

## Heldagstrening SMCK

### Trening 3 heat

### Vålerbanen Racing Circuit 2,274 km

### Practice Heat 2 - Alle Klasser

18.05.2026 10:00

### Practice (1:00:00 Time) started at 10:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(71) Terje Teigum Valaker</b>						<b>(42) Thomas Bergström</b>					
1	10:23:23.160			19.953	22.015	1	10:23:36.829			21.079	23.345
2	10:24:28.346	<b>1:05.186</b>	22.233	20.378	22.575	2	10:24:41.182	<b>1:04.353</b>	22.297	19.967	22.089
3	10:25:31.019	<b>1:02.673</b>	21.449	19.472	21.752	3	10:25:47.945	<b>1:06.763</b>	21.884	21.633	23.246
4	10:26:37.041	<b>1:06.022</b>	22.537	20.545	22.940	4	10:26:51.205	<b>1:03.260</b>	21.731	19.705	21.824
5	10:27:39.020	<b>1:01.979</b>	21.621	19.104	<b>21.254</b>	5	10:27:54.797	<b>1:03.592</b>	21.556	20.120	21.916
6	10:28:40.540	<b>1:01.520</b>	<b>21.026</b>	<b>19.002</b>	21.492	6	10:28:57.815	<b>1:03.018</b>	<b>21.309</b>	<b>19.575</b>	22.134
p7	10:29:41.576	<b>1:01.036</b>	22.324	20.244		7	10:30:01.147	<b>1:03.332</b>	21.770	19.615	21.947
p8	10:31:15.976	<b>1:34.400</b>		19.763		8	10:31:06.727	<b>1:05.580</b>	23.632	19.791	22.157
<b>(73) Svein Rognmo</b>						<b>(636) Dan-Axel Nord Kristoffersen</b>					
1	10:23:25.482			19.578	21.819	1	10:23:22.440			20.258	22.140
2	10:25:14.781	<b>1:49.299</b>	21.916	19.114	22.048	2	10:24:26.659	<b>1:04.219</b>	22.002	20.287	<b>21.930</b>
3	10:26:18.927	<b>1:04.146</b>	22.149	19.673	22.324	3	10:25:30.564	<b>1:03.905</b>	21.824	19.952	22.129
4	10:27:31.319	<b>1:12.392</b>	23.178	20.365	28.849	4	10:26:36.506	<b>1:05.942</b>	22.227	20.568	23.147
5	10:28:34.290	<b>1:02.971</b>	<b>21.321</b>	19.124	22.526	5	10:27:40.281	<b>1:03.775</b>	21.765	19.929	22.081
6	10:29:40.048	<b>1:05.758</b>	23.321	20.361	22.076	6	10:28:44.061	<b>1:03.780</b>	21.751	19.852	22.177
7	10:30:48.266	<b>1:08.218</b>	21.328	19.276	27.614	7	10:29:48.131	<b>1:04.070</b>	21.742	19.974	22.354
8	10:31:50.832	<b>1:02.566</b>	21.573	19.117	21.876	8	10:30:54.101	<b>1:05.970</b>	21.994	20.817	23.159
9	10:32:53.555	<b>1:02.723</b>	22.133	19.174	21.416	9	10:31:59.594	<b>1:05.493</b>	22.566	20.506	22.421
10	10:33:56.042	<b>1:02.487</b>	21.841	19.297	<b>21.349</b>	10	10:33:02.986	<b>1:03.392</b>	<b>21.575</b>	<b>19.798</b>	22.019
11	10:34:57.761	<b>1:01.719</b>	21.392	<b>18.976</b>	21.351	p10	10:33:08.082	<b>58.273</b>	21.544	19.754	
p12	10:35:56.780	<b>59.019</b>	21.555	19.471		<b>(66) Jørgen Bjørklund</b>					
<b>(88) Petter Praner Lien</b>						<b>(53) Ove Einar Reinton</b>					
1	10:25:14.282			20.805	22.400	1	10:24:02.250			20.152	22.181
2	10:26:18.737	<b>1:04.455</b>	22.183	19.908	22.364	2	10:25:06.477	<b>1:04.227</b>	22.019	20.068	22.140
3	10:27:23.408	<b>1:04.671</b>	23.031	20.011	21.629	3	10:26:10.914	<b>1:04.437</b>	22.169	19.612	22.656
4	10:28:27.738	<b>1:04.330</b>	22.217	19.638	22.475	4	10:27:16.011	<b>1:05.097</b>	22.646	20.425	22.026
5	10:29:34.831	<b>1:07.093</b>	23.579	20.503	23.011	5	10:28:19.801	<b>1:03.790</b>	21.759	19.615	22.416
6	10:30:37.873	<b>1:03.042</b>	21.906	19.237	21.899	6	10:29:23.454	<b>1:03.653</b>	<b>21.746</b>	19.691	22.216
7	10:31:40.205	<b>1:02.332</b>	21.732	19.285	21.315	7	10:30:26.987	<b>1:03.533</b>	22.046	<b>19.548</b>	<b>21.939</b>
8	10:32:42.577	<b>1:02.372</b>	21.628	19.359	21.385	p8	10:31:27.808	<b>1:00.821</b>	21.789	19.790	
9	10:33:44.893	<b>1:02.316</b>	21.667	19.272	21.377	p9	10:33:31.804	<b>2:03.996</b>		20.797	
10	10:34:47.109	<b>1:02.216</b>	21.643	19.137	21.436	<b>(2) Arne Johan Torvik</b>					
11	10:35:55.371	<b>1:08.262</b>	23.860	21.467	22.935	1	10:23:43.077			21.414	24.324
12	10:36:57.216	<b>1:01.845</b>	<b>21.439</b>	19.239	<b>21.167</b>	2	10:24:51.745	<b>1:08.668</b>	24.485	20.628	23.555
13	10:37:59.227	<b>1:02.011</b>	21.724	<b>19.097</b>	21.190	3	10:25:57.602	<b>1:05.857</b>	22.549	20.477	22.831
p14	10:38:59.906	<b>1:00.679</b>	22.154	19.500		4	10:27:02.620	<b>1:05.018</b>	22.262	20.059	22.697
<b>(77-) Erik Myhre</b>						<b>(5) Odd-Roar Sundet</b>					
1	10:23:29.150			20.215	22.485	1	10:24:30.800			20.843	23.084
2	10:24:34.399	<b>1:05.249</b>	22.622	20.136	22.491	2	10:25:37.603	<b>1:06.803</b>	23.265	21.013	22.525
3	10:25:38.389	<b>1:03.990</b>	21.275	20.043	22.672	3	10:26:42.648	<b>1:05.045</b>	22.423	20.515	22.107
4	10:26:43.302	<b>1:04.913</b>	21.806	20.605	22.502	4	10:27:46.568	<b>1:03.920</b>	22.047	19.751	22.122
5	10:27:47.187	<b>1:03.885</b>	21.776	19.887	22.222	5	10:28:50.698	<b>1:04.130</b>	22.522	19.845	21.763
6	10:28:51.510	<b>1:04.323</b>	22.131	20.001	22.191	6	10:29:54.000	<b>1:03.302</b>	21.950	19.510	21.842
7	10:29:54.794	<b>1:03.284</b>	21.463	19.509	22.312	7	10:30:56.571	<b>1:02.571</b>	<b>21.428</b>	<b>19.460</b>	<b>21.683</b>
8	10:30:57.253	<b>1:02.459</b>	<b>21.191</b>	<b>19.379</b>	<b>21.889</b>						
p9	10:31:57.006	<b>59.753</b>	22.194	19.747							
10	10:33:25.059	<b>1:28.053</b>		20.335	22.286						
11	10:34:28.751	<b>1:03.692</b>	21.776	19.849	22.067						
12	10:35:31.574	<b>1:02.823</b>	21.347	19.389	22.087						
13	10:36:34.791	<b>1:03.217</b>	21.208	19.846	22.163						
14	10:37:39.006	<b>1:04.215</b>	21.854	19.909	22.452						
p15	10:38:38.078	<b>59.072</b>	21.686	19.903							

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### Vålerbanen Racing Circuit 2,274 km

### Practice Heat 2 - Alle Klasser

18.05.2026 10:00

### Practice (1:00:00 Time) started at 10:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
13	10:36:50.248	1:04.122	21.806	19.996	22.320	p11	10:37:18.878	1:01.116	22.500	20.079	
14	10:37:54.736	1:04.488	22.253	19.933	22.302						
p15	10:38:57.272	1:02.536	21.891	20.146							
<b>(188) Martin Ludwig Praner Lien</b>						<b>(96) Anders Valle</b>					
1	10:25:20.409			20.764	23.203	1	10:24:35.646			21.733	23.010
2	10:26:27.001	1:06.592	23.152	20.282	23.158	2	10:25:40.862	1:05.216	22.891	19.767	22.558
3	10:27:33.075	1:06.074	22.858	20.183	23.033	3	10:26:47.043	1:06.181	22.954	20.272	22.955
4	10:28:39.337	1:06.262	23.199	20.265	22.798	4	10:27:53.103	1:06.060	24.086	19.733	22.241
5	10:29:45.541	1:06.204	22.830	20.294	23.080	5	10:28:58.384	1:05.281	22.260	19.840	23.181
6	10:30:53.557	1:08.016	23.263	21.657	23.096	6	10:30:03.758	1:05.374	22.676	20.066	22.632
7	10:32:00.175	1:06.618	22.817	20.827	22.974	7	10:31:09.317	1:05.559	23.552	19.970	22.037
8	10:33:04.898	1:04.723	22.340	19.890	22.493	p8	10:32:11.490	1:02.173	22.775	20.926	
p9	10:34:06.117	1:01.219	22.570	20.297		<b>(52) Glenn Christensen</b>					
<b>(58) Odd Joar Berg</b>						1	10:25:00.334			21.051	23.241
1	10:24:00.181			22.133	24.641	2	10:26:09.949	1:09.615	24.410	21.672	23.533
2	10:25:07.921	1:07.740	23.619	21.058	23.063	3	10:27:18.744	1:08.795	23.786	21.334	23.675
3	10:26:14.331	1:06.410	23.197	20.175	23.038	4	10:28:27.129	1:08.385	23.535	21.483	23.367
4	10:27:20.629	1:06.298	22.593	20.814	22.891	5	10:29:35.696	1:08.567	23.482	21.923	23.162
5	10:28:27.507	1:06.878	22.308	21.155	23.415	6	10:30:43.607	1:07.911	23.136	21.474	23.301
p6	10:29:31.839	1:04.332	23.422	22.040		7	10:31:50.335	1:06.728	23.700	20.526	22.502
7	10:31:13.192	1:41.353		20.375	23.409	8	10:32:56.233	1:05.898	22.778	20.811	22.309
8	10:32:18.557	1:05.365	22.413	20.362	22.590	p9	10:33:59.291	1:03.058	22.418	20.571	
9	10:33:24.533	1:05.976	22.302	20.387	23.287	<b>(28) Roger Kristensen</b>					
10	10:34:30.308	1:05.775	22.412	20.609	22.754	1	10:24:04.903			21.612	23.335
11	10:35:35.131	1:04.823	22.628	19.973	22.222	2	10:25:11.746	1:06.843	23.100	20.896	22.847
12	10:36:40.443	1:05.312	22.534	19.914	22.864	3	10:26:18.589	1:06.843	23.179	20.839	22.825
13	10:37:45.540	1:05.097	22.929	19.976	22.192	4	10:27:24.951	1:06.362	23.002	20.676	22.684
p14	10:38:50.120	1:04.580	23.126	21.014		5	10:28:33.812	1:08.861	23.104	21.626	24.131
<b>(76) Khanh Quoc Dang</b>						6	10:29:44.213	1:10.401	24.100	22.191	24.110
1	10:24:59.973			20.761	23.690	7	10:30:52.649	1:08.436	23.882	21.548	23.006
2	10:26:09.647	1:09.674	24.271	21.730	23.673	p8	10:31:55.530	1:02.881	23.228	20.761	
3	10:27:18.465	1:08.818	23.491	21.586	23.741	<b>(12) Raste Skoglund</b>					
4	10:28:26.725	1:08.260	23.364	21.403	23.493	1	10:24:29.161			23.760	24.544
5	10:29:35.361	1:08.636	23.558	21.852	23.226	2	10:25:38.670	1:09.509	24.240	21.418	23.851
6	10:30:42.217	1:06.856	23.224	20.874	22.758	3	10:26:46.309	1:07.639	23.642	20.868	23.129
7	10:31:47.285	1:05.068	22.358	20.076	22.634	4	10:27:54.564	1:08.255	24.215	20.780	23.260
8	10:32:52.593	1:05.308	22.709	19.941	22.658	5	10:29:02.606	1:08.042	24.018	20.830	23.194
p9	10:33:56.998	1:04.405	23.012	20.385		6	10:30:09.258	1:06.652	22.996	20.619	23.037
<b>(99) Kent-Erik Løken Tøllefsen</b>						7	10:31:17.011	1:07.753	23.769	20.815	23.169
1	10:24:30.416			22.073	23.570	8	10:32:23.887	1:06.876	22.769	20.391	23.716
2	10:25:38.994	1:08.578	23.195	21.816	23.567	9	10:33:31.808	1:07.921	23.107	20.818	23.996
3	10:26:46.670	1:07.676	23.602	20.944	23.130	10	10:34:38.625	1:06.817	23.055	20.436	23.326
4	10:27:52.351	1:05.681	22.576	20.533	22.572	p11	10:35:40.492	1:01.867	22.869	20.623	
5	10:28:57.513	1:05.162	22.031	20.378	22.753	<b>(70) Tore Stene</b>					
6	10:30:03.236	1:05.723	22.158	20.758	22.807	1	10:42:35.003			24.083	24.361
7	10:31:08.763	1:05.527	22.420	20.418	22.689	2	10:43:45.931	1:10.928	24.654	21.606	24.668
8	10:32:15.388	1:06.625	22.897	20.919	22.809	3	10:44:55.053	1:09.122	23.680	21.798	23.644
p9	10:33:16.240	1:00.852	22.139	20.683		4	10:46:06.033	1:10.980	23.566	21.405	26.009
10	10:36:18.476	3:02.236		20.695	22.723	5	10:47:17.440	1:11.407	24.112	21.958	25.337
p11	10:37:24.683	1:06.207	22.840	20.791		6	10:48:26.474	1:09.034	23.192	21.744	24.098
<b>(54) Stian Lehne</b>						7	10:49:34.239	1:07.765	23.004	21.608	23.153
1	10:24:30.664			21.151	23.192	8	10:50:41.030	1:06.791	22.619	20.919	23.253
2	10:25:36.954	1:06.290	23.145	20.689	22.456	<b>(84) Andre Skjelbred</b>					
3	10:26:42.386	1:05.432	22.882	20.239	22.311	1	10:24:59.313			22.249	24.330
4	10:27:47.965	1:05.579	22.004	20.118	23.457	2	10:26:09.238	1:09.925	24.379	21.517	24.029
5	10:28:54.040	1:06.075	22.396	20.451	23.228	3	10:27:18.161	1:08.923	23.647	21.532	23.744
6	10:30:00.717	1:06.677	22.497	20.866	23.314	4	10:28:26.375	1:08.214	23.444	21.242	23.528
7	10:31:07.400	1:06.683	23.248	20.224	23.211	5	10:29:34.804	1:08.429	23.599	21.381	23.449
8	10:32:12.585	1:05.185	22.377	20.210	22.598	6	10:30:43.336	1:08.532	23.598	21.417	23.517
p9	10:33:13.333	1:00.748	22.279	20.217		7	10:31:51.308	1:07.972	23.751	21.018	23.203
10	10:36:17.762	3:04.429		20.538	22.592	8	10:32:58.596	1:07.288	23.110	21.125	23.053
						9	10:34:06.918	1:08.322	23.507	21.283	23.532

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### Trening 3 heat

### Vålerbanen Racing Circuit 2,274 km

### Practice Heat 2 - Alle Klasser

18.05.2026 10:00

### Practice (1:00:00 Time) started at 10:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
p10	10:35:12.017	1:05.099	23.620	20.930	
<b>(93) Aleksander Offerdal</b>					
1	10:23:12.461			21.788	24.807
2	10:24:21.309	1:08.848	24.032	21.022	23.794
3	10:25:29.857	1:08.548	23.593	21.092	23.863
4	10:26:38.895	1:09.038	23.199	21.409	24.430
5	10:27:46.197	1:07.302			23.175
6	10:28:55.055	1:08.858	23.272	21.532	24.054
7	10:30:02.978	1:07.923	23.350	21.163	23.410
p8	10:31:11.097	1:08.119	23.999	21.145	

<b>(100) Vidar Moe</b>					
1	10:44:05.927			24.850	25.633
2	10:45:17.862	1:11.935	25.454	22.071	24.410
3	10:46:26.994	1:09.132	24.032	21.469	23.631
4	10:47:36.020	1:09.026	23.618	21.930	23.478
5	10:48:43.369	1:07.349	22.859	21.181	23.309
6	10:49:51.722	1:08.353	23.096	20.574	24.683

<b>(30) Jon Terje Ødegaard</b>					
1	10:24:17.202			22.830	24.876
2	10:25:27.604	1:10.402	24.142	21.848	24.412
3	10:26:37.188	1:09.584	23.846	21.665	24.073
4	10:27:44.797	1:07.609	23.473	20.838	23.298
5	10:28:52.831	1:08.034	23.483	21.573	22.978
6	10:30:00.331	1:07.500	23.385	20.789	23.326
7	10:31:08.207	1:07.876	23.346	21.250	23.280
8	10:32:15.911	1:07.704	23.267	20.801	23.636
p9	10:33:20.643	1:04.732	23.070	20.954	

<b>(13-) Jan Ivar Skilbrei</b>					
1	10:42:04.168			23.779	25.005
2	10:43:15.712	1:11.544	25.648	21.578	24.318
3	10:44:24.809	1:09.097	23.869	21.071	24.157
4	10:45:33.292	1:08.483	23.960	21.141	23.382
5	10:46:43.061	1:09.769	23.981	21.691	24.097
6	10:47:52.033	1:08.972	24.079	20.954	23.939
7	10:48:59.742	1:07.709	23.553	20.831	23.325
8	10:50:07.915	1:08.173	23.557	20.928	23.688

<b>(34) Stina Ringnes</b>					
1	10:03:31.107			22.721	24.338
2	10:04:40.014	1:08.907	23.493	21.544	23.870
3	10:05:50.123	1:10.109	23.587	22.745	23.777
4	10:06:59.856	1:09.733	23.669	21.166	24.898
5	10:08:08.124	1:08.268	23.323	21.147	23.798
6	10:09:16.732	1:08.608	23.436	21.359	23.813
7	10:10:25.492	1:08.760	23.387	21.151	24.222
8	10:11:35.598	1:10.106	24.425	21.674	24.007
9	10:12:44.153	1:08.555	23.501	21.081	23.973
10	10:13:52.135	1:07.982	23.265	20.935	23.782
11	10:15:00.576	1:08.441	23.477	21.214	23.750
12	10:16:09.065	1:08.489	23.314	21.405	23.770
13	10:17:19.074	1:10.009	23.743	21.719	24.547
p14	10:18:27.823	1:08.749	24.039	21.829	

<b>(6) Bjørnar Sand</b>					
1	10:43:09.616			22.873	25.295
2	10:44:22.276	1:12.660	24.761	21.956	25.943
3	10:45:31.784	1:09.508	24.590	20.967	23.951
4	10:46:42.504	1:10.720	24.544	22.216	23.960
5	10:47:51.857	1:09.353	24.251	20.967	24.135
6	10:49:00.556	1:08.699	24.434	20.807	23.458
7	10:50:09.139	1:08.583	23.607	20.735	24.241

<b>(20) Vidar Andre Jensen</b>					
1	10:43:08.045			22.563	25.098
2	10:44:19.964	1:11.919	23.983	23.052	24.884
3	10:45:29.419	1:09.455	23.753	21.775	23.927
4	10:46:38.363	1:08.944	23.513	21.467	23.964
5	10:47:48.767	1:10.404	23.973	22.298	24.133
6	10:48:58.463	1:09.696	24.055	21.785	23.856
7	10:50:07.305	1:08.842	23.713	21.596	23.533

<b>(149) Ove Magne Berge</b>					
1	10:24:38.879			22.061	24.355
2	10:25:48.909	1:10.030	23.835	21.698	24.497
3	10:26:58.183	1:09.274	24.011	20.889	24.374
4	10:28:08.217	1:10.034	24.536	21.493	24.005
p5	10:29:15.029	1:06.812	24.033	21.560	
6	10:31:19.867	2:04.838		21.396	23.413
7	10:32:28.725	1:08.858	23.664	21.301	23.893
8	10:33:37.699	1:08.974	23.922	21.383	23.669
9	10:34:46.715	1:09.016	24.259	21.247	23.510
p10	10:35:52.108	1:05.393	24.003	21.247	
11	10:38:02.187	2:10.079		21.117	23.594
p12	10:39:08.519	1:06.332	23.747	21.106	

<b>(10) Kim Helge Haga Ovnan</b>					
1	10:42:19.812			24.374	28.742
2	10:43:40.439	1:20.627	29.073	25.169	26.385
3	10:44:53.651	1:13.212	26.910	21.901	24.401
4	10:46:05.632	1:11.981	24.311	21.700	25.970
5	10:47:18.422	1:12.790	24.176	21.917	26.697
6	10:48:33.651	1:15.229	26.486	23.229	25.514
7	10:49:44.412	1:10.761	24.901	22.116	23.744
8	10:50:53.517	1:09.105	24.141	21.086	23.878

<b>(811) Finn Kristiansen</b>					
1	10:42:56.715			23.693	26.546
2	10:44:10.371	1:13.656	26.068	22.467	25.121
3	10:45:21.703	1:11.332	25.115	21.624	24.593
4	10:46:34.408	1:12.705	24.923	23.347	24.435
5	10:47:44.537	1:10.129	24.711	21.346	24.072
6	10:48:54.149	1:09.612	24.337	21.220	24.055
7	10:50:03.534	1:09.385	24.317	21.267	23.801

<b>(111) Tommy Lidal</b>					
1	10:41:52.216			22.207	25.025
2	10:43:03.279	1:11.063	24.349	21.699	25.015
3	10:44:13.604	1:10.325	24.309	21.404	24.612
4	10:45:25.084	1:11.480	25.698	21.543	24.239
5	10:46:37.627	1:12.543	25.152	22.475	24.916
6	10:47:48.250	1:10.623	24.484	21.698	24.441
7	10:48:57.903	1:09.653	24.228	21.610	23.815
p8	10:50:04.512	1:06.609	23.963	21.018	

<b>(13) Mathias Skilbrei Finden</b>					
1	10:03:37.495			24.848	27.959
2	10:04:51.341	1:13.846	25.739	22.919	25.188
3	10:06:01.977	1:10.636	23.925	22.283	24.428
4	10:07:14.536	1:12.559	26.567	21.491	24.501
5	10:08:26.074	1:11.538	25.098	22.860	23.580
6	10:09:36.164	1:10.090	23.859	22.055	24.176
7	10:10:48.215	1:12.051	24.936	21.895	25.220
p8	10:12:01.377	1:13.162	26.354	25.025	

<b>(83) Didrik Helgesen</b>					
1	10:24:58.776			24.475	26.158
2	10:26:12.068	1:13.292	25.120	23.283	24.889
3	10:27:23.417	1:11.349	24.412	22.350	24.587

# Heldagstrening SMCK

## Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

### Practice Heat 2 - Alle Klasser

18.05.2026 10:00

### Practice (1:00:00 Time) started at 10:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
4	10:28:33.513	<b>1:10.096</b>	23.964	<b>21.918</b>	24.214
5	10:29:43.627	<b>1:10.114</b>	<b>23.818</b>	22.164	<b>24.132</b>
6	10:30:55.238	<b>1:11.611</b>	23.959	22.550	25.102
p7	10:32:02.375	<b>1:07.137</b>	24.390	22.561	

(52-) Stein Arne Jenssen

1	10:42:33.870			24.087	25.416
2	10:43:46.795	<b>1:12.925</b>	25.473	22.401	25.051
3	10:44:58.167	<b>1:11.372</b>	<b>24.315</b>	22.489	24.568
4	10:46:09.317	<b>1:11.150</b>	24.345	22.165	24.640
5	10:47:21.211	<b>1:11.894</b>	24.620	22.872	24.402
6	10:48:34.623	<b>1:13.412</b>	24.566	22.754	26.092
7	10:49:45.806	<b>1:11.183</b>	24.666	22.234	24.283
8	10:50:56.420	<b>1:10.614</b>	24.369	<b>22.000</b>	<b>24.245</b>

(51) Børre Skumlien

1	10:42:17.314			23.790	31.774
2	10:43:35.407	<b>1:18.093</b>	30.196	22.930	24.967
3	10:44:48.491	<b>1:13.084</b>	25.778	22.729	<b>24.577</b>
4	10:46:02.788	<b>1:14.297</b>	25.934	23.234	25.129
5	10:47:18.087	<b>1:15.299</b>	<b>25.124</b>	23.127	27.048
6	10:48:35.265	<b>1:17.178</b>	26.661	24.821	25.696
7	10:49:49.913	<b>1:14.648</b>	26.466	23.381	24.801

(57) Hans Bergstrøm

1	10:44:22.153			25.879	27.317
2	10:45:37.547	<b>1:15.394</b>	26.849	22.634	25.911
3	10:46:51.652	<b>1:14.105</b>	25.767	22.942	<b>25.396</b>
4	10:48:07.552	<b>1:15.900</b>	26.167	23.958	25.775
5	10:49:21.880	<b>1:14.328</b>	25.381	22.898	26.049
6	10:50:35.059	<b>1:13.179</b>	<b>25.055</b>	<b>22.301</b>	25.823

(17) Sondre Spjeldnes Flathen

1	10:46:48.010			24.756	27.369
2	10:48:06.859	<b>1:18.849</b>	28.553	23.812	26.484
3	10:49:21.443	<b>1:14.584</b>	25.424	23.161	25.999
4	10:50:34.666	<b>1:13.223</b>	<b>24.969</b>	<b>22.447</b>	<b>25.807</b>

(75) Pål Laukli

1	10:42:40.742			23.597	26.799
2	10:43:55.308	<b>1:14.566</b>	26.622	22.457	25.487
3	10:45:09.782	<b>1:14.474</b>	<b>25.469</b>	23.151	25.854
4	10:46:23.053	<b>1:13.271</b>	25.551	<b>22.350</b>	<b>25.370</b>
p5	10:47:37.397	<b>1:14.344</b>	26.114	23.376	

(95) Emre Gjelsvik-Bakke

1	10:04:25.063			26.454	27.034
2	10:05:43.090	<b>1:18.027</b>	26.759	24.335	26.933
3	10:07:01.991	<b>1:18.901</b>	26.959	25.336	26.606
4	10:08:17.901	<b>1:15.910</b>	26.001	23.886	26.023
5	10:09:32.817	<b>1:14.916</b>	25.646	23.553	25.717
6	10:10:47.854	<b>1:15.037</b>	25.367	23.702	25.968
7	10:12:03.860	<b>1:16.006</b>	25.568	24.461	25.977
8	10:13:20.973	<b>1:17.113</b>	25.710	25.405	25.998
9	10:14:35.067	<b>1:14.094</b>	25.096	<b>23.245</b>	25.753
10	10:15:49.001	<b>1:13.934</b>	<b>24.714</b>	23.584	<b>25.636</b>
11	10:17:03.192	<b>1:14.191</b>	24.862	23.281	26.048
12	10:18:17.232	<b>1:14.040</b>	25.039	23.249	25.752
p13	10:19:29.022	<b>1:11.790</b>	25.231	23.698	

(50) Tor Christensen

1	10:43:13.261			23.686	25.679
2	10:44:27.892	<b>1:14.631</b>	<b>25.708</b>	23.020	25.903
3	10:45:43.609	<b>1:15.717</b>	26.396	23.375	25.946
4	10:46:57.613	<b>1:14.004</b>	25.882	<b>22.758</b>	25.364
5	10:48:13.790	<b>1:16.177</b>	26.274	23.454	26.449

Lap	Time of Day	Lap Tm	S1	S2	S3
6	10:49:28.104	<b>1:14.314</b>	26.048	22.943	<b>25.323</b>
7	10:50:42.882	<b>1:14.778</b>	26.041	23.016	25.721

(11) Danny Dang

1	10:05:10.449			26.253	27.868
2	10:06:29.342	<b>1:18.893</b>	27.195	24.339	27.359
3	10:07:46.321	<b>1:16.979</b>	26.832	23.812	26.335
4	10:09:05.127	<b>1:18.806</b>	26.952	24.555	27.299
5	10:10:22.257	<b>1:17.130</b>	27.396	23.364	26.370
6	10:11:42.133	<b>1:19.876</b>	28.519	24.900	26.457
7	10:12:58.816	<b>1:16.683</b>	26.631	23.427	26.625
8	10:14:15.625	<b>1:16.809</b>	26.808	23.115	26.886
9	10:15:32.682	<b>1:17.057</b>	26.926	23.565	26.566
10	10:16:48.418	<b>1:15.736</b>	26.779	22.857	26.100
11	10:18:02.694	<b>1:14.276</b>	<b>25.991</b>	<b>22.694</b>	<b>25.591</b>
p12	10:19:14.644	<b>1:11.950</b>	26.100	23.061	

(85) Linn T.

1	10:03:37.972			27.092	29.556
p2	10:04:56.420	<b>1:18.448</b>	28.332	25.918	
3	10:04:23.080	<b>38:26.660</b>		25.211	27.501
4	10:04:41.092	<b>1:18.012</b>	27.618	<b>23.470</b>	26.924
5	10:04:59.200	<b>1:18.108</b>	27.267	23.925	26.916
6	10:04:17.611	<b>1:18.411</b>	27.004	24.118	27.289
7	10:04:34.534	<b>1:16.923</b>	<b>26.671</b>	23.501	<b>26.751</b>
8	10:04:53.052	<b>1:18.518</b>	26.788	24.175	27.555

(96-) Andre Mathias Østli

1	10:44:46.527			24.780	28.119
2	10:46:06.011	<b>1:19.484</b>	27.190	24.599	27.695
3	10:47:25.521	<b>1:19.510</b>	27.279	24.554	27.677
4	10:48:43.184	<b>1:17.663</b>	26.947	<b>23.557</b>	27.159
5	10:50:00.238	<b>1:17.054</b>	26.577	23.719	<b>26.758</b>

(14) Jenny Hagen Jensen

1	10:03:45.926			27.693	29.536
2	10:05:07.218	<b>1:21.292</b>	28.386	25.023	27.883
3	10:06:26.597	<b>1:19.379</b>	27.610	24.389	27.380
4	10:07:45.153	<b>1:18.556</b>	27.110	24.148	27.298
5	10:09:04.735	<b>1:19.582</b>	27.315	24.725	27.542
6	10:10:25.349	<b>1:20.614</b>	27.414	24.734	28.466
7	10:11:46.158	<b>1:20.809</b>	28.123	24.661	28.025
8	10:13:10.033	<b>1:23.875</b>	29.212	27.063	27.600
9	10:14:31.502	<b>1:21.469</b>	27.445	25.612	28.412
10	10:15:50.969	<b>1:19.467</b>	27.452	24.731	27.284
11	10:17:09.533	<b>1:18.564</b>	27.171	24.314	<b>27.079</b>
12	10:18:28.389	<b>1:18.856</b>	<b>26.855</b>	<b>23.903</b>	28.098
p13	10:19:55.247	<b>1:26.858</b>	29.118	28.224	

(60) Torbjørn Gundersen

1	10:41:39.071			27.949	29.659
2	10:43:03.916	<b>1:24.845</b>	30.075	25.918	28.852
3	10:44:25.497	<b>1:21.581</b>	28.767	<b>24.858</b>	27.956
4	10:45:46.502	<b>1:21.005</b>	28.220	24.919	27.866
5	10:47:07.872	<b>1:21.370</b>	<b>27.862</b>	25.376	28.132
6	10:48:29.855	<b>1:21.983</b>	28.437	25.690	<b>27.856</b>
7	10:49:52.491	<b>1:22.636</b>	28.283	25.271	29.082

(-71) Alf Erling Johansen

1	10:42:19.030			25.692	28.819
2	10:43:40.117	<b>1:21.087</b>	28.857	<b>25.006</b>	<b>27.224</b>
p3	10:44:59.241	<b>1:19.124</b>	<b>27.882</b>	25.186	

(41-) Adrian Sundet

1	10:05:59.720			27.658	30.076
2	10:07:25.418	<b>1:25.698</b>	29.604	26.631	29.463

## Heldagstrening SMCK

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 2 - Alle Klasser

18.05.2026 10:00

Practice (1:00:00 Time) started at 10:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
3	10:08:49.622	1:24.204	28.584	26.880	28.740
4	10:10:20.356	1:30.734	29.339	28.829	32.566
5	10:11:45.028	1:24.672	30.083	25.904	28.685
6	10:13:07.894	1:22.866	29.692	25.765	27.409
p7	10:14:39.028	1:31.134	28.420	26.431	

Lap	Time of Day	Lap Tm	S1	S2	S3
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(81) Hoai Bao Nguyen

1	10:05:38.671			28.727	32.762
2	10:07:08.295	1:29.624	31.055	27.040	31.529
3	10:08:32.631	1:24.336	30.992	25.257	28.087
4	10:09:57.571	1:24.940	29.106	26.317	29.517
5	10:11:23.436	1:25.865	30.188	26.320	29.357
6	10:12:47.040	1:23.604	29.377	25.603	28.624
7	10:14:10.579	1:23.539	28.793	25.552	29.194
8	10:15:36.910	1:26.331	30.798	25.890	29.643
9	10:17:03.401	1:26.491	29.319	26.039	31.133
10	10:18:27.331	1:23.930	28.887	25.938	29.105
p11	10:19:52.836	1:25.505	28.917	28.036	

(82-3) Maksymilian Alex Czaplak

1	10:03:51.726			31.009	34.175
2	10:05:31.165	1:39.439	34.094	30.506	34.839
3	10:07:07.823	1:36.658	33.407	29.662	33.589
4	10:08:44.450	1:36.627	32.987	30.408	33.232
5	10:10:17.388	1:32.938	33.934	28.249	30.755
6	10:11:44.451	1:27.063	29.692	27.725	29.646
7	10:13:11.401	1:26.950	29.568	27.848	29.534
8	10:14:37.669	1:26.268	28.792	27.181	30.295
9	10:16:03.631	1:25.962	29.016	27.501	29.445
10	10:17:29.525	1:25.894	29.537	27.301	29.056
p11	10:18:59.969	1:30.444	30.054	28.202	

(33) Bjørn Hasli

1	10:42:16.423			32.438	33.815
2	10:43:48.457	1:32.034	31.865	28.614	31.555
3	10:45:15.883	1:27.426	29.673	27.577	30.176
4	10:46:43.304	1:27.421	29.294	27.057	31.070
5	10:48:14.074	1:30.770	33.735	27.056	29.979
p6	10:49:36.202	1:22.128	30.023	27.341	

(82-2) Emil Thomassen Bøler

1	10:03:51.340			30.684	35.638
2	10:05:30.902	1:39.562	33.890	30.317	35.355
3	10:07:07.552	1:36.650	32.959	29.627	34.064
4	10:08:44.302	1:36.750	32.767	29.918	34.065
5	10:10:19.681	1:35.379	33.578	29.301	32.500
6	10:11:55.785	1:36.104	32.236	29.420	34.448
p7	10:13:34.553	1:38.768	33.229	30.077	
8	10:17:26.315	3:51.762		28.877	32.919
p9	10:18:58.610	1:32.295	31.767	28.510	