

## Heldagstrening SMCK

Sorted on best lap time

Trening 3 heat

Vålerbanen Racing Circuit 2,274 km

Practice Heat 4 - Alle Klasser

18.05.2026 12:00

Practice (1:00:00 Time) started at 12:00:00

Pos	No.	Name	Club	Make	Model/Engine	Best Tm	In Lap	Gap	Diff
<b>Junior/ssp300</b>									
1	34	Stina Ringnes	Solør Motorcykk	Kawasaki	Ninja 400	1:07.786	8		
2	95	Emre Gjelsvik-Bakke	Stavanger Roadi	Ktm	Rc390	1:11.487	12	3.701	3.701
3	14	Jenny Hagen Jensen	Solør Motorcykk	Yamaha	R3	1:16.559	7	5.072	8.773
4	41-	Adrian Sundet	Solør Motorcykk	Kawasaki	Ninja 400	1:19.916	7	3.357	12.130
5	82-3	Maksymilian Alex Czapl	Solør Motorcykk	Kawasaki	Ninja	1:22.654	7	2.738	14.868

### Nasjonal 1000

1	149	Ove Magne Berge	Solør MCK	H CBR 1000		1:06.388	5		
2	94	Viljar Pålhaugen	Solør MCK	Yamaha	R1	1:53.170	6	46.782	46.782

### Norsk Open 600

1	12	Raste Skoglund	Solør MCK	Honda	CBR600RR	1:03.050	9		
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### NYBEGYNNER

1	11	Danny Dang	Solør Motorcykk	Yamaha	R6	1:12.938	10		
2	81	Hoai Bao Nguyen	Borg Mc Klubb	Yamaha R6	R6	1:25.721	2	12.783	12.783

### Senior Middels

1	99	Kent-Erik Løken Tøllefsen	Solør Motorcykk	Triumph	Daytona 675R G	1:03.456	7		
2	28	Roger Kristensen	Solør Motorcykk	Suzuki	GSXR 1000 R	1:04.197	8	0.741	0.741
3	76	Khanh Quoc Dang	Solør Motorcykk	Yamaha	R6	1:04.618	7	0.421	1.162
4	30	Jon Terje Ødegaard	Solør Motorcykk	Yamaha	R6	1:04.842	5	0.224	1.386
5	52	Glenn Christensen	Solør Motorcykk	Kawasaki	zx10r	1:04.845	9	0.003	1.389
6	54	Stian Lehne	Solør Motorcykk	Yamaha	R6	1:04.922	6	0.077	1.466
7	93	Aleksander Offerdal	Solør Motorcykk	Suzuki gsxr	1000	1:05.940	8	1.018	2.484
8	84	Andre Skjelbred	Borg Mc Klubb	Suzuki	Gsxr600	1:06.267	10	0.327	2.811
9	83	Didrik Helgesen	Borg Mc Klubb	Suzuki	Gsxr 600	1:09.264	6	2.997	5.808

### Senior Mosjonist

1	85	Linn T.	Borg Mc Klubb	Aprilia	RSV4	1:16.277	3		
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### Senior Rask

1	17-	Helge Spjeldnes	Solør Motorcykk	Yamaha	R1	58.896	10		
2	71	Terje Teigum Valaker	Gamle Oslo Roar	Triumph	Daytona 675R	1:00.918	5	2.022	2.022
3	73	Svein Rognmo	Gamle Oslo Roar	Triumph	Daytona 675	1:00.965	5	0.047	2.069
4	88	Petter Praner Lien	Solør Motorcykk	Suzuki	GSXR1000 2014	1:01.108	12	0.143	2.212
5	96	Anders Valle	Solør Motorcykk	suzuki	gsxr1000	1:01.367	6	0.259	2.471
6	42	Thomas Bergstrøm	Solør Motorcykk	Honda	Cbr 600	1:01.643	10	0.276	2.747
7	636	Dan-Axel Nord Kristoffersen	Solør Motorcykk	Yamaha	R6	1:02.034	5	0.391	3.138
8	41	Odd-Roar Sundet	Solør Motorcykk	Yamaha	R6	1:02.240	6	0.206	3.344
9	66	Jørgen Bjørklund	Solør Motorcykk	Kawasaki	ZX-10R	1:02.555	4	0.315	3.659

### Announcements

Weather: Mostly sun - Temp: 14,5 C, Track: Dry - Temp: 21,5 C

Chief of Timing & Scoring: [www.Timekeeping.no](http://www.Timekeeping.no)

Orbits

Race Director: Benjamin Holger Storseen

Sport Rescue Team.

Timing and results are not official.

[www.mylaps.com](http://www.mylaps.com)

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18.05.2026 12:00

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Pos	No.	Name	Club	Make	Model/Engine	Best Tm	In Lap	Gap	Diff
10	2	Arne Johan Torvik	Solør Motorcykk	Suzuki	Gsxr 750	1:02.733	6	0.178	3.837
11	77-	Erik Myhre	Gamle Oslo Roar	Yamaha	YZF-R6	1:03.168	2	0.435	4.272
12	58	Odd Joar Berg	Solør Motorcykk	yamaha	yzf R6	1:03.574	3	0.406	4.678
13	53	Ove Einar Reinton	Solør Motorcykk	Kawasaki	zx10r	1:03.988	9	0.414	5.092
14	188	Martin Ludwig Praner Lien	Solør Motorcykk	Yamaha	R1	1:05.441	6	1.453	6.545

### SMCK Utleid Mandag

1	82-2	Emil Thomassen Bøler		Kawasaki	Ninja	1:29.174	10		
2	82-4	Emira Pålhaugen	Solør MCK	Kawasaki	Ninja-300	1:54.998	6	25.824	25.824

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