



Mandagstrening SMCK

Trening

Practice Heat 3 - Alle Klasser

Vålerbanen 2,274 km

16.08.2021 19:00

Practice (1:00:00 Time) started at 19:00:00

Lap	Lap Tm	Diff	Time of Day
(15) Thomas Sigvartsen			
1			19:01:57.398
2	59.126	+1.241	19:02:56.524
3	59.458	+1.573	19:03:55.982
4	1:00.051	+2.166	19:04:56.033
5	59.776	+1.891	19:05:55.809
6	58.408	+0.523	19:06:54.217
7	57.885		19:07:52.102
8	1:01.332	+3.447	19:08:53.434
9	58.282	+0.397	19:09:51.716
10	58.175	+0.290	19:10:49.891
p11	1:03.935	+6.050	19:11:53.826
12	2:52.784	+1:54.899	19:14:46.610
13	59.441	+1.556	19:15:46.051
14	1:00.316	+2.431	19:16:46.367
15	1:00.273	+2.388	19:17:46.640
p16	1:05.821	+7.936	19:18:52.461

Lap	Lap Tm	Diff	Time of Day
(-??-) - 4391685 -			
1			19:02:31.418
2	1:02.372	+2.167	19:03:33.790
3	1:01.264	+1.059	19:04:35.054
4	1:02.144	+1.939	19:05:37.198
5	1:01.902	+1.697	19:06:39.100
6	1:01.366	+1.161	19:07:40.466
7	1:00.639	+0.434	19:08:41.105
8	1:00.205		19:09:41.310
9	1:00.708	+0.503	19:10:42.018
10	1:00.238	+0.033	19:11:42.256
11	1:01.551	+1.346	19:12:43.807
12	1:00.782	+0.577	19:13:44.589
13	1:00.209	+0.004	19:14:44.798
14	1:00.923	+0.718	19:15:45.721
p15	1:07.144	+6.939	19:16:52.865

Lap	Lap Tm	Diff	Time of Day
(66) Jonathan Nessjøen			
1			19:08:59.247
2	1:01.657	+1.378	19:10:00.904
3	1:01.586	+1.307	19:11:02.490
4	1:00.914	+0.635	19:12:03.404
5	1:01.247	+0.968	19:13:04.651
6	1:01.410	+1.131	19:14:06.061
7	1:01.196	+0.917	19:15:07.257
8	1:00.512	+0.233	19:16:07.769
9	1:00.492	+0.213	19:17:08.261
10	1:00.279		19:18:08.540
p11	1:05.764	+5.485	19:19:14.304

Lap	Lap Tm	Diff	Time of Day
(428) Simen Syvertsen			
1			19:02:27.423
2	1:02.792	+1.094	19:03:30.215
3	1:03.825	+2.127	19:04:34.040
4	1:03.190	+1.492	19:05:37.230
5	1:01.934	+0.236	19:06:39.164
6	1:02.859	+1.161	19:07:42.023
7	1:01.713	+0.015	19:08:43.736
8	1:01.745	+0.047	19:09:45.481
9	1:02.041	+0.343	19:10:47.522
10	1:03.552	+1.854	19:11:51.074
11	1:01.795	+0.097	19:12:52.869
12	1:01.698		19:13:54.567
p13	1:14.266	+12.568	19:15:08.833

Lap	Lap Tm	Diff	Time of Day
(113) Erik Myrberget			
1			19:03:52.156

Lap	Lap Tm	Diff	Time of Day
2	1:03.960	+1.945	19:04:56.116
3	1:03.706	+1.691	19:05:59.822
4	1:04.649	+2.634	19:07:04.471
5	1:03.033	+1.018	19:08:07.504
6	1:02.702	+0.687	19:09:10.206
7	1:02.492	+0.477	19:10:12.698
8	1:03.288	+1.273	19:11:15.986
9	1:02.748	+0.733	19:12:18.734
10	1:46.296	+44.281	19:14:05.030
11	1:03.563	+1.548	19:15:08.593
12	1:02.015		19:16:10.608
13	1:02.805	+0.790	19:17:13.413
p14	1:07.839	+5.824	19:18:21.252

Lap	Lap Tm	Diff	Time of Day
(69) Bobbo Enger			
1			19:03:03.683
2	1:03.147	+1.026	19:04:06.830
3	1:03.078	+0.957	19:05:09.908
4	1:02.662	+0.541	19:06:12.570
5	1:02.590	+0.469	19:07:15.160
6	1:03.793	+1.672	19:08:18.953
7	1:02.121		19:09:21.074
8	1:02.137	+0.016	19:10:23.211
9	1:02.194	+0.073	19:11:25.405
10	1:03.369	+1.248	19:12:28.774
p11	1:05.837	+3.716	19:13:34.611
12	1:16.589	+14.468	19:14:51.200
13	1:02.200	+0.079	19:15:53.400
14	1:02.521	+0.400	19:16:55.921
15	1:02.870	+0.749	19:17:58.791
p16	1:06.094	+3.973	19:19:04.885

Lap	Lap Tm	Diff	Time of Day
(73) Svein Rognmo			
1			19:02:53.740
2	1:04.453	+2.168	19:03:58.193
3	1:03.809	+1.524	19:05:02.002
4	1:03.253	+0.968	19:06:05.255
5	1:02.877	+0.592	19:07:08.132
6	1:03.785	+1.500	19:08:11.917
7	1:03.594	+1.309	19:09:15.511
8	1:02.622	+0.337	19:10:18.133
9	1:03.415	+1.130	19:11:21.548
10	1:02.913	+0.628	19:12:24.461
11	1:02.285		19:13:26.746
12	1:02.566	+0.281	19:14:29.312
13	1:07.876	+5.591	19:15:37.188
14	1:03.402	+1.117	19:16:40.590
15	1:03.201	+0.916	19:17:43.791
p16	1:07.571	+5.286	19:18:51.362

Lap	Lap Tm	Diff	Time of Day
(71) Terje Valkaker			
1			19:02:54.309
2	1:04.230	+1.425	19:03:58.539
3	1:04.918	+2.113	19:05:03.457
4	1:03.872	+1.067	19:06:07.329
5	1:02.861	+0.056	19:07:10.190
6	1:03.103	+0.298	19:08:13.293
7	1:04.696	+1.891	19:09:17.989
8	1:04.352	+1.547	19:10:22.341
9	1:02.805		19:11:25.146
10	1:03.449	+0.644	19:12:28.595
11	1:02.951	+0.146	19:13:31.546
12	1:03.902	+1.097	19:14:35.448
13	1:03.088	+0.283	19:15:38.536
14	1:02.941	+0.136	19:16:41.477
15	1:04.041	+1.236	19:17:45.518

Lap	Lap Tm	Diff	Time of Day
p16	1:08.537	+5.732	19:18:54.055
(35) Martin Hemmestad			
1			19:02:36.145
2	1:04.979	+1.389	19:03:41.124
3	1:05.064	+1.474	19:04:46.188
4	1:04.716	+1.126	19:05:50.904
5	1:04.752	+1.162	19:06:55.656
6	1:05.312	+1.722	19:08:00.968
7	1:05.301	+1.711	19:09:06.269
p8	1:12.160	+8.570	19:10:18.429
9	3:00.366	+1:56.776	19:13:18.795
10	1:03.590		19:14:22.385
11	1:04.095	+0.505	19:15:26.480
12	1:04.354	+0.764	19:16:30.834
13	1:03.654	+0.064	19:17:34.488
p14	1:13.948	+10.358	19:18:48.436

Lap	Lap Tm	Diff	Time of Day
(61) Kenneth Birkeland			
1			19:02:01.946
2	1:04.782	+1.141	19:03:06.728
3	1:04.882	+1.241	19:04:11.610
4	1:04.728	+1.087	19:05:16.338
5	1:04.837	+1.196	19:06:21.175
6	1:04.280	+0.639	19:07:25.455
7	1:04.807	+1.166	19:08:30.262
8	1:03.641		19:09:33.903
9	1:03.678	+0.037	19:10:37.581
10	1:03.930	+0.289	19:11:41.511
11	1:03.941	+0.300	19:12:45.452
p12	1:09.915	+6.274	19:13:55.367

Lap	Lap Tm	Diff	Time of Day
(126) Øystein Nettum			
1			19:05:10.958
2	1:05.258	+1.504	19:06:16.216
3	1:05.041	+1.287	19:07:21.257
4	1:04.598	+0.844	19:08:25.855
p5	1:12.014	+8.260	19:09:37.869
6	3:42.023	+2:38.269	19:13:19.892
7	1:03.754		19:14:23.646
p8	1:15.228	+11.474	19:15:38.874

Lap	Lap Tm	Diff	Time of Day
(26) Lars Martim Granshagen			
1			19:02:21.061
2	1:06.681	+2.734	19:03:27.742
3	1:06.657	+2.710	19:04:34.399
4	1:06.807	+2.860	19:05:41.206
5	1:05.148	+1.201	19:06:46.354
6	1:04.255	+0.308	19:07:50.609
7	1:05.589	+1.642	19:08:56.198
8	1:06.443	+2.496	19:10:02.641
9	1:04.163	+0.216	19:11:06.804
10	1:04.599	+0.652	19:12:11.403
11	1:06.204	+2.257	19:13:17.607
12	1:03.947		19:14:21.554
p13	1:15.236	+11.289	19:15:36.790

Lap	Lap Tm	Diff	Time of Day
(34) Anders Lykkebo			
1			19:43:21.070
2	1:12.593	+7.786	19:44:33.663
3	1:08.095	+3.288	19:45:41.758
4	1:05.829	+1.022	19:46:47.587
5	1:04.851	+0.044	19:47:52.438
6	1:05.220	+0.413	19:48:57.658
7	1:05.796	+0.989	19:50:03.454
8	1:04.994	+0.187	19:51:08.448

Chief of Timing & Scoring: Timekeeping.no

Orbits

Race Director: Jostein Hansen

Sport Rescue Team.

Timing and results are not official.

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Mandagstrening SMCK

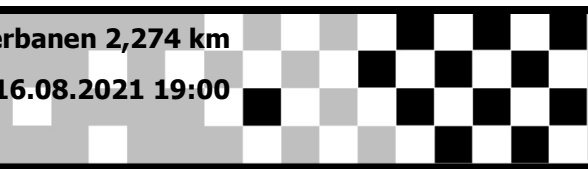
Trening

Practice Heat 3 - Alle Klasser

Vålerbanen 2,274 km

16.08.2021 19:00

Practice (1:00:00 Time) started at 19:00:00



Lap	Lap Tm	Diff	Time of Day
9	1:08.772	+3.965	19:52:17.220
10	1:04.807		19:53:22.027
11	1:04.818	+0.011	19:54:26.845
12	1:06.330	+1.523	19:55:33.175
13	1:05.358	+0.551	19:56:38.533
14	1:08.571	+3.764	19:57:47.104
p15	1:26.880	+22.073	19:59:13.984

(55) Mads Sandbakken			
Lap	Lap Tm	Diff	Time of Day
1			19:03:45.694
2	1:07.488	+2.495	19:04:53.182
3	1:06.420	+1.427	19:05:59.602
4	1:06.096	+1.103	19:07:05.698
5	1:05.913	+0.920	19:08:11.611
6	1:05.364	+0.371	19:09:16.975
7	1:04.993		19:10:21.968
8	1:09.960	+4.967	19:11:31.928
p9	1:17.112	+12.119	19:12:49.040

(14) Kristoffer Hatterud			
Lap	Lap Tm	Diff	Time of Day
1			19:03:48.559
2	1:10.115	+4.504	19:04:58.674
3	1:08.663	+3.052	19:06:07.337
4	1:07.605	+1.994	19:07:14.942
5	1:07.534	+1.923	19:08:22.476
6	1:06.592	+0.981	19:09:29.068
7	1:06.001	+0.390	19:10:35.069
8	1:05.932	+0.321	19:11:41.001
9	1:06.101	+0.490	19:12:47.102
10	1:05.611		19:13:52.713
p11	1:13.019	+7.408	19:15:05.732

(40) Kim Rønningen			
Lap	Lap Tm	Diff	Time of Day
1			19:42:31.867
2	1:08.500	+1.951	19:43:40.367
3	1:07.668	+1.119	19:44:48.035
4	1:08.219	+1.670	19:45:56.254
5	1:10.254	+3.705	19:47:06.508
6	1:06.719	+0.170	19:48:13.227
7	1:07.473	+0.924	19:49:20.700
8	1:06.549		19:50:27.249
9	1:06.640	+0.091	19:51:33.889
10	1:08.126	+1.577	19:52:42.015
11	1:06.723	+0.174	19:53:48.738
12	1:07.289	+0.740	19:54:56.027
13	1:07.245	+0.696	19:56:03.272
14	1:07.191	+0.642	19:57:10.463
15	1:07.260	+0.711	19:58:17.723
p16	1:40.477	+33.928	19:59:58.200

(63) Kent Tollefsen			
Lap	Lap Tm	Diff	Time of Day
1			19:43:30.479
2	1:08.320	+1.378	19:44:38.799
3	1:08.955	+2.013	19:45:47.754
4	1:07.150	+0.208	19:46:54.904
5	1:07.510	+0.568	19:48:02.414
6	1:07.251	+0.309	19:49:09.665
7	1:06.942		19:50:16.607
8	1:07.267	+0.325	19:51:23.874
9	1:07.179	+0.237	19:52:31.053
10	1:08.061	+1.119	19:53:39.114
11	1:07.289	+0.347	19:54:46.403
12	1:07.063	+0.121	19:55:53.466
13	1:07.198	+0.256	19:57:00.664
14	1:07.537	+0.595	19:58:08.201
p15	1:22.777	+15.835	19:59:30.978

(165) Pål Bekkelund			
Lap	Lap Tm	Diff	Time of Day
1			19:03:58.332
2	1:08.781	+1.629	19:05:07.113
3	1:07.311	+0.159	19:06:14.424
4	1:08.075	+0.923	19:07:22.499
5	1:07.855	+0.703	19:08:30.354
6	1:08.892	+1.740	19:09:39.246
7	1:07.842	+0.690	19:10:47.088
8	1:08.522	+1.370	19:11:55.610
9	1:07.753	+0.601	19:13:03.363
10	1:07.152		19:14:10.515
11	1:07.771	+0.619	19:15:18.286
p12	1:20.221	+13.069	19:16:38.507
p13	2:08.152	+1:01.000	19:18:46.659

(357) Jo Sætre			
Lap	Lap Tm	Diff	Time of Day
1			19:42:30.276
2	1:11.342	+3.339	19:43:41.618
3	1:12.583	+4.580	19:44:54.201
4	1:08.527	+0.524	19:46:02.728
5	1:09.310	+1.307	19:47:12.038
6	1:09.371	+1.368	19:48:21.409
7	1:08.003		19:49:29.412
8	1:09.044	+1.041	19:50:38.456
9	1:08.529	+0.526	19:51:46.985
10	1:11.495	+3.492	19:52:58.480
11	1:11.866	+3.863	19:54:10.346
12	1:08.624	+0.621	19:55:18.970
p13	1:33.611	+25.608	19:56:52.581

(356) Andreas Hansen			
Lap	Lap Tm	Diff	Time of Day
1			19:42:30.749
2	1:11.613	+3.227	19:43:42.362
3	1:13.160	+4.774	19:44:55.522
4	1:08.834	+0.448	19:46:04.356
5	1:09.133	+0.747	19:47:13.489
6	1:10.155	+1.769	19:48:23.644
7	1:08.386		19:49:32.030
8	1:08.398	+0.012	19:50:40.428
9	1:09.392	+1.006	19:51:49.820
10	1:08.977	+0.591	19:52:58.797
11	1:11.787	+3.401	19:54:10.584
12	1:08.932	+0.546	19:55:19.516
13	1:10.955	+2.569	19:56:30.471
14	1:08.626	+0.240	19:57:39.097
p15	1:42.476	+34.090	19:59:21.573

(23) Morten Midtlie			
Lap	Lap Tm	Diff	Time of Day
1			19:42:31.750
2	1:11.110	+2.278	19:43:42.860
3	1:13.617	+4.785	19:44:56.477
4	1:09.352	+0.520	19:46:05.829
5	1:09.567	+0.735	19:47:15.396
6	1:10.361	+1.529	19:48:25.757
7	1:10.115	+1.283	19:49:35.872
8	1:09.056	+0.224	19:50:44.928
9	1:08.951	+0.119	19:51:53.879
10	1:08.832		19:53:02.711
11	1:10.501	+1.669	19:54:13.212
12	1:12.186	+3.354	19:55:25.398
13	1:11.313	+2.481	19:56:36.711
14	1:09.838	+1.006	19:57:46.549
p15	1:25.110	+16.278	19:59:11.659

(41) Thomas Andersen			
Lap	Lap Tm	Diff	Time of Day
1			19:43:34.448
2	1:22.299	+7.723	19:44:56.747

(98) Frida Birkeland			
Lap	Lap Tm	Diff	Time of Day
1			19:43:10.160
2	1:16.670	+5.275	19:44:26.830
3	1:15.031	+3.636	19:45:41.861
4	1:12.956	+1.561	19:46:54.817
5	1:12.739	+1.344	19:48:07.556
6	1:14.218	+2.823	19:49:21.774
7	1:12.935	+1.540	19:50:34.709
8	1:11.395		19:51:46.104
9	1:12.178	+0.783	19:52:58.282
10	1:14.432	+3.037	19:54:12.714
11	1:12.384	+0.989	19:55:25.098
12	1:12.497	+1.102	19:56:37.595
13	1:13.868	+2.473	19:57:51.463
p14	1:25.512	+14.117	19:59:16.975

(98) Frida Birkeland			
Lap	Lap Tm	Diff	Time of Day
1			19:23:44.207
2	1:15.328	+3.032	19:24:59.535
3	1:19.393	+7.097	19:26:18.928
4	1:15.237	+2.941	19:27:34.165
5	1:14.003	+1.707	19:28:48.168
6	1:13.110	+0.814	19:30:01.278
7	1:12.895	+0.599	19:31:14.173
8	1:12.296		19:32:26.469
9	1:13.970	+1.674	19:33:40.439
10	1:13.197	+0.901	19:34:53.636
11	1:13.323	+1.027	19:36:06.959
12	1:13.288	+0.992	19:37:20.247
p13	1:21.821	+9.525	19:38:42.068

(158) Nikolai Bratvold			
Lap	Lap Tm	Diff	Time of Day
1			19:42:09.075
2	1:14.971	+1.468	19:43:24.046
3	1:14.824	+1.321	19:44:38.870
4	1:16.656	+3.153	19:45:55.526
5	1:16.748	+3.245	19:47:12.274
6	1:15.966	+2.463	19:48:28.240
7	1:13.762	+0.259	19:49:42.002
8	1:16.028	+2.525	19:50:58.030
9	1:14.094	+0.591	19:52:12.124
10	1:13.801	+0.298	19:53:25.925
11	1:13.896	+0.393	19:54:39.821
12	1:13.503		19:55:53.324
13	1:13.503		19:57:06.827
14	1:13.946	+0.443	19:58:20.773
p15	1:23.949	+10.446	19:59:44.722

(110) Vidar Kristian Slettjord			
Lap	Lap Tm	Diff	Time of Day
1			19:43:02.627
2	1:17.845	+3.943	19:44:20.472
3	1:16.458	+2.556	19:45:36.930
4	1:15.289	+1.387	19:46:52.219
5	1:14.228	+0.326	19:48:06.447
6	1:14.301	+0.399	19:49:20.748
7	1:17.764	+3.862	19:50:38.512
8	1:15.561	+1.659	19:51:54.073
9	1:14.583	+0.681	19:53:08.656
10	1:16.739	+2.837	19:54:25.395
11	1:14.741	+0.839	19:55:40.136
12	1:13.902		19:56:54.038
13	1:14.449	+0.547	19:58:08.487
p14	1:34.029	+20.127	19:59:42.516

(78) Kenneth Skyttermoen			
Lap	Lap Tm	Diff	Time of Day
1			19:43:34.448
2	1:22.299	+7.723	19:44:56.747

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Mandagstrening SMCK

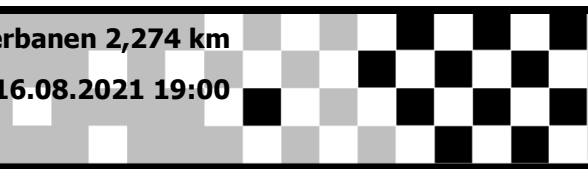
Trening

Vålerbanen 2,274 km

Practice Heat 3 - Alle Klasser

16.08.2021 19:00

Practice (1:00:00 Time) started at 19:00:00



Lap	Lap Tm	Diff	Time of Day
3	1:21.499	+6.923	19:46:18.246
4	1:20.132	+5.556	19:47:38.378
5	1:19.003	+4.427	19:48:57.381
6	1:17.367	+2.791	19:50:14.748
7	1:17.439	+2.863	19:51:32.187
8	1:15.594	+1.018	19:52:47.781
9	1:14.576		19:54:02.357
10	1:16.296	+1.720	19:55:18.653
11	1:16.741	+2.165	19:56:35.394
12	1:15.783	+1.207	19:57:51.177
p13	1:26.411	+11.835	19:59:17.588

Lap	Lap Tm	Diff	Time of Day
1			19:43:13.207
2	1:21.120	+4.326	19:44:34.327
3	1:19.189	+2.395	19:45:53.516
4	1:18.412	+1.618	19:47:11.928
5	1:18.694	+1.900	19:48:30.622
6	1:17.890	+1.096	19:49:48.512
7	1:17.235	+0.441	19:51:05.747
8	1:18.358	+1.564	19:52:24.105
9	1:16.794		19:53:40.899
10	1:18.143	+1.349	19:54:59.042
11	1:17.623	+0.829	19:56:16.665
12	1:18.116	+1.322	19:57:34.781
p13	1:32.285	+15.491	19:59:07.066

Lap	Lap Tm	Diff	Time of Day
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(8) Kristin Heiberg

1			19:42:41.151
2	1:18.008	+2.332	19:43:59.159
3	1:17.780	+2.104	19:45:16.939
4	1:16.877	+1.201	19:46:33.816
5	1:15.676		19:47:49.492
6	1:15.880	+0.204	19:49:05.372
7	1:16.109	+0.433	19:50:21.481
8	1:17.187	+1.511	19:51:38.668
9	1:16.573	+0.897	19:52:55.241
10	1:17.439	+1.763	19:54:12.680
11	1:17.484	+1.808	19:55:30.164
12	1:16.892	+1.216	19:56:47.056
13	1:17.345	+1.669	19:58:04.401
p14	1:25.075	+9.399	19:59:29.476

(204) Thelma Louise Jensen

1			19:23:32.257
p2	1:40.942	+8.382	19:25:13.199
3	2:47.247	+1:14.687	19:28:00.446
4	1:32.560		19:29:33.006
p5	1:40.211	+7.651	19:31:13.217

(28) Tom Roger Syversen

1			19:43:16.568
2	1:18.384	+2.402	19:44:34.952
3	1:16.794	+0.812	19:45:51.746
4	1:15.982		19:47:07.728
5	1:16.247	+0.265	19:48:23.975
6	1:16.415	+0.433	19:49:40.390
p7	1:24.931	+8.949	19:51:05.321
8	1:48.323	+32.341	19:52:53.644
9	1:16.989	+1.007	19:54:10.633
p10	1:26.908	+10.926	19:55:37.541

(382) Emma Bjåen

1			19:22:48.245
2	1:22.524	+6.170	19:24:10.769
3	1:19.453	+3.099	19:25:30.222
4	1:17.778	+1.424	19:26:48.000
5	1:17.587	+1.233	19:28:05.587
6	1:18.853	+2.499	19:29:24.440
7	1:16.354		19:30:40.794
8	1:25.187	+8.833	19:32:05.981

(9) Kasper Jenssen

1			19:43:15.451
2	1:21.783	+5.356	19:44:37.234
3	1:20.427	+4.000	19:45:57.661
4	1:17.855	+1.428	19:47:15.516
5	1:17.083	+0.656	19:48:32.599
6	1:17.648	+1.221	19:49:50.247
7	1:16.427		19:51:06.674
8	1:17.746	+1.319	19:52:24.420
9	1:18.156	+1.729	19:53:42.576
10	1:17.331	+0.904	19:54:59.907
11	1:17.196	+0.769	19:56:17.103
12	1:17.411	+0.984	19:57:34.514
p13	1:30.659	+14.232	19:59:05.173

(28) Frank Rygge

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