



Heldagstrening SMCK

Trening

Practice Heat 4 - Alle Klasser

Vålerbanen 2,274 km

15.08.2022 14:40

Practice (1:40:00 Time) started at 14:40:00

| Lap | Lap Tm | Diff | Time of Day |
|------------------------|----------|-----------|--------------|
| (15) Thomas Sigvartsen | | | |
| 1 | | | 15:33:25.571 |
| 2 | 58.672 | +0.857 | 15:34:24.243 |
| 3 | 58.206 | +0.391 | 15:35:22.449 |
| 4 | 57.884 | +0.069 | 15:36:20.333 |
| 5 | 58.820 | +1.005 | 15:37:19.153 |
| 6 | 58.165 | +0.350 | 15:38:17.318 |
| p7 | 1:01.491 | +3.676 | 15:39:18.809 |
| 8 | 2:21.923 | +1:24.108 | 15:41:40.732 |
| 9 | 58.399 | +0.584 | 15:42:39.131 |
| 10 | 58.170 | +0.355 | 15:43:37.301 |
| 11 | 57.815 | | 15:44:35.116 |
| 12 | 57.869 | +0.054 | 15:45:32.985 |
| p13 | 1:04.789 | +6.974 | 15:46:37.774 |
| 14 | 2:10.379 | +1:12.564 | 15:48:48.153 |
| 15 | 59.022 | +1.207 | 15:49:47.175 |
| 16 | 58.536 | +0.721 | 15:50:45.711 |
| 17 | 59.462 | +1.647 | 15:51:45.173 |
| 18 | 58.187 | +0.372 | 15:52:43.360 |
| p19 | 1:07.602 | +9.787 | 15:53:50.962 |

| Lap | Lap Tm | Diff | Time of Day |
|-----------------|----------|--------|--------------|
| (70) Tore Stene | | | |
| 1 | | | 15:32:38.835 |
| 2 | 1:01.664 | +1.422 | 15:33:40.499 |
| 3 | 1:00.416 | +0.174 | 15:34:40.915 |
| 4 | 1:00.242 | | 15:35:41.157 |
| 5 | 1:00.257 | +0.015 | 15:36:41.414 |
| 6 | 1:00.619 | +0.377 | 15:37:42.033 |
| 7 | 1:00.664 | +0.422 | 15:38:42.697 |
| 8 | 1:01.111 | +0.869 | 15:39:43.808 |
| 9 | 1:00.924 | +0.682 | 15:40:44.732 |
| 10 | 1:01.495 | +1.253 | 15:41:46.227 |
| 11 | 1:01.187 | +0.945 | 15:42:47.414 |
| p12 | 1:08.368 | +8.126 | 15:43:55.782 |

| Lap | Lap Tm | Diff | Time of Day |
|------------------------|----------|--------|--------------|
| (34.) Espen Sandbakken | | | |
| 1 | | | 15:32:55.257 |
| 2 | 1:00.796 | +0.552 | 15:33:56.053 |
| 3 | 1:01.126 | +0.882 | 15:34:57.179 |
| 4 | 1:00.244 | | 15:35:57.423 |
| 5 | 1:00.551 | +0.307 | 15:36:57.974 |
| 6 | 1:00.404 | +0.160 | 15:37:58.378 |
| 7 | 1:02.638 | +2.394 | 15:39:01.016 |
| 8 | 1:00.881 | +0.637 | 15:40:01.897 |
| 9 | 1:01.008 | +0.764 | 15:41:02.905 |
| 10 | 1:00.915 | +0.671 | 15:42:03.820 |
| 11 | 1:01.354 | +1.110 | 15:43:05.174 |
| 12 | 1:01.393 | +1.149 | 15:44:06.567 |
| 13 | 1:01.185 | +0.941 | 15:45:07.752 |
| 14 | 1:02.676 | +2.432 | 15:46:10.428 |
| 15 | 1:02.483 | +2.239 | 15:47:12.911 |
| p16 | 1:07.757 | +7.513 | 15:48:20.668 |

| Lap | Lap Tm | Diff | Time of Day |
|--------------------|----------|--------|--------------|
| (69.) Marius Naume | | | |
| 1 | | | 15:32:49.431 |
| 2 | 1:01.504 | +0.683 | 15:33:50.935 |
| 3 | 1:01.386 | +0.565 | 15:34:52.321 |
| 4 | 1:00.993 | +0.172 | 15:35:53.314 |
| 5 | 1:02.232 | +1.411 | 15:36:55.546 |
| 6 | 1:02.659 | +1.838 | 15:37:58.205 |
| 7 | 1:03.499 | +2.678 | 15:39:01.704 |
| 8 | 1:00.821 | | 15:40:02.525 |
| 9 | 1:01.533 | +0.712 | 15:41:04.058 |
| p10 | 1:08.407 | +7.586 | 15:42:12.465 |

| Lap | Lap Tm | Diff | Time of Day |
|-------------------------|----------|--------|--------------|
| (5.) Benjamin Storsveen | | | |
| 1 | | | 15:33:55.601 |
| 2 | 1:02.409 | +0.886 | 15:34:58.010 |
| 3 | 1:01.606 | +0.083 | 15:35:59.616 |
| 4 | 1:01.701 | +0.178 | 15:37:01.317 |
| 5 | 1:01.523 | | 15:38:02.840 |
| 6 | 1:02.084 | +0.561 | 15:39:04.924 |
| 7 | 1:02.516 | +0.993 | 15:40:07.440 |
| 8 | 1:02.574 | +1.051 | 15:41:10.014 |
| p9 | 1:06.864 | +5.341 | 15:42:16.878 |

| Lap | Lap Tm | Diff | Time of Day |
|---------------------|----------|---------|--------------|
| (46) Tor Eskil Lian | | | |
| 1 | | | 15:32:46.860 |
| 2 | 1:02.043 | +0.224 | 15:33:48.903 |
| 3 | 1:02.032 | +0.213 | 15:34:50.935 |
| 4 | 1:02.160 | +0.341 | 15:35:53.095 |
| 5 | 1:02.283 | +0.464 | 15:36:55.378 |
| 6 | 1:02.603 | +0.784 | 15:37:57.981 |
| 7 | 1:04.070 | +2.251 | 15:39:02.051 |
| 8 | 1:01.819 | | 15:40:03.870 |
| 9 | 1:02.803 | +0.984 | 15:41:06.673 |
| 10 | 1:02.299 | +0.480 | 15:42:08.972 |
| p11 | 1:13.539 | +11.720 | 15:43:22.511 |

| Lap | Lap Tm | Diff | Time of Day |
|------------------|----------|--------|--------------|
| (69) Bobbo Enger | | | |
| 1 | | | 15:32:56.445 |
| 2 | 1:03.738 | +1.644 | 15:34:00.183 |
| 3 | 1:02.773 | +0.679 | 15:35:02.956 |
| 4 | 1:02.435 | +0.341 | 15:36:05.391 |
| 5 | 1:02.615 | +0.521 | 15:37:08.006 |
| 6 | 1:02.492 | +0.398 | 15:38:10.498 |
| 7 | 1:02.094 | | 15:39:12.592 |
| 8 | 1:02.260 | +0.166 | 15:40:14.852 |
| 9 | 1:02.243 | +0.149 | 15:41:17.095 |
| p10 | 1:06.393 | +4.299 | 15:42:23.488 |

| Lap | Lap Tm | Diff | Time of Day |
|----------------------|----------|--------|--------------|
| (25) Mads Sandbakken | | | |
| 1 | | | 15:32:47.665 |
| 2 | 1:03.264 | +1.151 | 15:33:50.929 |
| 3 | 1:03.059 | +0.946 | 15:34:53.988 |
| 4 | 1:03.008 | +0.895 | 15:35:56.996 |
| 5 | 1:02.113 | | 15:36:59.109 |
| 6 | 1:02.509 | +0.396 | 15:38:01.618 |
| 7 | 1:02.936 | +0.823 | 15:39:04.554 |
| 8 | 1:02.566 | +0.453 | 15:40:07.120 |
| p9 | 1:04.889 | +2.776 | 15:41:12.009 |

| Lap | Lap Tm | Diff | Time of Day |
|-------------------|----------|--------|--------------|
| (73) Svein Rognmo | | | |
| 1 | | | 15:34:47.420 |
| 2 | 1:03.601 | +0.329 | 15:35:51.021 |
| 3 | 1:03.625 | +0.353 | 15:36:54.646 |
| 4 | 1:03.272 | | 15:37:57.918 |
| p5 | 1:08.428 | +5.156 | 15:39:06.346 |

| Lap | Lap Tm | Diff | Time of Day |
|-----------------------|----------|--------|--------------|
| (19) Bastian N. Sagen | | | |
| 1 | | | 15:07:21.501 |
| 2 | 1:06.301 | +2.523 | 15:08:27.802 |
| 3 | 1:05.524 | +1.746 | 15:09:33.326 |
| 4 | 1:10.299 | +6.521 | 15:10:43.625 |
| 5 | 1:07.050 | +3.272 | 15:11:50.675 |
| 6 | 1:06.618 | +2.840 | 15:12:57.293 |
| 7 | 1:05.962 | +2.184 | 15:14:03.255 |
| 8 | 1:05.351 | +1.573 | 15:15:08.606 |
| 9 | 1:08.114 | +4.336 | 15:16:16.720 |
| 10 | 1:06.861 | +3.083 | 15:17:23.581 |
| 11 | 1:04.824 | +1.046 | 15:18:28.405 |

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|---------|--------------|
| 12 | 1:04.584 | +0.806 | 15:19:32.989 |
| 13 | 1:03.945 | +0.167 | 15:20:36.934 |
| 14 | 1:03.778 | | 15:21:40.712 |
| 15 | 1:04.611 | +0.833 | 15:22:45.323 |
| p16 | 1:14.931 | +11.153 | 15:24:00.254 |

| Lap | Lap Tm | Diff | Time of Day |
|-----------------------------|----------|---------|--------------|
| (26) Lars Martin Granshagen | | | |
| 1 | | | 15:36:37.140 |
| 2 | 1:03.869 | | 15:37:41.009 |
| 3 | 1:04.025 | +0.156 | 15:38:45.034 |
| 4 | 1:04.886 | +1.017 | 15:39:49.920 |
| 5 | 1:04.371 | +0.502 | 15:40:54.291 |
| p6 | 1:14.816 | +10.947 | 15:42:09.107 |

| Lap | Lap Tm | Diff | Time of Day |
|------------------|-----------|------------|--------------|
| (41.) Odd Sundet | | | |
| 1 | | | 15:14:53.684 |
| 2 | 1:05.202 | +0.827 | 15:15:58.886 |
| 3 | 1:05.764 | +1.389 | 15:17:04.650 |
| 4 | 1:06.109 | +1.734 | 15:18:10.759 |
| 5 | 1:04.395 | +0.020 | 15:19:15.154 |
| 6 | 1:04.375 | | 15:20:19.529 |
| 7 | 1:05.575 | +1.200 | 15:21:25.104 |
| 8 | 1:05.007 | +0.632 | 15:22:30.111 |
| p9 | 1:24.531 | +20.156 | 15:23:54.642 |
| p10 | 5:53.481 | +4:49.106 | 15:29:48.123 |
| p11 | 29:39.654 | +28:35.279 | 15:59:27.777 |
| 12 | 1:30.621 | +26.246 | 16:00:58.398 |
| 13 | 1:14.115 | +9.740 | 16:02:12.513 |
| 14 | 1:13.982 | +9.607 | 16:03:26.495 |
| 15 | 1:14.823 | +10.448 | 16:04:41.318 |
| 16 | 1:14.321 | +9.946 | 16:05:55.639 |
| 17 | 1:14.870 | +10.495 | 16:07:10.509 |
| 18 | 1:15.417 | +11.042 | 16:08:25.926 |
| p19 | 1:20.533 | +16.158 | 16:09:46.459 |
| 20 | 4:07.866 | +3:03.491 | 16:13:54.325 |
| 21 | 1:18.410 | +14.035 | 16:15:12.735 |
| 22 | 1:18.193 | +13.818 | 16:16:30.928 |
| 23 | 1:18.842 | +14.467 | 16:17:49.770 |

| Lap | Lap Tm | Diff | Time of Day |
|------------------|----------|--------|--------------|
| (63) Paul Aastad | | | |
| 1 | | | 15:09:15.271 |
| 2 | 1:07.262 | +2.195 | 15:10:22.533 |
| 3 | 1:06.901 | +1.834 | 15:11:29.434 |
| 4 | 1:06.793 | +1.726 | 15:12:36.227 |
| 5 | 1:06.541 | +1.474 | 15:13:42.768 |
| 6 | 1:06.455 | +1.388 | 15:14:49.223 |
| 7 | 1:06.032 | +0.965 | 15:15:55.255 |
| 8 | 1:08.002 | +2.935 | 15:17:03.257 |
| 9 | 1:05.067 | | 15:18:08.324 |
| 10 | 1:06.058 | +0.991 | 15:19:14.382 |
| 11 | 1:06.310 | +1.243 | 15:20:20.692 |
| 12 | 1:06.046 | +0.979 | 15:21:26.738 |
| 13 | 1:08.313 | +3.246 | 15:22:35.051 |
| 14 | 1:06.331 | +1.264 | 15:23:41.382 |
| 15 | 1:06.162 | +1.095 | 15:24:47.544 |
| 16 | 1:06.060 | +0.993 | 15:25:53.604 |
| 17 | 1:05.767 | +0.700 | 15:26:59.371 |
| p18 | 1:13.811 | +8.744 | 15:28:13.182 |

| Lap | Lap Tm | Diff | Time of Day |
|--------------------|----------|--------|--------------|
| (40) Kim Ronningen | | | |
| 1 | | | 15:07:17.925 |
| 2 | 1:08.542 | +3.344 | 15:08:26.467 |
| 3 | 1:08.139 | +2.941 | 15:09:34.606 |
| 4 | 1:07.365 | +2.167 | 15:10:41.971 |
| 5 | 1:07.151 | +1.953 | 15:11:49.122 |
| 6 | 1:07.368 | +2.170 | 15:12:56.490 |

Chief of Timing & Scoring: www.Timekeeping.no

Orbits

Race Director: TBA
Sport Rescue Team.

Timing and results are not official.

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Heldagstrening SMCK

Trening

Practice Heat 4 - Alle Klasser

Vålerbanen 2,274 km

15.08.2022 14:40

Practice (1:40:00 Time) started at 14:40:00

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 7 | 1:06.647 | +1.449 | 15:14:03.137 |
| 8 | 1:06.381 | +1.183 | 15:15:09.518 |
| 9 | 1:06.955 | +1.757 | 15:16:16.473 |
| 10 | 1:07.614 | +2.416 | 15:17:24.087 |
| 11 | 1:05.323 | +0.125 | 15:18:29.410 |
| 12 | 1:05.198 | | 15:19:34.608 |
| p13 | 1:11.188 | +5.990 | 15:20:45.796 |

(78) Kenneth Skyttermoen

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 1 | | | 15:32:55.424 |
| 2 | 1:08.755 | +3.249 | 15:34:04.179 |
| 3 | 1:07.140 | +1.634 | 15:35:11.319 |
| 4 | 1:06.664 | +1.158 | 15:36:17.983 |
| 5 | 1:06.422 | +0.916 | 15:37:24.405 |
| 6 | 1:06.048 | +0.542 | 15:38:30.453 |
| 7 | 1:06.006 | +0.500 | 15:39:36.459 |
| 8 | 1:06.787 | +1.281 | 15:40:43.246 |
| 9 | 1:06.233 | +0.727 | 15:41:49.479 |
| 10 | 1:09.141 | +3.635 | 15:42:58.620 |
| 11 | 1:06.004 | +0.498 | 15:44:04.624 |
| 12 | 1:06.453 | +0.947 | 15:45:11.077 |
| 13 | 1:06.726 | +1.220 | 15:46:17.803 |
| 14 | 1:05.964 | +0.458 | 15:47:23.767 |
| 15 | 1:05.506 | | 15:48:29.273 |
| 16 | 1:07.817 | +2.311 | 15:49:37.090 |
| 17 | 1:05.926 | +0.420 | 15:50:43.016 |
| p18 | 1:11.569 | +6.063 | 15:51:54.585 |

(126) Øystein Nettum

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|-----------|--------------|
| 1 | | | 15:11:09.339 |
| 2 | 1:09.821 | +4.018 | 15:12:19.160 |
| 3 | 1:05.803 | | 15:13:24.963 |
| 4 | 1:06.196 | +0.393 | 15:14:31.159 |
| 5 | 1:05.850 | +0.047 | 15:15:37.009 |
| p6 | 1:17.156 | +11.353 | 15:16:54.165 |
| 7 | 3:37.399 | +2:31.596 | 15:20:31.564 |
| p8 | 1:16.588 | +10.785 | 15:21:48.152 |

(68) Dagfinn Mosveen

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|---------|--------------|
| 1 | | | 15:08:17.989 |
| 2 | 1:10.971 | +4.985 | 15:09:28.960 |
| 3 | 1:07.113 | +1.127 | 15:10:36.073 |
| 4 | 1:06.865 | +0.879 | 15:11:42.938 |
| 5 | 1:07.845 | +1.859 | 15:12:50.783 |
| 6 | 1:05.986 | | 15:13:56.769 |
| 7 | 1:07.043 | +1.057 | 15:15:03.812 |
| 8 | 1:07.375 | +1.389 | 15:16:11.187 |
| 9 | 1:06.831 | +0.845 | 15:17:18.018 |
| 10 | 1:07.136 | +1.150 | 15:18:25.154 |
| p11 | 1:16.292 | +10.306 | 15:19:41.446 |

(94) Helge Mosveen

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 1 | | | 15:57:30.251 |
| 2 | 1:09.104 | +2.156 | 15:58:39.355 |
| 3 | 1:07.826 | +0.878 | 15:59:47.181 |
| 4 | 1:09.123 | +2.175 | 16:00:56.304 |
| 5 | 1:07.396 | +0.448 | 16:02:03.700 |
| 6 | 1:07.492 | +0.544 | 16:03:11.192 |
| 7 | 1:12.743 | +5.795 | 16:04:23.935 |
| 8 | 1:09.757 | +2.809 | 16:05:33.692 |
| 9 | 1:08.016 | +1.068 | 16:06:41.708 |
| 10 | 1:08.515 | +1.567 | 16:07:50.223 |
| 11 | 1:07.779 | +0.831 | 16:08:58.002 |
| 12 | 1:09.310 | +2.362 | 16:10:07.312 |
| 13 | 1:08.500 | +1.552 | 16:11:15.812 |
| 14 | 1:08.566 | +1.618 | 16:12:24.378 |

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 15 | 1:08.655 | +1.707 | 16:13:33.033 |
| 16 | 1:06.948 | | 16:14:39.981 |
| 17 | 1:07.012 | +0.064 | 16:15:46.993 |
| 18 | 1:07.607 | +0.659 | 16:16:54.600 |

(93) Patrik Ommedal

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 1 | | | 15:07:44.882 |
| 2 | 1:08.153 | +0.743 | 15:08:53.035 |
| 3 | 1:08.379 | +0.969 | 15:10:01.414 |
| 4 | 1:08.436 | +1.026 | 15:11:09.850 |
| 5 | 1:10.997 | +3.587 | 15:12:20.847 |
| 6 | 1:07.576 | +0.166 | 15:13:28.423 |
| 7 | 1:07.720 | +0.310 | 15:14:36.143 |
| 8 | 1:08.665 | +1.255 | 15:15:44.808 |
| 9 | 1:07.410 | | 15:16:52.218 |
| p10 | 1:13.384 | +5.974 | 15:18:05.602 |

(21) Rolf Thomas Pettersen

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|---------|--------------|
| 1 | | | 16:01:58.934 |
| 2 | 1:10.967 | +3.485 | 16:03:09.901 |
| 3 | 1:10.564 | +3.082 | 16:04:20.465 |
| 4 | 1:07.482 | | 16:05:27.947 |
| 5 | 1:08.180 | +0.698 | 16:06:36.127 |
| 6 | 1:08.201 | +0.719 | 16:07:44.328 |
| 7 | 1:10.021 | +2.539 | 16:08:54.349 |
| 8 | 1:08.467 | +0.985 | 16:10:02.816 |
| 9 | 1:08.703 | +1.221 | 16:11:11.519 |
| 10 | 1:12.841 | +5.359 | 16:12:24.360 |
| 11 | 1:10.204 | +2.722 | 16:13:34.564 |
| 12 | 1:08.598 | +1.116 | 16:14:43.162 |
| p13 | 1:18.758 | +11.276 | 16:16:01.920 |

(31) Tom B Mikalsen

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 1 | | | 15:07:06.830 |
| 2 | 1:13.114 | +5.263 | 15:08:19.944 |
| 3 | 1:10.037 | +2.186 | 15:09:29.981 |
| 4 | 1:08.848 | +0.997 | 15:10:38.829 |
| 5 | 1:09.730 | +1.879 | 15:11:48.559 |
| 6 | 1:09.964 | +2.113 | 15:12:58.523 |
| 7 | 1:09.072 | +1.221 | 15:14:07.595 |
| 8 | 1:08.891 | +1.040 | 15:15:16.486 |
| 9 | 1:09.943 | +2.092 | 15:16:26.429 |
| 10 | 1:08.489 | +0.638 | 15:17:34.918 |
| 11 | 1:08.297 | +0.446 | 15:18:43.215 |
| 12 | 1:08.352 | +0.501 | 15:19:51.567 |
| 13 | 1:08.067 | +0.216 | 15:20:59.634 |
| 14 | 1:10.215 | +2.364 | 15:22:09.849 |
| 15 | 1:08.172 | +0.321 | 15:23:18.021 |
| 16 | 1:08.948 | +1.097 | 15:24:26.969 |
| 17 | 1:08.621 | +0.770 | 15:25:35.590 |
| 18 | 1:07.875 | +0.024 | 15:26:43.465 |
| 19 | 1:07.851 | | 15:27:51.316 |
| p20 | 1:16.720 | +8.869 | 15:29:08.036 |

(180) Daniel Brændmo

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 1 | | | 15:08:16.785 |
| 2 | 1:10.287 | +2.159 | 15:09:27.072 |
| 3 | 1:08.636 | +0.508 | 15:10:35.708 |
| 4 | 1:08.820 | +0.692 | 15:11:44.528 |
| 5 | 1:08.943 | +0.815 | 15:12:53.471 |
| 6 | 1:08.128 | | 15:14:01.599 |
| 7 | 1:08.542 | +0.414 | 15:15:10.141 |
| 8 | 1:09.328 | +1.200 | 15:16:19.469 |
| p9 | 1:16.240 | +8.112 | 15:17:35.709 |

(56) Daniel Bond

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|--------|--------------|
| 1 | | | 15:08:17.167 |
| 2 | 1:10.640 | +2.391 | 15:09:27.807 |
| 3 | 1:10.554 | +2.305 | 15:10:38.361 |
| 4 | 1:09.453 | +1.204 | 15:11:47.814 |
| 5 | 1:10.278 | +2.029 | 15:12:58.092 |
| 6 | 1:08.680 | +0.431 | 15:14:06.772 |
| 7 | 1:08.945 | +0.696 | 15:15:15.717 |
| 8 | 1:09.785 | +1.536 | 15:16:25.502 |
| 9 | 1:08.524 | +0.275 | 15:17:34.026 |
| 10 | 1:08.249 | | 15:18:42.275 |
| 11 | 1:08.370 | +0.121 | 15:19:50.645 |
| 12 | 1:08.349 | +0.100 | 15:20:58.994 |
| p13 | 1:14.911 | +6.662 | 15:22:13.905 |

(21.) Kristin Heiberg

| Lap | Lap Tm | Diff | Time of Day |
|-----|----------|-----------|--------------|
| 1 | | | 14:42:13.810 |
| 2 | 1:26.618 | +18.326 | 14:43:40.428 |
| 3 | 1:38.611 | +30.319 | 14:45:19.039 |
| 4 | 1:30.589 | +22.297 | 14:46:49.628 |
| 5 | 1:29.677 | +21.385 | 14:48:19.305 |
| 6 | 1:26.034 | +17.742 | 14:49:45.339 |
| 7 | 1:28.391 | +20.099 | 14:51:13.730 |
| 8 | 1:25.148 | +16.856 | 14:52:38.878 |
| 9 | 1:29.089 | +20.797 | 14:54:07.967 |
| p10 | 1:32.769 | +24.477 | 14:55:40.736 |
| 11 | 3:31.599 | +2:23.307 | 14:59:12.335 |
| 12 | 1:27.805 | +19.513 | 15:00:40.140 |
| 13 | 1:30.690 | +22.398 | 15:02:10.830 |
| p14 | 1:30.310 | +22.018 | 15:03:41.140 |
| 15 | 8:47.175 | +7:38.883 | 15:12:28.315 |
| 16 | 1:08.292 | | 15:13:36.607 |
| 17 | 1:08.615 | +0.323 | 15:14:45.222 |
| 18 | 1:08.980 | +0.688 | 15:15:54.202 |
| 19 | 1:09.820 | +1.528 | 15:17:04.022 |
| 20 | 1:10.122 | +1.830 | 15:18:14.144 |
| 21 | 1:09.680 | +1.388 | 15:19:23.824 |
| 22 | 1:08.416 | +0.124 | 15:20:32.240 |
| p23 | 1:16.552 | +8.260 | 15:21:48.792 |

(42.) Thomas Bergström

| Lap | Lap Tm | Diff | Time of Day |
|-----|-----------|------------|--------------|
| 1 | | | 14:46:31.971 |
| 2 | 1:12.493 | +4.154 | 14:47:44.464 |
| 3 | 1:10.890 | +2.551 | 14:48:55.354 |
| 4 | 1:10.018 | +1.679 | 14:50:05.372 |
| 5 | 1:12.095 | +3.756 | 14:51:17.467 |
| 6 | 1:11.500 | +3.161 | 14:52:28.967 |
| 7 | 1:12.052 | +3.713 | 14:53:41.019 |
| 8 | 1:11.978 | +3.639 | 14:54:52.997 |
| 9 | 1:10.264 | +1.925 | 14:56:03.261 |
| 10 | 1:15.175 | +6.836 | 14:57:18.436 |
| 11 | 1:14.437 | +6.098 | 14:58:32.873 |
| 12 | 1:14.878 | +6.539 | 14:59:47.751 |
| 13 | 1:10.315 | +1.976 | 15:00:58.066 |
| p14 | 1:17.312 | +8.973 | 15:02:15.378 |
| 15 | 13:12.678 | +12:04.339 | 15:15:28.056 |
| 16 | 1:08.339 | | 15:16:36.395 |
| 17 | 1:10.119 | +1.780 | 15:17:46.514 |
| 18 | 1:08.763 | +0.424 | 15:18:55.277 |
| 19 | 1:09.951 | +1.612 | 15:20:05.228 |
| 20 | 1:09.935 | +1.596 | 15:21:15.163 |
| 21 | 1:09.713 | +1.374 | 15:22:24.876 |
| 22 | 1:09.158 | +0.819 | 15:23:34.034 |
| 23 | 1:08.909 | +0.570 | 15:24:42.943 |
| 24 | 1:09.103 | +0.764 | 15:25:52.046 |
| 25 | 1:09.522 | +1.183 | 15:27:01.568 |
| 26 | 1:08.672 | +0.333 | 15:28:10.240 |



Heldagstrening SMCK

Trening

Practice Heat 4 - Alle Klasser

Vålerbanen 2,274 km

15.08.2022 14:40

Practice (1:40:00 Time) started at 14:40:00

| Lap | Lap Tm | Diff | Time of Day |
|-----------------------------|-----------|------------|--------------|
| p27 | 1:15.970 | +7.631 | 15:29:26.210 |
| (123) Morten Midtlie | | | |
| 1 | | | 15:07:20.461 |
| 2 | 1:09.172 | +0.827 | 15:08:29.633 |
| 3 | 1:09.232 | +0.887 | 15:09:38.865 |
| 4 | 1:09.115 | +0.770 | 15:10:47.980 |
| 5 | 1:08.695 | +0.350 | 15:11:56.675 |
| 6 | 1:08.908 | +0.563 | 15:13:05.583 |
| 7 | 1:10.138 | +1.793 | 15:14:15.721 |
| 8 | 1:09.424 | +1.079 | 15:15:25.145 |
| 9 | 1:09.666 | +1.321 | 15:16:34.811 |
| 10 | 1:10.078 | +1.733 | 15:17:44.889 |
| 11 | 1:09.211 | +0.866 | 15:18:54.100 |
| 12 | 1:10.876 | +2.531 | 15:20:04.976 |
| 13 | 1:08.345 | | 15:21:13.321 |
| p14 | 1:14.480 | +6.135 | 15:22:27.801 |
| (110) Oliver Hammer | | | |
| 1 | | | 15:08:17.493 |
| p2 | 1:26.084 | +17.421 | 15:09:43.577 |
| 3 | 1:32.490 | +23.827 | 15:11:16.067 |
| 4 | 1:09.107 | +0.444 | 15:12:25.174 |
| 5 | 1:08.663 | | 15:13:33.837 |
| 6 | 1:09.232 | +0.569 | 15:14:43.069 |
| 7 | 1:09.859 | +1.196 | 15:15:52.928 |
| 8 | 1:10.041 | +1.378 | 15:17:02.969 |
| p9 | 1:14.775 | +6.112 | 15:18:17.744 |
| (3) Tor Arne Nebben | | | |
| 1 | | | 14:42:49.345 |
| 2 | 1:21.771 | +13.081 | 14:44:11.116 |
| 3 | 1:15.880 | +7.190 | 14:45:26.996 |
| 4 | 1:14.900 | +6.210 | 14:46:41.896 |
| 5 | 1:15.009 | +6.319 | 14:47:56.905 |
| 6 | 1:14.638 | +5.948 | 14:49:11.543 |
| 7 | 1:13.721 | +5.031 | 14:50:25.264 |
| 8 | 1:14.464 | +5.774 | 14:51:39.728 |
| 9 | 1:12.499 | +3.809 | 14:52:52.227 |
| 10 | 1:16.319 | +7.629 | 14:54:08.546 |
| 11 | 1:15.192 | +6.502 | 14:55:23.738 |
| 12 | 1:18.201 | +9.511 | 14:56:41.939 |
| 13 | 1:15.650 | +6.960 | 14:57:57.589 |
| 14 | 1:15.447 | +6.757 | 14:59:13.036 |
| 15 | 1:12.699 | +4.009 | 15:00:25.735 |
| 16 | 1:13.325 | +4.635 | 15:01:39.060 |
| 17 | 1:12.319 | +3.629 | 15:02:51.379 |
| p18 | 1:34.750 | +26.060 | 15:04:26.129 |
| 19 | 52:37.849 | +51:29.159 | 15:57:03.978 |
| 20 | 1:11.597 | +2.907 | 15:58:15.575 |
| 21 | 1:11.652 | +2.962 | 15:59:27.227 |
| 22 | 1:11.997 | +3.307 | 16:00:39.224 |
| 23 | 1:14.300 | +5.610 | 16:01:53.524 |
| 24 | 1:14.797 | +6.107 | 16:03:08.321 |
| 25 | 1:09.533 | +0.843 | 16:04:17.854 |
| 26 | 1:09.723 | +1.033 | 16:05:27.577 |
| 27 | 1:09.852 | +1.162 | 16:06:37.429 |
| 28 | 1:09.617 | +0.927 | 16:07:47.046 |
| 29 | 1:09.752 | +1.062 | 16:08:56.798 |
| 30 | 1:10.082 | +1.392 | 16:10:06.880 |
| 31 | 1:09.516 | +0.826 | 16:11:16.396 |
| 32 | 1:09.612 | +0.922 | 16:12:26.008 |
| 33 | 1:11.430 | +2.740 | 16:13:37.438 |
| 34 | 1:09.980 | +1.290 | 16:14:47.418 |
| 35 | 1:08.690 | | 16:15:56.108 |
| 36 | 1:11.198 | +2.508 | 16:17:07.306 |

| Lap | Lap Tm | Diff | Time of Day |
|--------------------------------|----------|-----------|--------------|
| (28) Tom Roger Syversen | | | |
| 1 | | | 16:03:04.245 |
| 2 | 1:10.347 | +1.372 | 16:04:14.592 |
| 3 | 1:09.786 | +0.811 | 16:05:24.378 |
| 4 | 1:09.860 | +0.885 | 16:06:34.238 |
| 5 | 1:09.489 | +0.514 | 16:07:43.727 |
| 6 | 1:09.182 | +0.207 | 16:08:52.909 |
| 7 | 1:08.975 | | 16:10:01.884 |
| 8 | 1:09.027 | +0.052 | 16:11:10.911 |
| 9 | 1:13.014 | +4.039 | 16:12:23.925 |
| 10 | 1:13.598 | +4.623 | 16:13:37.523 |
| 11 | 1:10.835 | +1.860 | 16:14:48.358 |
| 12 | 1:09.103 | +0.128 | 16:15:57.461 |
| p13 | 1:15.528 | +6.553 | 16:17:12.989 |
| (54) Pål Døhlen | | | |
| 1 | | | 15:07:10.910 |
| 2 | 1:10.513 | +1.481 | 15:08:21.423 |
| 3 | 1:10.844 | +1.812 | 15:09:32.267 |
| 4 | 1:11.170 | +2.138 | 15:10:43.437 |
| 5 | 1:10.485 | +1.453 | 15:11:53.922 |
| 6 | 1:10.527 | +1.495 | 15:13:04.449 |
| 7 | 1:10.380 | +1.348 | 15:14:14.829 |
| 8 | 1:09.616 | +0.584 | 15:15:24.445 |
| 9 | 1:09.571 | +0.539 | 15:16:34.016 |
| 10 | 1:10.160 | +1.128 | 15:17:44.176 |
| 11 | 1:09.032 | | 15:18:53.208 |
| p12 | 1:14.148 | +5.116 | 15:20:07.356 |
| (57) Hans Bergström | | | |
| 1 | | | 15:07:26.545 |
| 2 | 1:10.788 | +1.653 | 15:08:37.333 |
| 3 | 1:10.091 | +0.956 | 15:09:47.424 |
| 4 | 1:09.474 | +0.339 | 15:10:56.898 |
| 5 | 1:09.789 | +0.654 | 15:12:06.687 |
| 6 | 1:09.135 | | 15:13:15.822 |
| p7 | 1:20.536 | +11.401 | 15:14:36.358 |
| (5) Sondre Skyttermoen | | | |
| 1 | | | 15:08:58.787 |
| p2 | 1:15.267 | +5.580 | 15:10:14.054 |
| 3 | 1:25.604 | +15.917 | 15:11:39.658 |
| 4 | 1:11.535 | +1.848 | 15:12:51.193 |
| p5 | 1:14.457 | +4.770 | 15:14:05.650 |
| 6 | 1:26.225 | +16.538 | 15:15:31.875 |
| 7 | 1:10.785 | +1.098 | 15:16:42.660 |
| 8 | 1:09.733 | +0.046 | 15:17:52.393 |
| 9 | 1:09.817 | +0.130 | 15:19:02.210 |
| 10 | 1:10.105 | +0.418 | 15:20:12.315 |
| p11 | 1:17.030 | +7.343 | 15:21:29.345 |
| 12 | 2:51.601 | +1:41.914 | 15:24:20.946 |
| 13 | 1:10.322 | +0.635 | 15:25:31.268 |
| 14 | 1:09.687 | | 15:26:40.955 |
| p15 | 1:14.454 | +4.767 | 15:27:55.409 |
| (69..) Oskar Bolin | | | |
| 1 | | | 15:08:19.494 |
| 2 | 1:12.053 | +2.199 | 15:09:31.547 |
| 3 | 1:10.680 | +0.826 | 15:10:42.227 |
| 4 | 1:10.830 | +0.976 | 15:11:53.057 |
| 5 | 1:09.854 | | 15:13:02.911 |
| 6 | 2:00.339 | +50.485 | 15:15:03.250 |
| 7 | 1:10.224 | +0.370 | 15:16:13.474 |
| 8 | 1:14.692 | +4.838 | 15:17:28.166 |
| p9 | 1:17.173 | +7.319 | 15:18:45.339 |

| Lap | Lap Tm | Diff | Time of Day |
|---------------------------------|----------|---------|--------------|
| (31.) Neo Hansen | | | |
| 1 | | | 15:07:38.972 |
| 2 | 1:11.853 | +1.649 | 15:08:50.825 |
| 3 | 1:11.904 | +1.700 | 15:10:02.729 |
| 4 | 1:11.808 | +1.604 | 15:11:14.537 |
| 5 | 1:10.329 | +0.125 | 15:12:24.866 |
| 6 | 1:10.339 | +0.135 | 15:13:35.205 |
| p7 | 1:14.775 | +4.571 | 15:14:49.980 |
| 8 | 1:25.096 | +14.892 | 15:16:15.076 |
| 9 | 1:12.553 | +2.349 | 15:17:27.629 |
| 10 | 1:10.204 | | 15:18:37.833 |
| p11 | 1:20.040 | +9.836 | 15:19:57.873 |
| (67) Frode Garberg | | | |
| 1 | | | 15:56:42.653 |
| 2 | 1:16.416 | +5.381 | 15:57:59.069 |
| 3 | 1:12.529 | +1.494 | 15:59:11.598 |
| 4 | 1:11.035 | | 16:00:22.633 |
| 5 | 1:11.647 | +0.612 | 16:01:34.280 |
| p6 | 1:23.388 | +12.353 | 16:02:57.668 |
| (113) Jo-Anders Johnsen | | | |
| 1 | | | 15:56:34.526 |
| 2 | 1:13.225 | +1.734 | 15:57:47.751 |
| 3 | 1:14.062 | +2.571 | 15:59:01.813 |
| 4 | 1:11.871 | +0.380 | 16:00:13.684 |
| 5 | 1:12.985 | +1.494 | 16:01:26.669 |
| 6 | 1:12.945 | +1.454 | 16:02:39.614 |
| 7 | 1:12.765 | +1.274 | 16:03:52.379 |
| 8 | 1:13.170 | +1.679 | 16:05:05.549 |
| 9 | 1:11.491 | | 16:06:17.040 |
| 10 | 1:12.585 | +1.094 | 16:07:29.625 |
| 11 | 1:12.560 | +1.069 | 16:08:42.185 |
| 12 | 1:13.252 | +1.761 | 16:09:55.437 |
| 13 | 1:14.312 | +2.821 | 16:11:09.749 |
| 14 | 1:13.427 | +1.936 | 16:12:23.176 |
| 15 | 1:13.934 | +2.443 | 16:13:37.110 |
| 16 | 1:13.513 | +2.022 | 16:14:50.623 |
| 17 | 1:12.329 | +0.838 | 16:16:02.952 |
| 18 | 1:13.900 | +2.409 | 16:17:16.852 |
| (112.) Svein Olaf Bennæs | | | |
| 1 | | | 15:56:51.760 |
| 2 | 1:19.170 | +7.107 | 15:58:10.930 |
| 3 | 1:14.470 | +2.407 | 15:59:25.400 |
| 4 | 1:13.343 | +1.280 | 16:00:38.743 |
| 5 | 1:14.766 | +2.703 | 16:01:53.509 |
| 6 | 1:16.127 | +4.064 | 16:03:09.636 |
| 7 | 1:15.981 | +3.918 | 16:04:25.617 |
| 8 | 1:17.057 | +4.994 | 16:05:42.674 |
| 9 | 1:14.073 | +2.010 | 16:06:56.747 |
| 10 | 1:15.169 | +3.106 | 16:08:11.916 |
| 11 | 1:14.755 | +2.692 | 16:09:26.671 |
| 12 | 1:15.036 | +2.973 | 16:10:41.707 |
| 13 | 1:14.085 | +2.022 | 16:11:55.792 |
| 14 | 1:14.879 | +2.816 | 16:13:10.671 |
| 15 | 1:14.503 | +2.440 | 16:14:25.174 |
| 16 | 1:12.063 | | 16:15:37.237 |
| 17 | 1:12.613 | +0.550 | 16:16:49.850 |
| (158) Nikolai Bratvold | | | |
| 1 | | | 15:57:50.948 |
| 2 | 1:14.514 | +1.951 | 15:59:05.462 |
| 3 | 1:13.900 | +1.337 | 16:00:19.362 |
| 4 | 1:13.546 | +0.983 | 16:01:32.908 |

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Orbits

Race Director: TBA

Sport Rescue Team.

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Page 3/4



Heldagstrening SMCK

Trening

Practice Heat 4 - Alle Klasser

Vålerbanen 2,274 km

15.08.2022 14:40

Practice (1:40:00 Time) started at 14:40:00

| Lap | Lap Tm | Diff | Time of Day |
|-----|-----------------|---------|--------------|
| 5 | 1:14.111 | +1.548 | 16:02:47.019 |
| 6 | 1:14.157 | +1.594 | 16:04:01.176 |
| 7 | 1:13.567 | +1.004 | 16:05:14.743 |
| 8 | 1:13.459 | +0.896 | 16:06:28.202 |
| 9 | 1:13.231 | +0.668 | 16:07:41.433 |
| 10 | 1:13.174 | +0.611 | 16:08:54.607 |
| 11 | 1:12.563 | | 16:10:07.170 |
| 12 | 1:12.752 | +0.189 | 16:11:19.922 |
| p13 | 1:18.523 | +5.960 | 16:12:38.445 |
| 14 | 1:48.567 | +36.004 | 16:14:27.012 |
| 15 | 1:15.468 | +2.905 | 16:15:42.480 |
| 16 | 1:14.348 | +1.785 | 16:16:56.828 |

| (16) André Heramb | | | |
|-------------------|-----------------|---------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 15:56:52.280 |
| 2 | 1:17.871 | +4.439 | 15:58:10.151 |
| 3 | 1:14.787 | +1.355 | 15:59:24.938 |
| 4 | 1:13.432 | | 16:00:38.370 |
| 5 | 1:14.840 | +1.408 | 16:01:53.210 |
| 6 | 1:16.190 | +2.758 | 16:03:09.400 |
| 7 | 1:15.609 | +2.177 | 16:04:25.009 |
| 8 | 1:17.203 | +3.771 | 16:05:42.212 |
| 9 | 1:13.869 | +0.437 | 16:06:56.081 |
| 10 | 1:15.507 | +2.075 | 16:08:11.588 |
| 11 | 1:14.747 | +1.315 | 16:09:26.335 |
| 12 | 1:15.086 | +1.654 | 16:10:41.421 |
| 13 | 1:14.090 | +0.658 | 16:11:55.511 |
| 14 | 1:14.939 | +1.507 | 16:13:10.450 |
| 15 | 1:16.163 | +2.731 | 16:14:26.613 |
| 16 | 1:15.510 | +2.078 | 16:15:42.123 |
| p17 | 1:26.478 | +13.046 | 16:17:08.601 |

| (51) Grete Andersen | | | |
|---------------------|-----------------|-----------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| p1 | | | 15:57:34.771 |
| p2 | 1:52.279 | +38.289 | 15:59:27.050 |
| 3 | 1:30.957 | +16.967 | 16:00:58.007 |
| 4 | 1:14.114 | +0.124 | 16:02:12.121 |
| 5 | 1:13.990 | | 16:03:26.111 |
| 6 | 1:14.778 | +0.788 | 16:04:40.889 |
| 7 | 1:14.487 | +0.497 | 16:05:55.376 |
| 8 | 1:14.784 | +0.794 | 16:07:10.160 |
| 9 | 1:15.461 | +1.471 | 16:08:25.621 |
| p10 | 1:19.357 | +5.367 | 16:09:44.978 |
| 11 | 4:09.940 | +2:55.950 | 16:13:54.918 |
| 12 | 1:18.260 | +4.270 | 16:15:13.178 |
| 13 | 1:18.455 | +4.465 | 16:16:31.633 |
| 14 | 1:19.037 | +5.047 | 16:17:50.670 |

| (33) Adrian Knudsen | | | |
|---------------------|----------|--------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 14:41:52.276 |
| 2 | 1:16.186 | +1.964 | 14:43:08.462 |
| 3 | 1:15.588 | +1.366 | 14:44:24.050 |
| 4 | 1:16.528 | +2.306 | 14:45:40.578 |
| 5 | 1:16.026 | +1.804 | 14:46:56.604 |
| 6 | 1:16.065 | +1.843 | 14:48:12.669 |
| 7 | 1:15.588 | +1.366 | 14:49:28.257 |
| 8 | 1:15.091 | +0.869 | 14:50:43.348 |
| 9 | 1:15.773 | +1.551 | 14:51:59.121 |
| 10 | 1:15.917 | +1.695 | 14:53:15.038 |
| 11 | 1:16.812 | +2.590 | 14:54:31.850 |
| 12 | 1:16.958 | +2.736 | 14:55:48.808 |
| 13 | 1:18.490 | +4.268 | 14:57:07.298 |
| 14 | 1:15.985 | +1.763 | 14:58:23.283 |
| 15 | 1:15.408 | +1.186 | 14:59:38.691 |
| 16 | 1:15.183 | +0.961 | 15:00:53.874 |
| 17 | 1:16.175 | +1.953 | 15:02:10.049 |

| Lap | Lap Tm | Diff | Time of Day |
|-----|-----------------|---------|--------------|
| 18 | 1:14.222 | | 15:03:24.271 |
| p19 | 1:30.496 | +16.274 | 15:04:54.767 |

| (96.) Ingvar Nordeide | | | |
|-----------------------|-----------------|-----------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 15:58:03.055 |
| 2 | 1:17.009 | +1.382 | 15:59:20.064 |
| 3 | 1:16.627 | +1.000 | 16:00:36.691 |
| 4 | 1:15.966 | +0.339 | 16:01:52.657 |
| 5 | 1:15.906 | +0.279 | 16:03:08.563 |
| 6 | 1:15.627 | | 16:04:24.190 |
| p7 | 1:27.372 | +11.745 | 16:05:51.562 |
| p8 | 2:31.016 | +1:15.389 | 16:08:22.578 |

| (20) Vidar Jensen | | | |
|-------------------|-----------------|--------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 15:57:58.449 |
| 2 | 1:17.472 | +1.463 | 15:59:15.921 |
| 3 | 1:16.621 | +0.612 | 16:00:32.542 |
| 4 | 1:16.278 | +0.269 | 16:01:48.820 |
| 5 | 1:16.939 | +0.930 | 16:03:05.759 |
| 6 | 1:16.717 | +0.708 | 16:04:22.476 |
| 7 | 1:16.574 | +0.565 | 16:05:39.050 |
| 8 | 1:16.437 | +0.428 | 16:06:55.487 |
| 9 | 1:18.301 | +2.292 | 16:08:13.788 |
| 10 | 1:16.520 | +0.511 | 16:09:30.308 |
| 11 | 1:16.739 | +0.730 | 16:10:47.047 |
| 12 | 1:16.753 | +0.744 | 16:12:03.800 |
| 13 | 1:16.524 | +0.515 | 16:13:20.324 |
| 14 | 1:16.009 | | 16:14:36.333 |
| 15 | 1:16.832 | +0.823 | 16:15:53.165 |
| 16 | 1:17.156 | +1.147 | 16:17:10.321 |

| (482) Utleiesykket 4 SMCK | | | |
|---------------------------|-----------------|---------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 14:41:36.638 |
| 2 | 1:24.517 | +5.798 | 14:43:01.155 |
| 3 | 1:22.246 | +3.527 | 14:44:23.401 |
| 4 | 1:21.718 | +2.999 | 14:45:45.119 |
| 5 | 1:21.553 | +2.834 | 14:47:06.672 |
| 6 | 1:18.719 | | 14:48:25.391 |
| 7 | 1:20.593 | +1.874 | 14:49:45.984 |
| 8 | 1:24.175 | +5.456 | 14:51:10.159 |
| 9 | 1:19.440 | +0.721 | 14:52:29.599 |
| 10 | 1:21.738 | +3.019 | 14:53:51.337 |
| 11 | 1:20.158 | +1.439 | 14:55:11.495 |
| 12 | 1:22.641 | +3.922 | 14:56:34.136 |
| 13 | 1:19.538 | +0.819 | 14:57:53.674 |
| 14 | 1:20.535 | +1.816 | 14:59:14.209 |
| 15 | 1:19.384 | +0.665 | 15:00:33.593 |
| 16 | 1:20.960 | +2.241 | 15:01:54.553 |
| 17 | 1:21.171 | +2.452 | 15:03:15.724 |
| p18 | 1:38.064 | +19.345 | 15:04:53.788 |

| (33.) Kent Bull | | | |
|-----------------|-----------------|---------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 14:44:19.895 |
| 2 | 1:24.261 | +1.185 | 14:45:44.156 |
| 3 | 1:24.246 | +1.170 | 14:47:08.402 |
| 4 | 1:23.121 | +0.045 | 14:48:31.523 |
| 5 | 1:24.879 | +1.803 | 14:49:56.402 |
| 6 | 1:24.439 | +1.363 | 14:51:20.841 |
| 7 | 1:23.076 | | 14:52:43.917 |
| 8 | 1:25.078 | +2.002 | 14:54:08.995 |
| 9 | 1:30.180 | +7.104 | 14:55:39.175 |
| 10 | 1:33.478 | +10.402 | 14:57:12.653 |
| 11 | 1:26.782 | +3.706 | 14:58:39.435 |
| 12 | 1:27.170 | +4.094 | 15:00:06.605 |
| p13 | 1:46.346 | +23.270 | 15:01:52.951 |

| (282) Utleiesykket 2 SMCK | | | |
|---------------------------|-----------------|-----------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 14:42:13.337 |
| 2 | 1:28.734 | +3.505 | 14:43:42.071 |
| 3 | 1:37.805 | +12.576 | 14:45:19.876 |
| 4 | 1:30.719 | +5.490 | 14:46:50.595 |
| 5 | 1:28.440 | +3.211 | 14:48:19.035 |
| 6 | 1:25.691 | +0.462 | 14:49:44.726 |
| 7 | 1:28.576 | +3.347 | 14:51:13.302 |
| 8 | 1:26.376 | +1.147 | 14:52:39.678 |
| 9 | 1:27.702 | +2.473 | 14:54:07.380 |
| p10 | 1:32.616 | +7.387 | 14:55:39.996 |
| 11 | 3:33.152 | +2:07.923 | 14:59:13.148 |
| 12 | 1:29.199 | +3.970 | 15:00:42.347 |
| 13 | 1:29.729 | +4.500 | 15:02:12.076 |
| 14 | 1:25.229 | | 15:03:37.305 |
| p15 | 1:35.841 | +10.612 | 15:05:13.146 |

| (182) Jonas Laukii | | | |
|--------------------|-----------------|---------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 14:45:59.599 |
| 2 | 1:50.297 | +15.496 | 14:47:49.896 |
| 3 | 1:50.995 | +16.194 | 14:49:40.891 |
| 4 | 1:45.946 | +11.145 | 14:51:26.837 |
| 5 | 1:46.946 | +12.145 | 14:53:13.783 |
| 6 | 1:49.258 | +14.457 | 14:55:03.041 |
| 7 | 1:35.169 | +0.368 | 14:56:38.210 |
| 8 | 1:40.092 | +5.291 | 14:58:18.302 |
| 9 | 1:36.482 | +1.681 | 14:59:54.784 |
| 10 | 1:35.069 | +0.268 | 15:01:29.853 |
| 11 | 1:34.801 | | 15:03:04.654 |
| p12 | 1:47.603 | +12.802 | 15:04:52.257 |

| (52) Jenny Hagen Jensen | | | |
|-------------------------|-----------------|---------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 14:43:12.186 |
| 2 | 1:42.719 | +5.002 | 14:44:54.905 |
| 3 | 1:41.737 | +4.020 | 14:46:36.642 |
| 4 | 1:43.026 | +5.309 | 14:48:19.668 |
| 5 | 1:41.954 | +4.237 | 14:50:01.622 |
| 6 | 1:43.142 | +5.425 | 14:51:44.764 |
| 7 | 1:42.050 | +4.333 | 14:53:26.814 |
| 8 | 1:41.581 | +3.864 | 14:55:08.395 |
| 9 | 1:39.833 | +2.116 | 14:56:48.228 |
| 10 | 1:38.746 | +1.029 | 14:58:26.974 |
| 11 | 1:37.717 | | 15:00:04.691 |
| 12 | 1:38.760 | +1.043 | 15:01:43.451 |
| 13 | 1:37.940 | +0.223 | 15:03:21.391 |
| p14 | 1:50.519 | +12.802 | 15:05:11.910 |

| (80) Isak Lovstakken | | | |
|----------------------|-----------------|---------|--------------|
| Lap | Lap Tm | Diff | Time of Day |
| 1 | | | 14:41:55.476 |
| 2 | 1:44.184 | +3.204 | 14:43:39.660 |
| 3 | 1:44.631 | +3.651 | 14:45:24.291 |
| 4 | 1:44.766 | +3.786 | 14:47:09.057 |
| 5 | 1:41.197 | +0.217 | 14:48:50.254 |
| 6 | 1:42.034 | +1.054 | 14:50:32.288 |
| 7 | 1:41.911 | +0.931 | 14:52:14.199 |
| 8 | 1:42.115 | +1.135 | 14:53:56.314 |
| 9 | 1:40.980 | | 14:55:37.294 |
| 10 | 1:41.916 | +0.936 | 14:57:19.210 |
| 11 | 1:41.582 | +0.602 | 14:59:00.792 |
| 12 | 1:43.083 | +2.103 | 15:00:43.875 |
| 13 | 1:44.896 | +3.916 | 15:02:28.771 |
| 14 | 1:43.090 | +2.110 | 15:04:11.861 |
| p15 | 1:55.618 | +14.638 | 15:06:07.479 |

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Sport Rescue Team.

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