

Mandagstrening SMCK

Trening	Vålerbanen 2,274 km
Practice Heat 3 - Alle Klasser	06.09.2021 19:00
Practice (1:00:00 Time) started at 18:00:00	

Lap	Lap Tm	Diff	Time of Day	Lap	Lap Tm	Diff	Time of Day	Lap	Lap Tm	Diff	Time of Day
(15) Thomas Sigvartsen				6	1:06.285	+0.660	18:28:21.532	6	1:06.998	+0.604	18:07:52.867
1			18:03:18.657	7	1:05.625		18:29:27.157	7	1:07.857	+1.463	18:09:00.724
2	59.581	+1.228	18:04:18.238	8	1:05.776	+0.151	18:30:32.933	8	1:08.235	+1.841	18:10:08.959
3	59.351	+0.998	18:05:17.589	9	1:06.387	+0.762	18:31:39.320	9	1:06.751	+0.357	18:11:15.710
4	58.851	+0.498	18:06:16.440	10	1:06.722	+1.097	18:32:46.042	10	1:06.394		18:12:22.104
5	58.863	+0.510	18:07:15.303	11	1:07.363	+1.738	18:33:53.405	p11	1:17.505	+11.111	18:13:39.609
6	59.617	+1.264	18:08:14.920	p12	1:22.357	+16.732	18:35:15.762	(40) Tor Henning Molstad			
7	59.165	+0.812	18:09:14.085	(126) øystein Nettum				1			18:02:25.344
8	58.851	+0.498	18:10:12.936	1			18:06:08.785	2	1:08.052	+1.495	18:03:33.396
9	59.528	+1.175	18:11:12.464	2	1:05.658		18:07:14.443	3	1:08.178	+1.621	18:04:41.574
10	58.780	+0.427	18:12:11.244	3	1:06.945	+1.287	18:08:21.388	4	1:08.333	+1.776	18:05:49.907
11	58.674	+0.321	18:13:09.918	4	1:05.735	+0.077	18:09:27.123	5	1:07.542	+0.985	18:06:57.449
12	58.803	+0.450	18:14:08.721	5	1:05.884	+0.226	18:10:33.007	6	1:33.538	+26.981	18:08:30.987
13	1:01.351	+2.998	18:15:10.072	p6	1:18.992	+13.334	18:11:51.999	7	1:08.383	+1.826	18:09:39.370
14	58.539	+0.186	18:16:08.611	(14) Kristoffer Hatterud				8	1:07.635	+1.078	18:10:47.005
15	58.353		18:17:06.964	1			18:43:34.632	9	1:07.235	+0.678	18:11:54.240
p16	1:04.834	+6.481	18:18:11.798	2	1:09.141	+3.375	18:44:43.773	10	1:06.557		18:13:00.797
(0160) Benjamin Storsveen				3	1:07.070	+1.304	18:45:50.843	11	1:07.215	+0.658	18:14:08.012
1			18:02:41.980	4	1:06.311	+0.545	18:46:57.154	12	1:07.285	+0.728	18:15:15.297
2	1:07.621	+3.742	18:03:49.601	5	1:06.483	+0.717	18:48:03.637	13	1:06.971	+0.414	18:16:22.268
3	1:06.139	+2.260	18:04:55.740	6	1:05.766		18:49:09.403	14	1:07.708	+1.151	18:17:29.976
4	1:05.583	+1.704	18:06:01.323	7	1:08.845	+3.079	18:50:18.248	p15	1:14.405	+7.848	18:18:44.381
5	1:04.970	+1.091	18:07:06.293	8	1:05.969	+0.203	18:51:24.217	(123) Morten Midtlie			
6	1:03.909	+0.030	18:08:10.202	p9	1:15.378	+9.612	18:52:39.595	1			18:02:16.046
7	1:03.922	+0.043	18:09:14.124	(15') Glenn Sommerfelt				2	1:06.853	+0.177	18:03:22.899
8	1:03.879		18:10:18.003	1			18:02:48.142	3	1:06.891	+0.215	18:04:29.790
p9	1:12.234	+8.355	18:11:30.237	2	1:07.445	+1.615	18:03:55.587	4	1:06.676		18:05:36.466
(140) Kim Rønningen				3	1:08.202	+2.372	18:05:03.789	5	1:06.804	+0.128	18:06:43.270
1			18:02:17.252	4	1:08.215	+2.385	18:06:12.004	6	1:08.278	+1.602	18:07:51.548
2	1:07.370	+2.300	18:03:24.622	5	1:08.000	+2.170	18:07:20.004	7	1:08.897	+2.221	18:09:00.445
3	1:06.836	+1.766	18:04:31.458	6	1:08.036	+2.206	18:08:28.040	p8	1:19.834	+13.158	18:10:20.279
4	1:06.778	+1.708	18:05:38.236	7	1:06.716	+0.886	18:09:34.756	(11') Arnt Solvsberg			
5	1:05.984	+0.914	18:06:44.220	8	1:06.453	+0.623	18:10:41.209	1			18:42:51.980
6	1:06.236	+1.166	18:07:50.456	9	1:06.198	+0.368	18:11:47.407	2	1:11.125	+2.691	18:44:03.105
7	1:05.983	+0.913	18:08:56.439	10	1:06.866	+1.036	18:12:54.273	3	1:11.196	+2.762	18:45:14.301
8	1:05.450	+0.380	18:10:01.889	11	1:06.112	+0.282	18:14:00.385	4	1:11.577	+3.143	18:46:25.878
9	1:05.560	+0.490	18:11:07.449	12	1:05.830		18:15:06.215	5	1:11.816	+3.382	18:47:37.694
10	1:05.070		18:12:12.519	p13	1:18.502	+12.672	18:16:24.717	6	1:08.966	+0.532	18:48:46.660
11	1:05.146	+0.076	18:13:17.665	(63) Kent Erik Tøllefsen				7	1:09.341	+0.907	18:49:56.001
12	1:05.462	+0.392	18:14:23.127	1			18:01:59.661	8	1:08.434		18:51:04.435
13	1:05.427	+0.357	18:15:28.554	2	1:09.200	+2.921	18:03:08.861	9	1:11.340	+2.906	18:52:15.775
14	1:05.844	+0.774	18:16:34.398	3	1:07.848	+1.569	18:04:16.709	10	1:10.805	+2.371	18:53:26.580
15	1:05.544	+0.474	18:17:39.942	4	1:08.530	+2.251	18:05:25.239	11	1:09.609	+1.175	18:54:36.189
p16	1:37.270	+32.200	18:19:17.212	5	1:07.537	+1.258	18:06:32.776	12	1:10.808	+2.374	18:55:46.997
(160) Morten Storsveen				6	1:08.059	+1.780	18:07:40.835	13	1:09.721	+1.287	18:56:56.718
1			18:43:14.600	7	1:07.418	+1.139	18:08:48.253	14	1:12.781	+4.347	18:58:09.499
2	1:07.937	+2.710	18:44:22.537	8	1:07.148	+0.869	18:09:55.401	p15	1:27.480	+19.046	18:59:36.979
3	1:07.013	+1.786	18:45:29.550	9	1:07.415	+1.136	18:11:02.816	(52) Stein Arne Jenssen			
4	1:05.227		18:46:34.777	10	1:07.268	+0.989	18:12:10.084	1			18:42:01.584
5	1:07.116	+1.889	18:47:41.893	11	1:07.121	+0.842	18:13:17.205	2	1:12.607	+3.020	18:43:14.191
6	1:09.168	+3.941	18:48:51.061	12	1:07.131	+0.852	18:14:24.336	3	1:10.531	+0.944	18:44:24.722
7	1:08.318	+3.091	18:49:59.379	13	1:06.828	+0.549	18:15:31.164	4	1:09.587		18:45:34.309
8	1:05.876	+0.649	18:51:05.255	14	1:06.588	+0.309	18:16:37.752	5	1:10.753	+1.166	18:46:45.062
9	1:10.875	+5.648	18:52:16.130	15	1:06.279		18:17:44.031	6	1:12.756	+3.169	18:47:57.818
p10	1:25.335	+20.108	18:53:41.465	p16	1:54.889	+48.610	18:19:38.920	7	1:10.660	+1.073	18:49:08.478
(6) Dag Steinar Sundby				(356) Andreas Hansen				8	1:11.269	+1.682	18:50:19.747
1			18:22:45.202	1			18:02:16.706	9	1:11.501	+1.914	18:51:31.248
2	1:08.258	+2.633	18:23:53.460	2	1:07.373	+0.979	18:03:24.079	10	1:11.367	+1.780	18:52:42.615
3	1:07.240	+1.615	18:25:00.700	3	1:07.101	+0.707	18:04:31.180	11	1:10.378	+0.791	18:53:52.993
4	1:06.829	+1.204	18:26:07.529	4	1:06.855	+0.461	18:05:38.035	p12	1:23.933	+14.346	18:55:16.926
5	1:07.718	+2.093	18:27:15.247	5	1:07.834	+1.440	18:06:45.869	p13	2:34.005	+12.4418	18:57:50.931

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Practice Heat 3 - Alle Klasser	06.09.2021 19:00
Practice (1:00:00 Time) started at 18:00:00	

Lap	Lap Tm	Diff	Time of Day	Lap	Lap Tm	Diff	Time of Day	Lap	Lap Tm	Diff	Time of Day
(64) Martin Skjerven				10	1:13.211		18:54:35.187	8	1:18.753	+2.132	18:51:38.707
1			18:42:51.464	11	1:16.732	+3.521	18:55:51.919	9	1:19.177	+2.556	18:52:57.884
2	1:11.287	+0.319	18:44:02.751	12	1:13.577	+0.366	18:57:05.496	10	1:20.345	+3.724	18:54:18.229
3	1:11.276	+0.308	18:45:14.027	p13	1:18.544	+5.333	18:58:24.040	11	1:21.451	+4.830	18:55:39.680
4	1:11.496	+0.528	18:46:25.523	(50) Steffen Andersen				12	1:16.621		18:56:56.301
5	1:11.334	+0.366	18:47:36.857	1			18:42:28.870	13	1:18.503	+1.882	18:58:14.804
6	1:10.968		18:48:47.825	2	1:19.359	+5.158	18:43:48.229	p14	1:33.509	+16.888	18:59:48.313
7	1:13.274	+2.306	18:50:01.099	3	1:18.786	+4.585	18:45:07.015	(50') Tor Christensen			
8	1:13.625	+2.657	18:51:14.724	4	1:17.643	+3.442	18:46:24.658	1			18:42:09.246
p9	1:20.561	+9.593	18:52:35.285	5	1:16.648	+2.447	18:47:41.306	2	1:25.422	+6.278	18:43:34.668
(2) Mads Valen-Senstad				6	1:17.769	+3.568	18:48:59.075	3	1:22.346	+3.202	18:44:57.014
1			18:42:09.879	7	1:14.738	+0.537	18:50:13.813	4	1:21.452	+2.308	18:46:18.466
2	1:24.508	+12.925	18:43:34.387	8	1:14.201		18:51:28.014	5	1:20.700	+1.556	18:47:39.166
3	1:14.705	+3.122	18:44:49.092	9	1:15.237	+1.036	18:52:43.251	6	1:19.934	+0.790	18:48:59.100
4	1:13.072	+1.489	18:46:02.164	10	1:14.963	+0.762	18:53:58.214	7	1:19.304	+0.160	18:50:18.404
5	1:12.053	+0.470	18:47:14.217	11	1:14.618	+0.417	18:55:12.832	8	1:19.144		18:51:37.548
6	1:12.397	+0.814	18:48:26.614	12	1:14.571	+0.370	18:56:27.403	9	1:19.635	+0.491	18:52:57.183
7	1:12.811	+1.228	18:49:39.425	13	1:18.205	+4.004	18:57:45.608	10	1:20.407	+1.263	18:54:17.590
8	1:14.395	+2.812	18:50:53.820	p14	1:24.824	+10.623	18:59:10.432	p11	1:32.629	+13.485	18:55:50.219
9	1:11.959	+0.376	18:52:05.779	(28) Tom Roger Syversen				p12	2:03.258	+44.114	18:57:53.477
10	1:11.583		18:53:17.362	1			18:42:58.521	(11) Oddbjørn Hatterud			
11	1:11.799	+0.216	18:54:29.161	2	1:16.310	+1.956	18:44:14.831	1			18:21:50.086
12	1:12.964	+1.381	18:55:42.125	3	1:14.836	+0.482	18:45:29.667	2	1:25.358	+5.009	18:23:15.444
13	1:14.213	+2.630	18:56:56.338	4	1:14.755	+0.401	18:46:44.422	3	1:22.117	+1.768	18:24:37.561
14	1:12.643	+1.060	18:58:08.981	5	1:14.737	+0.383	18:47:59.159	4	1:24.184	+3.835	18:26:01.745
p15	1:26.079	+14.496	18:59:35.060	6	1:14.354		18:49:13.513	5	1:21.444	+1.095	18:27:23.189
(582) Kristian Inge Asgeirsson				7	1:14.938	+0.584	18:50:28.451	6	1:20.425	+0.076	18:28:43.614
1			18:22:47.562	p8	1:26.250	+11.896	18:51:54.701	7	1:22.813	+2.464	18:30:06.427
2	1:13.247	+1.392	18:24:00.809	(91) Sondre B. Skyttermoen				8	1:21.325	+0.976	18:31:27.752
3	1:13.428	+1.573	18:25:14.237	1			18:21:49.610	9	1:20.534	+0.185	18:32:48.286
4	1:13.200	+1.345	18:26:27.437	2	1:23.582	+7.544	18:23:13.192	10	1:20.349		18:34:08.635
5	1:13.000	+1.145	18:27:40.437	3	1:17.222	+1.184	18:24:30.414	11	1:35.143	+14.794	18:35:43.778
6	1:13.264	+1.409	18:28:53.701	4	1:17.886	+1.848	18:25:48.300	p12	1:52.325	+31.976	18:37:36.103
7	1:15.860	+4.005	18:30:09.561	5	1:17.973	+1.935	18:27:06.273	(41) Geir Svalastog			
8	1:15.686	+3.831	18:31:25.247	6	1:18.089	+2.051	18:28:24.362	1			18:21:45.105
9	1:11.855		18:32:37.102	7	1:16.747	+0.709	18:29:41.109	2	1:30.058	+6.038	18:23:15.163
p10	7:43.517	+6:31.662	18:40:20.619	8	1:16.038		18:30:57.147	3	1:25.853	+1.833	18:24:41.016
(17) Pål Dølen				9	1:17.289	+1.251	18:32:14.436	4	1:28.152	+4.132	18:26:09.168
1			18:42:34.141	10	1:18.010	+1.972	18:33:32.446	5	1:31.395	+7.375	18:27:40.563
2	1:14.168	+2.015	18:43:48.309	11	1:18.030	+1.992	18:34:50.476	6	1:28.934	+4.914	18:29:09.497
3	1:14.313	+2.160	18:45:02.622	12	1:18.505	+2.467	18:36:08.981	7	1:28.672	+4.652	18:30:38.169
4	1:15.939	+3.786	18:46:18.561	p13	1:42.425	+26.387	18:37:51.406	8	1:25.199	+1.179	18:32:03.368
5	1:14.149	+1.996	18:47:32.710	(16) Kjell Rusten				9	1:24.020		18:33:27.388
6	1:12.907	+0.754	18:48:45.617	1			18:23:13.954	10	1:24.030	+0.010	18:34:51.418
7	1:14.445	+2.292	18:50:00.062	2	1:23.166	+6.656	18:24:37.120	p11	1:34.399	+10.379	18:36:25.817
8	1:13.589	+1.436	18:51:13.651	3	1:20.759	+4.249	18:25:57.879	(282) Jon Andreas Nøkleholm			
9	1:12.153		18:52:25.804	4	1:18.954	+2.444	18:27:16.833	1			18:22:12.376
10	1:13.135	+0.982	18:53:38.939	5	1:17.656	+1.146	18:28:34.489	2	1:37.935	+4.890	18:23:50.311
11	1:13.070	+0.917	18:54:52.009	6	1:16.923	+0.413	18:29:51.412	3	1:36.601	+3.556	18:25:26.912
12	1:12.973	+0.820	18:56:04.982	7	1:16.510		18:31:07.922	4	1:35.546	+2.501	18:27:02.458
13	1:12.905	+0.752	18:57:17.887	8	1:16.753	+0.243	18:32:24.675	5	1:33.965	+0.920	18:28:36.423
p14	1:19.768	+7.615	18:58:37.655	9	1:17.077	+0.567	18:33:41.752	6	1:34.172	+1.127	18:30:10.595
(78) Kenneth Skyttermoen				p10	1:33.079	+16.569	18:35:14.831	7	1:33.045		18:31:43.640
1			18:43:24.099	(22) Oddgeir Øen				8	1:33.206	+0.161	18:33:16.846
2	1:16.062	+2.851	18:44:40.161	1			18:42:28.468	9	1:33.312	+0.267	18:34:50.158
3	1:15.141	+1.930	18:45:55.302	2	1:19.477	+2.856	18:43:47.945	p10	1:41.160	+8.115	18:36:31.318
4	1:14.332	+1.121	18:47:09.634	3	1:19.097	+2.476	18:45:07.042				
5	1:13.667	+0.456	18:48:23.301	4	1:18.554	+1.933	18:46:25.596				
6	1:15.659	+2.448	18:49:38.960	5	1:18.018	+1.397	18:47:43.614				
7	1:14.448	+1.237	18:50:53.408	6	1:17.946	+1.325	18:49:01.560				
8	1:14.681	+1.470	18:52:08.089	7	1:18.394	+1.773	18:50:19.954				
9	1:13.887	+0.676	18:53:21.976								