



Mandagstrening SMCK

Trening

Vålerbanen 2,262 km

Practice Heat 4 - Alle Klasser

04.06.2018 20:00

Practice (1:00:00 Time) started at 20:00:00

Lap	Lap Tm	Diff	Time of Day
(100) Vidar Moe			
1			20:26:04.565
2	1:09.064	+3.841	20:27:13.629
3	1:07.054	+1.831	20:28:20.683
4	1:07.192	+1.969	20:29:27.875
5	1:07.202	+1.979	20:30:35.077
6	1:07.379	+2.156	20:31:42.456
7	1:06.419	+1.196	20:32:48.875
8	1:06.224	+1.001	20:33:55.099
9	1:08.597	+3.374	20:35:03.696
10	1:09.233	+4.010	20:36:12.929
11	1:08.404	+3.181	20:37:21.333
12	1:09.540	+4.317	20:38:30.873
13	1:06.958	+1.735	20:39:37.831
14	1:05.223		20:40:43.054
15	1:06.199	+0.976	20:41:49.253

Lap	Lap Tm	Diff	Time of Day
(3) Geir Olav Smedsrud			
1			20:24:55.284
2	1:09.259	+3.057	20:26:04.543
3	1:07.386	+1.184	20:27:11.929
4	1:06.934	+0.732	20:28:18.863
5	1:06.922	+0.720	20:29:25.785
6	1:07.353	+1.151	20:30:33.138
7	1:07.260	+1.058	20:31:40.398
8	1:06.703	+0.501	20:32:47.101
9	1:06.759	+0.557	20:33:53.860
10	1:09.220	+3.018	20:35:03.080
11	1:09.133	+2.931	20:36:12.213
12	1:08.783	+2.581	20:37:20.996
13	1:08.348	+2.146	20:38:29.344
14	1:06.202		20:39:35.546
15	1:06.246	+0.044	20:40:41.792
16	1:06.792	+0.590	20:41:48.584

Lap	Lap Tm	Diff	Time of Day
(38) Roy Erik Bjørndalen			
1			20:25:38.347
2	1:07.865	+0.790	20:26:46.212
3	1:09.335	+2.260	20:27:55.547
4	1:07.358	+0.283	20:29:02.905
5	1:07.075		20:30:09.980
6	1:07.539	+0.464	20:31:17.519

Lap	Lap Tm	Diff	Time of Day
(69.) Geir Lien			
1			20:26:55.485
2	1:10.002	+1.894	20:28:05.487
3	1:08.581	+0.473	20:29:14.068
4	1:09.429	+1.321	20:30:23.497
5	1:09.053	+0.945	20:31:32.550
6	1:09.159	+1.051	20:32:41.709
7	1:11.279	+3.171	20:33:52.988
8	1:09.050	+0.942	20:35:02.038
9	1:10.758	+2.650	20:36:12.796
10	1:09.083	+0.975	20:37:21.879
11	1:09.498	+1.390	20:38:31.377
12	1:08.108		20:39:39.485

Lap	Lap Tm	Diff	Time of Day
(356) Andreas Hansen			
1			20:25:32.779
2	1:12.123	+3.465	20:26:44.902
3	1:13.932	+5.274	20:27:58.834
4	1:10.822	+2.164	20:29:09.656
5	1:09.963	+1.305	20:30:19.619
6	1:09.772	+1.114	20:31:29.391
7	1:11.090	+2.432	20:32:40.481

Lap	Lap Tm	Diff	Time of Day
8	1:10.022	+1.364	20:33:50.503
9	1:10.585	+1.927	20:35:01.088
10	1:10.618	+1.960	20:36:11.706
11	1:09.130	+0.472	20:37:20.836
12	1:09.776	+1.118	20:38:30.612
13	1:09.993	+1.335	20:39:40.605
14	1:08.658		20:40:49.263
15	1:10.213	+1.555	20:41:59.476

Lap	Lap Tm	Diff	Time of Day
(77) Terje Vestby			
1			20:25:38.058
2	1:12.522	+3.334	20:26:50.580
3	1:12.299	+3.111	20:28:02.879
4	1:10.377	+1.189	20:29:13.256
5	1:09.834	+0.646	20:30:23.090
6	1:09.188		20:31:32.278
7	1:09.828	+0.640	20:32:42.106
8	1:11.414	+2.226	20:33:53.520

Lap	Lap Tm	Diff	Time of Day
(157) John Erik Halvorsen			
1			20:25:39.029
2	1:12.008	+2.777	20:26:51.037
3	1:10.573	+1.342	20:28:01.610
4	1:10.281	+1.050	20:29:11.891
5	1:09.231		20:30:21.122
6	1:10.232	+1.001	20:31:31.354
7	1:09.973	+0.742	20:32:41.327
8	1:11.031	+1.800	20:33:52.358
9	1:09.252	+0.021	20:35:01.610

Lap	Lap Tm	Diff	Time of Day
(23) Morten Midtlie			
1			20:25:34.311
2	1:10.951	+1.714	20:26:45.262
3	1:14.136	+4.899	20:27:59.398
4	1:09.237		20:29:08.635
5	2:52.108	+1:42.871	20:32:00.743
6	1:10.178	+0.941	20:33:10.921
7	1:11.030	+1.793	20:34:21.951
8	3:35.600	+2:26.363	20:37:57.551

Lap	Lap Tm	Diff	Time of Day
(199) Svein Kragtorp			
1			20:25:37.525
2	1:10.576	+0.773	20:26:48.101
3	1:12.391	+2.588	20:28:00.492
4	1:10.529	+0.726	20:29:11.021
5	1:09.803		20:30:20.824
6	1:10.170	+0.367	20:31:30.994
7	1:10.072	+0.269	20:32:41.066

Lap	Lap Tm	Diff	Time of Day
(15) Sverre E. Sørberg			
1			20:07:22.673
2	1:23.535	+13.171	20:08:46.208
3	1:18.563	+8.199	20:10:04.771
4	1:15.789	+5.425	20:11:20.560
5	1:14.816	+4.452	20:12:35.376
6	1:12.380	+2.016	20:13:47.756
7	1:12.800	+2.436	20:15:00.556
8	1:11.480	+1.116	20:16:12.036
9	1:10.364		20:17:22.400
10	1:12.448	+2.084	20:18:34.848
11	1:12.450	+2.086	20:19:47.298

Lap	Lap Tm	Diff	Time of Day
(52) Stein Arne Jenssen			
1			20:11:46.512
2	1:17.180	+4.755	20:13:03.692
3	1:14.583	+2.158	20:14:18.275

Lap	Lap Tm	Diff	Time of Day
4	1:13.650	+1.225	20:15:31.925
5	1:12.743	+0.318	20:16:44.668
6	1:17.704	+5.279	20:18:02.372
7	1:13.263	+0.838	20:19:15.635
8	1:12.425		20:20:28.060
9	24:48.542	+23:36.117	20:45:16.602
10	1:27.382	+14.957	20:46:43.984
11	1:27.716	+15.291	20:48:11.700
12	1:29.690	+17.265	20:49:41.390
13	1:26.459	+14.034	20:51:07.849
14	1:26.014	+13.589	20:52:33.863
15	1:26.117	+13.692	20:53:59.980
16	1:27.187	+14.762	20:55:27.167
17	1:25.216	+12.791	20:56:52.383
18	1:24.955	+12.530	20:58:17.338

Lap	Lap Tm	Diff	Time of Day
(24) Per Katzenmaier			
1			20:08:12.654
2	1:17.764	+2.639	20:09:30.418
3	1:15.288	+0.163	20:10:45.706
4	1:15.163	+0.038	20:12:00.869
5	1:15.594	+0.469	20:13:16.463
6	1:15.282	+0.157	20:14:31.745
7	1:15.125		20:15:46.870
8	1:15.136	+0.011	20:17:02.006

Lap	Lap Tm	Diff	Time of Day
(15.) Ingar Olsen			
1			20:09:57.664
2	1:22.690	+4.727	20:11:20.354
3	1:21.588	+3.625	20:12:41.942
4	1:18.732	+0.769	20:14:00.674
5	1:17.963		20:15:18.637
6	1:20.150	+2.187	20:16:38.787

Lap	Lap Tm	Diff	Time of Day
(232) Mats Fjeldset			
1			20:07:10.328
2	1:22.252	+1.660	20:08:32.580
3	1:22.399	+1.807	20:09:54.979
4	1:23.629	+3.037	20:11:18.608
5	1:20.996	+0.404	20:12:39.604
6	1:21.375	+0.783	20:14:00.979
7	1:20.670	+0.078	20:15:21.649
8	1:21.286	+0.694	20:16:42.935
9	1:21.753	+1.161	20:18:04.688
10	1:21.098	+0.506	20:19:25.786
11	1:20.592		20:20:46.378

Lap	Lap Tm	Diff	Time of Day
(94) Roy Øwre			
1			20:45:17.972
2	1:27.643	+1.932	20:46:45.615
3	1:27.566	+1.855	20:48:13.181
4	1:27.413	+1.702	20:49:40.594
5	1:26.392	+0.681	20:51:06.986
6	1:25.711		20:52:32.697
7	1:26.427	+0.716	20:53:59.124
8	1:29.425	+3.714	20:55:28.549
9	1:25.774	+0.063	20:56:54.323
10	1:26.021	+0.310	20:58:20.344

Lap	Lap Tm	Diff	Time of Day
(18) Tobias Rundhaug Kristoffesen			
1			20:45:21.054
2	1:29.525	+1.225	20:46:50.579
3	1:29.563	+1.263	20:48:20.142
4	1:31.209	+2.909	20:49:51.351
5	1:30.278	+1.978	20:51:21.629
6	1:28.999	+0.699	20:52:50.628



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Trening Vålerbanen 2,262 km

Practice Heat 4 - Alle Klasser 04.06.2018 20:00

Practice (1:00:00 Time) started at 20:00:00

Lap	Lap Tm	Diff	Time of Day
7	1:29.817	+1.517	20:54:20.445
8	1:29.822	+1.522	20:55:50.267
9	1:23.300		20:57:18.567
10	1:28.950	+0.650	20:58:47.517

(33.) Renate Malzev

Lap	Lap Tm	Diff	Time of Day
1			20:45:32.731
2	1:41.423	+4.124	20:47:14.154
3	1:39.846	+2.547	20:48:54.000
4	1:40.023	+2.724	20:50:34.023
5	1:40.435	+3.136	20:52:14.458
6	1:40.693	+3.394	20:53:55.151
7	1:38.081	+0.782	20:55:33.232
8	1:39.078	+1.779	20:57:12.310
9	1:37.299		20:58:49.609

Lap	Lap Tm	Diff	Time of Day
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Lap	Lap Tm	Diff	Time of Day
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