

Heldagstrening og Klubblop 4hr 1 SMCK

Trening	Vålerbanen 2,274 km
FP5 Heat 2	06.06.2022 15:00
Practice (20:00 Time) started at 15:00:00	

Lap	Lap Tm	Diff	Time of Day	Lap	Lap Tm	Diff	Time of Day	Lap	Lap Tm	Diff	Time of Day
(15) Thomas Sigvartsen				5	1:05.646	+1.731	15:10:47.910	1			15:05:16.511
1			15:04:08.031	p6	1:11.892	+7.977	15:11:59.802	2	1:05.811	+1.060	15:06:22.322
2	59.601	+1.279	15:05:07.632	(34) Anders Lykkebo				3	1:04.893	+0.142	15:07:27.215
3	1:00.341	+2.019	15:06:07.973	1			15:04:20.521	4	1:06.137	+1.386	15:08:33.352
4	59.042	+0.720	15:07:07.015	2	1:05.619	+1.534	15:05:26.140	5	1:04.751		15:09:38.103
5	58.946	+0.624	15:08:05.961	3	1:06.454	+2.369	15:06:32.594	6	1:08.020	+3.269	15:10:46.123
6	58.879	+0.557	15:09:04.840	4	1:05.775	+1.690	15:07:38.369	7	1:04.941	+0.190	15:11:51.064
7	58.322		15:10:03.162	5	1:04.669	+0.584	15:08:43.038	8	1:07.110	+2.359	15:12:58.174
p8	1:10.618	+12.296	15:11:13.780	6	1:04.455	+0.370	15:09:47.493	(42) Thomas Bergstrøm			
(71) Terje Valkaker				7	1:05.310	+1.225	15:10:52.803	1			15:06:10.327
1			15:05:21.020	8	1:04.085		15:11:56.888	2	1:05.422	+0.567	15:07:15.749
2	1:03.184	+1.341	15:06:24.204	9	1:06.398	+2.313	15:13:03.286	3	1:05.124	+0.269	15:08:20.873
3	1:03.026	+1.183	15:07:27.230	(105) Mattis Karlsen				4	1:04.855		15:09:25.728
4	1:02.928	+1.085	15:08:30.158	1			15:06:07.950	p5	1:10.518	+5.663	15:10:36.246
5	1:01.899	+0.056	15:09:32.057	2	1:05.022	+0.623	15:07:12.972	(91') Thomas Nornes			
6	1:02.504	+0.661	15:10:34.561	3	1:04.580	+0.181	15:08:17.552	1			15:06:02.631
7	1:02.253	+0.410	15:11:36.814	4	1:04.399		15:09:21.951	2	1:05.684	+0.614	15:07:08.315
8	1:01.843		15:12:38.657	5	1:04.458	+0.059	15:10:26.409	3	1:05.070		15:08:13.385
(69') Bobbo Enger				6	1:04.551	+0.152	15:11:30.960	4	1:05.569	+0.499	15:09:18.954
1			15:04:56.643	7	1:05.520	+1.121	15:12:36.480	5	1:05.493	+0.423	15:10:24.447
2	1:03.231	+1.327	15:05:59.874	(41'') Odd Sundet				6	1:05.726	+0.656	15:11:30.173
3	1:02.473	+0.569	15:07:02.347	1			15:04:23.356	7	1:06.028	+0.958	15:12:36.201
4	1:02.381	+0.477	15:08:04.728	2	1:06.423	+1.917	15:05:29.779	(99') Kent-Erik Tøllefsen			
5	1:02.128	+0.224	15:09:06.856	3	1:07.504	+2.998	15:06:37.283	1			15:04:22.888
6	1:02.027	+0.123	15:10:08.883	4	1:05.558	+1.052	15:07:42.841	2	1:06.612	+1.523	15:05:29.500
7	1:01.916	+0.012	15:11:10.799	5	1:05.340	+0.834	15:08:48.181	3	1:07.348	+2.259	15:06:36.848
8	1:01.904		15:12:12.703	6	1:05.874	+1.368	15:09:54.055	4	1:05.732	+0.643	15:07:42.580
9	1:02.538	+0.634	15:13:15.241	7	1:05.346	+0.840	15:10:59.401	5	1:05.445	+0.356	15:08:48.025
(5') Benjamin Storsveen				8	1:05.916	+1.410	15:12:05.317	6	1:05.624	+0.535	15:09:53.649
1			15:04:12.336	9	1:04.506		15:13:09.823	7	1:05.183	+0.094	15:10:58.832
2	1:04.457	+2.351	15:05:16.793	(30) Jon Terje Ødegaard				8	1:05.732	+0.643	15:12:04.564
3	1:03.976	+1.870	15:06:20.769	1			15:05:34.253	9	1:05.089		15:13:09.653
4	1:02.982	+0.876	15:07:23.751	2	1:07.144	+2.595	15:06:41.397	(14) John Emil Westby			
5	1:02.106		15:08:25.857	3	1:06.098	+1.549	15:07:47.495	1			15:04:16.750
6	1:02.196	+0.090	15:09:28.053	4	1:05.165	+0.616	15:08:52.660	2	1:08.322	+2.380	15:05:25.072
p7	1:10.128	+8.022	15:10:38.181	5	1:05.179	+0.630	15:09:57.839	3	1:07.245	+1.303	15:06:32.317
(25) Mads Sandbakken				6	1:04.549		15:11:02.388	4	1:07.406	+1.464	15:07:39.723
1			15:04:16.268	7	1:05.484	+0.935	15:12:07.872	5	1:06.639	+0.697	15:08:46.362
2	1:05.187	+2.263	15:05:21.455	8	1:04.967	+0.418	15:13:12.839	6	1:06.112	+0.170	15:09:52.474
3	1:03.400	+0.476	15:06:24.855	(646) Jan Erik Høiby				7	1:05.942		15:10:58.416
4	1:03.585	+0.661	15:07:28.440	1			15:04:18.498	8	1:09.928	+3.986	15:12:08.344
5	1:03.333	+0.409	15:08:31.773	2	1:07.244	+2.672	15:05:25.742	9	1:07.563	+1.621	15:13:15.907
6	1:02.928	+0.004	15:09:34.701	3	1:06.487	+1.915	15:06:32.229	(15') Odin Høiaas			
7	1:03.006	+0.082	15:10:37.707	4	1:05.759	+1.187	15:07:37.988	1			15:06:37.567
8	1:02.924		15:11:40.631	5	1:04.572		15:08:42.560	2	1:06.798	+0.795	15:07:44.365
9	1:03.212	+0.288	15:12:43.843	6	1:04.630	+0.058	15:09:47.190	3	1:06.003		15:08:50.368
(113') Erik Myrberget				7	1:05.800	+1.228	15:10:52.990	4	1:07.458	+1.455	15:09:57.826
1			15:04:16.770	p8	1:14.529	+9.957	15:12:07.519	5	1:06.988	+0.985	15:11:04.814
2	1:05.138	+1.515	15:05:21.908	(141) Morten Storsveen				6	1:06.056	+0.053	15:12:10.870
3	1:03.623		15:06:25.531	1			15:04:13.945	(36) Kornelius Haaland			
4	1:04.026	+0.403	15:07:29.557	2	1:05.188	+0.591	15:05:19.133	1			15:04:44.057
5	1:04.050	+0.427	15:08:33.607	3	1:05.098	+0.501	15:06:24.231	2	1:08.363	+1.172	15:05:52.420
6	1:03.697	+0.074	15:09:37.304	4	1:05.073	+0.476	15:07:29.304	3	1:07.191		15:06:59.611
p7	1:07.656	+4.033	15:10:44.960	5	1:05.061	+0.464	15:08:34.365	4	1:08.007	+0.816	15:08:07.618
(18) Espen Bekkhus				6	1:04.640	+0.043	15:09:39.005	5	1:07.534	+0.343	15:09:15.152
1			15:06:29.285	7	1:05.002	+0.405	15:10:44.007	6	1:07.541	+0.350	15:10:22.693
2	1:03.915		15:07:33.200	8	1:04.597		15:11:48.604	7	1:07.198	+0.007	15:11:29.891
3	1:04.523	+0.608	15:08:37.723	9	1:05.165	+0.568	15:12:53.769	(13) Gard Nedrebø			
4	1:04.541	+0.626	15:09:42.264								