



## Heldagstrening og Klubblop2 SMCK

### Trening

### Vålerbanen Racing Circuit 2,262 km

### Practice Heat 4 - Alle Klasser

### 12.08.2019 13:20

### Practice (1:10:00 Time) started at 13:20:00

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(15) Thomas Sigvartsen</b>					
1	14:00:12.192			23.083	24.348
2	14:01:18.176	<b>1:05.984</b>	22.457	21.057	22.470
3	14:02:21.547	<b>1:03.371</b>	20.813	20.556	22.002
4	14:03:24.520	<b>1:02.973</b>	20.637	20.412	21.924
5	14:04:27.126	<b>1:02.606</b>	20.447	20.468	21.691
6	14:05:29.037	<b>1:01.911</b>	20.299	<b>20.155</b>	<b>21.457</b>
p7	14:06:35.453	<b>1:06.416</b>	<b>20.272</b>	20.731	
8	14:10:49.725	<b>4:14.272</b>		21.351	22.013
9	14:11:52.065	<b>1:02.340</b>	20.445	20.161	21.734
p10	14:13:05.183	<b>1:13.118</b>	21.030	21.858	

<b>(113) Erik Myrberget</b>					
1	13:58:03.027		22.459	23.436	
2	13:59:10.235	<b>1:07.208</b>	22.595	21.864	22.749
3	14:00:16.131	<b>1:05.896</b>	21.972	21.466	22.458
4	14:01:20.697	<b>1:04.566</b>	21.271	21.127	22.168
5	14:02:24.472	<b>1:03.775</b>	21.069	<b>20.496</b>	22.210
6	14:03:27.797	<b>1:03.325</b>	20.815	20.713	<b>21.797</b>
7	14:04:31.346	<b>1:03.549</b>	20.815	20.758	21.976
8	14:05:34.753	<b>1:03.407</b>	<b>20.517</b>	20.713	22.177
p9	14:06:43.201	<b>1:08.448</b>	21.654	20.959	

<b>(69) Bobbo Enger</b>					
1	14:03:38.910		21.766	23.061	
2	14:04:45.391	<b>1:06.481</b>	22.239	21.853	22.389
3	14:05:50.066	<b>1:04.675</b>	21.483	<b>21.270</b>	<b>21.922</b>
p4	14:07:18.859	<b>1:28.793</b>	<b>21.248</b>	42.093	

<b>(23) Joakim Gulliksen</b>					
1	14:01:09.514		24.152	24.812	
2	14:02:19.150	<b>1:09.636</b>	23.105	22.768	23.763
3	14:03:26.594	<b>1:07.444</b>	22.181	22.062	23.201
4	14:04:32.883	<b>1:06.289</b>	21.505	21.784	23.000
5	14:05:38.526	<b>1:05.643</b>	<b>21.294</b>	<b>21.386</b>	<b>22.963</b>
p6	14:06:47.748	<b>1:09.222</b>	21.397	21.502	
7	14:10:54.163	<b>4:06.415</b>	22.491	23.555	
8	14:12:01.105	<b>1:06.942</b>	22.098	21.709	23.135
p9	14:13:11.689	<b>1:10.584</b>	21.878	22.225	

<b>(70) Tore Stene</b>					
1	14:11:49.769		24.320	24.712	
2	14:12:59.903	<b>1:10.134</b>	22.350	22.284	25.500
3	14:14:06.316	<b>1:06.413</b>	<b>21.949</b>	<b>21.573</b>	<b>22.891</b>
p4	14:15:26.682	<b>1:20.366</b>	23.470	21.961	

<b>(55) Kent Frode Skjønberg</b>					
1	13:47:52.233		23.547	<b>24.419</b>	
2	13:49:02.707	<b>1:10.474</b>	<b>23.681</b>	<b>22.278</b>	24.515
p3	13:50:20.363	<b>1:17.656</b>	24.010	22.425	

<b>(11) Mads Sandbakken</b>					
1	14:11:06.686		24.548	25.106	
2	14:12:18.853	<b>1:12.167</b>	24.326	23.345	<b>24.496</b>
3	14:13:30.317	<b>1:11.464</b>	<b>23.634</b>	<b>22.888</b>	24.942
p4	14:14:52.858	<b>1:22.541</b>	23.935	24.162	

<b>(40.) Kim Rønningen</b>					
1	14:11:04.460		24.748	25.550	
2	14:12:17.269	<b>1:12.809</b>	24.178	<b>23.711</b>	<b>24.920</b>
3	14:13:29.949	<b>1:12.680</b>	<b>23.724</b>	23.937	25.019
p4	14:14:51.870	<b>1:21.921</b>	24.199	23.836	

<b>(66) Marius Naume</b>					
1	13:46:36.646		25.495	27.643	

Lap	Time of Day	Lap Tm	S1	S2	S3
2	13:47:50.874	<b>1:14.228</b>	24.807	23.461	25.960
3	13:49:04.332	<b>1:13.458</b>	24.411	23.380	<b>25.667</b>
p4	13:50:25.927	<b>1:21.595</b>	<b>24.030</b>	<b>23.279</b>	

<b>(126) Lars Martin Granshagen</b>					
1	13:56:44.932			25.246	<b>25.583</b>
2	13:57:59.916	<b>1:14.984</b>	<b>25.392</b>	<b>23.752</b>	25.840
p3	13:59:30.210	<b>1:30.294</b>	26.367	24.768	

<b>(14) Kristoffer Hatterud</b>					
1	14:11:36.064			31.342	32.175
2	14:13:00.070	<b>1:24.006</b>	28.611	28.039	27.356
3	14:14:17.544	<b>1:17.474</b>	<b>25.226</b>	<b>25.023</b>	<b>27.225</b>
p4	14:15:53.823	<b>1:36.279</b>	26.088	27.015	

<b>(33) Vidar Bjørndalen</b>					
1	14:11:25.695			31.350	30.108
2	14:12:46.004	<b>1:20.309</b>	26.545	26.640	<b>27.124</b>
3	14:14:04.809	<b>1:18.805</b>	<b>25.459</b>	<b>25.973</b>	27.373
p4	14:15:33.739	<b>1:28.930</b>	26.667	27.579	

<b>(5) Emil Solo Dibasey Sandnes</b>					
1	14:11:52.399			30.530	28.639
2	14:13:11.989	<b>1:19.590</b>	<b>24.816</b>	<b>27.483</b>	<b>27.291</b>
3	14:14:34.517	<b>1:22.528</b>	25.272	27.565	29.691
4	14:16:03.094	<b>1:28.577</b>	27.035	30.262	31.280
p5	14:17:54.467	<b>1:51.373</b>	31.487	33.800	

<b>(13) Raymond Iversen</b>					
1	14:11:11.475			28.106	<b>28.828</b>
2	14:12:34.261	<b>1:22.786</b>	<b>26.878</b>	<b>26.941</b>	28.967
3	14:14:01.214	<b>1:26.953</b>	27.100	29.185	30.668
p4	14:15:41.839	<b>1:40.625</b>	29.358	28.105	

<b>(16-) Hans-Petter Lohaugen</b>					
1	14:21:19.121			30.156	31.742
2	14:22:50.026	<b>1:30.905</b>	30.156	29.344	31.405
3	14:24:16.414	<b>1:26.388</b>	28.842	27.728	29.818
4	14:25:46.149	<b>1:29.735</b>	31.128	29.732	28.875
5	14:27:09.698	<b>1:23.549</b>	27.695	<b>27.116</b>	<b>28.738</b>
6	14:28:34.457	<b>1:24.759</b>	<b>27.546</b>	27.254	29.959
7	14:30:00.991	<b>1:26.534</b>	28.208	28.077	30.249

<b>(257) Hans Bergstrøm</b>					
1	14:23:24.199			32.957	32.072
2	14:24:54.935	<b>1:30.736</b>	30.254	29.521	30.961
3	14:26:23.580	<b>1:28.645</b>	29.468	29.052	30.125
4	14:27:52.625	<b>1:29.045</b>	29.330	29.159	30.556
5	14:29:20.311	<b>1:27.686</b>	29.324	<b>28.492</b>	<b>29.870</b>
6	14:30:49.003	<b>1:28.692</b>	<b>29.239</b>	29.034	30.419

<b>(113-) Jo-Anders Johnsen</b>					
1	14:11:34.901			32.150	33.147
2	14:13:03.273	<b>1:28.372</b>	29.532	29.337	<b>29.503</b>
3	14:14:33.282	<b>1:30.009</b>	29.603	29.207	31.199
4	14:16:01.122	<b>1:27.840</b>	<b>27.914</b>	<b>28.344</b>	31.582
5	14:17:34.887	<b>1:33.765</b>	29.473	31.082	33.210
6	14:19:11.748	<b>1:36.861</b>	31.407	31.471	33.983
7	14:20:57.162	<b>1:45.414</b>	35.160	35.863	34.391
8	14:22:37.288	<b>1:40.126</b>	33.155	33.494	33.477
9	14:24:14.041	<b>1:36.753</b>	30.965	33.407	32.381
10	14:25:51.925	<b>1:37.884</b>	32.715	32.390	32.779
11	14:27:26.763	<b>1:34.838</b>	31.476	30.471	32.891
12	14:29:01.160	<b>1:34.397</b>	30.874	31.373	32.150
p13	14:30:47.462	<b>1:46.302</b>	31.209	31.738	



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Trening

Vålerbanen Racing Circuit 2,262 km

Practice Heat 4 - Alle Klasser

12.08.2019 13:20

Practice (1:10:00 Time) started at 13:20:00

Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(13-) Marco-Andrè Osmo</b>					
1	13:23:12.818			34.674	36.644
2	13:24:55.091	<b>1:42.273</b>	33.576	33.809	34.888
3	13:26:31.899	<b>1:36.808</b>	32.009	30.812	33.987
4	13:28:06.814	<b>1:34.915</b>	30.739	30.363	33.813
5	13:29:41.913	<b>1:35.099</b>	30.997	30.190	33.912
6	13:31:15.427	<b>1:33.514</b>	30.227	30.142	33.145
7	13:32:46.890	<b>1:31.463</b>	29.883	29.359	32.221
8	13:34:16.887	<b>1:29.997</b>	29.304	28.620	32.073
9	13:35:46.862	<b>1:29.975</b>	28.932	28.783	32.260
10	13:37:17.816	<b>1:30.954</b>	28.662	29.961	32.331
11	13:38:47.173	<b>1:29.357</b>	28.230	28.964	32.163
12	13:40:16.067	<b>1:28.894</b>	28.567	28.775	<b>31.552</b>
p13	13:41:51.637	<b>1:35.570</b>	<b>28.094</b>	<b>28.456</b>	

<b>(21.) Hilde og Glenn Sommerfelt</b>					
1	13:26:35.983			36.723	35.564
2	13:28:13.844	<b>1:37.861</b>	33.403	31.582	32.876
3	13:29:47.925	<b>1:34.081</b>	31.342	30.965	<b>31.774</b>
4	13:31:23.429	<b>1:35.504</b>	31.531	29.743	34.230
5	13:33:00.069	<b>1:36.640</b>	32.518	30.540	33.582
6	13:34:35.854	<b>1:35.785</b>	31.234	30.779	33.772
7	13:36:20.039	<b>1:44.185</b>	32.667	31.690	39.828
8	13:37:56.629	<b>1:36.590</b>	31.629	30.987	33.974
9	13:39:34.768	<b>1:38.139</b>	31.973	32.208	33.958
10	13:41:08.299	<b>1:33.531</b>	30.538	30.556	32.437
p11	13:42:52.787	<b>1:44.488</b>	<b>30.125</b>	30.911	
p12	13:47:04.151	<b>4:11.364</b>		<b>25.704</b>	

<b>(78) Linda Kristoffersen</b>					
1	13:26:18.457			34.266	36.052
2	13:28:00.139	<b>1:41.682</b>	34.120	32.509	35.053
3	13:29:41.758	<b>1:41.619</b>	33.796	32.808	35.015
4	13:31:22.509	<b>1:40.751</b>	33.539	32.642	34.570
5	13:32:58.734	<b>1:36.225</b>	31.967	30.953	<b>33.305</b>
6	13:34:34.767	<b>1:36.033</b>	<b>31.618</b>	<b>30.797</b>	33.618
p7	13:36:20.496	<b>1:45.729</b>	32.775	31.519	

<b>(942) Thomas Bergstrøm</b>					
p1	13:47:02.314			<b>25.547</b>	

<b>(43) Odd Joar Berg</b>					
p1	13:47:10.909			<b>23.815</b>	

<b>(16) Stein Arild Øye</b>					
p1	13:47:29.064			<b>27.519</b>	

<b>(17) Svein-Ingar Hellan</b>					
1	14:14:05.580			34.238	<b>35.719</b>
p2	14:15:50.736	<b>1:45.156</b>	<b>31.026</b>	29.114	