

Heldagstrening SMCK

Trening 4 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 4-4 - Alle Klasser

18.05.2026 14:00

Practice (1:40:00 Time) started at 14:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
(17-) Helge Spjeldnes					
1	14:54:24.036			19.860	1:15.123
2	14:55:27.109	1:03.073	23.169	18.851	21.053
3	14:56:27.144	1:00.035	20.757	18.484	20.794
4	14:57:26.955	59.811	20.721	18.514	20.576
5	14:58:26.374	59.419	20.416	18.595	20.408
6	14:59:26.693	1:00.319	20.991	18.640	20.688
7	15:00:26.960	1:00.267	20.655	18.646	20.966
8	15:01:26.734	59.774	20.633	18.552	20.589
9	15:02:26.152	59.418	20.559	18.423	20.436
p10	15:03:23.568	57.416	21.236	19.004	

Lap	Time of Day	Lap Tm	S1	S2	S3
(71) Terje Teigum Valaker					
1	15:01:08.373			20.591	22.024
2	15:02:11.576	1:03.203	22.073	19.431	21.699
3	15:03:14.047	1:02.471	21.270	19.634	21.567
4	15:04:15.785	1:01.738	21.197	19.022	21.519
5	15:05:16.855	1:01.070	21.067	19.019	20.984
6	15:06:19.809	1:02.954	21.794	19.784	21.376
7	15:07:20.330	1:00.521	20.852	18.734	20.935
8	15:08:25.560	1:05.230	24.507	19.354	21.369
9	15:09:28.865	1:03.305	22.721	19.090	21.494
10	15:10:30.609	1:01.744	21.353	19.167	21.224
11	15:11:32.242	1:01.633	21.312	19.087	21.234
12	15:12:33.927	1:01.685	21.149	19.171	21.365
13	15:13:35.569	1:01.642	21.169	19.171	21.302
p14	15:14:59.849	1:24.280	21.441	44.523	

Lap	Time of Day	Lap Tm	S1	S2	S3
(88) Petter Praner Lien					
1	14:54:22.681			20.900	1:55.176
2	14:55:27.116	1:04.435	23.383	19.505	21.547
3	14:56:29.067	1:01.951	21.919	19.116	20.916
4	14:57:29.974	1:00.907	21.099	18.990	20.818
5	14:58:30.720	1:00.746	20.950	18.856	20.940
6	14:59:32.615	1:01.895	21.805	19.045	21.045
7	15:00:33.828	1:01.213	21.275	18.833	21.105
8	15:01:35.911	1:02.083	21.311	19.197	21.575
9	15:02:38.041	1:02.130	21.538	19.184	21.408
10	15:03:40.540	1:02.499	21.312	19.191	21.996
11	15:04:42.629	1:02.089	21.518	19.212	21.359
12	15:05:44.984	1:02.355	21.585	19.474	21.296
13	15:06:46.744	1:01.760	21.263	19.206	21.291
p14	15:07:46.659	59.915	21.464	19.713	

Lap	Time of Day	Lap Tm	S1	S2	S3
(73) Svein Rognmo					
1	15:01:08.724			20.678	22.052
2	15:02:13.020	1:04.296	22.146	19.868	22.282
3	15:03:15.024	1:02.004	21.453	18.967	21.584
4	15:04:16.815	1:01.791	21.203	19.091	21.497
5	15:05:18.349	1:01.534	21.112	18.941	21.481
6	15:06:20.574	1:02.225	21.675	19.194	21.356
7	15:07:21.697	1:01.123	21.089	18.809	21.225
8	15:08:24.954	1:03.257	21.989	19.855	21.413
9	15:09:28.391	1:03.437	22.752	19.089	21.596
10	15:10:30.345	1:01.954	21.485	18.933	21.536
11	15:11:31.704	1:01.359	21.231	18.899	21.229
12	15:12:33.510	1:01.806	21.419	19.056	21.331
13	15:13:34.915	1:01.405	21.253	18.780	21.372
p14	15:14:58.369	1:23.454	21.436	42.312	

Lap	Time of Day	Lap Tm	S1	S2	S3
(42) Thomas Bergström					
1	14:54:23.569			21.089	1:45.840
2	14:55:28.088	1:04.519	23.081	19.661	21.777
3	14:56:30.294	1:02.206	21.340	19.338	21.528
4	14:57:32.227	1:01.933	21.073	19.339	21.521

Lap	Time of Day	Lap Tm	S1	S2	S3
5	14:58:34.213	1:01.986	20.991	19.457	21.538
6	14:59:36.474	1:02.261	21.040	19.350	21.871
7	15:00:38.294	1:01.820	20.969	19.282	21.569
8	15:01:39.938	1:01.644	20.983	19.251	21.410
9	15:02:41.745	1:01.807	21.072	19.290	21.445
10	15:03:43.931	1:02.186	20.871	19.513	21.802
11	15:04:45.675	1:01.744	20.891	19.271	21.582
12	15:05:46.816	1:01.141	20.764	19.088	21.289
13	15:06:48.419	1:01.603	20.979	19.204	21.420
p14	15:07:50.908	1:02.489	23.561	20.764	

Lap	Time of Day	Lap Tm	S1	S2	S3
(636) Dan-Axel Nord Kristoffersen					
1	14:54:23.186			20.883	1:43.330
2	14:55:28.393	1:05.207	23.871	19.643	21.693
3	14:56:30.858	1:02.465	21.304	19.647	21.514
4	14:57:33.694	1:02.836	21.535	19.637	21.664
5	14:58:36.709	1:03.015	21.452	19.830	21.733
6	14:59:39.337	1:02.628	21.335	19.663	21.630
7	15:00:43.020	1:03.683	22.596	19.684	21.403
8	15:01:44.779	1:01.759	21.041	19.467	21.251
9	15:02:46.945	1:02.166	21.298	19.587	21.281
10	15:03:49.015	1:02.070	21.129	19.510	21.431
p11	15:04:47.422	58.407	21.570	19.654	

Lap	Time of Day	Lap Tm	S1	S2	S3
(41) Odd-Roar Sundet					
1	14:54:24.189			20.551	1:30.263
2	14:55:29.660	1:05.471	24.009	19.688	21.774
3	14:56:32.222	1:02.562	21.539	19.275	21.748
4	14:57:34.449	1:02.227	21.557	19.253	21.417
5	14:58:37.090	1:02.641	21.507	19.493	21.641
6	14:59:39.694	1:02.604	21.493	19.383	21.728
7	15:00:43.692	1:03.998	22.580	19.840	21.578
8	15:01:47.774	1:04.082	23.267	19.627	21.188
p9	15:02:45.659	57.885	21.209	19.385	

Lap	Time of Day	Lap Tm	S1	S2	S3
(66) Jørgen Bjørklund					
1	14:54:23.087			20.696	1:55.363
2	14:55:28.988	1:05.901	24.177	19.897	21.827
3	14:56:31.694	1:02.706	21.802	19.370	21.534
4	14:57:33.922	1:02.228	21.464	19.196	21.568
5	14:58:36.323	1:02.401	21.430	19.162	21.809
6	14:59:39.130	1:02.807	21.475	19.414	21.918
7	15:00:43.299	1:04.169	22.874	19.916	21.379
p8	15:01:41.500	58.201	21.445	19.270	
9	15:09:12.156	7:30.656		19.875	22.186
10	15:10:15.470	1:03.314	21.977	19.600	21.737
11	15:11:18.509	1:03.039	21.780	19.391	21.868
12	15:12:22.017	1:03.508	21.694	20.038	21.776
13	15:13:25.723	1:03.706	21.767	19.807	22.132
p14	15:14:47.894	1:22.171	22.347	39.723	

Lap	Time of Day	Lap Tm	S1	S2	S3
(96) Anders Valle					
1	14:54:25.186			21.747	1:06.752
2	14:55:31.823	1:06.637	24.792	19.573	22.272
3	14:56:35.143	1:03.320	22.122	19.384	21.814
4	14:57:38.077	1:02.934	21.834	19.208	21.892
5	14:58:40.859	1:02.782	21.516	19.307	21.959
p6	14:59:40.843	59.984	22.222	19.710	

Lap	Time of Day	Lap Tm	S1	S2	S3
(2) Arne Johan Torvik					
1	14:56:54.668			20.398	22.616
2	14:57:59.188	1:04.520	22.125	20.176	22.219
3	14:59:03.268	1:04.080	21.755	20.174	22.151
4	15:00:07.258	1:03.990	21.897	19.969	22.124
5	15:01:10.975	1:03.717	22.049	19.746	21.922
6	15:02:14.601	1:03.626	21.652	19.849	22.125

Heldagstrening SMCK

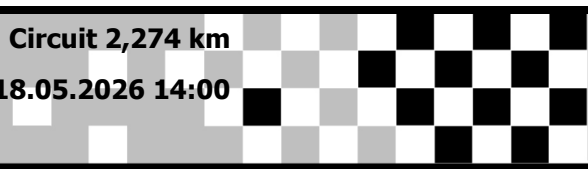
Trening 4 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 4-4 - Alle Klasser

18.05.2026 14:00

Practice (1:40:00 Time) started at 14:00:00



Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
7	15:03:18.752	1:04.151	22.086	19.976	22.089	p2	14:36:09.708	1:04.518	23.045	20.988	
8	15:04:22.002	1:03.250	21.455	19.796	21.999	3	14:38:09.978	2:00.270		21.442	23.172
9	15:05:25.561	1:03.559	21.653	19.773	22.133	4	14:39:15.675	1:05.697	22.925	20.387	22.385
10	15:06:29.196	1:03.635	21.688	19.837	22.110	5	14:40:20.716	1:05.041	22.511	20.177	22.353
11	15:07:32.868	1:03.672	21.680	19.923	22.069	6	14:41:26.194	1:05.478	22.331	20.607	22.540
12	15:08:36.091	1:03.223	21.542	19.691	21.990	7	14:42:32.151	1:05.957	22.914	20.276	22.767
13	15:09:39.142	1:03.051	21.521	19.554	21.976	8	14:43:40.708	1:08.557	22.798	20.251	25.508
p14	15:10:41.288	1:02.146	22.932	20.003		p9	14:44:48.682	1:07.974	24.319	22.024	

(12) Raste Skoglund

1	14:32:26.615			20.745	1:01.018						
2	14:33:36.798	1:10.183	26.414	21.302	22.467						
3	14:34:41.770	1:04.972	22.207	20.047	22.718						
4	14:35:47.020	1:05.250	22.173	19.900	23.177						
5	14:36:52.627	1:05.607	23.115	19.943	22.549						
6	14:37:56.729	1:04.102	22.339	19.695	22.068						
7	14:39:01.047	1:04.318	22.023	20.103	22.192						
8	14:40:05.667	1:04.620	22.304	20.111	22.205						
9	14:41:10.088	1:04.421	22.320	19.753	22.348						
10	14:42:15.408	1:05.320	23.258	19.822	22.240						
11	14:43:20.147	1:04.739	22.443	19.776	22.520						
p12	14:44:20.243	1:00.096	21.983	19.958							

(94) Viljar Pålhaugen

1	14:10:18.816								27.563	30.157	
2	14:11:55.361	1:36.545	29.631						28.007	38.907	
3	14:13:50.070	1:54.709	38.556						38.288	37.865	
4	14:15:39.981	1:49.911	37.771						35.177	36.963	
5	14:17:25.456	1:45.475	36.312						33.292	35.871	
6	14:19:20.088	1:54.632	38.612						36.425	39.595	
p7	14:21:10.989	1:50.901	41.644						37.391		
8	15:19:36.568	58:25.579							27.357	1:51.878	
9	15:20:55.895	1:19.327	30.835						23.267	25.225	
10	15:22:04.261	1:08.366	23.807						21.023	23.536	
11	15:23:11.946	1:07.685	23.251						20.845	23.589	
12	15:24:21.176	1:09.230	24.552						21.562	23.116	
13	15:25:30.869	1:09.693	23.586						20.890	25.217	
14	15:26:37.228	1:06.359	22.924						20.575	22.860	
15	15:34:40.872	3:33.938									
16	15:35:47.710	1:06.838	22.636						20.799	23.403	
17	15:36:53.192	1:05.482	22.550						20.429	22.503	
p18	15:37:56.203	1:03.011	22.278						20.126		

(99) Kent-Erik Løken Tollefsen

1	14:32:26.056			22.368	1:05.565						
2	14:33:37.632	1:11.576	27.170	21.467	22.939						
3	14:34:42.881	1:05.249	22.327	20.178	22.744						
4	14:35:47.982	1:05.101	22.432	20.122	22.547						
5	14:36:52.941	1:04.959	22.523	20.088	22.348						
6	14:37:57.259	1:04.318	22.310	19.934	22.074						
7	14:39:01.691	1:04.432	21.675	20.439	22.318						
p8	14:40:01.322	59.631	21.839	20.233							
9	14:42:36.139	2:34.817		20.900	23.133						
10	14:43:41.198	1:05.059	22.193	20.237	22.629						
11	14:44:47.638	1:06.440	22.497	20.819	23.124						
p12	14:45:54.138	1:06.500	22.778	20.447							

(30) Jon Terje Ødegaard

1	14:32:24.939								21.675	1:58.274	
2	14:33:33.593	1:08.654	25.400						20.670	22.584	
3	14:34:39.139	1:05.546	22.357						20.633	22.556	
p4	14:35:40.625	1:01.486	22.127						20.557		
5	14:37:25.914	1:45.289							21.027	23.058	
6	14:38:32.782	1:06.868	23.204						20.627	23.037	
7	14:39:39.490	1:06.708	23.033						20.704	22.971	
8	14:40:45.999	1:06.509	22.928						20.518	23.063	
p9	14:41:49.656	1:03.657	22.918						20.873		

(53) Ove Einar Reinton

1	14:56:05.911			20.876	23.346						
2	14:57:11.861	1:05.950	22.640	20.338	22.972						
3	14:58:17.372	1:05.511	22.461	20.142	22.908						
4	14:59:23.028	1:05.656	22.688	20.307	22.661						
5	15:00:28.385	1:05.357	22.377	20.086	22.894						
6	15:01:34.585	1:06.200	22.343	20.762	23.095						
7	15:02:39.940	1:05.355	22.111	20.857	22.387						
8	15:03:44.311	1:04.371	21.955	19.857	22.559						
9	15:04:48.873	1:04.562	21.909	20.296	22.357						
10	15:05:53.974	1:05.101	21.981	20.410	22.710						
11	15:06:58.639	1:04.665	22.024	20.237	22.404						
p12	15:08:02.705	1:04.066	22.165	20.514							

(54) Stian Lehne

1	14:32:25.865								21.842	1:04.759	
2	14:33:35.099	1:09.234	24.870						21.276	23.088	
3	14:34:41.419	1:06.320	23.007						20.580	22.733	
4	14:35:47.657	1:06.238	22.934						20.286	23.018	
5	14:36:53.827	1:06.170	22.965						20.431	22.774	
6	14:37:59.468	1:05.641	22.353						20.205	23.083	
7	14:39:05.630	1:06.162	22.395						20.508	23.259	
8	14:40:12.062	1:06.432	22.760						20.367	23.305	
9	14:41:18.400	1:06.338	22.611						20.585	23.142	
p10	14:42:20.588	1:02.188	22.917						20.727		

(58) Odd Joar Berg

1	14:54:25.142			22.197	1:17.477						
2	14:55:32.807	1:07.665	24.327	20.407	22.931						
3	14:56:38.572	1:05.765	22.423	20.618	22.724						
4	14:57:43.833	1:05.261	23.077	19.944	22.240						
5	14:58:49.743	1:05.910	23.201	20.029	22.680						
6	14:59:54.737	1:04.994	22.661	19.670	22.663						
7	15:01:00.272	1:05.535	22.804	20.104	22.627						
8	15:02:05.063	1:04.791	22.104	19.851	22.836						
9	15:03:10.877	1:05.814	22.600	20.587	22.627						
10	15:04:15.647	1:04.770	22.261	19.752	22.757						
p11	15:05:16.350	1:00.703	22.379	20.414							

(70) Tore Stene

1	15:21:54.348								22.107	24.121	
2	15:23:03.054	1:08.706	23.085						21.469	24.152	
3	15:24:09.106	1:06.052	22.405						20.891	22.756	
4	15:25:18.676	1:09.570	25.194						21.282	23.094	
5	15:26:27.705	1:09.029	23.017						22.111	23.901	
p6	15:28:40.756	2:13.051									

(28) Roger Kristensen

1	14:35:05.190			21.491	23.292						
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(188) Martin Ludwig Præner Lien

1	14:54:25.540								21.148	1:51.754	
2	14:55:34.325	1:08.785	25.606						20.284	22.895	
3	14:56:40.656	1:06.331	23.228						20.322	22.781	
4	14:57:46.973	1:06.317	23.152						20.437	22.728	
5	14:58:53.104	1:06.131	23.299						20.244	22.588	

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Trening 4 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 4-4 - Alle Klasser

18.05.2026 14:00

Practice (1:40:00 Time) started at 14:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
6	14:59:59.817	1:06.713	23.231	20.320	23.162
7	15:01:07.154	1:07.337	23.850	20.513	22.974
8	15:02:13.470	1:06.316	22.980	20.371	22.965
p9	15:03:17.089	1:03.619	22.933	20.605	

Lap	Time of Day	Lap Tm	S1	S2	S3
1	15:19:34.781			26.038	2:14.224
2	15:20:46.910	1:12.129	26.554	21.936	23.639
3	15:21:55.690	1:08.780	23.422	21.374	23.984
4	15:23:06.362	1:10.672	23.338	22.251	25.083
5	15:24:14.957	1:08.595	23.310	21.597	23.688
6	15:25:25.267	1:10.310	23.500	22.217	24.593
7	15:26:34.206	1:08.939	23.778	21.531	23.630

(84) Andre Skjelbred

1	14:35:26.668		21.749	24.748	
2	14:36:36.257	1:09.589	24.657	21.174	23.758
3	14:37:44.899	1:08.642	24.025	20.955	23.662
4	14:38:52.434	1:07.535	23.370	20.913	23.252
5	14:39:59.225	1:06.791	23.377	20.532	22.882
6	14:41:05.852	1:06.627	23.223	20.388	23.016
7	14:42:13.067	1:07.215	23.234	20.823	23.158
8	14:43:20.580	1:07.513	23.431	20.736	23.346
9	14:44:27.423	1:06.843	23.137	20.575	23.131
10	14:45:33.753	1:06.330	23.316	20.197	22.817
11	14:46:40.565	1:06.812	23.189	20.406	23.217
12	14:47:47.401	1:06.836	23.214	20.484	23.138
p13	14:48:52.750	1:05.349	23.300	20.801	

(34) Stina Ringnes

1	14:02:29.912			22.307	24.784
2	14:03:39.694	1:09.782	24.033	21.667	24.082
3	14:04:50.483	1:10.789	25.186	21.522	24.081
4	14:06:02.651	1:12.168	25.909	21.481	24.778
5	14:07:13.278	1:10.627	25.093	21.717	23.817
6	14:08:25.316	1:12.038	24.083	22.876	25.079
7	14:09:36.672	1:11.356	24.923	22.383	24.050
8	14:10:45.874	1:09.202	23.968	21.417	23.817
9	14:11:55.939	1:10.065	23.570	22.543	23.952
10	14:13:04.809	1:08.870	23.635	21.302	23.933
11	14:14:17.433	1:12.624	24.046	23.900	24.678
12	14:15:28.906	1:11.473	25.423	21.600	24.450
13	14:16:38.707	1:09.801	23.593	21.409	24.799
14	14:17:47.353	1:08.646	23.516	21.400	23.730
15	14:18:56.579	1:09.226	23.644	21.612	23.970
16	14:20:05.248	1:08.669	23.394	21.456	23.819
17	14:21:16.388	1:11.140	23.557	23.223	24.360
18	14:22:28.000	1:11.612	24.443	22.986	24.183
p19	14:23:35.720	1:07.720	23.646	21.594	

(76) Khanh Quoc Dang

1	14:33:58.922		21.548	23.348	
2	14:35:06.414	1:07.492	23.454	20.806	23.232
3	14:36:13.782	1:07.368	22.958	20.567	23.843
4	14:37:21.448	1:07.666	23.131	20.916	23.619
5	14:38:27.799	1:06.351	22.808	20.570	22.973
6	14:39:34.416	1:06.617	23.005	20.732	22.880
7	14:40:41.121	1:06.705	22.903	20.773	23.029
8	14:41:47.488	1:06.367	22.951	20.483	22.933
p9	14:42:52.703	1:05.215	22.480	21.024	

(10) Kim Helge Haga Ovnan

1	15:19:35.017			25.449	2:25.171
2	15:20:53.149	1:18.132	29.644	23.841	24.647
3	15:22:02.761	1:09.612	24.309	20.917	24.386
4	15:23:11.469	1:08.708	23.803	20.886	24.019
5	15:24:24.996	1:13.527	24.786	24.067	24.674
6	15:25:34.518	1:09.522	23.776	21.278	24.468
7	15:30:08.897	1:52.367		22.847	23.846
8	15:34:48.291	3:21.519			
9	15:36:04.411	1:16.120	25.279	24.727	26.114
10	15:37:19.211	1:14.800	25.822	23.333	25.645
11	15:38:31.716	1:12.505	27.480	21.297	23.728
p12	15:39:39.465	1:07.749	24.226	21.656	

(52) Glenn Christensen

1	14:33:58.610		21.366	23.571	
2	14:35:05.990	1:07.380	23.339	20.859	23.182
3	14:36:13.497	1:07.507	23.030	20.609	23.868
4	14:37:20.963	1:07.466	23.025	20.854	23.587
5	14:38:27.578	1:06.615	22.883	20.608	23.124
6	14:39:34.125	1:06.547	23.034	20.498	23.015
7	14:40:40.930	1:06.805	22.966	20.551	23.288
p8	14:41:46.879	1:05.949	22.873	20.483	

(149) Ove Magne Berge

1	14:54:25.933			22.773	1:03.451
2	14:55:37.330	1:11.397	25.907	21.226	24.264
3	14:56:46.795	1:09.465	24.616	21.000	23.849
p4	14:57:53.300	1:06.505	24.211	21.243	
5	14:59:38.494	1:45.194		21.224	24.190
6	15:00:47.359	1:08.865	24.135	20.915	23.815
p7	15:01:55.085	1:07.726	24.253	21.497	

(-71) Alf Erling Johansen

1	14:32:25.852		23.163	1:56.964	
2	14:33:39.174	1:13.322	26.974	22.370	23.978
3	14:34:48.449	1:09.275	23.975	21.269	24.031
4	14:35:57.655	1:09.206	24.258	21.176	23.772
5	14:37:07.339	1:09.684	24.405	21.334	23.945
6	14:38:17.038	1:09.699	24.456	21.555	23.688
7	14:39:26.224	1:09.186	24.292	21.015	23.879
8	14:40:35.221	1:08.997	24.081	21.296	23.620
9	14:41:43.776	1:08.555	23.915	20.963	23.677
10	14:42:52.187	1:08.411	23.744	20.782	23.885
11	14:44:00.231	1:08.044	23.439	21.007	23.598
12	14:45:08.996	1:08.765	24.008	21.129	23.628
p13	14:46:16.946	1:07.950	23.465	21.449	

(83) Didrik Helgesen

1	14:35:16.503			23.442	24.569
2	14:36:27.631	1:11.128	24.437	22.292	24.399
3	14:37:38.331	1:10.700	24.467	22.106	24.127
4	14:38:48.928	1:10.597	24.259	22.193	24.145
5	14:39:59.126	1:10.198	23.805	22.051	24.342
6	14:41:09.555	1:10.429	24.372	21.980	24.077
7	14:42:20.172	1:10.617	23.935	22.405	24.277
8	14:43:30.636	1:10.464	24.190	22.023	24.251
9	14:44:41.100	1:10.464	24.024	22.065	24.375
10	14:45:50.740	1:09.640	23.717	22.118	23.805
11	14:47:00.482	1:09.742	23.810	22.043	23.889
12	14:48:09.722	1:09.240	23.682	21.678	23.880
p13	14:49:17.041	1:07.319	23.740	22.076	

(6) Bjornar Sand

1	15:19:34.087		25.077	2:25.402	
2	15:20:51.945	1:17.858	30.175	22.632	25.051
3	15:22:00.414	1:08.469	23.711	20.562	24.196
4	15:23:10.269	1:09.855	23.645	20.895	25.315
5	15:24:20.447	1:10.178	24.494	21.642	24.042
6	15:25:34.254	1:13.807	23.657	21.241	28.909
7	15:26:45.258	1:11.004	25.458	21.095	24.451

(100) Vidar Moe

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Heldagstrening SMCK

Trening 4 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 4-4 - Alle Klasser

18.05.2026 14:00

Practice (1:40:00 Time) started at 14:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3	Lap	Time of Day	Lap Tm	S1	S2	S3
(69) Philip Melbye						1	14:37:22.536			23.756	27.021
1	15:21:19.767			25.055	29.227	2	14:38:36.438	1:13.902	25.487	22.762	25.653
2	15:22:36.415	1:16.648	26.763		26.256	3	14:39:48.905	1:12.467	24.952	22.350	25.165
3	15:23:51.404	1:14.989	25.250	23.483	26.256	4	14:41:01.008	1:12.103	24.618	22.238	25.247
4	15:25:09.422	1:18.018	25.432	25.832	26.754	5	14:42:13.149	1:12.141	24.733	22.219	25.189
p5	15:26:16.961	1:07.539	25.114	22.836		p6	14:43:21.364	1:08.215	25.626	21.893	
6	15:30:05.542	3:48.581		23.668	25.718	(95) Emre Gjelsvik-Bakke					
7	15:34:59.399	3:34.509				1	14:03:38.655			24.992	27.819
8	15:36:11.700	1:12.301	24.524	22.550	25.227	2	14:04:55.985	1:17.330	26.480	23.983	26.867
9	15:37:23.945	1:12.245	24.531	22.704	25.010	3	14:06:13.189	1:17.204	25.617	24.647	26.940
10	15:38:33.885	1:09.940	24.119	21.638	24.183	4	14:07:28.515	1:15.326	25.848	23.719	25.759
p11	15:39:46.303	1:12.418	24.912	22.623		5	14:08:42.434	1:13.919	25.291	23.239	25.389
(77) Frank Egil Rånes						6	14:09:59.782	1:17.348	26.876	24.776	25.696
1	15:22:25.520			22.309	24.875	7	14:11:16.291	1:16.509	26.730	24.177	25.602
2	15:23:38.592	1:13.072	25.543	21.898	25.631	8	14:12:30.141	1:13.850	25.221	23.039	25.590
3	15:24:48.812	1:10.220	25.611	21.291	23.318	9	14:13:47.952	1:17.811	24.917	23.114	29.780
4	15:25:59.607	1:10.795	24.651	21.806	24.338	10	14:15:02.676	1:14.724	25.623	23.299	25.802
5	15:29:44.036	2:39.385		21.581	23.250	11	14:16:16.224	1:13.548	24.977	23.025	25.546
(13-) Jan Ivar Skilbrei						12	14:17:29.572	1:13.348	24.874	23.087	25.387
1	15:21:20.156			24.216	26.594	13	14:18:45.272	1:15.700	27.314	23.163	25.223
2	15:22:34.140	1:13.984	26.680	22.776	24.528	14	14:19:59.221	1:13.949	25.082	23.146	25.721
3	15:23:50.082	1:15.942	24.283	22.331	29.328	15	14:21:15.663	1:16.442	27.011	23.322	26.109
4	15:25:05.181	1:15.099	25.779	24.242	25.078	16	14:22:28.555	1:12.892	25.075	22.900	24.917
5	15:26:16.334	1:11.153	24.742	21.991	24.420	p17	14:23:39.510	1:10.955	24.743	23.534	
6	15:29:58.354	2:18.632		23.736	25.817	(52-) Stein Arne Jenssen					
7	15:34:41.855	3:32.403				1	15:19:36.886			25.268	2:03.610
8	15:35:52.306	1:10.451	24.188	21.832	24.431	2	15:21:01.570	1:24.684	31.748	25.042	27.894
p9	15:37:00.194	1:07.888	23.958	22.011		3	15:22:18.273	1:16.703	27.344	24.097	25.262
(3) Per Inge Stykket						4	15:23:38.365	1:20.092	25.836	26.369	27.887
1	15:21:13.822			24.100	26.280	5	15:24:52.635	1:14.270	26.469	23.207	24.594
2	15:22:32.163	1:18.341	29.293	23.696	25.352	6	15:26:05.885	1:13.250	24.991	22.496	25.763
3	15:23:48.085	1:15.922	25.465	22.759	27.698	7	15:30:01.332	2:28.631		24.474	25.639
4	15:25:06.166	1:18.081	27.895	23.664	26.522	8	15:34:47.144	3:23.321			
5	15:26:17.605	1:11.439	24.797	22.311	24.331	9	15:36:03.498	1:16.354	25.994	24.545	25.815
6	15:30:00.269	2:16.412		23.029	25.389	10	15:37:18.811	1:15.313	26.208	23.263	25.842
7	15:34:43.004	3:22.578				11	15:38:33.413	1:14.602	27.151	23.013	24.438
8	15:35:53.737	1:10.733	24.389	21.567	24.777	p12	15:39:45.552	1:12.139	24.722	22.832	
9	15:37:05.443	1:11.706	23.862	21.620	26.224	(20) Vidar Andre Jensen					
10	15:38:16.345	1:10.902	24.559	21.890	24.453	1	15:19:33.895			28.387	2:26.818
p11	15:39:22.101	1:05.756	24.083	21.930		2	15:20:48.064	1:14.169	27.657	22.399	24.113
(13) Mathias Skilbrei Finden						p3	15:21:46.009	57.945			
1	14:08:04.628			24.732	27.195	(50) Tor Christensen					
2	14:09:18.215	1:13.587	25.605	22.996	24.986	1	15:19:35.196			26.057	2:10.828
3	14:10:34.206	1:15.991	24.502	23.069	28.420	2	15:21:00.277	1:25.081	33.058	24.769	27.254
4	14:11:50.005	1:15.799	24.857	22.697	28.245	3	15:22:16.977	1:16.700	27.119	23.616	25.965
5	14:13:01.025	1:11.020	24.003	22.578	24.439	4	15:23:37.945	1:20.968	26.729	26.256	27.983
6	14:14:18.520	1:17.495	27.144	24.987	25.364	5	15:24:55.321	1:17.376	26.643	24.175	26.558
7	14:15:32.229	1:13.709	25.526	22.564	25.619	6	15:26:11.287	1:15.966	26.440	23.522	26.004
8	14:16:44.501	1:12.272	25.305	22.046	24.921	7	15:29:58.049	2:22.011		24.742	26.075
9	14:17:58.349	1:13.848	25.567	23.047	25.234	8	15:34:46.027	3:29.703			
10	14:19:11.070	1:12.721	25.772	21.944	25.005	9	15:36:03.053	1:17.026	26.712	24.081	26.233
p11	14:20:28.622	1:17.552	26.508	25.986		10	15:37:18.300	1:15.247	26.120	23.327	25.800
(57) Hans Bergstrøm						11	15:38:43.666	1:25.366	35.525	23.540	26.301
1	15:22:31.458			26.592	25.795	p12	15:39:56.427	1:12.761	26.371	23.747	
2	15:23:47.411	1:15.953	25.383	22.587	27.983	(51) Børre Skumlien					
3	15:25:04.608	1:17.197	28.005	23.866	25.326	1	15:23:26.737			26.082	26.347
4	15:26:16.443	1:11.835	24.894	22.099	24.842	2	15:24:42.209	1:15.472	25.394	23.953	26.125
5	15:29:59.841	2:17.490		24.339	25.377	3	15:25:59.342	1:17.133	27.522	23.812	25.799
(17) Sondre Spjeldnes Flathen						(24) Thomas Thoresen von Gyllensten					
						1	15:19:33.861			29.006	2:11.003

Heldagstrening SMCK

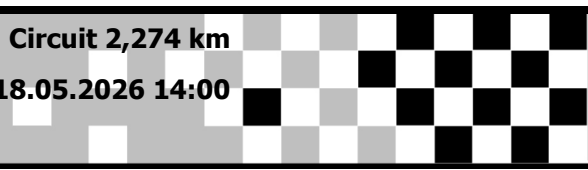
Trening 4 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 4-4 - Alle Klasser

18.05.2026 14:00

Practice (1:40:00 Time) started at 14:00:00



Lap	Time of Day	Lap Tm	S1	S2	S3
2	15:20:55.979	1:22.118	30.439	24.573	27.106
3	15:22:11.644	1:15.665	25.764	22.942	26.959
4	15:23:29.833	1:18.189	28.001	23.298	26.890
5	15:24:45.786	1:15.953	26.551	22.897	26.505
p6	15:26:00.186	1:14.400	26.833	22.238	
7	15:30:04.280	4:04.094		23.280	26.249

(75) Pål Laukli

1	15:19:45.803			28.321	2:39.606
2	15:21:02.923	1:17.120	28.653	22.648	25.819
3	15:22:22.602	1:19.679	26.673	24.548	28.458
4	15:23:40.088	1:17.486	26.799	24.196	26.491
5	15:24:56.106	1:16.018	25.980	23.146	26.892
6	15:26:12.200	1:16.094	26.303	23.540	26.251

(11) Danny Dang

1	15:19:34.133			32.050	2:32.935
2	15:20:56.926	1:22.793	31.518	24.625	26.650
3	15:22:13.295	1:16.369	26.328	23.472	26.569
4	15:23:30.672	1:17.377	26.915	23.181	27.281
5	15:24:47.611	1:16.939	26.024	23.858	27.057
6	15:26:04.987	1:17.376	26.529	23.562	27.285

(23) Pål Døhlen

1	15:19:33.157			30.260	2:27.792
2	15:20:53.199	1:20.042	28.421	24.612	27.009
3	15:22:10.062	1:16.863	26.840	23.048	26.975
4	15:23:29.171	1:19.109	29.003	23.509	26.597
p5	15:24:43.834	1:14.663	26.604	23.965	

(14) Jenny Hagen Jensen

1	14:03:23.147			25.093	27.935
2	14:04:44.466	1:21.319	28.563	25.409	27.347
3	14:06:03.223	1:18.757	26.794	24.600	27.363
4	14:07:22.720	1:19.497	27.956	24.432	27.109
5	14:08:40.594	1:17.874	26.812	24.172	26.890
6	14:09:59.313	1:18.719	27.709	23.907	27.103
7	14:11:24.478	1:25.165	30.609	25.833	28.723
8	14:12:47.176	1:22.698	30.805	24.830	27.063
9	14:14:04.982	1:17.806	26.601	24.048	27.157
10	14:15:23.129	1:18.147	26.863	24.258	27.026
p11	14:16:40.403	1:17.274	27.293	24.198	
12	14:19:00.519	2:20.116		27.394	27.118
13	14:20:18.568	1:18.049	27.355	24.084	26.610
14	14:21:36.461	1:17.893	26.924	23.995	26.974
15	14:22:54.472	1:18.011	27.036	24.086	26.889
p16	14:24:19.073	1:24.601	27.239	28.224	

(85) Linn T.

1	15:19:36.276			26.224	1:53.533
2	15:21:00.156	1:23.880	30.860	24.849	28.171
3	15:22:22.654	1:22.498	28.463	24.917	29.118
4	15:23:46.339	1:23.685	28.968	25.550	29.167
5	15:25:08.250	1:21.911	28.841	25.544	27.526
6	15:26:27.115	1:18.865	27.780	24.037	27.048
7	15:30:29.093	2:39.126	3:09.022	25.284	
8	15:35:09.416	3:17.829		27.868	
9	15:36:29.119	1:19.703	28.020	24.571	27.112
10	15:37:47.914	1:18.795	27.403	24.080	27.312
p11	15:39:03.149	1:15.235	27.994	24.832	

(96-) Andre Mathias Østli

1	15:19:37.355			26.479	2:07.078
2	15:21:02.938	1:25.583	32.299	24.718	28.566
3	15:22:24.559	1:21.621	28.076	24.781	28.764
4	15:23:47.092	1:22.533	27.832	25.528	29.173

Lap	Time of Day	Lap Tm	S1	S2	S3
5	15:25:11.178	1:24.086	29.289	25.810	28.987
6	15:26:31.971	1:20.793	27.524	24.864	28.405
7	15:30:31.513	2:25.991	3:03.691	25.148	30.703

(36) Odd Iver Rånes

1	15:19:39.142			28.191	1:55.233
2	15:21:19.941	1:40.799	34.903	35.962	29.934
3	15:22:44.556	1:24.615	29.546	26.126	28.943
4	15:24:07.443	1:22.887	28.373	25.285	29.229
5	15:25:33.578	1:26.135	29.336	26.074	30.725
6	15:34:44.294	4:02.163			4:31.004
7	15:36:05.726	1:21.432	27.648	25.337	28.447
8	15:37:26.671	1:20.945	27.737	24.855	28.353
9	15:38:49.132	1:22.461	28.694	25.504	28.263
p10	15:40:12.399	1:23.267	28.833	26.920	

(669) Ina Stylo

1	15:21:42.347			27.274	30.377
2	15:23:06.832	1:24.485	29.897	25.984	28.604
3	15:24:28.305	1:21.473	28.541	24.545	28.387
4	15:25:52.116	1:23.811	29.073	26.116	28.622

(60) Torbjørn Gundersen

1	15:19:33.027			31.808	2:32.555
2	15:20:58.567	1:25.540	30.716	26.223	28.601
3	15:22:20.735	1:22.168	28.176	25.670	28.322
4	15:23:45.920	1:25.185	28.219	26.868	30.098
5	15:25:10.022	1:24.102	28.630	26.732	28.740
6	15:26:33.454	1:23.432	28.147	26.366	28.919
7	15:30:17.773	2:08.214	2:48.009	26.811	29.499
8	15:34:59.475	3:09.051			
9	15:36:23.872	1:24.397	29.275	26.105	29.017
10	15:37:47.037	1:23.165	28.147	26.246	28.772
p11	15:39:10.399	1:23.362	29.920	26.496	

(82-3) Maksymilian Alex Czaplá

1	14:03:06.291			29.857	32.568
2	14:04:35.552	1:29.261	30.293	28.245	30.723
3	14:06:01.857	1:26.305	29.196	27.165	29.944
4	14:07:26.925	1:25.068	28.527	27.424	29.117
5	14:08:50.724	1:23.799	28.463	26.426	28.910
6	14:10:13.662	1:22.938	28.479	26.276	28.183
7	14:11:37.654	1:23.992	28.697	27.472	27.823
8	14:12:59.954	1:22.300	27.598	26.453	28.249
p9	14:14:22.431	1:22.477	27.837	26.238	
10	14:17:07.265	2:44.834		27.449	27.574
11	14:18:33.412	1:26.147	30.266	27.454	28.427
12	14:19:59.945	1:26.533	30.039	27.484	29.010
13	14:21:23.943	1:23.998	28.942	26.257	28.799
14	14:22:49.790	1:25.847	28.658	28.554	28.635
p15	14:24:17.463	1:27.673	30.738	27.976	

(41-) Adrian Sundet

1	14:08:39.349			27.152	28.599
2	14:10:03.631	1:24.282	29.740	26.494	28.048
3	14:11:29.802	1:26.171	32.640	25.584	27.947
4	14:12:54.082	1:24.280	28.355	25.775	30.150
5	14:14:17.346	1:23.264	27.844	25.780	29.640
6	14:15:41.636	1:24.290	28.821	25.533	29.936
7	14:17:12.115	1:30.479	35.608	27.285	27.586
p8	14:18:39.626	1:27.511	28.697	26.733	

(81) Hoai Bao Nguyen

1	14:08:30.129			28.152	30.274
2	14:09:58.372	1:28.243	31.063	26.742	30.438
3	14:11:23.800	1:25.428	30.791	25.792	28.845

Heldagstrening SMCK

Trening 4 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 4-4 - Alle Klasser

18.05.2026 14:00

Practice (1:40:00 Time) started at 14:00:00

Lap	Time of Day	Lap Tm	S1	S2	S3
4	14:12:50.474	1:26.674	30.782	26.890	29.002
5	14:14:15.484	1:25.010	29.926	26.178	28.906
6	14:15:39.589	1:24.105	29.112	26.013	28.980
7	14:17:05.251	1:25.662	30.893	26.170	28.599
8	14:18:31.931	1:26.680	31.223	26.432	29.025
9	14:19:58.501	1:26.570	30.737	26.124	29.709
10	14:21:21.930	1:23.429	29.084	25.603	28.742
11	14:22:48.382	1:26.452	30.105	27.028	29.319
p12	14:24:14.569	1:26.187	30.852	26.620	

Lap	Time of Day	Lap Tm	S1	S2	S3
1	15:22:29.855			23.467	25.094
p2	15:23:44.609	1:14.754	25.390	23.226	
3	15:25:37.929	1:53.320		21.525	24.716
4	15:30:11.130	1:52.149		22.848	24.472

(82-5) Eirik Viste Sottien

1	14:03:17.959			31.282	32.402
2	14:04:49.315	1:31.356	33.225	27.186	30.945
3	14:06:15.839	1:26.524	29.509	27.122	29.893
4	14:07:42.393	1:26.554	29.558	26.922	30.074
5	14:09:09.714	1:27.321	29.918	27.052	30.351
6	14:10:34.499	1:24.785	29.008	26.297	29.480
7	14:12:01.330	1:26.831	30.220	27.179	29.432
8	14:13:49.445	1:48.115	34.455	37.271	36.389
9	14:15:15.434	1:25.989	29.677	26.206	30.106
10	14:16:40.362	1:24.928	29.182	26.158	29.588
11	14:18:05.081	1:24.719	29.257	26.103	29.359
12	14:19:30.255	1:25.174	28.782	25.655	30.737
p13	14:20:59.873	1:29.618	33.508	31.060	

(33) Bjørn Hasli

1	15:21:40.944			32.165	34.156
2	15:23:12.183	1:31.239	31.849	29.074	30.316
3	15:24:40.157	1:27.974	29.299	27.994	30.681
4	15:26:07.709	1:27.552	30.170	26.958	30.424

(82-2) Emil Thomassen Bøler

1	14:03:38.592			29.865	33.824
2	14:05:12.948	1:34.356	31.677	29.000	33.679
3	14:06:47.387	1:34.439	32.098	29.391	32.950
4	14:08:20.390	1:33.003	31.798	28.450	32.755
5	14:09:52.403	1:32.013	32.151	27.974	31.888
6	14:11:22.879	1:30.476	30.964	28.253	31.259
7	14:12:54.198	1:31.319	30.858	28.520	31.941
8	14:14:23.932	1:29.734	30.267	27.693	31.774
9	14:15:54.231	1:30.299	30.421	27.871	32.007
10	14:17:26.958	1:32.727	30.693	28.213	33.821
11	14:18:56.838	1:29.880	30.929	27.597	31.354
p12	14:20:30.482	1:33.644	29.877	27.642	

(5) Cornelius Wiedswang

1	15:22:05.884			34.256	38.744
2	15:23:52.454	1:46.570	36.365	32.896	37.309
3	15:25:35.019	1:42.565	35.962	31.309	35.294
4	15:35:55.953	5:16.565		32.280	35.697
5	15:37:38.505	1:42.552	34.977	32.684	34.891
p6	15:39:15.538	1:37.033	34.871	31.492	

(82-4) Emira Pålhaugen

1	14:10:00.961			35.916	38.588
2	14:11:54.767	1:53.806	38.228	36.373	39.205
3	14:13:49.089	1:54.322	39.761	36.591	37.970
4	14:15:39.181	1:50.092	37.594	35.493	37.005
5	14:17:25.519	1:46.338	36.661	33.156	36.521
6	14:19:20.887	1:55.368	39.242	36.725	39.401
p7	14:21:12.946	1:52.059	41.808	37.380	

(77-) Erik Myhre

p1	14:52:56.016			21.577	
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(811) Finn Kristiansen

Chief of Timing & Scoring: www.Timekeeping.no

Orbits

Race Director: Benjamin Holger Storseen

Sport Rescue Team.

Timing and results are not official.

www.mylaps.com

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