.825</b>	+3.714	17:56:34.473
p9	<b>1:45.635</b>	+34.524	17:58:20.108

Lap	Lap Tm	Diff	Time of Day
(63) Kent Tøllefsen			
1			17:48:43.699
2	<b>1:16.063</b>	+3.629	17:49:59.762
3	<b>1:15.241</b>	+2.807	17:51:15.003
4	<b>1:12.860</b>	+0.426	17:52:27.863
5	<b>1:12.678</b>	+0.244	17:53:40.541
6	<b>1:12.652</b>	+0.218	17:54:53.193
7	<b>1:12.434</b>		17:56:05.627
p8	<b>1:37.170</b>	+24.736	17:57:42.797

Lap	Lap Tm	Diff	Time of Day
(-??-) - 3636336 -			
1			17:50:27.937
2	<b>1:19.988</b>	+6.613	17:51:47.925
3	<b>1:17.496</b>	+4.121	17:53:05.421
4	<b>1:14.028</b>	+0.653	17:54:19.449
5	<b>1:13.375</b>		17:55:32.824
6	<b>1:13.406</b>	+0.031	17:56:46.230
p7	<b>1:35.833</b>	+22.458	17:58:22.063

Lap	Lap Tm	Diff	Time of Day
(77) Magne Lien			

Lap	Lap Tm	Diff	Time of Day
1			17:47:42.849
2	<b>1:19.083</b>	+4.031	17:49:01.932
3	<b>1:23.092</b>	+8.040	17:50:25.024
4	<b>1:19.933</b>	+4.881	17:51:44.957
5	<b>1:16.768</b>	+1.716	17:53:01.725
6	<b>1:15.052</b>		17:54:16.777
7	<b>1:16.334</b>	+1.282	17:55:33.111
8	<b>1:15.773</b>	+0.721	17:56:48.884
p9	<b>1:45.949</b>	+30.897	17:58:34.833

Lap	Lap Tm	Diff	Time of Day
(5) Fredrik Ansgar Storli			
1			17:22:56.692
2	<b>1:17.822</b>	+2.299	17:24:14.514
p3	<b>1:28.552</b>	+13.029	17:25:43.066
4	<b>2:22.115</b>	+1.06.592	17:28:05.181
5	<b>1:15.523</b>		17:29:20.704
6	<b>1:16.111</b>	+0.588	17:30:36.815
p7	<b>1:49.809</b>	+34.286	17:32:26.624

Lap	Lap Tm	Diff	Time of Day
(158) Nikolai Bratvold			
1			17:47:45.857
2	<b>1:19.636</b>	+3.923	17:49:05.493
3	<b>1:19.470</b>	+3.757	17:50:24.963
4	<b>1:18.591</b>	+2.878	17:51:43.554
5	<b>1:16.455</b>	+0.742	17:53:00.009
6	<b>1:15.713</b>		17:54:15.722
7	<b>1:16.503</b>	+0.790	17:55:32.225
8	<b>1:15.861</b>	+0.148	17:56:48.086
p9	<b>1:44.915</b>	+29.202	17:58:33.001

Lap	Lap Tm	Diff	Time of Day
(91) Sondre Skyttermoen			
1			17:28:53.760
2	<b>1:22.148</b>	+5.014	17:30:15.908
3	<b>1:18.624</b>	+1.490	17:31:34.532
4	<b>1:23.052</b>	+5.918	17:32:57.584
5	<b>1:17.134</b>		17:34:14.718
6	<b>1:19.375</b>	+2.241	17:35:34.093
p7	<b>1:03.191</b>	+9.46.057	17:46:37.284

Lap	Lap Tm	Diff	Time of Day
(3) Geir Svalastog			
1			17:52:17.126
2	<b>1:26.041</b>	+7.000	17:53:43.167
3	<b>1:24.006</b>	+4.965	17:55:07.173
4	<b>1:19.041</b>		17:56:26.214
p5	<b>2:00.647</b>	+41.606	17:58:26.861

Lap	Lap Tm	Diff	Time of Day
(28) Tom Roger Syversen			
1			17:54:50.885
2	<b>1:19.698</b>		17:56:10.583
p3	<b>1:43.934</b>	+24.236	17:57:54.517

Lap	Lap Tm	Diff	Time of Day
(382) Uteleiesykkell Solor MCK			
1			17:23:19.174
2	<b>1:25.626</b>	+5.258	17:24:44.800
3	<b>1:26.746</b>	+6.378	17:26:11.546
4	<b>1:21.132</b>	+0.764	17:27:32.678
5	<b>1:27.023</b>	+6.655	17:28:59.701
6	<b>1:21.133</b>	+0.765	17:30:20.834
7	<b>1:29.163</b>	+8.795	17:31:49.997
8	<b>1:21.292</b>	+0.924	17:33:11.289
9	<b>1:26.270</b>	+5.902	17:34:37.559
10	<b>1:20.368</b>		17:35:57.927
11	<b>1:29.836</b>	+9.468	17:37:27.763
12	<b>1:25.817</b>	+5.449	17:38:53.580
p13	<b>1:34.048</b>	+13.680	17:40:27.628

Lap	Lap Tm	Diff	Time of Day
(8) Kristin Heiberg			
1			17:23:16.872
2	<b>1:26.338</b>	+5.135	17:24:43.210
3	<b>1:24.549</b>	+3.346	17:26:07.759
4	<b>1:23.713</b>	+2.510	17:27:31.472
5	<b>1:23.460</b>	+2.257	17:28:54.932
6	<b>1:23.130</b>	+1.927	17:30:18.062
7	<b>1:21.203</b>		17:31:39.265
8	<b>1:22.570</b>	+1.367	17:33:01.835
9	<b>1:22.513</b>	+1.310	17:34:24.348
10	<b>1:21.404</b>	+0.201	17:35:45.752
p11	<b>1:34.040</b>	+12.837	17:37:19.792

Lap	Lap Tm	Diff	Time of Day
(-??-) - 8008861 -			
1			17:23:15.547
2	<b>1:24.455</b>	+3.126	17:24:40.002
3	<b>1:23.187</b>	+1.858	17:26:03.189
4	<b>1:22.051</b>	+0.722	17:27:25.240
5	<b>1:23.170</b>	+1.841	17:28:48.410
6	<b>1:22.954</b>	+1.625	17:30:11.364
7	<b>1:21.893</b>	+0.564	17:31:33.257
8	<b>1:26.022</b>	+4.693	17:32:59.279
9	<b>1:23.263</b>	+1.934	17:34:22.542
10	<b>1:21.744</b>	+0.415	17:35:44.286
p11	<b>1:33.917</b>	+12.588	17:37:18.203
12	<b>10:34.656</b>	+9:13.327	17:47:52.859
13	<b>1:23.248</b>	+1.919	17:49:16.107
14	<b>1:22.834</b>	+1.505	17:50:38.941
15	<b>1:24.125</b>	+2.796	17:52:03.066
16	<b>1:22.164</b>	+0.835	17:53:25.230
17	<b>1:22.343</b>	+1.014	17:54:47.573
18	<b>1:21.329</b>		17:56:08.902
p19	<b>1:44.117</b>	+22.788	17:57:53.019

Lap	Lap Tm	Diff	Time of Day
(113) Erik Myrberget			
1			17:31:01.085
2	<b>1:32.388</b>	+4.212	17:32:33.473
3	<b>1:32.052</b>	+3.876	17:34:05.525
4	<b>1:28.176</b>		17:35:33.701
p5	<b>1:33.927</b>	+5.751	17:37:07.628

Lap	Lap Tm	Diff	Time of Day
(482) Uteleiesykkell Solor MCK			
1			17:31:01.768
2	<b>1:33.712</b>	+5.442	17:32:35.480
3	<b>1:29.484</b>	+1.214	17:34:04.964
4	<b>1:28.270</b>		17:35:33.234
p5	<b>1:37.257</b>	+8.987	17:37:10.491

Lap	Lap Tm	Diff	Time of Day
(Har ikke) Kenneth Skyttermoen			
1			17:34:34.765
2	<b>1:32.451</b>		17:36:07.216
3	<b>1:34.020</b>	+1.569	17:37:41.236
p4	<b>1:42.980</b>	+10.529	17:39:24.216

Lap	Lap Tm	Diff	Time of Day
(3) Kim-André Nebben			
1			17:03:59.618
p2	<b>6:26.881</b>	3:54:27.894	17:10:26.499

Lap	Lap Tm	Diff	Time of Day
(204) Thelma Jensen			
p1			17:23:22.136
p2	<b>2:00.417</b>	3:58:54.358	17:25:22.553

Lap	Lap Tm	Diff	Time of Day
(86) Arild Nilsen Henriksen			
1			17:49:41.796
p2	<b>2:30.107</b>	3:58:24.668	17:52:11.903

Chief of Timing & Scoring: Timekeeping.no

Race Director: Jostein Hansen

Sport Rescue Team.

Timing and results are not official.

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Orbits

www.mylaps.com



# Mandagstrening SMCK

Trening Vålerbanen 2,274 km

Practice Heat 1 - Alle Klasser 09.08.2021 17:00

Practice (1:00:00 Time) started at 17:00:00

Lap	Lap Tm	Diff	Time of Day
<b>(55) Henning Myhrvang</b>			
1			17:49:43.507
p2	<b>2:37.723</b>	3:58:17.052	17:52:21.230
3	<b>3:41.958</b>	3:57:12.817	17:56:03.188
<b>(46) Per Mausethagen</b>			
p1			17:55:05.529
p2	<b>1:58.854</b>	3:58:55.921	17:57:04.383

Lap	Lap Tm	Diff	Time of Day
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Lap	Lap Tm	Diff	Time of Day
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