





# Mandagstrening SMCK

## Trening

Vålerbanen 2,262 km

### Practice Heat 3 - Alle Klasser

08.08.2016 19:00

Practice (1:00:00 Time) started at 19:00:00

Lap	Lap Tm	Diff	Time of Day
3	1:06.344	+0.074	19:13:28.347
4	1:07.194	+0.924	19:14:35.541
5	1:06.658	+0.388	19:15:42.199
6	1:06.794	+0.524	19:16:48.993
7	1:07.050	+0.780	19:17:56.043
8	1:07.337	+1.067	19:19:03.380
9	1:06.270		19:20:09.650
10	1:15.575	+9.305	19:21:25.225
11	1:07.249	+0.979	19:22:32.474

(126) Øystein Nettum

1			19:11:39.080
2	1:10.697	+3.928	19:12:49.777
3	1:10.487	+3.718	19:14:00.264
4	1:08.888	+2.119	19:15:09.152
5	1:07.403	+0.634	19:16:16.555
6	1:06.769		19:17:23.324

(173) Marius Lystad

1			19:11:57.123
2	1:07.349	+0.442	19:13:04.472
3	1:07.846	+0.939	19:14:12.318
4	1:07.663	+0.756	19:15:19.981
5	1:07.703	+0.796	19:16:27.684
6	1:07.365	+0.458	19:17:35.049
7	1:07.722	+0.815	19:18:42.771
8	2:57.923	+1:51.016	19:21:40.694
9	1:06.907		19:22:47.601
10	3:53.980	+2:47.073	19:26:41.581

(357) Jo Sætre

1			19:07:33.728
2	1:08.795	+1.103	19:08:42.523
3	1:08.917	+1.225	19:09:51.440
4	1:09.568	+1.876	19:11:01.008
5	1:07.692		19:12:08.700
6	1:07.932	+0.240	19:13:16.632
7	1:08.250	+0.558	19:14:24.882
8	1:07.950	+0.258	19:15:32.832
9	3:42.495	+2:34.803	19:19:15.327

(138) Bent Nydahl

1			19:02:41.322
2	1:08.560		19:03:49.882
3	1:09.019	+0.459	19:04:58.901
4	1:10.741	+2.181	19:06:09.642
5	1:11.511	+2.951	19:07:21.153
6	1:09.332	+0.772	19:08:30.485

(116) Christina Minge

1			19:10:25.493
2	1:12.583	+3.604	19:11:38.076
3	1:11.126	+2.147	19:12:49.202
4	1:10.713	+1.734	19:13:59.915
5	1:11.790	+2.811	19:15:11.705
6	1:09.603	+0.624	19:16:21.308
7	1:09.924	+0.945	19:17:31.232
8	1:10.352	+1.373	19:18:41.584
9	1:10.111	+1.132	19:19:51.695
10	1:09.625	+0.646	19:21:01.320
11	1:10.110	+1.131	19:22:11.430
12	1:09.175	+0.196	19:23:20.605
13	1:09.253	+0.274	19:24:29.858
14	1:08.979		19:25:38.837
15	1:09.143	+0.164	19:26:47.980

Lap	Lap Tm	Diff	Time of Day
(47) André Sagbråten Gjerdingen			
1			19:33:05.688
2	1:14.491	+1.078	19:34:20.179
3	1:13.413		19:35:33.592
4	1:13.613	+0.200	19:36:47.205
5	4:49.641	+3:36.228	19:41:36.846
6	1:18.728	+5.315	19:42:55.574
7	1:18.776	+5.363	19:44:14.350
8	4:33.472	+3:20.059	19:48:47.822

(154) Kristoffer O. Engeland

1			19:34:47.845
2	1:21.654	+1.784	19:36:09.499
3	1:21.313	+1.443	19:37:30.812
4	1:21.581	+1.711	19:38:52.393
5	1:21.926	+2.056	19:40:14.319
6	1:21.957	+2.087	19:41:36.276
7	1:20.089	+0.219	19:42:56.365
8	1:21.381	+1.511	19:44:17.746
9	1:21.368	+1.498	19:45:39.114
10	1:19.870		19:46:58.984

Lap	Lap Tm	Diff	Time of Day
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Chief of Timing & Scoring: Timekeeping.no

Orbits

Race Director: Terje Granheim

Sport Rescue Team.

Timing and results are not official.

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