



Heldagstrening SMCK

2 SST - SB

Vålerbanen 2,262 km

SST - SB Heat 04

09.05.2016 13:25

Practice (25:00 Time) started at 13:25:00

Lap	Lap Tm	Diff	Time of Day
(8/38) Christian Rustberggaard			
1			13:34:23.538
2	1:04.165	+3.262	13:35:27.703
3	1:02.815	+1.912	13:36:30.518
4	1:02.082	+1.179	13:37:32.600
5	1:02.869	+1.966	13:38:35.469
6	1:01.296	+0.393	13:39:36.765
7	1:00.903		13:40:37.668
8	1:15.989	+15.086	13:41:53.657

Lap	Lap Tm	Diff	Time of Day
(7/17) Helge Spjeldnes			
1			13:29:29.755
2	1:03.881	+2.283	13:30:33.636
3	1:03.043	+1.445	13:31:36.679
4	1:03.963	+2.365	13:32:40.642
5	1:03.206	+1.608	13:33:43.848
6	1:01.944	+0.346	13:34:45.792
7	1:01.985	+0.387	13:35:47.777
8	1:02.107	+0.509	13:36:49.884
9	1:01.598		13:37:51.482
10	1:29.758	+28.160	13:39:21.240

Lap	Lap Tm	Diff	Time of Day
(10) Runar Hammer			
1			13:34:01.980
2	1:15.104	+13.472	13:35:17.084
3	1:02.642	+1.010	13:36:19.726
4	1:14.522	+12.890	13:37:34.248
5	1:01.883	+0.251	13:38:36.131
6	1:02.276	+0.644	13:39:38.407
7	1:01.632		13:40:40.039

Lap	Lap Tm	Diff	Time of Day
(85) Sebastian Buch			
1			13:28:24.928
2	1:04.974	+3.193	13:29:29.902
3	1:03.918	+2.137	13:30:33.820
4	1:03.279	+1.498	13:31:37.099
5	1:03.142	+1.361	13:32:40.241
6	1:01.859	+0.078	13:33:42.100
7	1:02.082	+0.301	13:34:44.182
8	1:08.069	+6.288	13:35:52.251
9	1:01.781		13:36:54.032
10	1:02.449	+0.668	13:37:56.481
11	1:22.567	+20.786	13:39:19.048

Lap	Lap Tm	Diff	Time of Day
(136) Espen Sandbakken			
1			13:28:37.549
2	1:03.279	+1.327	13:29:40.828
3	1:02.619	+0.667	13:30:43.447
4	1:02.547	+0.595	13:31:45.994
5	1:03.131	+1.179	13:32:49.125
6	1:02.505	+0.553	13:33:51.630
7	1:02.584	+0.632	13:34:54.214
8	1:02.151	+0.199	13:35:56.365
9	1:01.952		13:36:58.317

Lap	Lap Tm	Diff	Time of Day
(49) Trym T. Johansen			
1			13:26:59.307
2	1:05.477	+3.351	13:28:04.784
3	1:02.750	+0.624	13:29:07.534
4	1:02.327	+0.201	13:30:09.861
5	1:02.329	+0.203	13:31:12.190
6	1:02.126		13:32:14.316
7	1:24.199	+22.073	13:33:38.515
8	1:45.542	+43.416	13:35:24.057
9	1:11.903	+9.777	13:36:35.960

Lap	Lap Tm	Diff	Time of Day
10	1:04.965	+2.839	13:37:40.925
11	5:06.867	+4:04.741	13:42:47.792
12	1:21.418	+19.292	13:44:09.210

Lap	Lap Tm	Diff	Time of Day
(15) Bjørn Erik Ljosland			
1			13:28:50.176
2	1:04.100	+1.770	13:29:54.276
3	2:47.741	+1:45.411	13:32:42.017
4	1:02.423	+0.093	13:33:44.440
5	1:02.345	+0.015	13:34:46.785
6	1:02.330		13:35:49.115
7	1:02.466	+0.136	13:36:51.581

Lap	Lap Tm	Diff	Time of Day
(20) Jesper Jeppesen			
1			13:28:05.438
2	1:06.163	+3.831	13:29:11.601
3	1:04.465	+2.133	13:30:16.066
4	1:03.739	+1.407	13:31:19.805
5	1:03.886	+1.554	13:32:23.691
6	1:04.394	+2.062	13:33:28.085
7	1:03.517	+1.185	13:34:31.602
8	1:03.428	+1.096	13:35:35.030
9	1:03.451	+1.119	13:36:38.481
10	1:03.336	+1.004	13:37:41.817
11	1:03.861	+1.529	13:38:45.678
12	1:03.137	+0.805	13:39:48.815
13	1:03.045	+0.713	13:40:51.860
14	1:04.456	+2.124	13:41:56.316
15	1:03.452	+1.120	13:42:59.768
16	1:02.332		13:44:02.100
17	1:03.404	+1.072	13:45:05.504
18	1:02.754	+0.422	13:46:08.258
19	1:28.475	+26.143	13:47:36.733

Lap	Lap Tm	Diff	Time of Day
(39) Hernning F. Hansen			
1			13:31:48.984
2	1:04.274	+1.795	13:32:53.258
3	1:03.143	+0.664	13:33:56.401
4	1:02.923	+0.444	13:34:59.324
5	1:02.792	+0.313	13:36:02.116
6	1:02.479		13:37:04.595
7	1:34.205	+31.726	13:38:38.800

Lap	Lap Tm	Diff	Time of Day
(46) Kenneth Friberg			
1			13:27:14.787
2	1:04.306	+1.750	13:28:19.093
3	1:03.687	+1.131	13:29:22.780
4	1:03.291	+0.735	13:30:26.071
5	1:04.233	+1.677	13:31:30.304
6	1:04.039	+1.483	13:32:34.343
7	1:03.701	+1.145	13:33:38.044
8	1:03.146	+0.590	13:34:41.190
9	1:03.383	+0.827	13:35:44.573
10	1:02.974	+0.418	13:36:47.547
11	1:16.498	+13.942	13:38:04.045
12	1:03.479	+0.923	13:39:07.524
13	1:03.024	+0.468	13:40:10.548
14	1:02.556		13:41:13.104

Lap	Lap Tm	Diff	Time of Day
(55) Krister Langeland			
1			13:27:34.354
2	1:05.087	+2.052	13:28:39.441
3	1:04.289	+1.254	13:29:43.730
4	1:04.027	+0.992	13:30:47.757
5	1:03.772	+0.737	13:31:51.529
6	1:04.181	+1.146	13:32:55.710

Lap	Lap Tm	Diff	Time of Day
7	1:03.726	+0.691	13:33:59.436
8	1:03.397	+0.362	13:35:02.833
9	1:03.420	+0.385	13:36:06.253
10	1:03.035		13:37:09.288
11	3:17.564	+2:14.529	13:40:26.852
12	1:25.844	+22.809	13:41:52.696
13	1:18.732	+15.697	13:43:11.428
14	1:04.773	+1.738	13:44:16.201
15	1:04.100	+1.065	13:45:20.301
16	1:03.743	+0.708	13:46:24.044
17	1:03.706	+0.671	13:47:27.750

Lap	Lap Tm	Diff	Time of Day
(92) Ole Stene			
1			13:34:23.854
2	1:04.633	+1.509	13:35:28.487
3	1:03.923	+0.799	13:36:32.410
4	1:03.343	+0.219	13:37:35.753
5	1:03.124		13:38:38.877
6	1:03.295	+0.171	13:39:42.172
7	1:03.580	+0.456	13:40:45.752
8	1:04.153	+1.029	13:41:49.905

Lap	Lap Tm	Diff	Time of Day
(83) Geir Ove Flåten			
1			13:29:54.123
2	1:05.039	+1.507	13:30:59.162
3	1:03.845	+0.313	13:32:03.007
4	1:03.532		13:33:06.539
5	1:03.791	+0.259	13:34:10.330

Lap	Lap Tm	Diff	Time of Day
(96) Anders Valle			
1			13:28:07.018
2	1:05.165	+1.389	13:29:12.183
3	1:04.732	+0.956	13:30:16.915
4	1:04.525	+0.749	13:31:21.440
5	1:04.084	+0.308	13:32:25.524
6	1:04.107	+0.331	13:33:29.631
7	1:03.776		13:34:33.407
8	1:04.436	+0.660	13:35:37.843
9	1:03.819	+0.043	13:36:41.662

Lap	Lap Tm	Diff	Time of Day
(53) Oddgeir Estenstad			
1			13:34:25.087
2	1:04.442	+0.656	13:35:29.529
3	1:05.759	+1.973	13:36:35.288
4	1:03.786		13:37:39.074
5	1:04.136	+0.350	13:38:43.210
6	1:03.843	+0.057	13:39:47.053
7	1:04.337	+0.551	13:40:51.390
8	1:04.299	+0.513	13:41:55.689
9	1:04.718	+0.932	13:43:00.407
10	1:03.923	+0.137	13:44:04.330
11	1:04.151	+0.365	13:45:08.481
12	1:03.827	+0.041	13:46:12.308
13	1:04.138	+0.352	13:47:16.446

Lap	Lap Tm	Diff	Time of Day
(981) Amund Granli			
1			13:28:05.723
2	1:06.137	+2.245	13:29:11.860
3	1:04.592	+0.700	13:30:16.452
4	1:04.565	+0.673	13:31:21.017
5	1:04.059	+0.167	13:32:25.076
6	1:03.892		13:33:28.968
7	1:03.913	+0.021	13:34:32.881
8	1:04.175	+0.283	13:35:37.056
9	1:07.818	+3.926	13:36:44.874
10	1:04.747	+0.855	13:37:49.621

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