

Mandagstrening SMCK

Trening

Vålerbanen 2,274 km

Practice Heat 3 - Alle Klasser

21.06.2021 19:00

Practice (1:00:00 Time) started at 19:00:00

Lap	Lap Tm	Diff	Time of Day
11	1:12.433	+0.119	19:34:46.480
12	1:12.553	+0.239	19:35:59.033
13	1:12.314		19:37:11.347
14	1:12.786	+0.472	19:38:24.133
p15	1:23.483	+11.169	19:39:47.616

(10) Kjetil Sjøflot

Lap	Lap Tm	Diff	Time of Day
1			19:45:42.342
2	1:17.970	+1.219	19:47:00.312
3	1:17.329	+0.578	19:48:17.641
4	1:18.234	+1.483	19:49:35.875
p5	1:22.860	+6.109	19:50:58.735
6	4:01.875	+2:45.124	19:55:00.610
7	1:16.770	+0.019	19:56:17.380
8	1:16.751		19:57:34.131

(158) Nikolai Bratvold

Lap	Lap Tm	Diff	Time of Day
1			19:41:36.277
2	1:20.310	+2.678	19:42:56.587
3	1:19.517	+1.885	19:44:16.104
4	1:19.545	+1.913	19:45:35.649
5	1:18.908	+1.276	19:46:54.557
6	1:19.261	+1.629	19:48:13.818
7	1:19.017	+1.385	19:49:32.835
8	1:19.333	+1.701	19:50:52.168
9	1:19.776	+2.144	19:52:11.944
10	1:19.475	+1.843	19:53:31.419
11	1:18.561	+0.929	19:54:49.980
12	1:18.326	+0.694	19:56:08.306
13	1:17.632		19:57:25.938

(5) Ronny Hagen

Lap	Lap Tm	Diff	Time of Day
1			19:42:47.934
2	1:19.627	+1.652	19:44:07.561
3	1:19.339	+1.364	19:45:26.900
4	1:19.581	+1.606	19:46:46.481
5	1:19.353	+1.378	19:48:05.834
6	1:19.274	+1.299	19:49:25.108
7	1:19.145	+1.170	19:50:44.253
8	1:17.975		19:52:02.228
9	1:18.189	+0.214	19:53:20.417
10	1:18.683	+0.708	19:54:39.100
11	1:18.881	+0.906	19:55:57.981
p12	1:28.451	+10.476	19:57:26.432

(7) Stian Nordby

Lap	Lap Tm	Diff	Time of Day
1			19:42:52.782
2	1:24.069	+5.936	19:44:16.851
3	1:21.828	+3.695	19:45:38.679
4	1:19.455	+1.322	19:46:58.134
5	1:18.392	+0.259	19:48:16.526
6	1:19.850	+1.717	19:49:36.376
7	1:19.573	+1.440	19:50:55.949
8	1:18.664	+0.531	19:52:14.613
9	1:19.063	+0.930	19:53:33.676
10	1:18.280	+0.147	19:54:51.956
11	1:18.133		19:56:10.089
12	1:18.211	+0.078	19:57:28.300

(82) Kristian Inge Asgeirsson

Lap	Lap Tm	Diff	Time of Day
1			19:21:38.265
2	1:25.834	+7.020	19:23:04.099
3	1:26.712	+7.898	19:24:30.811
4	1:23.264	+4.450	19:25:54.075
5	1:22.758	+3.944	19:27:16.833
6	1:19.391	+0.577	19:28:36.224

Lap	Lap Tm	Diff	Time of Day
7	1:20.144	+1.330	19:29:56.368
8	1:19.113	+0.299	19:31:15.481
9	1:18.814		19:32:34.295
10	1:20.019	+1.205	19:33:54.314
11	1:19.865	+1.051	19:35:14.179
12	1:19.820	+1.006	19:36:33.999
13	1:24.992	+6.178	19:37:58.991
p14	1:30.537	+11.723	19:39:29.528

(28) Frank Rygge

Lap	Lap Tm	Diff	Time of Day
1			19:42:25.341
2	1:27.324	+8.015	19:43:52.665
3	1:24.158	+4.849	19:45:16.823
4	1:23.556	+4.247	19:46:40.379
5	1:22.552	+3.243	19:48:02.931
6	1:21.880	+2.571	19:49:24.811
7	1:21.417	+2.108	19:50:46.228
8	1:19.812	+0.503	19:52:06.040
9	1:21.199	+1.890	19:53:27.239
10	1:20.991	+1.682	19:54:48.230
11	1:19.492	+0.183	19:56:07.722
12	1:19.309		19:57:27.031

(8') Kristin Rusten Heiberg

Lap	Lap Tm	Diff	Time of Day
1			19:21:31.889
2	1:31.293	+10.725	19:23:03.182
3	1:27.393	+6.825	19:24:30.575
4	1:24.263	+3.695	19:25:54.838
5	1:23.187	+2.619	19:27:18.025
6	1:20.568		19:28:38.593
7	1:22.919	+2.351	19:30:01.512
8	1:22.285	+1.717	19:31:23.797
9	1:21.882	+1.314	19:32:45.679
10	1:22.116	+1.548	19:34:07.795
11	1:20.923	+0.355	19:35:28.718
12	1:20.766	+0.198	19:36:49.484
13	1:21.711	+1.143	19:38:11.195
p14	1:27.350	+6.782	19:39:38.545

(3') Geir Svalastog

Lap	Lap Tm	Diff	Time of Day
1			19:21:42.095
2	1:24.344	+3.646	19:23:06.439
3	1:25.322	+4.624	19:24:31.761
4	1:23.921	+3.223	19:25:55.682
5	1:23.150	+2.452	19:27:18.832
6	1:21.160	+0.462	19:28:39.992
7	1:22.186	+1.488	19:30:02.178
8	1:22.030	+1.332	19:31:24.208
9	1:22.148	+1.450	19:32:46.356
10	1:22.331	+1.633	19:34:08.687
11	1:20.788	+0.090	19:35:29.475
12	1:20.698		19:36:50.173
13	1:20.984	+0.286	19:38:11.157
p14	1:21.058	+0.360	19:39:32.215

(50) Tor Christensen

Lap	Lap Tm	Diff	Time of Day
1			19:42:53.501
2	1:25.232	+2.870	19:44:18.733
3	1:23.177	+0.815	19:45:41.910
4	1:22.362		19:47:04.272
5	1:23.073	+0.711	19:48:27.345
6	1:22.756	+0.394	19:49:50.101
p7	1:43.774	+21.412	19:51:33.875