







# Mandagstrening SMCK

Trening

Vålerbanen 2,274 km

Practice Heat 2 - Alle Klasser

18.05.2020 18:00

Practice (1:00:00 Time) started at 17:00:00

Lap	Lap Tm	Diff	Time of Day
5	1:17.724	+4.342	17:47:12.865
6	1:14.585	+1.203	17:48:27.450
7	1:14.370	+0.988	17:49:41.820
8	<b>1:13.382</b>		17:50:55.202
9	1:13.917	+0.535	17:52:09.119
10	1:13.571	+0.189	17:53:22.690
p11	1:25.208	+11.826	17:54:47.898

(30) Susanne Ødegaard

1			17:23:44.423
2	1:17.804	+4.331	17:25:02.227
3	1:17.979	+4.506	17:26:20.206
4	1:14.766	+1.293	17:27:34.972
5	1:13.941	+0.468	17:28:48.913
6	1:14.340	+0.867	17:30:03.253
7	1:14.212	+0.739	17:31:17.465
8	1:13.561	+0.088	17:32:31.026
9	1:14.144	+0.671	17:33:45.170
10	<b>1:13.473</b>		17:34:58.643
p11	1:26.217	+12.744	17:36:24.860

(99) Svein Kragtorp

1			17:42:14.030
2	1:15.062	+1.481	17:43:29.092
3	1:15.447	+1.866	17:44:44.539
4	1:14.299	+0.718	17:45:58.838
5	1:16.166	+2.585	17:47:15.004
6	<b>1:13.581</b>		17:48:28.585
7	1:14.738	+1.157	17:49:43.323
8	1:13.593	+0.012	17:50:56.916
p9	1:21.545	+7.964	17:52:18.461

(44) Kristian Østbye Dæby

1			17:23:36.785
2	1:19.044	+5.440	17:24:55.829
3	1:14.766	+1.162	17:26:10.595
4	1:15.780	+2.176	17:27:26.375
5	<b>1:13.604</b>		17:28:39.979
6	1:14.138	+0.534	17:29:54.117
p7	1:20.650	+7.046	17:31:14.767
8	1:33.756	+20.152	17:32:48.523
9	1:14.683	+1.079	17:34:03.206
10	1:14.958	+1.354	17:35:18.164
p11	1:37.261	+23.657	17:36:55.425

(511) Pål Johansen

1			17:43:04.860
2	1:17.181	+3.364	17:44:22.041
3	1:15.409	+1.592	17:45:37.450
4	1:16.631	+2.814	17:46:54.081
5	1:17.105	+3.288	17:48:11.186
6	1:15.987	+2.170	17:49:27.173
7	<b>1:13.817</b>		17:50:40.990
8	1:14.226	+0.409	17:51:55.216
9	1:14.605	+0.788	17:53:09.821
10	1:15.642	+1.825	17:54:25.463
11	1:16.063	+2.246	17:55:41.526
12	1:14.902	+1.085	17:56:56.428
13	1:20.597	+6.780	17:58:17.025
p14	1:23.930	+10.113	17:59:40.955

(118) Petter Schou

1			17:41:54.543
2	1:18.259	+4.369	17:43:12.802
3	1:15.731	+1.841	17:44:28.533
4	1:17.127	+3.237	17:45:45.660

Lap	Lap Tm	Diff	Time of Day
5	1:15.436	+1.546	17:47:01.096
6	1:14.935	+1.045	17:48:16.031
7	1:15.635	+1.745	17:49:31.666
8	1:14.720	+0.830	17:50:46.386
9	<b>1:13.890</b>		17:52:00.276
10	1:15.546	+1.656	17:53:15.822
11	1:14.042	+0.152	17:54:29.864
12	1:15.981	+2.091	17:55:45.845
13	1:15.929	+2.039	17:57:01.774
14	2:05.595	+51.705	17:59:07.369
p15	1:23.744	+9.854	18:00:31.113

(18) Per Katzenmaier

1			17:44:16.380
2	1:16.745	+2.422	17:45:33.125
3	1:18.313	+3.990	17:46:51.438
4	1:16.660	+2.337	17:48:08.098
5	1:15.489	+1.166	17:49:23.587
6	1:15.662	+1.339	17:50:39.249
7	1:16.108	+1.785	17:51:55.357
8	1:18.185	+3.862	17:53:13.542
9	1:15.584	+1.261	17:54:29.126
10	1:17.834	+3.511	17:55:46.960
11	<b>1:14.323</b>		17:57:01.283
12	1:15.366	+1.043	17:58:16.649
p13	1:23.197	+8.874	17:59:39.846

(58) Kai Jarre

1			17:44:17.046
2	1:17.071	+1.835	17:45:34.117
3	1:18.413	+3.177	17:46:52.530
4	1:18.648	+3.412	17:48:11.178
5	1:15.424	+0.188	17:49:26.602
6	<b>1:15.236</b>		17:50:41.838
7	1:16.358	+1.122	17:51:58.196
8	1:17.594	+2.358	17:53:15.790
p9	1:26.091	+10.855	17:54:41.881
10	2:54.625	+1:39.389	17:57:36.506
p11	1:23.411	+8.175	17:58:59.917

(777) Ørjan Stokmann

1			17:43:28.049
2	<b>1:15.840</b>		17:44:43.889
3	1:16.749	+0.909	17:46:00.638
4	1:20.016	+4.176	17:47:20.654
5	1:25.400	+9.560	17:48:46.054
6	1:17.640	+1.800	17:50:03.694
7	1:19.151	+3.311	17:51:22.845
p8	1:21.756	+5.916	17:52:44.601

(5) Svein-Ingar Helland

p1			17:01:15.109
2	42:45.494	+41:27.429	17:44:00.603
3	1:27.915	+9.850	17:45:28.518
4	1:22.664	+4.599	17:46:51.182
5	1:19.781	+1.716	17:48:10.963
p6	1:31.364	+13.299	17:49:42.327
7	3:20.030	+2:01.965	17:53:02.357
8	1:22.894	+4.829	17:54:25.251
9	1:20.318	+2.253	17:55:45.569
10	1:19.897	+1.832	17:57:05.466
11	<b>1:18.065</b>		17:58:23.531
p12	1:40.593	+22.528	18:00:04.124

(26) Paal Solberg

1			17:43:10.605
---	--	--	--------------

Lap	Lap Tm	Diff	Time of Day
2	1:24.825	+6.390	17:44:35.430
3	1:21.597	+3.162	17:45:57.027
4	1:22.343	+3.908	17:47:19.370
5	1:22.690	+4.255	17:48:42.060
6	1:19.530	+1.095	17:50:01.590
7	1:18.691	+0.256	17:51:20.281
8	<b>1:18.435</b>		17:52:38.716
9	1:18.616	+0.181	17:53:57.332
p10	1:29.034	+10.599	17:55:26.366

(6) Kristin Bjørge

1			17:44:02.449
2	1:26.433	+6.026	17:45:28.882
3	1:23.172	+2.765	17:46:52.054
4	<b>1:20.407</b>		17:48:12.461
p5	1:31.057	+10.650	17:49:43.518

(46) Monica Hofton

1			17:42:18.172
2	<b>1:32.961</b>		17:43:51.133
p3	1:40.596	+7.635	17:45:31.729
4	1:45.885	+12.924	17:47:17.614
p5	1:35.881	+2.920	17:48:53.495

(69) Bobbo Enger

1			17:02:31.746
p2	1:19.937	3:59:34.838	17:03:51.683

(39) Mikkel Storsveen

p1			17:42:21.020
----	--	--	--------------