

# Heldagstrening og Klubbøløp SMCK

## Trening

## Vålerbanen Racing Circuit 2,262 km

### Practice Heat 2 - Alle Klasser

10.06.2019 10:20

### Practice (1:20:00 Time) started at 10:20:00

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(15) Thomas Sigvartsen</b>					
1	10:42:11.996			21.962	22.629
2	10:43:15.380	<b>1:03.384</b>	20.890	20.641	21.853
3	10:44:17.632	<b>1:02.252</b>	<b>20.344</b>	20.333	<b>21.575</b>
p4	10:45:27.441	<b>1:09.809</b>	20.382	20.700	
5	10:52:41.363	<b>7:13.922</b>		21.815	22.476
6	10:53:44.125	<b>1:02.762</b>	20.447	20.287	22.028
7	10:54:47.491	<b>1:03.366</b>	21.136	<b>20.210</b>	22.020
p8	10:56:05.889	<b>1:18.398</b>	24.496	24.460	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(41) Norvald Haaland</b>					
1	10:44:44.814			22.008	22.276
p2	10:45:59.126	<b>1:14.312</b>	<b>20.707</b>	22.590	
3	10:52:33.861	<b>6:34.735</b>	21.621	22.075	
4	10:53:36.206	<b>1:02.345</b>	20.890	<b>20.359</b>	<b>21.096</b>
5	10:54:39.414	<b>1:03.208</b>	20.807	21.258	21.143
p6	10:56:08.681	<b>1:29.267</b>	26.789	26.503	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(35) Jonathan Lykke Nessjøen</b>					
1	10:42:49.956			22.254	23.129
2	10:43:57.661	<b>1:07.705</b>	22.163	22.910	22.632
3	10:45:00.473	<b>1:02.812</b>	20.771	20.521	<b>21.520</b>
p4	10:46:20.727	<b>1:20.254</b>	24.211	24.799	
5	10:51:33.397	<b>5:12.670</b>		23.262	22.225
6	10:52:37.094	<b>1:03.697</b>	21.163	20.853	21.681
7	10:53:39.691	<b>1:02.597</b>	<b>20.611</b>	<b>20.448</b>	21.538
8	10:54:43.366	<b>1:03.675</b>	20.667	20.984	22.024
p9	10:56:09.441	<b>1:26.075</b>	25.341	25.601	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(49.) Trym Transeth Johansen</b>					
1	10:42:28.901			22.065	28.220
2	10:43:35.280	<b>1:06.379</b>	22.643	21.436	22.300
3	10:44:40.037	<b>1:04.757</b>	21.831	20.708	22.218
p4	10:45:51.760	<b>1:11.723</b>	20.973	23.022	
5	10:52:10.666	<b>6:18.906</b>		21.032	22.062
6	10:53:15.202	<b>1:04.536</b>	22.048	20.648	21.840
7	10:54:17.850	<b>1:02.648</b>	<b>20.644</b>	<b>20.465</b>	<b>21.539</b>
p8	10:55:28.484	<b>1:10.634</b>	21.416	22.343	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(70) Tore Stene</b>					
1	10:42:36.052			22.364	22.889
2	10:43:40.427	<b>1:04.375</b>	21.553	20.782	22.040
3	10:44:45.418	<b>1:04.991</b>	21.553	21.252	22.186
p4	10:46:02.367	<b>1:16.949</b>	21.069	22.650	
5	10:53:19.059	<b>7:16.692</b>		21.744	22.081
6	10:54:22.055	<b>1:02.996</b>	20.853	<b>20.627</b>	<b>21.516</b>
p7	10:55:39.889	<b>1:17.834</b>	<b>20.532</b>	23.150	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(8.) Håkon Kronstad</b>					
1	10:44:58.531			21.412	22.136
p2	10:46:19.598	<b>1:21.067</b>	25.817	24.832	
3	10:53:11.241	<b>6:51.643</b>		20.924	22.041
4	10:54:14.331	<b>1:03.090</b>	21.147	<b>20.300</b>	<b>21.643</b>
p5	10:55:29.484	<b>1:15.153</b>	<b>20.849</b>	22.134	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(96) anders valle</b>					
1	10:42:40.708			22.878	23.877
2	10:43:47.423	<b>1:06.715</b>	22.114	21.674	22.927
3	10:44:54.115	<b>1:06.692</b>	22.404	21.611	22.677
p4	10:46:17.468	<b>1:23.353</b>	24.178	26.374	
5	10:52:41.946	<b>6:24.478</b>		22.155	22.385
6	10:53:46.021	<b>1:04.075</b>	21.456	<b>20.647</b>	21.972
7	10:54:49.776	<b>1:03.755</b>	<b>21.152</b>	20.770	<b>21.833</b>
p8	10:56:26.324	<b>1:36.548</b>	29.488	26.948	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(80) Jonathan Caceres Kjøsterud</b>					
p1	10:45:42.528			21.071	
2	10:53:42.201	<b>7:59.673</b>		20.545	<b>21.863</b>
3	10:54:46.224	<b>1:04.023</b>	<b>21.271</b>	<b>20.486</b>	22.266
p4	10:56:22.038	<b>1:35.814</b>	28.812	27.379	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(69) Bobbo Enger</b>					
1	10:42:26.664			22.189	23.116
2	10:43:33.641	<b>1:06.977</b>	22.095	22.222	22.660
3	10:44:40.417	<b>1:06.776</b>	22.146	21.671	22.959
p4	10:45:57.130	<b>1:16.713</b>	21.309	25.645	
5	10:52:07.634	<b>6:10.504</b>		22.079	22.438
6	10:53:13.052	<b>1:05.418</b>	21.854	<b>21.383</b>	22.181
7	10:54:17.515	<b>1:04.463</b>	<b>21.128</b>	21.500	<b>21.835</b>
p8	10:55:32.531	<b>1:15.016</b>	21.494	25.364	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(18) Jan Dalegården</b>					
p1	10:45:54.398			22.808	
2	10:53:43.778	<b>7:49.380</b>		21.001	22.464
3	10:54:48.528	<b>1:04.750</b>	<b>21.654</b>	<b>20.838</b>	<b>22.258</b>
p4	10:56:25.443	<b>1:36.915</b>	30.092	26.869	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(23) Joakim Gulliksen</b>					
1	10:43:28.176			23.214	23.733
2	10:44:33.728	<b>1:05.552</b>	21.478	21.666	22.408
p3	10:45:54.747	<b>1:21.019</b>	<b>21.022</b>	22.484	
4	10:52:26.612	<b>6:31.865</b>		23.287	23.131
5	10:53:32.262	<b>1:05.650</b>	21.079	21.540	23.031
6	10:54:37.018	<b>1:04.756</b>	21.073	<b>21.526</b>	<b>22.157</b>
p7	10:56:05.043	<b>1:28.025</b>	22.715	29.105	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(59) Amund Granli</b>					
1	10:43:01.997			21.877	22.712
2	10:44:07.601	<b>1:05.604</b>	21.394	21.153	23.057
3	10:45:12.626	<b>1:05.025</b>	21.538	<b>20.914</b>	22.573
p4	10:46:42.292	<b>1:29.666</b>	30.137	27.959	
5	10:52:24.962	<b>5:42.670</b>		21.810	22.338
6	10:53:29.759	<b>1:04.797</b>	<b>21.000</b>	21.300	22.497
7	10:54:35.323	<b>1:05.564</b>	21.652	21.620	<b>22.292</b>
p8	10:56:04.456	<b>1:29.133</b>	22.178	30.738	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(29) Audun Gundersen</b>					
1	10:42:03.503			22.836	23.160
2	10:43:09.515	<b>1:06.012</b>	21.707	21.546	22.759
3	10:44:14.784	<b>1:05.269</b>	21.419	21.252	22.598
p4	10:45:26.350	<b>1:11.566</b>	21.312	22.219	
5	10:53:01.196	<b>7:34.846</b>		21.804	22.413
6	10:54:06.062	<b>1:04.866</b>	21.516	<b>21.081</b>	<b>22.269</b>
p7	10:55:22.756	<b>1:16.694</b>	<b>21.031</b>	21.606	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(5) Benjamin Storsveen</b>					
1	10:41:45.272			21.739	22.795
2	10:42:50.717	<b>1:05.445</b>	21.696	<b>20.988</b>	<b>22.761</b>
3	10:43:59.470	<b>1:08.753</b>	22.235	23.738	22.780
4	10:45:05.935	<b>1:06.465</b>	22.037	21.661	22.767
p5	10:46:37.891	<b>1:31.956</b>	28.218	30.474	
6	10:51:38.603	<b>5:00.712</b>		22.628	23.462
7	10:52:45.060	<b>1:06.457</b>	21.931	21.570	22.956
8	10:53:51.606	<b>1:06.546</b>	22.252	21.417	22.877
p9	10:58:31.895	<b>4:40.289</b>	<b>20.665</b>	2:39.141	

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(9.) Espen Sandbakken</b>					
1	10:54:00.084			24.972	26.053
p2	10:55:19.072	<b>1:18.988</b>	23.270	23.488	
3	11:14:35.141	<b>19:16.069</b>		23.303	24.573
4	11:15:42.227	<b>1:07.086</b>	22.018	21.929	23.139

Chief of Timing & Scoring: Timekeeping.no

Orbits

Jury President: TBA

Race Director: Roy Øwre

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# Vålerbanen

Racing Circuit



## Heldagstrening og Klubblop SMCK

### Trening

### Vålerbanen Racing Circuit 2,262 km

### Practice Heat 2 - Alle Klasser

### 10.06.2019 10:20

### Practice (1:20:00 Time) started at 10:20:00

Lap	Time of Day	Lap Tm	S1	S2	S3
5	11:16:47.802	<b>1:05.575</b>	21.714	21.181	<b>22.680</b>
p6	11:18:03.577	<b>1:15.775</b>	<b>21.190</b>	<b>21.011</b>	

#### (38.) Roy Erik Bjørndalen

Lap	Time of Day	Lap Tm	S1	S2	S3
1	11:05:09.828			22.315	23.077
2	11:06:16.545	<b>1:06.717</b>	<b>21.970</b>	21.265	23.482
3	11:07:25.158	<b>1:08.613</b>	21.974	23.647	22.992
4	11:08:32.859	<b>1:07.701</b>	22.099	21.840	23.762
5	11:09:39.322	<b>1:06.463</b>	22.549	21.499	<b>22.415</b>
6	11:10:45.183	<b>1:05.861</b>	22.101	<b>21.245</b>	22.515

#### (66.) Tom Einar Knudsen

Lap	Time of Day	Lap Tm	S1	S2	S3
1	11:03:05.632			23.708	24.860
2	11:04:15.839	<b>1:10.207</b>	23.367	22.728	24.112
3	11:05:26.623	<b>1:10.784</b>	22.824	23.214	24.746
4	11:06:35.277	<b>1:08.654</b>	23.106	22.135	23.413
5	11:07:44.155	<b>1:08.878</b>	22.668	22.623	23.587
6	11:08:51.674	<b>1:07.519</b>	22.220	22.003	23.296
7	11:09:58.984	<b>1:07.310</b>	22.246	21.921	23.143
8	11:11:08.105	<b>1:09.121</b>	22.708	23.173	23.240
9	11:12:14.793	<b>1:06.688</b>	21.868	21.755	23.065
10	11:13:21.779	<b>1:06.986</b>	22.699	<b>21.398</b>	<b>22.889</b>
11	11:14:28.719	<b>1:06.940</b>	22.054	21.595	23.291
12	11:15:34.703	<b>1:05.984</b>	<b>21.104</b>	21.835	23.045
13	11:16:41.689	<b>1:06.986</b>	21.867	22.025	23.094
p14	11:18:00.400	<b>1:18.711</b>	21.851	21.714	

#### (13.) Jan ivar Skilbrei

Lap	Time of Day	Lap Tm	S1	S2	S3
1	11:02:42.825			23.205	24.156
2	11:03:50.359	<b>1:07.534</b>	22.795	21.608	23.131
3	11:04:58.040	<b>1:07.681</b>	22.082	21.331	24.268
4	11:06:04.115	<b>1:06.075</b>	<b>21.542</b>	21.305	23.228
5	11:07:12.308	<b>1:08.193</b>	22.245	22.234	23.714
6	11:08:20.642	<b>1:08.334</b>	22.947	22.174	23.213
7	11:09:26.638	<b>1:05.996</b>	21.797	<b>21.256</b>	<b>22.943</b>
8	11:10:33.238	<b>1:06.600</b>	21.788	21.478	23.334
9	11:11:41.806	<b>1:08.568</b>	22.496	22.830	23.242
10	11:12:48.714	<b>1:06.908</b>	22.268	21.491	23.149
11	11:13:56.178	<b>1:07.464</b>	22.273	21.710	23.481
12	11:15:03.917	<b>1:07.739</b>	22.312	21.756	23.671
13	11:16:13.380	<b>1:09.463</b>	23.364	22.896	23.203
p14	11:17:30.919	<b>1:17.539</b>	22.808	22.231	

#### (131) Magnus Markestad

Lap	Time of Day	Lap Tm	S1	S2	S3
1	10:43:28.704			22.843	23.506
2	10:44:35.251	<b>1:06.547</b>	<b>21.965</b>	21.646	22.936
p3	10:45:55.502	<b>1:20.251</b>	21.971	23.854	
4	10:52:30.350	<b>6:34.848</b>		22.541	23.156
5	10:53:36.918	<b>1:06.568</b>	22.232	<b>21.497</b>	<b>22.839</b>
6	10:54:45.269	<b>1:08.351</b>	22.488	22.665	23.198
p7	10:56:19.191	<b>1:33.922</b>	29.055	26.347	

#### (.113) Erik Myrberget

Lap	Time of Day	Lap Tm	S1	S2	S3
1	10:42:40.103			22.938	24.173
2	10:43:47.282	<b>1:07.179</b>	22.098	21.791	23.290
3	10:44:53.830	<b>1:06.548</b>	22.108	<b>21.427</b>	<b>23.013</b>
p4	10:46:14.109	<b>1:20.279</b>	23.294	25.906	
5	10:52:28.880	<b>6:14.771</b>		22.611	23.358
6	10:53:35.999	<b>1:07.119</b>	21.895	21.821	23.403
7	10:54:43.920	<b>1:07.921</b>	22.863	21.835	23.223
p8	10:56:11.694	<b>1:27.774</b>	26.410	25.827	

#### (52) Gunnar Thøgersen

Lap	Time of Day	Lap Tm	S1	S2	S3
1	10:42:50.171			22.497	22.755
2	10:43:59.070	<b>1:08.899</b>	22.279	23.950	<b>22.670</b>
3	10:45:05.620	<b>1:06.550</b>	<b>21.920</b>	21.866	22.764

Lap	Time of Day	Lap Tm	S1	S2	S3
p4	10:46:22.151	<b>1:16.531</b>	24.107	24.349	
5	10:52:30.828	<b>6:08.677</b>		22.574	23.079
6	10:53:37.461	<b>1:06.633</b>	22.168	<b>21.739</b>	22.726
7	10:54:45.505	<b>1:08.044</b>	22.383	22.699	22.962
p8	10:56:18.121	<b>1:32.616</b>	28.365	26.034	

#### (21) Leif Kristiansen

Lap	Time of Day	Lap Tm	S1	S2	S3
1	11:03:27.751			24.558	24.449
2	11:04:37.207	<b>1:09.456</b>	22.521	23.010	23.925
3	11:05:44.879	<b>1:07.672</b>	22.621	21.993	23.058
4	11:06:51.843	<b>1:06.964</b>	21.992	21.807	23.165
5	11:08:01.846	<b>1:10.003</b>	22.177	22.492	25.334
6	11:09:08.428	<b>1:06.582</b>	22.513	<b>21.314</b>	22.755
7	11:10:15.462	<b>1:07.034</b>	22.164	21.599	23.271
8	11:11:22.768	<b>1:07.306</b>	22.263	21.598	23.445
9	11:12:30.419	<b>1:07.651</b>	<b>21.489</b>	23.135	23.027
10	11:13:38.241	<b>1:07.822</b>	22.817	21.949	23.056
11	11:14:45.525	<b>1:07.284</b>	22.815	21.737	<b>22.732</b>
12	11:15:52.246	<b>1:06.721</b>	22.099	21.579	23.043
p13	11:17:07.447	<b>1:15.201</b>	21.550	21.711	

#### (69.) Geir Lien

Lap	Time of Day	Lap Tm	S1	S2	S3
1	11:07:51.351			22.659	24.195
2	11:09:00.417	<b>1:09.066</b>	22.945	22.634	23.487
3	11:10:11.993	<b>1:11.576</b>	23.879	23.557	24.140
4	11:11:20.136	<b>1:08.143</b>	23.042	22.076	23.025
5	11:12:30.122	<b>1:09.986</b>	23.158	23.651	23.177
6	11:13:38.690	<b>1:08.568</b>	22.894	21.845	23.829
7	11:14:47.851	<b>1:09.161</b>	23.033	22.946	23.182
8	11:15:55.424	<b>1:07.573</b>	22.211	22.231	23.131
9	11:17:02.027	<b>1:06.603</b>	<b>22.042</b>	21.825	<b>22.736</b>
p10	11:18:16.540	<b>1:14.513</b>	22.146	<b>21.559</b>	

#### (50.) Paul Einar Aastad

Lap	Time of Day	Lap Tm	S1	S2	S3
1	10:43:04.365			22.246	23.458
2	10:44:11.700	<b>1:07.335</b>	22.288	21.919	23.128
3	10:45:19.427	<b>1:07.727</b>	<b>21.778</b>	22.302	23.647
p4	10:46:44.445	<b>1:25.018</b>	25.598	26.454	
5	10:51:37.914	<b>4:53.469</b>		23.043	23.695
6	10:52:44.830	<b>1:06.916</b>	22.238	21.619	23.059
7	10:53:51.457	<b>1:06.627</b>	22.069	<b>21.519</b>	<b>23.039</b>
p8	10:55:04.463	<b>1:13.006</b>	22.322	21.747	

#### (113) Kjell tore Nornes

Lap	Time of Day	Lap Tm	S1	S2	S3
1	10:22:43.847			23.789	25.955
2	10:23:55.795	<b>1:11.948</b>	24.279	22.814	24.855
3	10:25:09.026	<b>1:13.231</b>	24.234	22.684	26.313
4	10:26:20.659	<b>1:11.633</b>	23.612	23.306	24.715
5	10:27:33.235	<b>1:12.576</b>	23.391	24.017	25.168
6	10:28:48.172	<b>1:14.937</b>	23.787	22.863	28.287
7	10:30:01.184	<b>1:13.012</b>	25.950	22.698	24.364
8	10:31:11.742	<b>1:10.558</b>	23.171	23.098	24.289
9	10:32:22.387	<b>1:10.645</b>	23.433	22.465	24.747
10	10:33:36.561	<b>1:14.174</b>	24.446	24.911	24.817
11	10:34:56.379	<b>1:19.818</b>	26.798	27.187	25.833
12	10:36:09.589	<b>1:13.210</b>	25.689	22.847	24.674
13	10:37:21.813	<b>1:12.224</b>	23.831	23.292	25.101
p14	10:38:46.924	<b>1:25.111</b>	25.939	24.170	
15	11:02:28.091	<b>23:41.167</b>		23.118	23.602
16	11:03:35.422	<b>1:07.331</b>	22.040	21.949	23.342
17	11:04:42.840	<b>1:07.418</b>	22.168	22.393	22.857
18	11:05:50.453	<b>1:07.613</b>	22.545	22.038	23.030
19	11:06:58.197	<b>1:07.744</b>	22.540	22.024	23.180
20	11:08:05.287	<b>1:07.090</b>	22.010	21.956	23.124
21	11:09:13.651	<b>1:08.364</b>	22.333	23.107	22.924
22	11:10:21.618	<b>1:07.967</b>	22.236	21.961	23.770

Chief of Timing & Scoring: Timekeeping.no

Jury President: TBA

Race Director: Roy Øwre

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# Heldagstrening og Klubblop SMCK

## Trening

## Vålerbanen Racing Circuit 2,262 km

### Practice Heat 2 - Alle Klasser

10.06.2019 10:20

Practice (1:20:00 Time) started at 10:20:00

Lap	Time of Day	Lap Tm	S1	S2	S3
23	11:11:28.484	1:06.866	22.152	22.020	22.694
24	11:12:36.758	1:08.274	21.695	22.839	23.740
25	11:13:44.536	1:07.778	22.802	22.057	22.919
26	11:14:51.862	1:07.326	21.850	22.235	23.241
27	11:15:59.008	1:07.146	22.306	22.089	22.751
28	11:17:06.096	1:07.088	21.857	21.729	23.502
p29	11:18:28.086	1:21.990	22.611	22.773	

(356) Andreas Hansen

1	11:02:08.019			23.786	24.829
2	11:03:19.251	1:11.232	23.621	22.491	25.120
3	11:04:28.071	1:08.820	23.081	21.941	23.798
4	11:05:37.057	1:08.986	23.269	21.750	23.967
5	11:06:45.434	1:08.377	22.575	21.463	24.339
6	11:07:53.131	1:07.697	22.480	21.590	23.627
7	11:09:01.229	1:08.098	22.877	21.825	23.396
8	11:10:17.023	1:15.794	23.628	23.744	28.422
9	11:11:26.388	1:09.365	23.344	21.686	24.335
10	11:12:36.500	1:10.112	23.333	22.052	24.727
11	11:13:43.439	1:06.939	22.727	21.197	23.015
12	11:14:53.834	1:10.395	22.737	22.929	24.729
13	11:16:03.042	1:09.208	23.173	21.764	24.271
14	11:17:11.601	1:08.559	23.577	21.369	23.613
p15	11:18:34.217	1:22.616	24.832	23.625	

(47) Vidar Killi

1	11:22:06.790			23.771	24.199
2	11:23:14.311	1:07.521	22.665	21.848	23.008
3	11:24:21.374	1:07.063	22.485	21.564	23.014
4	11:25:29.934	1:08.560	22.271	22.991	23.298
5	11:26:59.812	1:29.878	25.607	39.230	25.041
6	11:28:15.042	1:15.230	22.795	26.630	25.805
p7	11:29:53.593	1:38.551	28.447	26.011	

(942) Thomas Bergström

1	11:01:21.906			24.580	24.711
2	11:02:32.156	1:10.250	23.111	22.878	24.261
3	11:03:41.280	1:09.124	22.376	22.483	24.265
4	11:04:49.771	1:08.491	22.769	22.173	23.549
5	11:05:58.088	1:08.317	22.300	22.400	23.617
6	11:07:06.114	1:08.026	22.639	22.059	23.328
7	11:08:14.430	1:08.316	22.432	22.358	23.526
8	11:09:22.556	1:08.126	22.544	22.330	23.252
9	11:10:30.855	1:08.299	22.596	22.101	23.602
10	11:11:38.784	1:07.929	22.359	22.195	23.375
11	11:12:46.801	1:08.017	22.634	22.121	23.262
12	11:13:54.224	1:07.423	22.522	21.917	22.984
13	11:15:03.090	1:08.866	23.085	22.127	23.654
14	11:16:11.902	1:08.812	23.609	22.140	23.063
15	11:17:19.311	1:07.409	22.576	22.001	22.832
p16	11:18:43.872	1:24.561	24.463	24.787	

(960) Kjell Petter Tråholt

1	11:22:54.883			22.769	23.773
2	11:24:04.616	1:09.733	22.500	22.509	24.724
3	11:25:17.313	1:12.697	26.027	22.838	23.832
4	11:26:26.450	1:09.137	23.112	22.306	23.719
p5	11:27:47.368	1:20.918	22.696	23.608	
6	11:34:41.462	6:54.094		22.274	23.491
7	11:35:49.385	1:07.923	22.913	21.996	23.014
8	11:36:56.823	1:07.438	22.700	22.081	22.657
9	11:38:06.089	1:09.266	23.976	22.049	23.241

(66) Marius Naume

1	10:42:56.390			22.693	23.910
2	10:44:05.327	1:08.937	22.909	22.430	23.598

Lap	Time of Day	Lap Tm	S1	S2	S3
3	10:45:12.940	1:07.613	22.796	21.569	23.248
p4	10:46:39.611	1:26.671	26.473	27.534	
5	10:52:49.780	6:10.169		22.886	23.725
6	10:53:58.229	1:08.449	21.960	22.465	24.024
p7	10:55:11.604	1:13.375	21.910	22.064	

(77.) Rune Steffensen

1	11:24:47.051			23.319	24.562
2	11:25:55.118	1:08.067	22.422	21.935	23.710
3	11:27:04.391	1:09.273	22.379	22.987	23.907
4	11:28:16.711	1:12.320	22.194	23.600	26.526
p5	11:29:48.523	1:31.812	29.295	23.803	

(165) Pål Bekkelund

1	11:22:09.201			23.529	24.400
2	11:23:19.037	1:09.836	22.631	23.072	24.133
3	11:24:28.492	1:09.455	23.340	22.603	23.512
4	11:25:37.150	1:08.658	22.712	22.388	23.558
5	11:26:46.802	1:09.652	22.735	23.180	23.737
6	11:27:55.133	1:08.331	22.560	22.327	23.444
p7	11:29:45.665	1:50.532	28.188	35.718	
8	11:35:13.688	5:28.023		23.281	24.051
9	11:36:23.081	1:09.393	23.891	22.211	23.291
10	11:37:31.717	1:08.636	22.223	22.555	23.858

(1) Sverre Saxegaard

1	11:02:43.948			23.415	24.330
2	11:03:54.207	1:10.259	23.280	22.770	24.209
3	11:05:03.539	1:09.332	22.891	22.620	23.821
4	11:06:12.437	1:08.898	22.306	22.197	24.395
5	11:07:21.869	1:09.432	22.947	22.479	24.006
6	11:08:32.643	1:10.774	23.437	22.980	24.357
7	11:09:42.047	1:09.404	22.771	22.966	23.667
8	11:10:51.206	1:09.159	22.435	22.538	24.186
9	11:12:00.254	1:09.048	22.354	22.814	23.880
10	11:13:08.860	1:08.606	22.408	22.394	23.804
p11	11:14:31.255	1:22.395	22.472	23.110	

(646) Jan Erik Høiby

1	11:22:57.041			23.035	24.149
2	11:24:07.359	1:10.318	23.067	22.810	24.441
3	11:25:20.918	1:13.559	24.693	24.732	24.134
4	11:26:29.671	1:08.753	22.137	22.538	24.078
5	11:27:39.243	1:09.572	22.222	22.377	24.973
p6	11:29:04.890	1:25.647	23.906	24.140	

(357) Jo Sætre

1	11:02:07.311			23.678	24.796
2	11:03:18.809	1:11.498	23.584	22.667	25.247
3	11:04:30.262	1:11.453	23.807	23.474	24.172
4	11:05:40.183	1:09.921	23.583	22.407	23.931
5	11:06:49.300	1:09.117	23.069	22.055	23.993
6	11:08:02.133	1:12.833	24.328	22.393	26.112
7	11:09:11.756	1:09.623	23.454	22.548	23.621
8	11:10:22.729	1:10.973	24.171	23.092	23.710
9	11:11:31.855	1:09.126	23.440	21.925	23.761
10	11:12:41.830	1:09.975	23.539	22.686	23.750
11	11:13:51.165	1:09.335	23.346	21.931	24.058
12	11:15:03.480	1:12.315	22.803	24.320	25.192
13	11:16:15.855	1:12.375	24.751	23.018	24.606
14	11:17:27.446	1:11.591	23.311	23.618	24.662
p15	11:18:52.803	1:25.357	24.779	23.517	

(19) Guttorm Nyhus

1	11:01:45.731			26.698	26.827
2	11:02:59.662	1:13.931	24.824	24.056	25.051

Chief of Timing & Scoring: Timekeeping.no

Orbits

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### Heldagstrening og Klubblop SMCK

#### Trening Vålerbanen Racing Circuit 2,262 km

#### Practice Heat 2 - Alle Klasser

10.06.2019 10:20

#### Practice (1:20:00 Time) started at 10:20:00

Lap	Time of Day	Lap Tm	S1	S2	S3
3	11:04:12.197	1:12.535	24.069	23.623	24.843
4	11:05:25.547	1:13.350	23.843	24.499	25.008
5	11:06:37.196	1:11.649	23.446	23.499	24.704
6	11:07:48.693	1:11.497	23.556	23.465	24.476
7	11:08:59.834	1:11.141	23.405	23.294	24.442
8	11:10:11.652	1:11.818	24.198	23.449	24.171
9	11:11:23.403	1:11.751	23.845	23.458	24.448
10	11:12:36.594	1:13.191	23.237	23.863	26.091
11	11:13:48.860	1:12.266	24.054	23.274	24.938
12	11:14:59.456	1:10.596	23.223	23.250	24.123
13	11:16:09.407	1:09.951	23.179	22.957	23.815
14	11:17:18.562	1:09.155	22.604	22.985	23.566
p15	11:18:41.432	1:22.870	23.302	24.863	

Lap	Time of Day	Lap Tm	S1	S2	S3
2	11:23:20.779	1:10.561	23.206	23.063	24.292
3	11:24:31.204	1:10.425	23.076	23.070	24.279
4	11:25:41.015	1:09.811	23.047	22.636	24.128
5	11:26:53.969	1:12.954	23.265	22.801	26.888
6	11:28:08.776	1:14.807	26.804	23.730	24.273
p7	11:29:42.195	1:33.419	29.553	27.376	
8	11:34:45.224	5:03.029	23.262		24.797
9	11:35:55.768	1:10.544	23.293	22.914	24.337
10	11:37:06.391	1:10.623	22.978	22.966	24.679
11	11:38:17.130	1:10.739	23.453	22.933	24.353

(8) Arne Torvik

1	10:44:08.665			23.802	25.533
2	10:45:18.577	1:09.912	22.498	23.570	23.844
p3	10:46:49.186	1:30.609	27.908	27.708	
4	10:53:32.978	6:43.792		23.947	24.971
5	10:54:44.783	1:11.805	23.563	23.463	24.779
p6	10:56:17.247	1:32.464	28.283	26.325	

(54) Sindre Dølvik

1	10:43:35.370			26.035	23.902
2	10:44:48.128	1:12.758	24.634	23.910	24.214
p3	10:46:08.918	1:20.790	23.591	25.200	
4	10:53:25.425	7:16.507		23.516	24.144
5	10:54:36.553	1:11.128	23.858	23.756	23.514
p6	10:56:07.154	1:30.601	24.125	29.361	
7	11:07:44.773	11:37.619		24.314	25.427
8	11:08:55.965	1:11.192	23.964	23.232	23.996
9	11:10:07.740	1:11.775	24.152	23.348	24.275
10	11:11:17.971	1:10.231	23.347	22.846	24.038
11	11:12:29.653	1:11.682	25.053	22.755	23.874
12	11:13:42.166	1:12.513	23.480	24.420	24.613
13	11:14:53.082	1:10.916	23.313	23.362	24.241
14	11:16:03.572	1:10.490	23.057	22.954	24.479
15	11:17:16.108	1:12.536	24.126	23.756	24.654
p16	11:18:39.227	1:23.119	24.361	23.957	

(77) Terje Vestby

1	11:02:43.045			24.043	26.040
2	11:03:56.292	1:13.247	24.433	23.921	24.893
3	11:05:06.984	1:10.692	23.500	22.747	24.445
4	11:06:18.359	1:11.375	23.342	23.289	24.744
5	11:07:28.628	1:10.269	23.438	22.622	24.209
p6	11:08:45.272	1:16.644	23.329	24.234	
7	11:10:10.932	1:25.660	23.159	24.315	24.866
8	11:11:22.735	1:11.803	24.193	23.202	24.408
9	11:12:35.923	1:13.188	23.648	23.636	25.904
10	11:13:47.777	1:11.854	23.764	23.436	24.654
11	11:14:58.757	1:10.980	23.485	22.927	24.568
12	11:16:11.181	1:12.424	23.987	23.812	24.625
p13	11:17:32.101	1:20.920	23.524	24.163	

(26) atle glorud Syversen

1	11:25:46.703			23.510	25.039
2	11:26:57.032	1:10.329	22.959	22.966	24.404
3	11:28:14.455	1:17.423	25.002	26.821	25.600
p4	11:29:41.388	1:26.933	24.555	26.394	

(27) Petter Glorud Syversen

1	11:25:45.668			24.326	24.798
2	11:26:56.429	1:10.761	22.939	22.962	24.860
3	11:28:16.187	1:19.758	25.325	27.408	27.025
p4	11:29:44.357	1:28.170	24.312	25.867	

(26.) Lars Martin Granshagen

1	10:45:21.194			25.304	25.845
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(23.) Morten Midtlie

1	11:22:26.779			25.074	27.438
2	11:23:40.314	1:13.535	24.426	24.061	25.048
3	11:24:51.913	1:11.599	25.297	22.557	23.745
4	11:26:02.601	1:10.688	23.169	22.885	24.634
5	11:27:11.780	1:09.179	22.798	22.671	23.710
p6	11:28:32.443	1:20.663	23.044	22.554	
7	11:35:08.711	6:36.268		23.035	24.230
8	11:36:19.164	1:10.453	23.310	23.012	24.131
9	11:37:30.094	1:10.930	23.903	23.033	23.994

(34 / 6) Rune Vangen

1	11:01:54.703			28.069	27.954
2	11:03:12.529	1:17.826	26.847	25.032	25.947
3	11:04:26.248	1:13.719	24.485	24.350	24.884
4	11:05:38.292	1:12.044	24.352	23.323	24.369
5	11:06:49.153	1:10.861	23.259	23.128	24.474
6	11:08:01.261	1:12.108	23.549	22.779	25.780
7	11:09:11.741	1:10.480	23.185	22.880	24.415
8	11:10:21.731	1:09.990	23.304	22.317	24.369
9	11:11:31.451	1:09.720	23.493	22.260	23.967
10	11:12:40.789	1:09.338	23.049	22.411	23.878
11	11:13:51.284	1:10.495	22.755	22.302	25.438
12	11:15:02.711	1:11.427	23.302	23.529	24.596
13	11:16:12.170	1:09.459	22.638	22.298	24.523
14	11:17:22.315	1:10.145	23.288	22.509	24.348
p15	11:18:46.091	1:23.776	23.250	24.859	

(199) Svein Kragtorp

1	11:02:49.609			24.355	25.515
2	11:04:02.004	1:12.395	23.868	23.671	24.856
3	11:05:12.821	1:10.817	23.495	22.932	24.390
4	11:06:23.270	1:10.449	23.008	22.773	24.668
5	11:07:33.713	1:10.443	23.295	22.997	24.151
6	11:08:43.790	1:10.077	23.209	22.697	24.171
7	11:09:54.744	1:10.954	23.081	23.694	24.179
8	11:11:04.756	1:10.012	22.490	22.447	25.075
9	11:12:14.294	1:09.538	22.301	22.560	24.677
10	11:13:23.647	1:09.353	23.329	22.374	23.650
p11	11:14:40.234	1:16.587	23.283	22.476	

(81) Lars øyvind Fagerli

1	11:24:48.471			23.564	24.271
2	11:25:58.636	1:10.165	23.628	22.684	23.853
3	11:27:08.207	1:09.571	22.814	22.990	23.767
p4	11:28:28.667	1:20.460	22.867	22.989	
5	11:35:35.843	7:07.176		23.692	23.938
6	11:36:48.061	1:12.218	23.946	23.153	25.119
7	11:37:59.045	1:10.984	23.458	23.386	24.140

(11) Mads Sandbakken

1	11:22:10.218			23.608	24.719
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## Heldagstrening og Klubblop SMCK

### Trening

Vålerbanen Racing Circuit 2,262 km

### Practice Heat 2 - Alle Klasser

10.06.2019 10:20

### Practice (1:20:00 Time) started at 10:20:00

Lap	Time of Day	Lap Tm	S1	S2	S3
1	10:23:45.777			28.561	30.339
2	10:25:09.311	<b>1:23.534</b>	28.514	26.390	28.630
3	10:26:31.161	<b>1:21.850</b>	27.755	25.730	28.365
4	10:27:55.339	<b>1:24.178</b>	27.415	27.701	29.062
5	10:29:16.486	<b>1:21.147</b>	28.218	<b>25.380</b>	<b>27.549</b>
6	10:30:37.496	<b>1:21.010</b>	<b>26.752</b>	26.006	28.252
7	10:32:10.514	<b>1:33.018</b>	29.644	31.683	31.691
8	10:33:35.860	<b>1:25.346</b>	29.404	26.087	29.855
9	10:35:00.494	<b>1:24.634</b>	27.158	28.372	29.104
p10	10:36:36.032	<b>1:35.538</b>	27.490	27.400	

#### (49) Thea Siggerud

1	10:24:04.171			28.814	30.352
2	10:25:31.454	<b>1:27.283</b>	28.734	28.855	29.694
3	10:26:57.179	<b>1:25.725</b>	29.100	27.615	29.010
4	10:28:20.688	<b>1:23.509</b>	27.825	26.923	28.761
5	10:29:43.971	<b>1:23.283</b>	27.340	27.072	28.871
6	10:31:05.694	<b>1:21.723</b>	27.371	26.237	<b>28.115</b>
7	10:32:27.695	<b>1:22.001</b>	<b>26.913</b>	26.481	28.607
8	10:33:51.768	<b>1:24.073</b>	26.922	26.978	30.173
9	10:35:16.833	<b>1:25.065</b>	29.141	27.665	28.259
10	10:36:38.972	<b>1:22.139</b>	27.416	<b>26.033</b>	28.690
p11	10:38:15.338	<b>1:36.366</b>	27.028	26.409	

#### (313) Frode Sætran

1	11:22:39.678			28.696	29.529
2	11:24:03.384	<b>1:23.706</b>	<b>27.114</b>	27.387	29.205
3	11:25:27.928	<b>1:24.544</b>	27.850	27.532	29.162
4	11:26:53.078	<b>1:25.150</b>	27.667	27.864	29.619
5	11:28:16.005	<b>1:22.927</b>	27.354	<b>27.196</b>	<b>28.377</b>
p6	11:30:14.126	<b>1:58.121</b>	39.228	36.039	

#### (15.) Ingar Olsen

1	11:24:47.434			31.466	31.280
2	11:26:12.777	<b>1:25.343</b>	27.868	28.378	29.097
3	11:27:36.361	<b>1:23.584</b>	<b>26.959</b>	<b>28.179</b>	<b>28.446</b>
p4	11:29:19.102	<b>1:42.741</b>	27.812	34.529	

#### (266) Isobel Kvaavik

1	10:26:26.804			29.120	31.857
2	10:27:54.782	<b>1:27.978</b>	29.135	29.509	29.334
3	10:29:24.955	<b>1:30.173</b>	30.602	29.425	30.146
4	10:30:52.934	<b>1:27.979</b>	29.338	28.481	30.160
5	10:32:19.616	<b>1:26.682</b>	29.660	<b>27.683</b>	29.339
6	10:33:50.780	<b>1:31.164</b>	28.786	28.829	33.549
7	10:35:19.447	<b>1:28.667</b>	30.645	28.511	29.511
8	10:36:45.131	<b>1:25.684</b>	28.610	27.956	<b>29.118</b>
p9	10:38:20.000	<b>1:34.869</b>	<b>28.182</b>	28.683	

#### (29) Geir Nyseth

1	10:22:45.614			32.184	34.923
2	10:24:19.404	<b>1:33.790</b>	31.585	30.257	31.948
3	10:25:49.752	<b>1:30.348</b>	31.071	29.126	30.151
4	10:27:20.153	<b>1:30.401</b>	30.276	28.873	31.252
5	10:28:51.149	<b>1:30.996</b>	30.152	29.049	31.795
6	10:30:29.107	<b>1:37.958</b>	32.728	31.497	33.733
7	10:31:56.714	<b>1:27.607</b>	29.321	28.298	29.988
8	10:33:23.289	<b>1:26.575</b>	29.531	27.809	29.235
9	10:34:50.089	<b>1:26.800</b>	28.888	<b>27.636</b>	30.276
10	10:36:16.867	<b>1:26.778</b>	29.084	28.299	29.395
11	10:37:42.969	<b>1:26.102</b>	29.080	28.494	<b>28.528</b>
p12	10:39:17.555	<b>1:34.586</b>	<b>28.511</b>	28.067	

#### (21.) Hilde og Glenn Sommerfelt

1	10:23:56.033			32.762	33.938
2	10:25:35.092	<b>1:39.059</b>	32.527	32.578	33.954

Lap	Time of Day	Lap Tm	S1	S2	S3
3	10:27:12.514	<b>1:37.422</b>	31.199	32.699	33.524
4	10:28:50.341	<b>1:37.827</b>	32.006	31.900	33.921
5	10:30:31.600	<b>1:41.259</b>	32.879	33.616	34.764
6	10:32:10.674	<b>1:39.074</b>	33.622	32.534	32.918
7	10:33:50.336	<b>1:39.662</b>	33.513	31.775	34.374
8	10:35:22.970	<b>1:32.634</b>	<b>30.010</b>	30.807	31.817
9	10:36:54.756	<b>1:31.786</b>	30.329	<b>30.289</b>	<b>31.168</b>
p10	10:38:36.744	<b>1:41.988</b>	30.215	30.735	

#### (71) Tom Roger Syversen

1	10:30:29.412			34.050	35.163
2	10:32:09.553	<b>1:40.141</b>	34.622	31.821	<b>33.698</b>
3	10:33:49.546	<b>1:39.993</b>	33.962	<b>31.658</b>	34.373
4	10:35:29.188	<b>1:39.642</b>	32.957	32.740	33.945
p5	10:37:14.907	<b>1:45.719</b>	<b>32.431</b>	32.437	

#### (6) Trond Richard Rusthen

p1	10:44:13.244				28.280
p2	10:51:45.389	<b>7:32.145</b>			<b>26.395</b>

#### (40) Tor Henning Molstad

1	10:44:12.365				<b>21.394</b>
p2	10:50:26.971	<b>6:14.606</b>	<b>20.974</b>	4:54.818	<b>22.687</b>

#### (126) Øystein Nettum

1	10:54:48.130				<b>24.459</b>
p2	10:56:24.761	<b>1:36.631</b>	<b>28.636</b>	27.569	<b>24.786</b>