

PlasticMC+SMCK heldagstrening

Trening

Practice Heat 2 - Alle Klasser

Vålerbanen 2,262 km

03.08.2015 10:20

Practice started at 10:19:54

Lap	Lap Tm	Diff	Time of Day
(49) Trym T Johansen			
1			10:21:17.465
2	1:01.245	+1.621	10:22:18.710
3	1:00.793	+1.169	10:23:19.503
4	1:00.935	+1.311	10:24:20.438
5	1:02.543	+2.919	10:25:22.981
6	1:00.999	+1.375	10:26:23.980
7	1:01.189	+1.565	10:27:25.169
8	1:00.316	+0.692	10:28:25.485
9	1:00.673	+1.049	10:29:26.158
10	59.624		10:30:25.782
p11	1:12.945	+13.321	10:31:38.727

Lap	Lap Tm	Diff	Time of Day
(44) Caroline Olsen			
1			10:21:18.195
2	1:01.768	+1.454	10:22:19.963
3	1:01.273	+0.959	10:23:21.236
4	1:01.903	+1.589	10:24:23.139
p5	1:07.299	+6.985	10:25:30.438
6	1:55.037	+54.723	10:27:25.475
7	1:01.301	+0.987	10:28:26.776
8	1:00.453	+0.139	10:29:27.229
9	1:00.314		10:30:27.543
10	1:00.951	+0.637	10:31:28.494
11	1:01.047	+0.733	10:32:29.541
12	1:01.616	+1.302	10:33:31.157
p13	1:15.123	+14.809	10:34:46.280

Lap	Lap Tm	Diff	Time of Day
(10) Runar Hammer			
1			10:21:38.245
2	1:01.444	+1.127	10:22:39.689
3	1:00.953	+0.636	10:23:40.642
4	1:01.977	+1.660	10:24:42.619
5	1:01.205	+0.888	10:25:43.824
6	1:00.642	+0.325	10:26:44.466
7	1:00.317		10:27:44.783
8	1:00.534	+0.217	10:28:45.317
p9	1:08.446	+8.129	10:29:53.763

Lap	Lap Tm	Diff	Time of Day
(86) Henning S. Flathaug			
1			10:20:35.354
2	1:01.851	+1.439	10:21:37.205
3	1:01.506	+1.094	10:22:38.711
4	1:00.819	+0.407	10:23:39.530
5	1:01.601	+1.189	10:24:41.131
6	1:00.684	+0.272	10:25:41.815
7	1:00.412		10:26:42.227
8	1:00.947	+0.535	10:27:43.174
9	1:01.037	+0.625	10:28:44.211
p10	1:10.740	+10.328	10:29:54.951
11	2:35.153	+1:34.741	10:32:30.104
12	1:43.272	+42.860	10:34:13.376
13	1:01.099	+0.687	10:35:14.475
14	1:00.508	+0.096	10:36:14.983
p15	1:11.475	+11.063	10:37:26.458

Lap	Lap Tm	Diff	Time of Day
(35) Stig Flemming Jensen			
1			10:21:50.560
2	1:03.084	+2.157	10:22:53.644
3	1:02.123	+1.196	10:23:55.767
4	1:04.441	+3.514	10:25:00.208
5	1:02.542	+1.615	10:26:02.750
6	1:02.761	+1.834	10:27:05.511
7	1:02.271	+1.344	10:28:07.782
8	1:01.437	+0.510	10:29:09.219

Lap	Lap Tm	Diff	Time of Day
9	1:02.013	+1.086	10:30:11.232
10	1:00.927		10:31:12.159
11	1:02.742	+1.815	10:32:14.901
12	1:01.064	+0.137	10:33:15.965
13	1:01.950	+1.023	10:34:17.915
14	1:01.212	+0.285	10:35:19.127
15	1:01.156	+0.229	10:36:20.283
p16	1:14.047	+13.120	10:37:34.330

Lap	Lap Tm	Diff	Time of Day
(4) Johnny Liavik			
1			10:21:17.632
2	1:01.988	+0.737	10:22:19.620
3	1:03.880	+2.629	10:23:23.500
4	1:02.231	+0.980	10:24:25.731
5	1:02.447	+1.196	10:25:28.178
6	1:02.176	+0.925	10:26:30.354
7	1:02.299	+1.048	10:27:32.653
8	1:01.652	+0.401	10:28:34.305
9	1:02.726	+1.475	10:29:37.031
10	1:01.614	+0.363	10:30:38.645
11	1:01.357	+0.106	10:31:40.002
12	1:01.251		10:32:41.253
13	1:01.702	+0.451	10:33:42.955
14	1:01.885	+0.634	10:34:44.840
15	1:01.526	+0.275	10:35:46.366
p16	2:12.183	+1:10.932	10:37:58.549

Lap	Lap Tm	Diff	Time of Day
(46) Tor Eskil Lian			
1			10:23:38.791
2	1:04.264	+3.007	10:24:43.055
3	1:03.239	+1.982	10:25:46.294
4	1:03.167	+1.910	10:26:49.461
5	1:03.347	+2.090	10:27:52.808
6	1:57.455	+56.198	10:29:50.263
7	1:01.257		10:30:51.520
p8	1:12.580	+11.323	10:32:04.100

Lap	Lap Tm	Diff	Time of Day
(55) Kent Frode Skjønsberg			
1			10:21:57.917
2	1:02.555	+0.978	10:23:00.472
3	1:01.736	+0.159	10:24:02.208
4	1:01.577		10:25:03.785
5	1:02.459	+0.882	10:26:06.244
6	1:02.044	+0.467	10:27:08.288
7	1:03.020	+1.443	10:28:11.308
8	1:04.124	+2.547	10:29:15.432
9	1:03.660	+2.083	10:30:19.092
10	1:03.418	+1.841	10:31:22.510
11	1:02.440	+0.863	10:32:24.950
12	1:02.249	+0.672	10:33:27.199
p13	1:12.285	+10.708	10:34:39.484

Lap	Lap Tm	Diff	Time of Day
(48) Truls Andre Hjortnæs			
1			10:22:27.066
2	1:02.318	+0.365	10:23:29.384
3	1:01.953		10:24:31.337
4	1:02.029	+0.076	10:25:33.366
5	1:01.963	+0.010	10:26:35.329
p6	1:09.833	+7.880	10:27:45.162

Lap	Lap Tm	Diff	Time of Day
(91) Ole Christian Stene			
1			10:22:49.460
2	1:05.492	+3.457	10:23:54.952
3	1:04.864	+2.829	10:24:59.816
4	1:03.753	+1.718	10:26:03.569
5	1:03.882	+1.847	10:27:07.451

Lap	Lap Tm	Diff	Time of Day
6	1:03.448	+1.413	10:28:10.899
7	1:04.063	+2.028	10:29:14.962
8	1:03.215	+1.180	10:30:18.177
9	1:02.035		10:31:20.212
10	1:03.245	+1.210	10:32:23.457
11	1:03.174	+1.139	10:33:26.631
p12	1:10.218	+8.183	10:34:36.849

Lap	Lap Tm	Diff	Time of Day
(53) Oddgeir Estenstad			
1			10:22:49.196
2	1:05.571	+3.465	10:23:54.767
3	1:03.922	+1.816	10:24:58.689
4	1:03.862	+1.756	10:26:02.551
5	1:04.009	+1.903	10:27:06.560
6	1:03.270	+1.164	10:28:09.830
7	1:03.389	+1.283	10:29:13.219
8	1:03.134	+1.028	10:30:16.353
9	1:02.881	+0.775	10:31:19.234
10	1:03.218	+1.112	10:32:22.452
11	1:02.106		10:33:24.558
12	1:02.289	+0.183	10:34:26.847
13	1:02.371	+0.265	10:35:29.218
p14	1:09.623	+7.517	10:36:38.841

Lap	Lap Tm	Diff	Time of Day
(57) Audun Wichmann			
1			10:21:08.216
2	1:04.576	+2.335	10:22:12.792
3	1:03.801	+1.560	10:23:16.593
4	1:03.569	+1.328	10:24:20.162
5	1:04.302	+2.061	10:25:24.464
6	1:03.382	+1.141	10:26:27.846
7	1:02.734	+0.493	10:27:30.580
8	1:02.241		10:28:32.821
p9	1:16.565	+14.324	10:29:49.386

Lap	Lap Tm	Diff	Time of Day
(8) Jesper Jeppesen			
1			10:22:09.553
2	1:04.251	+1.857	10:23:13.804
3	1:04.152	+1.758	10:24:17.956
4	1:06.698	+4.304	10:25:24.654
5	1:03.704	+1.310	10:26:28.358
6	1:02.875	+0.481	10:27:31.233
7	1:03.927	+1.533	10:28:35.160
8	1:03.132	+0.738	10:29:38.292
9	1:02.924	+0.530	10:30:41.216
10	1:02.608	+0.214	10:31:43.824
11	1:02.546	+0.152	10:32:46.370
12	1:02.536	+0.142	10:33:48.906
13	1:02.781	+0.387	10:34:51.687
14	1:02.394		10:35:54.081
p15	1:19.491	+17.097	10:37:13.572

Lap	Lap Tm	Diff	Time of Day
(100) Vidar Moe			
1			10:23:54.807
2	1:07.787	+5.291	10:25:02.594
3	1:04.260	+1.764	10:26:06.854
4	1:03.532	+1.036	10:27:10.386
5	1:02.496		10:28:12.882
6	1:03.326	+0.830	10:29:16.208
7	1:03.508	+1.012	10:30:19.716
8	1:04.459	+1.963	10:31:24.175
9	1:03.603	+1.107	10:32:27.778
10	1:04.652	+2.156	10:33:32.430
11	1:04.729	+2.233	10:34:37.159
12	1:03.4		

PlasticMC+SMCK heldagstrening

Trening

Practice Heat 2 - Alle Klasser

Vålerbanen 2,262 km

03.08.2015 10:20

Practice started at 10:19:54

Lap	Lap Tm	Diff	Time of Day
(70) Tore Stene			
1			10:20:39.739
2	1:04.283	+1.696	10:21:44.022
3	1:04.408	+1.821	10:22:48.430
4	1:03.570	+0.983	10:23:52.000
5	1:02.587		10:24:54.587
6	1:02.969	+0.382	10:25:57.556
7	1:03.777	+1.190	10:27:01.333
8	1:02.808	+0.221	10:28:04.141
9	1:03.366	+0.779	10:29:07.507
p10	1:13.589	+11.002	10:30:21.096

Lap	Lap Tm	Diff	Time of Day
(36) Kenneth S. Laget			
1			10:22:10.308
2	1:04.554	+1.905	10:23:14.862
3	1:04.856	+2.207	10:24:19.718
4	1:05.648	+2.999	10:25:25.366
5	1:03.974	+1.325	10:26:29.340
6	1:03.657	+1.008	10:27:32.997
7	1:03.577	+0.928	10:28:36.574
8	1:04.717	+2.068	10:29:41.291
9	1:02.649		10:30:43.940
p10	1:12.937	+10.288	10:31:56.877
11	1:35.150	+32.501	10:33:32.027
p12	1:09.827	+7.178	10:34:41.854
13	11.994	-50.655	10:34:53.848

Lap	Lap Tm	Diff	Time of Day
(18) Finn Kjellbakken Kristiansen			
1			10:21:28.414
2	1:04.992	+1.940	10:22:33.406
3	1:04.635	+1.583	10:23:38.041
4	1:04.462	+1.410	10:24:42.503
5	1:03.547	+0.495	10:25:46.050
6	1:03.181	+0.129	10:26:49.231
p7	1:08.834	+5.782	10:27:58.065
8	2:27.432	+1:24.380	10:30:25.497
9	1:11.597	+8.545	10:31:37.094
10	1:03.939	+0.887	10:32:41.033
11	1:05.369	+2.317	10:33:46.402
12	1:03.814	+0.762	10:34:50.216
13	1:03.052		10:35:53.268
p14	2:11.102	+1:08.050	10:38:04.370

Lap	Lap Tm	Diff	Time of Day
(72) Jan Nordhagen			
1			10:21:08.755
2	1:05.518	+1.902	10:22:14.273
3	1:04.439	+0.823	10:23:18.712
4	1:04.997	+1.381	10:24:23.709
5	1:04.655	+1.039	10:25:28.364
6	1:04.398	+0.782	10:26:32.762
7	1:03.616		10:27:36.378
8	1:04.172	+0.556	10:28:40.550
9	1:04.350	+0.734	10:29:44.900
p10	1:10.054	+6.438	10:30:54.954

Lap	Lap Tm	Diff	Time of Day
(146) Kenneth Friberg			
1			10:41:00.559
2	1:05.669	+1.841	10:42:06.228
3	1:04.316	+0.488	10:43:10.544
4	1:04.605	+0.777	10:44:15.149
5	1:04.340	+0.512	10:45:19.489
6	1:04.351	+0.523	10:46:23.840
7	1:03.966	+0.138	10:47:27.806
8	1:04.880	+1.052	10:48:32.686
9	1:04.364	+0.536	10:49:37.050

Lap	Lap Tm	Diff	Time of Day
10	1:04.780	+0.952	10:50:41.830
11	1:05.048	+1.220	10:51:46.878
12	1:03.828		10:52:50.706
13	1:04.176	+0.348	10:53:54.882
p14	1:18.546	+14.718	10:55:13.428

Lap	Lap Tm	Diff	Time of Day
(2) Torgeir Jahren			
1			10:43:38.625
2	1:06.149	+2.267	10:44:44.774
3	1:07.772	+3.890	10:45:52.546
4	1:05.002	+1.120	10:46:57.548
5	1:05.556	+1.674	10:48:03.104
6	1:04.993	+1.111	10:49:08.097
7	1:04.385	+0.503	10:50:12.482
8	1:04.660	+0.778	10:51:17.142
9	1:03.882		10:52:21.024
10	1:05.331	+1.449	10:53:26.355
p11	3:02.264	+1:58.382	10:56:28.619

Lap	Lap Tm	Diff	Time of Day
(96) Anders Valle			
1			10:41:29.354
2	1:06.152	+1.932	10:42:35.506
3	1:06.522	+2.302	10:43:42.028
4	1:04.848	+0.628	10:44:46.876
5	1:07.672	+3.452	10:45:54.548
6	1:05.469	+1.249	10:47:00.017
7	1:05.008	+0.788	10:48:05.025
8	1:06.157	+1.937	10:49:11.182
9	1:06.248	+2.028	10:50:17.430
10	1:05.553	+1.333	10:51:22.983
11	1:04.220		10:52:27.203
12	1:04.724	+0.504	10:53:31.927
13	1:05.031	+0.811	10:54:36.958
14	1:05.168	+0.948	10:55:42.126
15	1:04.793	+0.573	10:56:46.919
p16	1:14.289	+10.069	10:58:01.208

Lap	Lap Tm	Diff	Time of Day
(141) Krister Louis G. Langeland			
1			10:40:25.067
2	1:04.718	+0.410	10:41:29.785
3	1:06.056	+1.748	10:42:35.841
4	1:04.608	+0.300	10:43:40.449
5	1:04.666	+0.358	10:44:45.115
6	1:06.509	+2.201	10:45:51.624
7	1:05.578	+1.270	10:46:57.202
8	1:06.982	+2.674	10:48:04.184
9	1:06.440	+2.132	10:49:10.624
10	1:04.805	+0.497	10:50:15.429
11	1:04.456	+0.148	10:51:19.885
12	1:04.314	+0.006	10:52:24.199
13	1:05.156	+0.848	10:53:29.355
14	1:04.623	+0.315	10:54:33.978
15	1:04.308		10:55:38.286
16	1:05.103	+0.795	10:56:43.389
p17	1:15.028	+10.720	10:57:58.417

Lap	Lap Tm	Diff	Time of Day
(186) Christian Jørgensen			
1			10:41:09.965
2	1:08.706	+4.321	10:42:18.671
3	1:09.633	+5.248	10:43:28.304
4	1:09.424	+5.039	10:44:37.728
5	1:07.100	+2.715	10:45:44.828
6	1:07.260	+2.875	10:46:52.088
7	1:06.928	+2.543	10:47:59.016
8	1:06.003	+1.618	10:49:05.019
9	1:07.003	+2.618	10:50:12.022

Lap	Lap Tm	Diff	Time of Day
10	1:06.236	+1.851	10:51:18.258
11	1:05.374	+0.989	10:52:23.632
12	1:05.430	+1.045	10:53:29.062
13	1:05.599	+1.214	10:54:34.661
14	1:04.385		10:55:39.046
15	1:05.069	+0.684	10:56:44.115
p16	1:15.687	+11.302	10:57:59.802

Lap	Lap Tm	Diff	Time of Day
(305) Bjørn Erik Ljosland			
1			10:42:21.922
2	1:09.435	+4.889	10:43:31.357
3	1:06.996	+2.450	10:44:38.353
4	1:05.531	+0.985	10:45:43.884
5	1:04.869	+0.323	10:46:48.753
6	1:04.546		10:47:53.299
7	1:05.622	+1.076	10:48:58.921
8	1:04.717	+0.171	10:50:03.638
p9	1:12.135	+7.589	10:51:15.773

Lap	Lap Tm	Diff	Time of Day
(30) Jon-Terje Ødegaard			
1			10:21:33.224
2	1:07.211	+2.246	10:22:40.435
3	1:06.354	+1.389	10:23:46.789
4	1:05.339	+0.374	10:24:52.128
5	1:05.350	+0.385	10:25:57.478
6	1:05.039	+0.074	10:27:02.517
7	1:05.326	+0.361	10:28:07.843
8	1:05.062	+0.097	10:29:12.905
9	1:05.240	+0.275	10:30:18.145
10	1:05.746	+0.781	10:31:23.891
11	1:04.965		10:32:28.856
12	1:05.056	+0.091	10:33:33.912
13	1:05.323	+0.358	10:34:39.235
14	1:05.231	+0.266	10:35:44.466
p15	1:15.184	+10.219	10:36:59.650

Lap	Lap Tm	Diff	Time of Day
(24) Magnus Bjørnerød			
1			10:42:19.685
2	1:11.178	+6.196	10:43:30.863
3	1:07.199	+2.217	10:44:38.062
4	1:07.119	+2.137	10:45:45.181
5	1:05.980	+0.998	10:46:51.161
6	1:06.107	+1.125	10:47:57.268
7	1:05.686	+0.704	10:49:02.954
8	1:04.982		10:50:07.936
9	1:05.131	+0.149	10:51:13.067
10	1:06.310	+1.328	10:52:19.377
11	1:06.740	+1.758	10:53:26.117
12	1:05.773	+0.791	10:54:31.890
13	1:06.125	+1.143	10:55:38.015
14	1:05.173	+0.191	10:56:43.188
p15	1:13.065	+8.083	10:57:56.253

Lap	Lap Tm	Diff	Time of Day
(91) Dag Schanke			
1			10:42:44.948
2	1:06.165	+1.178	10:43:51.113
3	1:05.075	+0.088	10:44:56.188
4	1:05.059	+0.072	10:46:01.247
5	1:04.987		10:47:06.234
6	1:06.516	+1.529	10:48:12.750
7	1:05.242	+0.255	10:49:17.992
8	1:05.102	+0.115	10:50:23.094
9	1:05.156	+0.169	10:51:28.250
10	1:05.641	+0	

PlasticMC+SMCK heldagstrening

Trening

Practice Heat 2 - Alle Klasser

Vålerbanen 2,262 km

03.08.2015 10:20

Practice started at 10:19:54

Lap	Lap Tm	Diff	Time of Day
13	1:07.641	+2.654	10:55:52.289
p14	1:19.747	+14.760	10:57:12.036

(16) Khanh Q. Dang

1			10:39:33.088
2	1:07.098	+2.074	10:40:40.186
3	1:07.752	+2.728	10:41:47.938
4	1:07.693	+2.669	10:42:55.631
5	1:06.528	+1.504	10:44:02.159
6	1:08.376	+3.352	10:45:10.535
7	1:06.355	+1.331	10:46:16.890
8	1:05.024		10:47:21.914
9	1:06.014	+0.990	10:48:27.928
10	1:09.082	+4.058	10:49:37.010
11	1:07.017	+1.993	10:50:44.027
p12	1:14.560	+9.536	10:51:58.587

(9) Bjørn G. Haraldsen

1			10:23:08.092
2	1:08.998	+3.651	10:24:17.090
3	1:07.007	+1.660	10:25:24.097
4	1:10.484	+5.137	10:26:34.581
5	1:09.289	+3.942	10:27:43.870
6	1:06.367	+1.020	10:28:50.237
7	1:07.151	+1.804	10:29:57.388
8	1:05.812	+0.465	10:31:03.200
9	1:05.347		10:32:08.547
10	1:05.640	+0.293	10:33:14.187
11	1:05.637	+0.290	10:34:19.824
12	1:05.713	+0.366	10:35:25.537
p13	1:15.666	+10.319	10:36:41.203

(4) Vidar Grønland

1			10:42:11.606
2	1:08.687	+3.095	10:43:20.293
3	1:07.665	+2.073	10:44:27.958
4	1:06.761	+1.169	10:45:34.719
5	1:06.794	+1.202	10:46:41.513
6	1:06.180	+0.588	10:47:47.693
7	1:05.726	+0.134	10:48:53.419
8	1:05.592		10:49:59.011
9	1:05.933	+0.341	10:51:04.944
p10	1:10.871	+5.279	10:52:15.815

(108) Roy Kenneth Vinje

1			10:39:37.942
2	1:09.722	+3.877	10:40:47.664
3	1:08.594	+2.749	10:41:56.258
4	1:08.571	+2.726	10:43:04.829
5	1:10.048	+4.203	10:44:14.877
6	1:07.901	+2.056	10:45:22.778
7	1:06.789	+0.944	10:46:29.567
8	1:05.845		10:47:35.412
9	1:06.136	+0.291	10:48:41.548
10	1:06.449	+0.604	10:49:47.997
11	1:07.022	+1.177	10:50:55.019
p12	1:13.453	+7.608	10:52:08.472

(21) Jimmy Olaisen

1			10:41:00.467
2	1:12.435	+5.924	10:42:12.902
3	1:09.707	+3.196	10:43:22.609
4	1:07.499	+0.988	10:44:30.108
5	1:07.248	+0.737	10:45:37.356
6	1:06.975	+0.464	10:46:44.331
7	1:07.488	+0.977	10:47:51.819

Lap	Lap Tm	Diff	Time of Day
8	1:06.806	+0.295	10:48:58.625
9	1:06.511		10:50:05.136
10	1:06.899	+0.388	10:51:12.035
p11	1:16.866	+10.355	10:52:28.901

(157) John Erik Halvorsen

1			10:41:16.695
2	1:07.752	+1.193	10:42:24.447
3	1:08.462	+1.903	10:43:32.909
4	1:08.843	+2.284	10:44:41.752
5	1:08.114	+1.555	10:45:49.866
6	1:07.243	+0.684	10:46:57.109
7	1:06.882	+0.323	10:48:03.991
8	1:06.559		10:49:10.550
p9	1:19.537	+12.978	10:50:30.087

(213) Ray Michael Moe

1			10:41:44.130
2	1:08.162	+0.919	10:42:52.292
3	1:08.293	+1.050	10:44:00.585
4	1:09.694	+2.451	10:45:10.279
5	1:07.961	+0.718	10:46:18.240
6	1:08.127	+0.884	10:47:26.367
p7	1:14.846	+7.603	10:48:41.213
8	2:07.454	+1:00.211	10:50:48.667
9	1:07.243		10:51:55.910
p10	1:16.577	+9.334	10:53:12.487

(51) Stian Senderud

1			10:40:59.428
2	1:13.057	+5.772	10:42:12.485
3	1:09.716	+2.431	10:43:22.201
4	1:09.935	+2.650	10:44:32.136
5	1:09.017	+1.732	10:45:41.153
6	1:08.948	+1.663	10:46:50.101
7	1:09.977	+2.692	10:48:00.078
8	1:08.104	+0.819	10:49:08.182
9	1:09.131	+1.846	10:50:17.313
10	1:07.285		10:51:24.598
11	1:08.203	+0.918	10:52:32.801
12	1:08.136	+0.851	10:53:40.937
13	1:08.508	+1.223	10:54:49.445
14	1:08.875	+1.590	10:55:58.320
15	1:08.678	+1.393	10:57:06.998
p16	1:27.343	+20.058	10:58:34.341

(120) Oscar Espinoza

1			10:43:49.947
2	1:08.928	+1.462	10:44:58.875
3	1:08.271	+0.805	10:46:07.146
4	1:08.089	+0.623	10:47:15.235
5	1:07.523	+0.057	10:48:22.758
6	1:07.534	+0.068	10:49:30.292
7	1:07.745	+0.279	10:50:38.037
8	1:09.430	+1.964	10:51:47.467
9	1:08.013	+0.547	10:52:55.480
10	1:08.348	+0.882	10:54:03.828
11	1:21.304	+13.838	10:55:25.132
12	1:07.753	+0.287	10:56:32.885
13	1:07.466		10:57:40.351

(10) Stig Christian Bjørndal-Riis

1			11:02:06.984
2	1:11.900	+4.303	11:03:18.884
3	1:12.945	+5.348	11:04:31.829
4	1:10.760	+3.163	11:05:42.589

Lap	Lap Tm	Diff	Time of Day
5	1:14.279	+6.682	11:06:56.868
6	1:07.597		11:08:04.465
7	1:11.021	+3.424	11:09:15.486
8	1:11.761	+4.164	11:10:27.247
9	1:11.764	+4.167	11:11:39.011
10	1:10.056	+2.459	11:12:49.067
11	1:11.668	+4.071	11:14:00.735

(50) Steffen Andersen

1			11:03:46.831
2	1:11.052	+3.437	11:04:57.883
3	1:09.385	+1.770	11:06:07.268
4	1:07.651	+0.036	11:07:14.919
5	1:07.615		11:08:22.534
6	1:10.686	+3.071	11:09:33.220
7	1:08.759	+1.144	11:10:41.979
8	1:08.150	+0.535	11:11:50.129
p9	1:17.775	+10.160	11:13:07.904

(7) Kjetil Gabrielsen

1			11:03:46.271
2	1:10.377	+2.619	11:04:56.648
3	1:10.454	+2.696	11:06:07.102
4	1:09.099	+1.341	11:07:16.201
5	1:08.841	+1.083	11:08:25.042
6	1:12.839	+5.081	11:09:37.881
7	1:07.758		11:10:45.639
8	1:08.244	+0.486	11:11:53.883
9	1:09.298	+1.540	11:13:03.181
10	1:09.904	+2.146	11:14:13.085

(168) Bendik Fjerdingstad

1			10:41:46.418
2	1:09.067	+1.204	10:42:55.485
3	1:08.608	+0.745	10:44:04.093
4	1:08.062	+0.199	10:45:12.155
5	1:08.547	+0.684	10:46:20.702
6	1:07.863		10:47:28.565
7	1:59.163	+51.300	10:49:27.728
8	1:09.612	+1.749	10:50:37.340
9	1:09.347	+1.484	10:51:46.687
10	1:08.395	+0.532	10:52:55.082
11	1:08.334	+0.471	10:54:03.416
p12	1:21.156	+13.293	10:55:24.572

(75) Geir Olav Smedsrud

1			10:42:15.216
2	1:12.891	+4.396	10:43:28.107
3	1:13.351	+4.856	10:44:41.458
4	1:11.161	+2.666	10:45:52.619
5	1:09.891	+1.396	10:47:02.510
6	1:08.495		10:48:11.005
7	1:08.804	+0.309	10:49:19.809
8	1:09.661	+1.166	10:50:29.470
9	1:09.628	+1.133	10:51:39.098
p10	1:19.814	+11.319	10:52:58.912

(54) Lars Dobloug

1			11:08:24.465
2	1:17.940	+8.513	11:09:42.405
3	1:14.750	+5.323	11:10:57.155
4	1:09.427		11:12:06.582
5	1:10.831	+1.404	11:13:17.413

(132) Hans Hagen

1			11:03:18.277
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PlasticMC+SMCK heldagstrening

Trening

Vålerbanen 2,262 km

Practice Heat 2 - Alle Klasser

03.08.2015 10:20

Practice started at 10:19:54

Lap	Lap Tm	Diff	Time of Day
2	1:10.465	+0.862	11:04:28.742
3	1:12.282	+2.679	11:05:41.024
4	1:09.603		11:06:50.627
5	1:10.532	+0.929	11:08:01.159
6	1:12.835	+3.232	11:09:13.994
7	1:12.910	+3.307	11:10:26.904
8	1:10.669	+1.066	11:11:37.573
9	1:10.669	+1.066	11:12:48.242
10	1:10.435	+0.832	11:13:58.677

(200) Bastian Nordhagen Sagen

Lap	Lap Tm	Diff	Time of Day
1			10:41:05.262
2	1:13.183	+3.547	10:42:18.445
3	1:12.377	+2.741	10:43:30.822
4	1:12.642	+3.006	10:44:43.464
5	1:11.066	+1.430	10:45:54.530
6	1:10.167	+0.531	10:47:04.697
7	1:10.019	+0.383	10:48:14.716
8	1:12.056	+2.420	10:49:26.772
9	1:10.252	+0.616	10:50:37.024
10	1:12.110	+2.474	10:51:49.134
11	1:09.918	+0.282	10:52:59.052
12	1:10.158	+0.522	10:54:09.210
13	1:09.912	+0.276	10:55:19.122
14	1:10.603	+0.967	10:56:29.725
15	1:09.636		10:57:39.361

(211) Andreas Belgium

Lap	Lap Tm	Diff	Time of Day
1			11:01:57.872
2	1:13.450	+3.653	11:03:11.322
3	1:11.926	+2.129	11:04:23.248
4	1:09.797		11:05:33.045
5	1:11.526	+1.729	11:06:44.571
6	1:11.646	+1.849	11:07:56.217
7	1:46.698	+36.901	11:09:42.915
8	1:14.960	+5.163	11:10:57.875
9	1:10.253	+0.456	11:12:08.128
10	1:09.966	+0.169	11:13:18.094

(7) Jo Sætre

Lap	Lap Tm	Diff	Time of Day
1			10:41:49.729
2	1:14.006	+3.846	10:43:03.735
3	1:12.662	+2.502	10:44:16.397
4	1:12.566	+2.406	10:45:28.963
5	1:12.505	+2.345	10:46:41.468
6	1:11.595	+1.435	10:47:53.063
7	1:11.460	+1.300	10:49:04.523
8	1:11.231	+1.071	10:50:15.754
9	1:10.335	+0.175	10:51:26.089
10	1:10.619	+0.459	10:52:36.708
11	1:11.295	+1.135	10:53:48.003
12	1:10.442	+0.282	10:54:58.445
13	1:10.160		10:56:08.605
14	1:10.879	+0.719	10:57:19.484

(65) Mats Holtet

Lap	Lap Tm	Diff	Time of Day
1			11:02:59.258
2	1:14.967	+4.543	11:04:14.225
3	1:17.317	+6.893	11:05:31.542
4	1:15.588	+5.164	11:06:47.130
5	1:13.470	+3.046	11:08:00.600
6	1:12.299	+1.875	11:09:12.899
7	1:13.675	+3.251	11:10:26.574
8	1:11.901	+1.477	11:11:38.475
9	1:10.424		11:12:48.899
10	1:13.852	+3.428	11:14:02.751

(149) Steinar Andersen

Lap	Lap Tm	Diff	Time of Day
1			11:02:15.478
2	1:17.753	+5.913	11:03:33.231
3	1:13.202	+1.362	11:04:46.433
4	1:12.346	+0.506	11:05:58.779
5	1:11.840		11:07:10.619
6	1:12.102	+0.262	11:08:22.721
7	1:17.620	+5.780	11:09:40.341
8	1:12.534	+0.694	11:10:52.875
9	1:12.346	+0.506	11:12:05.221
10	1:11.858	+0.018	11:13:17.079

(555) Alexander Araya

Lap	Lap Tm	Diff	Time of Day
1			11:02:06.074
2	1:16.206	+4.113	11:03:22.280
3	1:14.011	+1.918	11:04:36.291
4	1:13.937	+1.844	11:05:50.228
5	1:14.410	+2.317	11:07:04.638
6	1:13.634	+1.541	11:08:18.272
7	1:13.643	+1.550	11:09:31.915
8	1:13.563	+1.470	11:10:45.478
9	1:12.561	+0.468	11:11:58.039
10	1:12.093		11:13:10.132
11	1:12.376	+0.283	11:14:22.508

(6) Tom Andre Grøndal

Lap	Lap Tm	Diff	Time of Day
1			11:01:43.408
2	1:15.783	+3.540	11:02:59.191
3	1:15.105	+2.862	11:04:14.296
4	1:15.998	+3.755	11:05:30.294
5	1:13.748	+1.505	11:06:44.042
6	1:14.747	+2.504	11:07:58.789
7	1:13.975	+1.732	11:09:12.764
8	1:13.449	+1.206	11:10:26.213
9	1:15.110	+2.867	11:11:41.323
10	1:14.163	+1.920	11:12:55.486
11	1:12.243		11:14:07.729

(13) Henning Wium

Lap	Lap Tm	Diff	Time of Day
1			11:01:52.942
2	1:18.168	+5.880	11:03:11.110
3	1:15.413	+3.125	11:04:26.523
4	1:15.749	+3.461	11:05:42.272
5	1:16.580	+4.292	11:06:58.852
6	1:13.299	+1.011	11:08:12.151
7	1:15.357	+3.069	11:09:27.508
8	1:12.765	+0.477	11:10:40.273
9	1:12.288		11:11:52.561
10	1:12.819	+0.531	11:13:05.380
11	1:13.674	+1.386	11:14:19.054

(8'') Daniel Kjøsterud

Lap	Lap Tm	Diff	Time of Day
1			11:02:27.254
2	1:14.379	+1.979	11:03:41.633
3	1:15.212	+2.812	11:04:56.845
4	1:13.293	+0.893	11:06:10.138
5	1:22.184	+9.784	11:07:32.322
6	1:18.368	+5.968	11:08:50.690
7	1:14.357	+1.957	11:10:05.047
8	1:14.620	+2.220	11:11:19.667
9	1:13.634	+1.234	11:12:33.301
10	1:12.400		11:13:45.701

(24') Frank Rygge

Lap	Lap Tm	Diff	Time of Day
1			11:09:05.563

(48) Knut Nygård

Lap	Lap Tm	Diff	Time of Day
2	1:16.224	+3.408	11:10:21.787
3	1:13.521	+0.705	11:11:35.308
4	1:12.816		11:12:48.124
5	1:14.046	+1.230	11:14:02.170

(4*) Randi Finnvik Solli

Lap	Lap Tm	Diff	Time of Day
1			11:53:47.413
2	1:13.237		11:55:00.650
3	1:16.082	+2.845	11:56:16.732
4	1:22.056	+8.819	11:57:38.788
p5	1:25.094	+11.857	11:59:03.882
6	1:28.279	+15.042	12:00:32.161
7	1:16.693	+3.456	12:01:48.854
8	1:16.957	+3.720	12:03:05.811
9	1:19.326	+6.089	12:04:25.137

(268) Tone Grasdal

Lap	Lap Tm	Diff	Time of Day
1			11:02:50.925
2	1:20.623	+6.796	11:04:11.548
3	1:18.250	+4.423	11:05:29.798
4	1:17.200	+3.373	11:06:46.998
5	1:16.454	+2.627	11:08:03.452
6	1:16.454	+2.627	11:09:19.906
7	1:14.739	+0.912	11:10:34.645
8	1:14.259	+0.432	11:11:48.904
9	1:15.157	+1.330	11:13:04.061
10	1:13.827		11:14:17.888

(76) Christian Solberg Hansen

Lap	Lap Tm	Diff	Time of Day
1			11:02:55.736
2	1:15.948	+2.015	11:04:11.684
3	1:15.450	+1.517	11:05:27.134
4	1:15.924	+1.991	11:06:43.058
5	1:16.584	+2.651	11:07:59.642
6	1:14.739	+0.806	11:09:14.381
7	1:15.340	+1.407	11:10:29.721
8	1:14.690	+0.757	11:11:44.411
9	1:15.087	+1.154	11:12:59.498
10	1:13.933		11:14:13.431

(6') Fredrik Vangen

Lap	Lap Tm	Diff	Time of Day
1			11:02:53.424
2	1:19.720	+5.343	11:04:13.144
3	1:18.007	+3.630	11:05:31.151
4	1:17.294	+2.917	11:06:48.445
5	1:15.480	+1.103	11:08:03.925
6	1:17.100	+2.723	11:09:21.025
7	1:14.807	+0.430	11:10:35.832
8	1:14.493	+0.116	11:11:50.325
9	1:14.798	+0.421	11:13:05.123
10	1:14.377		11:14:19.500

(155') Jeanette Larsen

Lap	Lap Tm	Diff	Time of Day
1			11:01:58.942

PlasticMC+SMCK heldagstrening

Trening

Vålerbanen 2,262 km

Practice Heat 2 - Alle Klasser

03.08.2015 10:20

Practice started at 10:19:54

Lap	Lap Tm	Diff	Time of Day
2	1:17.770	+3.250	11:03:16.712
3	1:16.502	+1.982	11:04:33.214
4	1:15.417	+0.897	11:05:48.631
5	1:15.956	+1.436	11:07:04.587
6	1:15.820	+1.300	11:08:20.407
7	1:21.052	+6.532	11:09:41.459
8	1:15.616	+1.096	11:10:57.075
9	1:15.066	+0.546	11:12:12.141
10	1:14.520		11:13:26.661
11	41:08.581	+39:54.061	11:54:35.242
12	1:35.895	+21.375	11:56:11.137
13	1:34.397	+19.877	11:57:45.534
14	1:31.776	+17.256	11:59:17.310
15	1:33.586	+19.066	12:00:50.896
16	1:30.609	+16.089	12:02:21.505
17	1:29.197	+14.677	12:03:50.702
p18	1:38.960	+24.440	12:05:29.662

(1) Elias Eeg-Henriksen

1			11:01:44.850
p2	1:28.637	+13.814	11:03:13.487
3	2:11.073	+56.250	11:05:24.560
4	1:15.869	+1.046	11:06:40.429
5	1:15.755	+0.932	11:07:56.184
6	1:15.798	+0.975	11:09:11.982
7	1:16.487	+1.664	11:10:28.469
8	1:15.633	+0.810	11:11:44.102
9	1:15.177	+0.354	11:12:59.279
10	1:14.823		11:14:14.102

(15) Ingar Olsen

1			11:01:58.430
2	1:17.702	+1.977	11:03:16.132
3	1:15.852	+0.127	11:04:31.984
4	1:15.725		11:05:47.709
5	1:15.853	+0.128	11:07:03.562
6	1:16.119	+0.394	11:08:19.681
p7	1:24.340	+8.615	11:09:44.021

(39) André S. Gjerdingen

1			11:53:39.182
2	1:22.311	+4.912	11:55:01.493
3	1:21.166	+3.767	11:56:22.659
4	1:21.558	+4.159	11:57:44.217
5	1:21.499	+4.100	11:59:05.716
6	1:20.174	+2.775	12:00:25.890
7	1:22.429	+5.030	12:01:48.319
8	1:18.906	+1.507	12:03:07.225
9	1:17.399		12:04:24.624

(129) Hai-Kim Tran

1			11:02:13.931
2	1:24.786	+0.822	11:03:38.717
3	1:23.964		11:05:02.681
4	1:24.785	+0.821	11:06:27.466
5	1:27.484	+3.520	11:07:54.950
6	1:35.440	+11.476	11:09:30.390
p7	1:28.089	+4.125	11:10:58.479
8	42:28.539	+41:04.575	11:53:27.018
9	1:29.660	+5.696	11:54:56.678
10	1:27.916	+3.952	11:56:24.594
11	1:29.537	+5.573	11:57:54.131
12	1:28.814	+4.850	11:59:22.945
13	1:30.862	+6.898	12:00:53.807
14	1:29.206	+5.242	12:02:23.013
15	1:29.202	+5.238	12:03:52.215

Lap	Lap Tm	Diff	Time of Day
p16	1:41.036	+17.072	12:05:33.251
(17) Glenn Bakken			
1			11:54:46.281
2	1:37.221	+8.671	11:56:23.502
3	1:30.148	+1.598	11:57:53.650
4	1:28.550		11:59:22.200
5	1:29.507	+0.957	12:00:51.707
6	1:30.735	+2.185	12:02:22.442
7	1:28.860	+0.310	12:03:51.302
p8	1:39.611	+11.061	12:05:30.913

(76) Knut Gulbrandsen

1			11:54:43.828
2	1:37.860	+8.329	11:56:21.688
3	1:34.155	+4.624	11:57:55.843
4	1:29.531		11:59:25.374
5	1:34.032	+4.501	12:00:59.406
6	1:33.367	+3.836	12:02:32.773
7	1:31.682	+2.151	12:04:04.455

(5) Øyvind Linstad

1			11:56:02.284
2	1:40.298	+6.139	11:57:42.582
3	1:38.735	+4.576	11:59:21.317
4	1:38.409	+4.250	12:00:59.726
5	1:34.159		12:02:33.885
6	1:34.505	+0.346	12:04:08.390

(80) Jonathan C. Kjøsterud

p1			10:27:19.466
p2	1:10.109	3:59:44.666	10:28:29.575
p3	2:00.935	3:58:53.840	10:30:30.510
p4	1:00.188	3:59:54.587	10:31:30.698
5	21.839	4:00:32.936	10:31:52.537