



## Treningsweekend roadracing SMCK

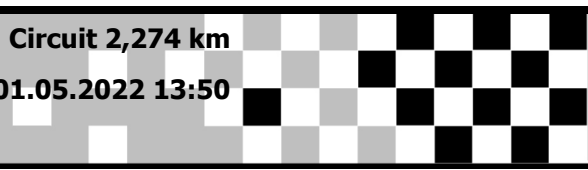
3-NM 600 + 1000

Vålerbanen Racing Circuit 2,274 km

Practice 07 - NM 600 + 1000

01.05.2022 13:50

Practice (25:00 Time) started at 13:50:00



Lap	Time of Day	Lap Tm	S1	S2	S3
<b>(17) Helge Spjeldnes</b>					
1	13:54:17.932			20.713	22.081
2	13:55:20.385	<b>1:02.453</b>	21.619	19.382	21.452
3	13:56:21.286	<b>1:00.901</b>	20.707	19.015	21.179
4	13:57:22.603	<b>1:01.317</b>	21.180	19.103	21.034
5	13:58:23.212	<b>1:00.609</b>	20.526	18.985	21.098
6	13:59:22.717	<b>59.505</b>	<b>20.264</b>	<b>18.543</b>	<b>20.698</b>
p7	14:00:27.982	<b>1:05.265</b>	20.733	18.768	
8	14:02:44.444	<b>2:16.462</b>		19.273	21.599
9	14:03:46.206	<b>1:01.762</b>		19.451	21.577
p10	14:04:54.847	<b>1:08.641</b>	21.162	19.763	

<b>(9) Marcus Høston</b>					
1	13:54:18.636			20.516	22.119
2	13:55:23.447	<b>1:04.811</b>	21.898	21.173	21.740
3	13:56:26.759	<b>1:03.312</b>	21.621	20.033	21.658
4	13:57:28.717	<b>1:01.958</b>	<b>21.305</b>	<b>19.280</b>	21.373
5	13:58:31.065	<b>1:02.348</b>	21.462	19.362	21.524
6	13:59:36.757	<b>1:05.692</b>	22.511	20.374	22.807
7	14:00:42.257	<b>1:05.500</b>	23.278	20.100	22.122
8	14:01:44.321	<b>1:02.064</b>	21.321	19.438	<b>21.305</b>
9	14:02:47.049	<b>1:02.728</b>	21.369	19.689	21.670
p10	14:03:59.981	<b>1:12.932</b>	21.518	20.991	

<b>(40/70) Tore Stene</b>					
1	13:56:16.047			21.350	23.967
2	13:57:20.663	<b>1:04.616</b>	23.037	19.829	21.750
3	13:58:25.445	<b>1:04.782</b>	21.978	20.272	22.532
4	13:59:30.737	<b>1:05.292</b>	23.170	20.128	21.994
5	14:00:36.904	<b>1:06.167</b>	22.667	20.409	23.091
6	14:01:40.053	<b>1:03.149</b>	21.946	19.748	21.455
7	14:02:42.136	<b>1:02.083</b>	<b>20.917</b>	19.562	21.604
8	14:03:45.451	<b>1:03.315</b>	22.208	19.795	<b>21.312</b>
9	14:04:47.862	<b>1:02.411</b>	21.384	19.579	21.448
10	14:05:50.058	<b>1:02.196</b>	21.292	<b>19.514</b>	21.390
p11	14:07:04.982	<b>1:14.924</b>	21.623	20.906	

<b>(26) Åge Herje</b>					
1	13:54:23.666			21.003	22.490
2	13:55:27.201	<b>1:03.535</b>	22.008	19.772	21.755
3	13:56:31.363	<b>1:04.162</b>	21.919	20.305	21.938
4	13:57:34.109	<b>1:02.746</b>	21.474	<b>19.574</b>	<b>21.698</b>
5	13:58:37.075	<b>1:02.966</b>	<b>21.436</b>	19.594	21.936
6	13:59:40.807	<b>1:03.732</b>	21.877	19.844	22.011
7	14:00:44.931	<b>1:04.124</b>	21.976	19.851	22.297
8	14:01:49.477	<b>1:04.546</b>	22.398	20.188	21.960
9	14:02:52.859	<b>1:03.382</b>	21.637	19.824	21.921
10	14:03:56.433	<b>1:03.574</b>	21.605	19.595	22.374
11	14:04:59.971	<b>1:03.538</b>	21.743	19.768	22.027
12	14:06:03.849	<b>1:03.878</b>	21.820	19.991	22.067
p13	14:07:16.210	<b>1:12.361</b>	21.968	20.215	

<b>(34) Espen Sandbakken</b>					
1	13:53:59.285			21.826	23.295
2	13:55:03.431	<b>1:04.146</b>	21.954	20.071	22.121
3	13:56:06.419	<b>1:02.988</b>	21.473	19.613	<b>21.902</b>
4	13:57:09.239	<b>1:02.820</b>	<b>21.158</b>	19.491	22.171
5	13:58:12.017	<b>1:02.778</b>	21.394	<b>19.466</b>	21.918
p6	13:59:49.814	<b>1:37.797</b>	26.388	34.151	

<b>(113) Erik Myrberget</b>					
1	13:53:47.423			21.465	23.350
2	13:54:52.183	<b>1:04.760</b>	22.180	19.980	22.600
3	13:55:56.914	<b>1:04.731</b>	22.358	19.786	22.587
4	13:57:01.293	<b>1:04.379</b>	22.243	19.884	22.252

5	13:58:05.777	<b>1:04.484</b>	22.071	19.955	22.458
p6	13:59:14.399	<b>1:08.622</b>	22.230	19.994	
7	14:00:38.827	<b>1:24.428</b>		20.457	22.358
8	14:01:42.905	<b>1:04.078</b>		20.004	22.028
9	14:02:45.761	<b>1:02.856</b>	21.499	<b>19.406</b>	21.951
10	14:03:48.803	<b>1:03.042</b>	<b>21.450</b>	19.722	21.870
11	14:04:52.237	<b>1:03.434</b>	21.870	19.696	<b>21.868</b>
12	14:05:55.894	<b>1:03.657</b>	21.947	19.524	22.186
p13	14:07:06.496	<b>1:10.602</b>	21.958	19.459	

<b>(23) Joakim Gulliksen</b>					
1	13:55:00.356			21.147	23.063
2	13:56:05.251	<b>1:04.895</b>	22.411	20.209	22.275
3	13:57:09.110	<b>1:03.859</b>	21.705	19.898	22.256
4	13:58:12.714	<b>1:03.604</b>	<b>21.641</b>	19.859	22.104
5	13:59:17.518	<b>1:04.804</b>	22.618	19.821	22.365
6	14:00:21.532	<b>1:04.014</b>	21.785	19.946	22.283
7	14:01:25.028	<b>1:03.496</b>	21.641	19.801	22.054
8	14:02:28.932	<b>1:03.904</b>	21.924	19.766	22.214
9	14:03:32.694	<b>1:03.762</b>	21.784	19.779	22.199
10	14:04:36.064	<b>1:03.370</b>	21.725	<b>19.612</b>	<b>22.033</b>
p11	14:05:45.455	<b>1:09.391</b>	21.908	20.052	

<b>(69) Bobbo Enger</b>					
1	13:53:08.515			20.632	22.689
2	13:54:12.833	<b>1:04.318</b>	22.162	19.887	22.269
3	13:55:16.869	<b>1:04.036</b>	22.163	19.953	<b>21.920</b>
4	13:56:20.679	<b>1:03.810</b>	21.857	<b>19.689</b>	22.264
5	13:57:24.900	<b>1:04.221</b>	21.862	20.065	22.294
6	13:58:28.729	<b>1:03.829</b>	21.959	19.806	22.064
p7	13:59:38.738	<b>1:10.009</b>	<b>21.807</b>	20.408	

<b>(92) Ole Kristian Stene</b>					
1	13:54:05.218			20.397	22.341
2	13:55:10.050	<b>1:04.832</b>	22.880	19.627	22.325
3	13:56:15.924	<b>1:05.874</b>	22.618	20.056	23.200
4	13:57:19.923	<b>1:03.999</b>	22.443	<b>19.372</b>	<b>22.184</b>
5	13:58:25.043	<b>1:05.120</b>	<b>22.440</b>	20.090	22.590
6	13:59:30.503	<b>1:05.460</b>	22.852	20.045	22.563
p7	14:00:48.191	<b>1:17.688</b>	22.700	20.319	
8	14:02:33.524	<b>1:45.333</b>		19.901	22.567
9	14:03:38.891	<b>1:05.367</b>		20.030	22.540
p10	14:04:50.346	<b>1:11.455</b>	22.653	19.995	

<b>(25) Mads Sandbakken</b>					
1	13:52:43.698			21.087	22.815
2	13:53:49.610	<b>1:05.912</b>	22.852	20.242	22.818
3	13:54:55.260	<b>1:05.650</b>	23.040	20.279	22.331
4	13:55:59.684	<b>1:04.424</b>	22.400	<b>19.913</b>	<b>22.111</b>
5	13:57:04.185	<b>1:04.501</b>	<b>22.201</b>	19.943	22.357
6	13:58:08.835	<b>1:04.650</b>	22.481	19.931	22.238
7	13:59:13.794	<b>1:04.959</b>	22.406	20.027	22.526
8	14:00:18.719	<b>1:04.925</b>	22.782	19.953	22.190
9	14:01:24.119	<b>1:05.400</b>	22.498	20.235	22.667
10	14:02:29.323	<b>1:05.204</b>	22.997	20.089	22.118
11	14:03:34.475	<b>1:05.152</b>	22.428	20.021	22.703
p12	14:04:47.571	<b>1:13.096</b>	23.076	20.407	

<b>(71) Terje Valaker</b>					
1	13:53:22.407			21.755	23.759
2	13:54:29.732	<b>1:07.325</b>	22.942	21.266	23.117
3	13:55:36.075	<b>1:06.343</b>	22.526	20.916	22.901
4	13:56:42.508	<b>1:06.433</b>	22.682	20.937	22.814
5	13:57:47.811	<b>1:05.303</b>	22.745	20.202	22.356
6	13:58:52.894	<b>1:05.083</b>	22.536	20.337	22.210
7	13:59:57.691	<b>1:04.797</b>	22.299	20.333	22.165



**Vålerbanen**  
Racing Circuit



**TIDTAKER**  
TIMEKEEPING.NO

## Treningsweekend roadracing SMCK

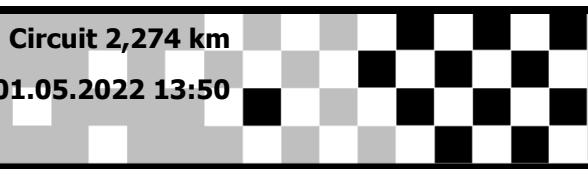
3-NM 600 + 1000

Vålerbanen Racing Circuit 2,274 km

Practice 07 - NM 600 + 1000

01.05.2022 13:50

Practice (25:00 Time) started at 13:50:00



Lap	Time of Day	Lap Tm	S1	S2	S3
8	14:01:02.125	<b>1:04.434</b>	22.163	20.107	22.164
p9	14:02:14.282	<b>1:12.157</b>	22.370	20.485	

Lap	Time of Day	Lap Tm	S1	S2	S3
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(8) Arne johan Torvik

1	13:56:34.601			22.805	22.843
2	13:57:40.128	<b>1:05.527</b>	22.145	20.634	22.748
3	13:58:45.518	<b>1:05.390</b>	22.133	20.744	22.513
4	13:59:50.184	<b>1:04.666</b>	<b>22.060</b>	<b>20.343</b>	22.263
5	14:00:55.633	<b>1:05.449</b>	22.705	20.358	22.386
6	14:02:00.305	<b>1:04.672</b>	22.198	20.354	<b>22.120</b>
p7	14:03:21.708	<b>1:21.403</b>	24.803	20.901	

(12) Kevin Jensen

1	13:53:30.882			21.011	22.780
2	13:54:36.018	<b>1:05.136</b>	22.553	20.220	22.363
3	13:55:41.281	<b>1:05.263</b>	22.626	20.184	22.453
4	13:56:46.527	<b>1:05.246</b>	<b>22.325</b>	20.350	22.571
5	13:57:51.395	<b>1:04.868</b>	22.484	20.072	<b>22.312</b>
6	13:58:56.337	<b>1:04.942</b>	22.419	<b>19.976</b>	22.547
7	14:00:02.032	<b>1:05.695</b>	22.554	20.332	22.809
8	14:01:07.110	<b>1:05.078</b>	22.329	20.066	22.683
p9	14:02:24.927	<b>1:17.817</b>	23.659	21.657	

(73) Svein Rognmo

1	13:53:29.035			21.103	23.486
2	13:54:34.672	<b>1:05.637</b>	22.539	20.473	22.625
3	13:55:39.817	<b>1:05.145</b>	22.347	20.219	<b>22.579</b>
4	13:56:44.846	<b>1:05.029</b>	<b>22.032</b>	20.222	22.775
5	13:57:50.300	<b>1:05.454</b>	22.336	<b>20.121</b>	22.997
6	13:58:55.883	<b>1:05.583</b>	22.445	20.249	22.889
p7	14:00:09.493	<b>1:13.610</b>	22.449	20.264	
8	14:01:36.389	<b>1:26.896</b>		20.438	23.054
9	14:02:41.855	<b>1:05.466</b>		20.318	22.820
10	14:03:48.333	<b>1:06.478</b>	22.757	20.689	23.032
p11	14:04:58.781	<b>1:10.448</b>	22.541	20.389	

(42) Thomas Bergström

1	13:53:21.905			22.443	23.702
2	13:54:29.131	<b>1:07.226</b>	23.068	21.384	22.774
3	13:55:35.747	<b>1:06.616</b>	22.659	21.086	22.871
4	13:56:42.148	<b>1:06.401</b>	22.722	20.910	22.769
5	13:57:48.687	<b>1:06.539</b>	22.772	21.051	22.716
6	13:58:54.449	<b>1:05.762</b>	22.671	<b>20.666</b>	22.425
7	14:00:00.122	<b>1:05.673</b>	<b>22.585</b>	20.687	<b>22.401</b>
8	14:01:06.353	<b>1:06.231</b>	22.675	20.731	22.825
p9	14:02:22.909	<b>1:16.556</b>	23.951	21.871	

(115) Terje Vestby

1	13:52:34.900			24.198	26.190
2	13:53:48.410	<b>1:13.510</b>	26.445	22.317	24.748
3	13:54:58.334	<b>1:09.924</b>	24.031	21.873	24.020
4	13:56:07.473	<b>1:09.139</b>	23.869	21.691	<b>23.579</b>
5	13:57:16.561	<b>1:09.088</b>	24.047	21.336	23.705
6	13:58:25.048	<b>1:08.487</b>	<b>23.515</b>	<b>21.074</b>	23.898
7	13:59:34.387	<b>1:09.339</b>	23.996	21.477	23.866
8	14:00:43.551	<b>1:09.164</b>	23.717	21.326	24.121
9	14:01:52.745	<b>1:09.194</b>	23.604	21.475	24.115
p10	14:03:08.621	<b>1:15.876</b>	23.826	21.802	

(199) Svein Kragtorp

1	13:52:36.160			24.245	26.291
2	13:53:50.050	<b>1:13.890</b>	26.035	23.011	24.844
3	13:55:03.474	<b>1:13.424</b>	25.241	23.277	24.906
4	13:56:16.257	<b>1:12.783</b>	<b>24.941</b>	22.843	24.999
5	13:57:29.180	<b>1:12.923</b>	25.149	22.947	<b>24.827</b>
p6	13:58:52.178	<b>1:22.998</b>	24.964	<b>22.633</b>	

Chief of Timing & Scoring: [www.Timekeeping.no](http://www.Timekeeping.no)

Orbits

Race Director: Roy Øwre

Sport Rescue Team.

Timing and results are not official.

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[www.mylaps.com](http://www.mylaps.com)

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Page 2/2